

Valley Stream UFSD 24

July 2025 Summer School

Lunch Menu

All students are now entitled to one free lunch daily.

A meal MUST be complete to be FREE

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats., No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Lunch Milk Choices

1% Milk

Skim Chocolate Milk

PLEASE NOTE

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Food Provided by:

Whitson's Culinary Group

Mon	Tue	Wed	Thu	Fri
	1	2	3	4 JULY 4TH SCHOOL CLOSED
7 Chicken Breast Sandwich Hummus Baby Carrots Fresh Peach Milk	8 Turkey & Cheese Sandwich Potato Salad Fresh Peach Milk	9 Chicken Salad Flatbread Sandwich Fresh Garden Side Salad Italian Dressing Fresh Banana Milk	10 Mozzarella Cheese w/ Marinara Sauce Pita Bread Baby Carrots Fresh Pear Milk	11 Sunbutter & Jelly Sandwich Cheese Stick 100% Paradise Punch Vegetable Juice Applesauce Milk
14 Hero Sandwich Hummus Baby Carrots Applesauce Milk	15 Chicken Breast Sandwich Potato Salad Fresh Peach Milk	16 Chicken Caesar Salad Ranch Dressing Pita Bread Fresh Apple Milk	17 Italian Caprese Flatbread Baby Carrots Ranch Dressing Fresh Banana Milk	18 Turkey & Cheese Sandwich 100% Paradise Punch Vegetable Juice Fresh Pear Milk
21 Chicken Breast Sandwich Hummus Baby Carrots Fresh Peach Milk	22 Turkey & Cheese Sandwich Potato Salad Fresh Peach Milk	23 Chicken Salad Flatbread Sandwich Fresh Garden Side Salad Italian Dressing Fresh Banana Milk	24 Mozzarella Cheese w/ Marinara Sauce Pita Bread Baby Carrots Fresh Pear Milk	25 Sunbutter & Jelly Sandwich Cheese Stick 100% Paradise Punch Vegetable Juice Applesauce Milk
28 Hero Sandwich Hummus Baby Carrots Applesauce Milk	29 Chicken Breast Sandwich Potato Salad Fresh Pear Milk	30 Chicken Caesar Salad Ranch Dressing Pita Bread Fresh Apple Milk	31 Italian Caprese Flatbread Baby Carrots Ranch Dressing Fresh Banana Milk	

USDA is an equal opportunity provider and employer.