



All students are now entitled to one free breakfast and one free lunch daily.

A meal **MUST** be complete to be **FREE**

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

- 1% Milk
- Skim Milk

PLEASE NOTE

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult—\$2.95

Food Provided by:
Whitson's Culinary Group



MON	TUE	WED	THU	FRI
		1 Chocolate Chip Muffin Fresh Pear 100% Very Berry Juice Milk	2 SPRING RECESS SCHOOL CLOSED	3 SPRING RECESS SCHOOL CLOSED
6 SPRING RECESS SCHOOL CLOSED	7 SPRING RECESS SCHOOL CLOSED	8 SPRING RECESS SCHOOL CLOSED	9 Honey Cheerios Graham Crackers Applesauce 100% Orange Juice Milk	10 Blueberry Muffin Fresh Banana 100% Grape Juice Milk
13 Corn Flakes Cereal Graham Crackers Diced Peaches 100% Grape Juice Milk	14 Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	15 Apple Cinnamon Muffin Raisins 100% Grape Juice Milk	16 Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Grape Juice Milk	17 Apple Cinnamon Cheerios Graham Crackers Fresh Pear 100% Very Berry Juice Milk
20 Multi-Grain Cheerios Graham Crackers Raisins 100% Fruit Juice Milk	21 Vanilla Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	22 Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	23 Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	24 Cherry Cocoa Bar Fresh Banana 100% Very Berry Juice Milk
27 Trix Cereal Graham Crackers Diced Peaches 100% Fruit Juice Milk	28 Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	29 Chocolate Chip Muffin Fresh Pear 100% Very Berry Juice Milk	30 Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	