VALLEY STREAM UFSD 24 LUNCH MENU NOVEMBER 2026



All students are now entitled to one free breakfast and one free lunch daily.

A meal MUST be complete to be FREE

· All grain products are whole grain rich
· There are no pork products on this menu
· Meals are lean and cheeses are low fat
· All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices
1% Milk
Skim Milk

PLEASE NOTE
· If you have food allergy please speak to your school nurse
· Menu is subject to change

Adult—$2.95

Food Provided by: Whitson's Culinary Group



MON	TUE	WED	THU	FRI
2 Chicken Breaded Patty w/ BBQ Sauce Roasted Sweet Potatoes Fresh Pear Vegetarian Meal Vegetable & Egg Stir Fried Rice Fresh Pear	3 SCHOOL CLOSED	4 French Toast Sticks w/ Scrambled Eggs, Syrup Roasted Sweet Potatoes Fresh Apple	5 Beef Meatballs w/ BBQ Sauce Broccoli Fresh Banana Vegetarian Meal Cobb Salad w /Ranch Corn Muffin Fresh Banana	6 Galaxy Cheese Pizza Baby Carrots Ranch Dressing Raisins
9 Lasagna Roll Up w/ Green Beans Fresh Apple	10 Mini Corn Dogs & Smiley Fries w/Ketchup Fresh Pear Vegetarian Meal Toasted Cheese Sandwich w/Ketchup Tater Tots Fresh Pear	11 VETERANS DAY SCHOOL CLOSED	12 Pasta w/ Tomato Sauce & Mozzarella Cheese Broccoli Fresh Banana	13 Galaxy Cheese Pizza Baby Carrots Ranch Dressing Raisins
16 Turkey Hot Dog w/ Ketchup Roasted Sweet Potatoes Fresh Pear Vegetarian Meal Veggie Patty on a Bun Baked Beans Salad Fresh Pear	17 Cheese Raviolis Green Beans Diced Peaches	18 Macaroni & Cheese Broccoli Fresh Pear	19 Turkey w/Gravy Dinner Roll Mashed Potatoes Fresh Banana Vegetarian Meal Egg & Cheese Sandwich w/Ketchup Roasted Potatoes Fresh Banana	20 Cheesy Pull Aparts Baby Carrots Ranch Dressing Raisins
23 Pasta w/ Tomato Sauce & Mozzarella Cheese Broccoli Fresh Apple	24 Salisbury Steak w/ Gravy Roasted Potatoes, WW Bun Fresh Pear Vegetarian Meal Toasted Cheese Sandwich w/Ketchup Roasted Potatoes Fresh Pear	25 Galaxy Cheese Pizza Baby Carrots Ranch Dressing Fruit Cup Mix	26 THANKSGIVING RECESS SCHOOL CLOSED	27 THANKSGIVING RECESS SCHOOL CLOSED
30 Chicken Tenders w/BBQ Sauce Roasted Potatoes Applesauce Vegetarian Meal Toasted Cheese Sandwich w/Ketchup Roasted Potatoes Applesauce				

USDA is an equal opportunity provider and employer.