



All students are now entitled to one free breakfast and one free lunch daily.

A meal MUST be complete to be FREE

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

**Breakfast Milk Choices**

- 1% Milk
- Skim Milk

**PLEASE NOTE**

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult—\$2.95

Food Provided by:  
Whitson's Culinary Group



MON	TUE	WED	THU	FRI
1 Cocoa Puffs Cereal Graham Crackers Raisins 100% Orange Juice Milk	2 Vanilla Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	3 Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	4 Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	5 Cherry Cocoa Bar Fresh Banana 100% Very Berry Juice Milk
8 Trix Cereal Graham Crackers Diced Peaches 100% Fruit Juice Milk	9 Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	10 Apple Cinnamon Muffin Raisins 100% Grape Juice Milk	11 Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	12 Apple Cinnamon Cheerios Graham Crackers Fresh Banana 100% Very Berry Juice Milk
15 Cinnamon Crisp Bar Raisins 100% Grape Juice Milk	16 Honey Cheerios Graham Crackers Fruit Cup Mix 100% Orange Juice Milk	17 Chocolate Chip Muffin Fresh Pear 100% Very Berry Juice Milk	18 Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	19 JUNETEENTH SCHOOL CLOSED
22 Cocoa Puffs Cereal Graham Crackers Raisins 100% Orange Juice Milk	23 Vanilla Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	24 Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	25 Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	26 Cherry Cocoa Bar Fresh Banana 100% Very Berry Juice Milk
29	30			