

Valley Stream UFSD 24 Lunch Menu June 2025

All students are now entitled to one free breakfast and one free lunch daily.

A meal MUST be complete to be FREE

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats., No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Lunch Milk Choices

1% Milk

Skim Chocolate Milk

PLEASE NOTE

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult – \$5.46

Food Provided by:

Whitson's Culinary Group

Mon	Tue	Wed	Thu	Fri
2 Meatloaf WW Bun Mashed Potatoes Fresh Orange <u>Vegetarian Meal</u> Veggie Patty on a Bun Street Corn Fresh Orange	3 Chicken Breaded Patty w/ BBQ Sauce Baked Bean Salad Fresh Pear <u>Vegetarian Meal</u> Spanish Rice w/Cheese and Beans Fresh Pear	4 Chicken Enchilada Empanada Baby Carrots Ranch Dressing Fresh Apple <u>Vegetarian Meal</u> Cheese Ravioli w/Green Beans Fresh Apple	5 Stuffed Bread Sticks Marinara Dipping Sauce 100% Sun Splash Juice Fresh Banana	6 SCHOOL CLOSED EID-AL-ADHA
9 BBQ Beef Meatballs WW Club Roll Broccoli Fresh Orange <u>Vegetarian Meal</u> Pasta w/ Tomato Sauce & Mozzarella Cheese Broccoli Fresh Orange	10 Chicken Tenders w/Ketchup Roasted Potatoes Fresh Pear <u>Vegetarian Meal</u> Alfredo Pasta WW Bread Slice Peas Fresh Pear	11 Cheese Beef Patty w/ Ketchup Baked Bean Salad Fresh Apple <u>Vegetarian Meal</u> Spanish Rice w/Cheese and Beans Fresh Apple	12 Lasagna Roll Up w/ Green Beans Fresh Banana	13 HALF DAY EARLY DISMISSAL - no lunch served
16 Salisbury Steak w/ Gravy Roasted Potatoes, WW Bun Fresh Orange <u>Vegetarian Meal</u> Egg & Cheese Sandwich Roasted Potatoes Fresh Orange	17 Chicken Nuggets Baked Beans Fresh Pear <u>Vegetarian Meal</u> Veggie Patty on a Bun Baked Beans Salad Fresh Pear	18 Macaroni & Cheese WW Roll Broccoli Fresh Pear	19 SCHOOL CLOSED JUNETEENTH	20 Galaxy Cheese Pizza Baby Carrots Ranch Dressing Raisins
23 Chicken Nuggets Baked Beans Fresh Orange <u>Vegetarian Meal</u> Falafel Bites, Quinoa Pilaf w/ Black Beans & Tomatoes Fresh Orange	24 Macaroni & Cheese WW Roll Broccoli Fresh Pear	25 CHEF'S CHOICE	26 CHEF'S CHOICE	27 LAST DAY OF SCHOOL EARLY DISMISSAL 9:30am

USDA is an equal opportunity provider and employer.