

# Valley Stream UFSD 24 Lunch Menu April 2024

All students are now entitled to one free breakfast and one free lunch daily.

**A meal MUST be complete to be FREE**

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

**Lunch Milk Choices**

- 1% Milk
- Skim Chocolate Milk

**PLEASE NOTE**

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult – \$5.46

Food Provided by:  
Whitson's Culinary Group

Mon	Tue	Wed	Thu	Fri
1 Easter Recess  School Closed	2 Beef Meatballs w/ Tomato Sauce & Mozzarella Cheese Broccoli Fresh Pear <u>Vegetarian Meal:</u> Macaroni & Cheese Broccoli Fresh Pear	3 French Toast Sticks w/ Scrambled Eggs, Syrup Roasted Sweet Potatoes Fresh Apple	4 Turkey w/Gravy Mashed Potatoes Fresh Banana <u>Vegetarian Meal:</u> Veggie Burger w/Ketchup Roasted Potatoes Fresh Banana	5 French Bread Cheese Pizza Fresh Celery Sticks w/ Ranch Dressing Applesauce
8 Meatloaf w/Gravy Mashed Potatoes Fresh Orange <u>Vegetarian Meal:</u> Cheese Quesadilla w/ Sour Cream Fresh Orange	9 BBQ Chicken w/ Brown Rice Baked Beans Fresh Pear <u>Vegetarian Meal:</u> Latin Bean Melt Flatbread Italian White Beans Fresh Pear	10 Eid-al-Fitr  School Closed	11 Stuffed Bread Sticks Marinara Dipping Sauce 100% Sun Splash Juice Fresh Banana	12 Cheese Pizza Garden Salad Ranch Dressing Raisins
15 BBQ Beef Meatballs Club Roll Broccoli Fresh Orange <u>Vegetarian Meal:</u> Pasta w/ Tomato Sauce & Mozzarella Cheese Broccoli Fresh Orange	16 Chicken Tenders w/ Ketchup Roasted Potatoes Fresh Pear <u>Vegetarian Meal:</u> Pasta Alfredo WW Bread Slice Peas Fresh Pear	17 Turkey Hot Dog w/ Ketchup Baked Beans Fresh Apple <u>Vegetarian Meal:</u> Spanish Rice w/Cheese & Beans Fresh Apple	18 Chicken Ceasar Salad WW Pita Bread Fresh Banana <u>Vegetarian Meal:</u> Cheese Lasagna w/ Tomato Sauce Green Beans Fresh Banana	19 French Bread Pizza Baby Carrots w/ Ranch Dressing Raisins
22	23 Spring Recess	24 ~	25 School Closed	26
29 Spring Recess	30 School Closed			