## Valley Stream 24

### Lunch Menu

# January 2024

#### DID YOU KNOW

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats., No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

#### **Lunch Milk Choices**

1% Milk

Skim Chocolate Milk

#### PLEASE NOTE

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult-\$5.46

Food Provided by:
Whitson's Culinary Group

Mon	Tue	Wed	Thu	Fri
1 HOLIDAY RECESS SCHOOL CLOSED	2 Fajita Chicken w/Brown Rice Black Beans & Tomatoes Fresh Pear Milk	3 Beef Meatballs w/Tomato Sauce & Parmesan Cheese, Spaghetti Broccoli Fresh Apple Milk	4 Crispy Cheesy Chicken Biscuit Sandwich Fresh Celery Sticks Ranch Dressing Fresh Banana Milk	5 Cheese Pizza Baby Carrots Ranch Dressing Raisins Milk
8 Chicken Nuggets w/ Ketchup Baked Beans Fresh Orange Milk	9 Homemade Macaroni & Cheese Broccoli Fresh Pear Milk	10 Hot Honey Chicken Ciabatta Sandwich Roasted Sweet Potatoes Fresh Apple Milk	11 Adobo Chicken Street Corn Fresh Banana Milk	12 French Bread Cheese Pizza Fresh Celery Sticks Ranch Dressing Applesauce Milk
15 MARTIN LUTHER KING DAY SCHOOL CLOSED	16 BBQ Chicken Brown Rice Baked Beans Fresh Pear Milk	17 Buffalo Chicken Meal Flatbread Fresh Celery Sticks Ranch Dressing Fresh Apple Milk	18 Stuffed Bread Sticks Marinara Dipping Sauce 100% Sun Splash Juice Fresh Banana Milk	19 Cheese Pizza Garden Side Salad Ranch Dressing Raisins Milk
22 BBQ Beef Meatballs WW Club Roll Broccoli Fresh Orange Milk	23 Chicken Tenders w/Ketchup Roasted Potatoes Fresh Pear Milk	24 Turkey Hot Dog w/Ketchup Baked Beans Fresh Apple Milk	25 Cheese Lasagna w/Tomato Sauce Green Beans Fresh Banana Milk	26 French Bread Cheese Pizza Baby Carrots Ranch Dressing Raisins Milk
29 Cheese Beef Burger w/ Ketchup Roasted Potatoes Fresh Orange Milk	30 Fajita Chicken w/Brown Rice Black Beans & Tomatoes Fresh Pear Milk	31 Beef Meatballs w/Tomato Sauce & Parmesan Cheese, Spaghetti Broccoli Fresh Apple Milk	~	

### USDA is an equal opportunity provider and employer.