

# Valley Stream UFSD 24 Breakfast Menu March 2024

All students are now entitled to one free breakfast and one free lunch daily.

**A meal MUST be complete to be FREE**

- All grain products are whole grain rich
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats., No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

**Breakfast Milk Choices**

- 1% Milk
- Skim Milk

**PLEASE NOTE**

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult—\$2.95

Food Provided by:  
Whitson's Culinary Group

Mon	Tue	Wed	Thu	Fri
				1 Blueberry Muffin Banana 100% Very Berry Juice Milk
4 Multi-Grain Frosted Flakes Graham Crackers Raisins 100% Fruit Juice Milk	5 Strawberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	6 Banana Muffin Diced Peaches 100% Grape Juice Milk	7 Reduced Sugar Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	8 Cinnamon Crisp Bar Banana 100% Very Berry Juice Milk
11 Cherry Cocoa Bar Raisins 100% Fruit Juice Milk	12 Raspberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	13 Apple Jacks Graham Crackers Diced Peaches 100% Grape Juice Milk	14 Plain Bagel Cream Cheese Applesauce 100% Orange Juice Milk	15 Cinnamon Flakes Cereal Graham Crackers Banana 100% Very Berry Juice Milk
18 Apple Jacks Graham Crackers Raisins 100% Fruit Juice Milk	19 Raspberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	20 Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	21 Honey Cheerios Graham Crackers Applesauce 100% Orange Juice Milk	22 Cherry Cocoa Bar Banana 100% Very Berry Juice Milk
25 Cinnamon Crisp Bar Raisins 100% Fruit Juice Milk	26 Strawberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	27 Cinnamon Flakes Cereal Graham Crackers Diced Peaches 100% Grape Juice Milk	28 Plain Bagel Cream Cheese Applesauce 100% Orange Juice Milk	29 <b>EASTER RECESS</b>  <b>SCHOOL CLOSED</b>