

2019

NOVEMBER



VALLEY STREAM UNION FREE SCHOOL DISTRICT 24

Monday	Tuesday	Wednesday	Thursday	Friday
October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	November 1, 2019
				CINNAMON CHEX Graham Crackers Fresh Apple Choice of Milk
November 4, 2019	November 5, 2019	November 6, 2019	November 7, 2019	November 8, 2019
GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Apple Juice Craisins Choice of Milk	ELECTION DAY SCHOOL CLOSED FOR STUDENTS	TRIX CEREAL Graham Crackers Fresh Apple Choice of Milk	CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice Fresh Banana Choice of Milk	CHEERIOS Maple Breakfast Square Fresh Apple Choice of Milk
November 11, 2019	November 12, 2019	November 13, 2019	November 14, 2019	November 15, 2019
VETERANS' DAY SCHOOL CLOSED	FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Choice of Milk	FROSTED CORN FLAKES Animal Graham Crackers Fresh Apple Choice of Milk	COCOA PUFFS Strawberry Square Apple Juice Fresh Banana Choice of Milk	CINNAMON CHEX Graham Crackers Fresh Apple Choice of Milk
November 18, 2019	November 19, 2019	November 20, 2019	November 21, 2019	November 22, 2019
GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Apple Juice Craisins Choice of Milk	RICE CHEX Cherry Breakfast Bar Blended Fruit Juice Diced Pears Choice of Milk	TRIX CEREAL Graham Crackers Fresh Apple Choice of Milk	CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice Fresh Banana Choice of Milk	Choice of Milk CHEERIOS Maple Breakfast Square Fresh Apple
November 25, 2019	November 26, 2019	November 27, 2019	November 28, 2019	November 29, 2019
FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Choice of Milk	APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Mixed Fruit Cup Choice of Milk	FROSTED CORN FLAKES Animal Graham Crackers Fresh Apple Choice of Milk	THANKSGIVING SCHOOL	RECESS CLOSED

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

www.preferredmeals.com



BREAKFAST - \$2.00 – STUDENTS / \$2.50 – ADULTS

LUNCH - \$3.00 – STUDENTS / \$4.00 - ADULTS