

NOVEMBER 2021 BREAKFAST



VALLEY STREAM UNION FREE SCHOOL DISTRICT 24

Meals are free for all Valley Stream UFSD #24 students for the 2021/2022 school year

Monday	Tuesday	Wednesday	Thursday	Friday
November 1, 2021	November 2, 2021	November 3, 2021	November 4, 2021	November 5, 2021
CINNAMON CHEX [^] Strawberry Square [^] Blended Fruit Juice Craisins Choice of Milk	ELECTION DAY NO SCHOOL FOR STUDENTS	CINNAMON TOAST CRUNCH Graham Crackers [^] Fresh Apple Choice of Milk	RICE CHEX [^] Cherry Bar [^] Blended Fruit Juice Fresh Banana Choice of Milk	FROSTED CORN FLAKES [^] Mixed Berry Animal Crackers [^] Fresh Apple Choice of Milk
November 8, 2021	November 9, 2021	November 10, 2021	November 11, 2021	November 12, 2021
FROSTED MINI WHEATS Crispy Granola Bites Apple Juice [^] Craisins Choice of Milk	APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Diced Pears Choice of Milk	CHEERIOS Maple Breakfast Square [^] Fresh Apple Choice of Milk	VETERANS DAY NO SCHOOL	CINNAMON TOAST CRUNCH Graham Crackers [^] Fresh Apple Choice of Milk
November 15, 2021	November 16, 2021	November 17, 2021	November 18, 2021	November 19, 2021
CINNAMON CHEX [^] Strawberry Square [^] Blended Fruit Juice Craisins Choice of Milk	FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Diced Peaches Choice of Milk	CINNAMON TOAST CRUNCH Graham Crackers [^] Fresh Apple Choice of Milk	RICE CHEX [^] Cherry Bar [^] Blended Fruit Juice Fresh Banana Choice of Milk	FROSTED FLAKES Mixed Berry Animal Crackers [^] Fresh Apple Choice of Milk
November 22, 2021	November 23, 2021	November 24, 2021	November 25, 2021	November 26, 2021
FROSTED MINI WHEATS Crispy Granola Bites Apple Juice [^] Craisins Choice of Milk	APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Diced Pears Choice of Milk	CHEERIOS Maple Breakfast Square [^] Fresh Apple Choice of Milk	THANKSGIVING RECESS NO SCHOOL	THANKSGIVING RECESS NO SCHOOL
November 29, 2021	November 30, 2021	December 1, 2021	December 2, 2021	December 3, 2021
CINNAMON CHEX [^] Strawberry Square [^] Blended Fruit Juice Craisins Choice of Milk	FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Diced Peaches Choice of Milk			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. CHANGE **

** MENU SUBJECT TO

[^] Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com



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