



## VALLEY STREAM UNION FREE SCHOOL DISTRICT 24

Monday	Tuesday	Wednesday	Thursday	Friday
September 30, 2019	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
	ROSH HASHANAH  SCHOOL CLOSED	CHICKEN STRIPS W/ SWEET POTATO FRIES ^ Green Beans Orange Juice BBQ Sauce Ketchup Choice of Milk	CHEESY TACO MEAT Tortilla Chips ^ Corn Sliced Apples Salsa Choice of Milk	PEPPERONI PIZZA ^ Romaine Salad Light Ranch Dressing Fresh Banana BBQ Sauce Choice of Milk
October 7, 2019	October 8, 2019	October 9, 2019	October 10, 2019	October 11, 2019
PANCAKES & SAUSAGE ^ Tropical Veggie Juice Applesauce Cup Syrup Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Hamburger Bun ^ French Fries Mixed Fruit Cup Ketchup Choice of Milk	YOM KIPPUR  SCHOOL CLOSED	MINI CORN DOGS ^ Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Pear Mustard Ketchup Choice of Milk	PTA PIZZA LUNCH
October 14, 2019	October 15, 2019	October 16, 2019	October 17, 2019	October 18, 2019
COLUMBUS DAY  SCHOOL CLOSED	CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ Green Beans Applesauce Cup Choice of Milk	CHICKEN TACO Tortilla Chips ^ Fiesta Beans Fresh Banana Choice of Milk	*NATIONAL PASTA DAY* PENNE PASTA W/MEAT SAUCE ^ Mixed Vegetables Diced Peaches Choice of Milk	CHEESE PIZZA ^ Romaine Salad Light Ranch Dressing Orange Juice Choice of Milk
October 21, 2019	October 22, 2019	October 23, 2019	October 24, 2019	October 25, 2019
CHICKEN NUGGETS ^ Corn Muffin ^ Country Blend Vegetables Diced Peaches Honey Mustard Cup Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Diced Peas Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Romaine Salad Light Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk	CHEESEBURGER Hamburger Bun ^ French Fries Sliced Apples Mustard Ketchup Choice of Milk	CHEESE PIZZA ^ Mixed Vegetables Orange Juice Choice of Milk
October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	November 1, 2019
POPCORN CHICKEN ^ Corn Mixed Fruit Cup BBQ Sauce Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Golden Potato Rounds Orange Juice Ketchup Chipotle Ranch Choice of Milk	MACARONI & CHEESE Broccoli Florets Fresh Baby Carrots Light Ranch Dressing Fresh Banana Choice of Milk	SLOPPY JOE Hamburger Bun ^ Maple Baked Beans Applesauce Cup Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.



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Breakfast: \$2.00 student / \$2.50 adult  
Lunch: \$3.00 student / \$4.00 adult