## **VALLEY STREAM UNION FREE SCHOOL DISTRICT 24**

**OCTOBER** 2020

LUNCH

preferredmeals

an elior company

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| September 28, 2020  | September 29, 2020  | September 30, 2020  | October 1, 2020   | October 2, 2020  |
|   |   |   | CO-HORT A<br>HOT DOG<br>Hot Dog Bun ^<br>Baked Beans<br>Fresh Baby Carrots<br>Buttermilk Farm Dressing<br>Sliced Apples<br>Mustard<br>Ketchup<br>Choice of Milk | CO-HORT B<br>*NEW ITEM*<br>NASHVILLE (HOT)<br>POPCORN CHICKEN^<br>Sliced Bread<br>French Fries<br>Fresh Banana<br>Ketchup<br>Choice of Milk  |
| October 5, 2020   | October 6, 2020   | October 7, 2020   | October 8, 2020   | October 9, 2020  |
| CO-HORT A<br>CRUNCHY CHICKEN<br>TENDERS ^<br>Baked Beans<br>Fresh Baby Carrots<br>Light Ranch Dressing<br>Applesauce Cup<br>BBQ Sauce<br>Choice of Milk | CO-HORT B<br>CRISPY CHICKEN PATTY ^<br>Hamburger Bun ^<br>California Blend Veggies<br>Diced Peaches<br>Chipotle Ranch<br>Choice of Milk | REMOTE LEARNING<br>AT HOME                                      | <b>CO-HORT A</b><br>CORN DOG ON A STICK^<br>Golden Potato Rounds<br>Fresh Pear<br>Mustard<br>Ketchup<br>Choice of Milk  | <b>CO-HORT B</b><br>CRUNCHY CHICKEN<br>TENDERS ^<br>Baked Beans<br>Baby Carrots<br>Buttermilk Farm Dressing<br>Applesauce<br>BBQ Sauce<br>Choice of Milk   |
| October 12, 2020  | October 13, 2020  | October 14, 2020  | October 15, 2020  | October 16, 2020   |
| COLUMBUS DAY  | <b>CO-HORT B</b><br>PENNE PASTA<br>W/MEAT SAUCE ^<br>Broccoli<br>Diced Peaches<br>Choice of Milk  | REMOTE LEARNING<br>AT HOME                                      | CO-HORT A<br>PANCAKES & SAUSAGE ^<br>Golden Potato Rounds<br>Fresh Plum<br>Syrup<br>Ketchup<br>Choice of Milk   | <b>CO-HORT B</b><br>CHEESE PIZZA ^<br>Green Beans<br>Applesauce<br>Choice of Milk  |
| October 19, 2020  | October 20, 2020  | October 21, 2020  | October 22, 2020  | October 23, 2020   |
| <b>CO-HORT A</b><br>BBQ CHICKEN<br>Hamburger Bun ^<br>Diced Carrots<br>Pineapple Tidbits<br>Choice of Milk  | CO-HORT B<br>MEATBALL SUB<br>Hot Dog Bun ^<br>Potato Wedges<br>Orange Juice<br>Ketchup<br>Choice of Milk                                | REMOTE LEARNING<br>AT HOME                                      | CO-HORT A<br>CHICKEN STRIPS<br>W/MAC & CHEESE^<br>Baked Beans<br>Baby Carrots<br>Light Ranch Dressing<br>Sliced Apples<br>Honey<br>Choice of Milk               | <b>CO-HORT B</b><br>CHEESE PIZZA ^<br>Corn<br>Mixed Fruit<br>Choice of Milk  |
| October 26, 2020  | October 27, 2020  | October 28, 2020  | October 29, 2020  | October 30, 2020   |
| <b>CO-HORT A</b><br>BEEF RIB-B-QUE<br>Hamburger Bun ^<br>Fiesta Beans<br>Sun Splash Veggie Juice<br>Diced Peaches<br>Choice of Milk                     | <b>CO-HORT B</b><br>SPAGHETTI &<br>MEATBALLS ^<br>Mixed Vegetables<br>Diced Pears<br>Choice of Milk                                     | REMOTE LEARNING<br>AT HOME                                      | CO-HORT A<br>*GLOBAL BITES*<br>TERIYAKI CHICKEN<br>BROWN RICE &<br>VEGETABLES<br>Broccoli<br>Fresh Plum<br>Vanilla Cookie ^<br>Choice of Milk                   | <b>CO-HORT B</b><br>CHEESE PIZZA ^<br>Green Beans<br>Applesauce<br>Choice of Milk  |
| ALL MEALS SERVED WIT  | H APPROPRIATE CONDIMENT   |   |   | SUBJECT TO CHANGE **   |
|   |   | tes item is whole-grain/whole<br>titution is an equal opportuni |   |  |
| Find you  | r school's menus or   |   |   | Construction of the second sec |

HYBRID

**STUDENTS**