

SEPTEMBER 2021

BREAKFAST



VALLEY STREAM UNION FREE SCHOOL DISTRICT 24

Monday	Tuesday	Wednesday	Thursday	Friday
August 30, 2021	August 31, 2021	September 1, 2021	September 2, 2021	September 3, 2021
			TRIX Maple Breakfast Square Orange Tangerine Juice^ Craisins Choice of Milk	CINNAMON TOAST CRUNCH Graham Crackers^ Fresh Apple Choice of Milk
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021
LABOR DAY SCHOOL CLOSED	ROSH HASHANAH SCHOOL CLOSED	ROSH HASHANAH SCHOOL CLOSED	RICE KRISPIES Cherry Bar Blended Fruit Juice^ Craisins Choice of Milk	FROSTED FLAKES Mixed Berry Animal Crackers^ Fresh Apple Choice of Milk
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021
FROSTED MINI WHEATS Crispy Granola Bites Apple Juice^ Craisins Choice of Milk	APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Diced Pears Choice of Milk	CHEERIOS Maple Breakfast Square^ Fresh Apple Choice of Milk	YOM KIPPUR SCHOOL CLOSED	CINNAMON TOAST CRUNCH Graham Crackers^ Fresh Apple Choice of Milk
September 20, 2021	September 21, 2021	September 22, 2021	September 23, 2021	September 24, 2021
CINNAMON FROSTED FLAKES Strawberry Square Blended Fruit Juice^ Craisins Choice of Milk	FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Diced Peaches Choice of Milk	CINNAMON TOAST CRUNCH Graham Crackers^ Fresh Apple Choice of Milk	RICE KRISPIES Cherry Bar Blended Fruit Juice^ Fresh Banana Choice of Milk	FROSTED FLAKES Mixed Berry Animal Crackers^ Fresh Apple Choice of Milk
September 27, 2021	September 28, 2021	September 29, 2021	September 30, 2021	October 1, 2021
FROSTED MINI WHEATS Crispy Granola Bites Apple Juice^ Craisins Choice of Milk	APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Diced Pears Choice of Milk	CHEERIOS Maple Breakfast Square^ Fresh Apple Choice of Milk	TRIX Maple Breakfast Square Orange Tangerine Juice^ Fresh Banana Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menu online at: preferredmealsmenu.com



The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nsc.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Breakfast – Student \$2.00 / Adult \$2.50