VALLEY STREAM UFSD 24   BREAKFAST MENU   JANUARY 2026

All students are now entitled to one free breakfast and one free lunch daily.

A meal MUST be complete to be FREE
· All grain products are whole grain rich
· There are no pork products on this menu
· Meals are lean and cheeses are low fat
· All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices
1% Milk
Skim Milk

PLEASE NOTE
· If you have food allergy please speak to your school nurse
· Menu is subject to change

Adult—$2.95

Food Provided by: Whitson's Culinary Group

MON	TUE	WED	THU	FRI
			1 HOLIDAY RECESS SCHOOL CLOSED	**2** HOLIDAY RECESS SCHOOL CLOSED
5 Trix Cereal Graham Crackers Diced Peaches 100% Fruit Juice Milk	**6** Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	**7** Chocolate Chip Muffin Fresh Pear 100% Very Berry Juice Milk	**8** Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	**9** Cinnamon Crisp Bar Fresh Banana 100% Grape Juice Milk
12 Cocoa Puffs Cereal Graham Crackers Raisins 100% Very Berry Juice Milk	**13** Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	**14** Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	**15** Honey Cheerios Graham Crackers Applesauce 100% Orange Juice Milk	**16** Blueberry Muffin Fresh Banana 100% Fruit Juice Milk
19 MARTIN LUTHER KING DAY SCHOOL CLOSED	**20** Strawberry Crisp Bar Diced Peaches 100% Grape Juice Milk	**21** Apple Cinnamon Muffin Raisins 100% Fruit Juice Milk	**22** Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	**23** Apple Cinnamon Cheerios Graham Crackers Fresh Banana 100% Very Berry Juice Milk
26 Multi-Grain Cheerios Graham Crackers Raisins 100% Fruit Juice Milk	**27** Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	**28** Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	**29** Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	**30** Cherry Cocoa Bar Fresh Banana 100% Very Berry Juice Milk