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Transportation

Health & Wellness

Disabilities
Resources

Aging
Services

Forest County
ADRC of the
Northwoods
& Commission
on Aging

2026 Senior
Resource

Directory

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EXTRAORDINARY LIVES DESERVE EXCEPTIONAL CARE



Age doesn't define rules for the life we lead. It doesn't set a deadline for learning, engagement or experiences. At Rennes Group, age simply represents the extraordinary lives we're honored to care for every day.

We're guided by a promise to our residents, a commitment to deliver exceptional care focused upon dignity, respect and compassion that creates meaningful experiences and memories. We believe lifelong learning, new experiences and community engagement enhances our residents' lives.

We believe they deserve nothing less than exceptional.

-690438

Our community partnerships with local businesses delivers upon this promise through community engagement and life enrichment.

After all, our stories are still being written, and we're happy to help fill the pages.

www.rennesgroup.com

CONTACT US

Rennes Health & Rehab Center
1970 Navajo Street
Rhineland, WI
Phone: 715.420.0728

CONNECT
WITH US



In 1973, the Rennes' began a company that shifted how seniors were cared for as their needs changed. Still run by family, Rennes believes we all have the desire to feel respected. We are your trusted partners in the continuum of care for senior living and are committed to the Rennes difference.

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WELCOME TO THE ADRC OF THE NORTHWOODS 2026 SENIOR RESOURCE DIRECTORY



FOR ADDITIONAL INFORMATION AND ASSISTANCE PLEASE CONTACT:
ADRC of the Northwoods • 300 A South Lake Street, Crandon, WI 54520 • 715-478-2015
officeonaging@co.forest.wi.us • Fax Number 715-478-7710

"The ADRC of the Northwoods does not assume responsibility for the services and/or endorse content included in this directory. Further, this publication does not represent all businesses and organizations serving the older adults of Forest County. We have made every effort to make this directory useful to the community and regret any omissions. An organization's inclusion or exclusion is not a reflection of its merits. Agencies with programs or additional information to be considered for future publications should contact the ADRC of the Northwoods."

THE ADRC'S MISSION...

LINKING INDIVIDUALS TO NEEDED SERVICES.

The ADRC's goal...to empower individuals to make informed choices by providing streamline access to services and benefits.

*The ADRC serves...older adults * adults with disabilities * people living with dementia * caregivers * family members * guardians * low-income household * homeless individuals*

OUR STAFF

Vacant: Human Services Director

Amber Koplien: Human Services Assistant Director-ADRC/COA

Melissa Ison: Supervisor Family Services

Kathy Fohrman: Nutrition/COA Operations Director

Melissa Grogg: ADRC Specialist

Vacant: Dementia Care Specialist/ADRC Specialist

Vacant: Elder and Disability Benefit Specialist

Lisa Ipsa: Administrative Assistant II

Danielle McLaughlin: Finance Administrator

Faith Becker: Adult Protective Services

SITE MANAGERS

Sharon Gile: Armstrong Creek

Tammy Collins: Crandon

Peggy Alderton: Laona

Linda McEwen: Wabeno

BUS DRIVER(S)

Robert Veit, Kevin Kramer, Jane Albrecht, David Cigan, Carl Christensen, Tammy Collins

ADRC/COA ADVISORY

COMMITTEE:

Mike Miller, Karen Hill, Jean Jungwirth, Tim Tauer, Ann Koziol, Linda Skallurud

HUMAN SERVICE BOARD:

Sam Augustin, Mike Miller, Scott Goode, Ronald Karl, Andrea Brugger, Donna Pfeifer, Linda Rosa, Linda Skallerud

WHO WE SERVE?

The Aging and Disability Resource Center of the Northwoods (ADRC), along with the Commission on Aging (COA) serves as a unified resource for residents of Forest County. We are dedicated to supporting residents of Forest County, specifically adults with disabilities, including youth aged 17.5 and older, as well as older adults. We also provide resources for at-home caregivers, family members, and professionals who assist older adults or adults with disabilities. Our mission is to answer your questions and connect you with the resources needed to achieve your goals. All services we offer are confidential and free of charge.

Older Adults: If you have concerns or inquiries related to aging, we are here to help you find the information, services, and solutions that enable you to make informed decisions and maintain your independence.

Adults with Disabilities (including youth aged 17.5 and older): If you need assistance with applying for disability benefits, appealing denials, or transitioning from youth to adult benefits, contact us for guidance on available options.

Families and Caregivers: If you are caring for or are concerned about an older adult, our ADRC/COA staff is available to discuss your challenges and direct you toward appropriate solutions.

Professionals: If you are seeking information about services for a client, please reach out to an ADRC/COA staff who can provide in-depth knowledge about local resources and programs.

For more information about our programs and services, please contact the ADRC/COA at 715-478-2015.

OUR DEPARTMENTS

AGING AND DISABILITY RESOURCE SPECIALIST; I & A

The Aging and Disability Resource Specialist program offers specialized assistance to older adults and people with disabilities as they explore various available resources and services. ADRC Specialists possess extensive knowledge of local, state, and federal programs, encompassing long-term care alternatives, financial aid, and health services. They collaborate with clients to evaluate their specific needs and develop tailored care plans that effectively meet those requirements. By linking individuals to suitable community resources, ADRC Specialists help ensure that clients receive the necessary support. They also provide vital information and advocacy, playing a key role in empowering individuals to maintain their independence and improve their overall quality of life.

DISABILITY BENEFIT SPECIALIST PROGRAM (DBS)

The Disability Benefit Specialist (DBS) Program, available through the Aging and Disability Resource Center (ADRC), offers tailored support to individuals with disabilities in understanding and accessing various benefits and services. Trained Disability Benefit Specialist provide essential guidance on programs such as Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI), among others. They assist clients in comprehending eligibility criteria, completing necessary applications, and appealing any denied claims, ensuring that individuals receive the financial assistance and resources vital for improving their quality of life. Furthermore, the program aids individuals, aged 18 to 59, with disabilities in finding and navigating an extensive array of community resources, educating them about their options, and linking them to both public and private support systems. This holistic strategy is crucial in empowering individuals with disabilities to obtain the benefits they need for their health and overall well-being.

Dementia Care Specialist
The Dementia Care Specialist program,

provided by the Aging and Disability Resource Center (ADRC) provides support and resources for individuals with dementia and their caregivers. The specialists are trained to help with challenges such as managing behaviors, finding the right communication methods, and planning care. They also connect families to local services, educational resources, and support groups, helping them understand dementia better and improve their caregiving skills. By focusing on the individual's needs, Dementia Care Specialists aim to enhance the quality of life for both those with dementia and their caregivers. The goal is to ensure they have the support and resources they need to live well at home.

NUTRITION/ COA OPERATIONS DIRECTOR

The Nutrition/ COA Operations Director at the Aging and Disability Resource Center (ADRC) oversees the congregate and home-delivered meal programs, ensuring that older adults receive meals that are healthy and nutritious, tailored to their dietary needs. In addition to meal services, the Nutrition/COA Operations Director helps elderly individuals and those with disabilities by providing transportation for medical appointments and shopping trips, making it easier for them to access essential resources in the community. They also implement exercise programs that promote physical activity and well-being among participants. Furthermore, the Nutrition/COA Operations Director supports the National Family Caregiver Support Program (NFCSP) and the Alzheimer's Family Caregiver Support Program (AFCSP), offering vital resources and assistance to caregivers in the area. Through these various roles, this Director plays a significant part in improving the quality of life for those they serve.

COMPREHENSIVE SUPPORT SERVICES

Considering Applying for Disability Benefits
Applying for disability benefits is an important step for individuals unable to work due to health

issues. The Aging and Disability Resource Center (ADRC) offers vital support during the application process for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI).

ADRC staff helps individuals understand eligibility requirements, gather necessary documents and complete forms. They also provide resources for appealing denied claims and connecting applicants with local support services, ensuring access to financial aid for maintaining their quality of life.

DEMENTIA-FRIENDLY SUPPORTS AND RESOURCES

Dementia-friendly supports and resources aim to help individuals with dementia and their caregivers manage daily challenges and improve their quality of life. These resources include information on local support groups, educational programs, and respite care to assist families with caregiving responsibilities. They also provide guidance on creating a safe home environment, accessing memory care services and connecting with community activities that encourage social engagement.

FOODSHARE

Foodshare is Wisconsin's program designed to help low-income individuals and families obtain healthy food. This supplemental nutrition assistance program offers financial aid through an electronic benefits card, which can be used to buy groceries at approved stores. Managed by local agencies, Foodshare aims to reduce hunger and enhance the nutritional quality of meals for eligible residents, ensuring everyone has access to the food necessary for a healthy lifestyle.

HOMESTEAD TAX CREDIT

The Homestead Tax Credit is a program in Wisconsin that provides property tax relief for low-income homeowners and renters, helping to lessen their tax burden. This credit is available to eligible individuals based on their income, age, and residency status. By providing financial assistance through a credit on property taxes, the program aims to enhance housing affordability and support the financial well-being of qualifying residents, particularly seniors and individual with disabilities.

HOUSING OPTIONS

The Aging and Disability Resource Center (ADRC) offers thorough information and assistance about housing choices for older adults and people with disabilities. This includes guidance on finding affordable housing, assisted living facilities, nursing homes, and independent living options. ADRC specialists are there to help clients understand the details of housing applications, eligibility requirements, and the resources available to them, ensuring they find safe and appropriate living arrangements that meet their needs. By connecting clients with various housing options and support services, the ADRC plays an important role in promoting independence and improving the quality of life for those they assist.

LONG-TERM CARE OPTIONS

Long-term care options provided by the Aging and Disability Resource Center (ADRC) provide essential support for people with chronic illnesses or disabilities who need help with daily activities. These options include services such as in-home care, adult day care, assisted living facilities, and nursing homes, allowing individuals to select what best suits their needs. ADRC's assist in finding available resources, offer information about various services, and help with care planning, ensuring individuals receive the necessary support to maintain their quality of life and independence.

MEDICAID IN WISCONSIN

Medicaid in Wisconsin is a program funded by both the state and federal government that offers health coverage to eligible low-income individuals, families, seniors, and people with disabilities. Managed by the Aging and Disability Resource Center (ADRC), Wisconsin Medicaid provides various services, such as hospital visits, doctor appointments, long-term care, and preventative care, all aimed at improving health and access to necessary medical treatment. The program helps ensure that vulnerable populations receive vital health services while reducing the financial strain of medical costs.

MEDICARE SAVINGS PROGRAM

The Medicare Savings Program (MSP) helps low-income individuals cover the costs of Medicare premiums, deductibles, and co-

payments, reducing their healthcare expenses. Managed by the Aging and Disability Resource Center (ADRC), this program provides financial assistance to eligible seniors and individuals with disabilities, making it easier for them to access essential medical services without financial hardship. By offering different levels of support, the MSP aims to enhance healthcare affordability and accessibility for those who need it most.

MONEY MATTERS

The Aging and Disability Resource Center (ADRC) offers the “Money Matters” program, which provides financial education and support for older adults and individuals with disabilities. This service assists clients in managing their budgets, exploring financial options and accessing benefits such as Social Security Income (SSI). By equipping individuals with the knowledge, they need to make wise financial choices, “Money Matters” seeks to improve financial stability and enhance their overall quality of life.

NUTRITION AND TRANSPORTATION

Nutrition and transportation services provided by the Aging Department are essential for the well-being of seniors and people with disabilities. The Aging Department offers information about local meal programs, such as home-delivered meals and congregate dining to ensure access to healthy food. They also help connect individuals with transportation options, including public transit and specialized services, making it easier for them to get to medical appointments, grocery stores, and social events. By addressing nutritional needs and transportation issues, the Aging Department promote independence and improve the overall quality of life for those they assist.

PREPARING FOR RETIREMENT

Preparing for or thinking about retirement requires careful planning for financial stability, healthcare, and lifestyle changes as people enter this new stage of life. The Aging and Disability Resource Center (ADRC) offers important resources and support to help individuals evaluate their retirement goals, understand Social Security benefits, explore Medicare

options, and create a complete financial plan. ADRC's also provide information on community services, social activities, and support networks that can improve the quality of life during retirement, ensuring individuals are ready to enjoy their later years with confidence.

PUBLICLY-FUNDED BENEFITS

The Aging and Disability Resource Center (ADRC) helps individuals find access to public benefits that support older adults and those with disabilities. These benefits include programs like Medicaid, Medicare, the Supplemental Nutrition Assistance Program (SNAP), and housing assistance. Specialists at the ADRC offer support with understanding eligibility criteria, completing applications and finding available resources. This ensures that clients get the financial aid and services necessary to improve their quality of life and remain independent.

SENIOR CARE

Senior Care services at the Aging and Disability Resource Center (ADRC) offer vital support for older adults to improve their quality of life and stay independent. These services include information and referrals for healthcare, transportation, nutrition programs, and help with daily activities. ADRC's also provide case management and support for caregivers, along with resources to assist seniors in accessing the services they need, ensuring they receive care that meets their specific needs.

SOCIAL SECURITY ADMINISTRATION

The Social Security Administration (SSA) is a federal agency that provides important financial assistance through programs like retirement, disability, and survivor benefits. The Aging and Disability Resource Center (ADRC) helps individuals understand their Social Security options and navigate the application process. ADRC's provide information on eligibility requirements, how benefits are calculated, and the significance of enrolling on time, ensuring that seniors and people with disabilities can access the financial support they need for a stable and secure future. By connecting clients with SSA services, ADRC's play a key role in promoting financial well-being.

WISCONSIN HOME ENERGY ASSISTANCE PROGRAM (WHEAP)

The Wisconsin Home Energy Assistance Program (WHEAP) provides financial help to low-income households to manage their heating and electricity costs. This program ensures that eligible residents can access essential energy services and receive emergency fuel assistance based on state income guidelines.

Wisconsin Medicaid Purchase Plan (MAPP)

The Wisconsin Medicaid Purchase Plan (MAPP) helps individuals with disabilities access Medicaid while they are employed, supporting their independence and ability to work. MAPP provides healthcare coverage for participants who earn more than the usual Medicaid income limits. Through this program, individuals can buy Medicaid coverage by paying a premium based on their earnings, allowing them to receive essential medical services while continuing to pursue their career goals. This assistance improves the quality of life for participants by promoting financial security and health care access.

WISCONSIN WEATHERIZATION PROGRAM

The Wisconsin Weatherization Assistance Program helps low-income households reduce their energy costs and improve energy efficiency in their homes. This program provides services such as insulation, air sealing, and heating system repairs to enhance comfort and safety. By addressing energy inefficiencies, the program aims to lower utility bills and create healthier living environments for eligible residents.

SENIOR MEAL PROGRAM

The Senior Meal Program managed by the Commission on Aging in Forest County provides healthy meals tailored for older adults to ensure they receive essential nutrition. Meals are delivered directly to seniors' homes or served at local centers, making them easily accessible. This program not only tackles food insecurity but also promotes social interaction by bringing seniors together during mealtime, encouraging friendships and community connections. By focusing on nutrition and opportunities for social

engagement, the Senior Meal Program aims to improve the overall quality of life for seniors, supporting their health and well-being in a nurturing community setting.

Senior Meal Services We Offer: Senior Dining:

Come enjoy a tasty meal and connect with others at various location in our community! This program is not just about eating; it is also about staying connected, which is essential for healthy aging. You do not need to worry about your cooking skills or financial situation to qualify!

Who can participate in Senior Dining?

- Anyone aged 60 or older,
- A spouse or domestic partner who attends the dining center with his or her spouse or domestic partner who is aged 60 or older,
- An adult with a disability under 60 who lives in a facility primarily for seniors, where group meals are served,
- An adult with a disability, younger than aged 60, who resides with an eligible older individual participating in the program.

Forest County Commission on Aging Senior Dining offers a chance for individuals aged 60 and older, along with their spouses or partners, to enjoy nutritious meals at a reasonable cost while socializing and participating in activities. Nutrition education is also provided. The suggested contribution is \$5.00 per meal. No eligible persons are denied service due to an inability to contribute, but contributions are essential for funding. Reservations are required by noon the day before and can be made by calling the meal site managers.

MEALS ON WHEELS

Meals on Wheels provides delivered meals for individuals who may struggle to prepare balanced meals on their own. This service also helps lighten the load for caregivers, including spouses and family members. Each meal delivery offers a friendly visit as a bonus. To qualify for Meals on Wheels, you must meet the following criteria:

- A person aged 60 or older who is mainly homebound because of illness, disability, or isolation,
- A spouse or domestic partner of an eligible person can receive home-delivered meals, regardless of age or condition, if an assessment finds that it benefits the homebound older individual,

- An adult with a disability living with an eligible older participant if an assessment deems it beneficial.

Before starting meal delivery, staff from the Commission on Aging will conduct a home visit to assess eligibility. Hot meals are delivered on weekdays, depending on route availability and there may be a waiting list. A suggested contribution of \$5.00 is appreciated, but no one is turned away if they cannot contribute, although contributions are vital for the programs budget. Each request for Meals on Wheels is considered individually.

ADRC/COA SENIOR DINING LOCATIONS

Community	Dining Location	Site Phone Number	Meal Site Manager	Phone Number
Armstrong Creek	7860 Old 101 Road	715-336-2218	Sharon Gile	715-674-3532
Crandon	601 W. Washington Street	715-478-3256	Tammy Collins	715-889-4843
Laona	5277 Linden Street	N/A	Peggy Alderton	715-889-3116
Wabeno	4473 N. Branch Street	N/A	Linda McEwen	715-889-0123

FOREST COUNTY NUTRITIONAL ADVISORY COUNCIL

Forest County Nutritional Advisory Council consists of meal site participants, stakeholders, meal site staff, and committee members who work together to improve community nutritional programs. Their role involves providing valuable feedback on meal offerings to ensure that these programs meet the dietary needs and preferences of older adults and individuals with disabilities. By collaborating in this way, the council enhances the quality of services, strengthens the Commission on Aging's efforts to address food security, and promotes health within the community. Their active participation fosters a comprehensive approach to well-being, empowering community members to lead healthier lives and supporting our mission as an essential resource for all residents of Forest County.

HEALTHY LIVING PROGRAMS

Exercise programs funded by Title III of the Older Americans Act are vital for older adults' health. Programs like StrongBodies and Bingocize improve strength and balance while reducing fall risks. Strongbodies focuses on building muscle and Bingocize combines bingo with exercises for a fun, social experience. Both programs are safe and effective for seniors. Participation in these activities helps older adults stay active and enjoy social interactions, boosting their mental well-being. Title III funding enables communities to offer these important resources, supporting seniors in maintaining their independence.

STRONGBODIES

StrongBodies is a strength training program aimed at improving the health and well-being of older adults. It enhances strength, balance, and flexibility through safe resistance exercises, helping to reduce fall risks, increase mobility, and promote overall fitness. The program is conducted in group settings, encouraging social interaction and support among participants. Strongbodies is available in Armstrong Creek, Crandon, and Laona. For enrollment, please contact Kathy Fohrman at 715-478-2015.

BINGOCIZE

Bongocize is a unique program that combines the fun of bingo with physical activity and health education, designed specifically for older adults. This Title III program of the Older Americans Act promotes fitness, cognitive engagement, and social interaction. Participants play bingo while doing simple exercises and learning about various health topics, making it an enjoyable way to enhance strength, balance, and overall well-being. For more information, please contact Kathy Fohrman at 715-478-2015.

CAREGIVER SERVICES

If you help someone with daily tasks like managing medications, bathing, or meal preparation, you are a caregiver. Caregiving can include many responsibilities for friends, family, or loved ones. To support you, the Forest County Commission on Aging offers valuable information and resources to make your journey easier.

We provide educational materials, community resources, and emotional support to help you navigate caregiving challenges. Remember, you are not alone, we are here to assist you every step of the way.

ALZHEIMER'S FAMILY CAREGIVER SUPPORT PROGRAM

The Alzheimer's Family Caregiver Support Program (AFCSP) is designed to assist families caring for loved ones with Alzheimer's disease and dementia. This program offers emotional support, educational resources, and practical tools to ease caregiving. Caregivers can participate in support groups, workshops, and one-on-one counselling, fostering a sense of community where they can share experiences and advice. The program also offers information on coping strategies, safety tips, and respite care options to help caregivers take care of themselves while caring for others. Ultimately, the AFCSP aims to support caregivers and enhance the quality of life for themselves and their loved ones. For more details, please contact Kathy

Fohrman at 715-478-2015.

National Family Caregiver Support Program

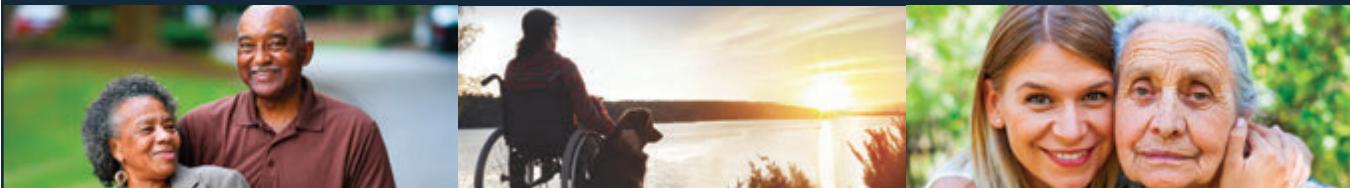
The National Family Caregiver Support Program (NFCSP) assists families caring for older adults or individuals with disabilities.

This program provides resources and support to simplify caregiving, including information on available services, respite care for taking breaks, and financial assistance for certain costs. It also offers training and education to help caregivers improve their skills. By connecting families with the necessary support, the program aims to enhance the well-being of both caregivers and their loved ones. For more details, please contact Kathy Fohrman at 715-478-2015.

FOREST COUNTY CAREGIVER COALITION

Forest County plays an important role in the Forest County Caregiver Coalition. This Coalition is a collaborative group dedicated to supporting caregivers in our community. Comprised of various organizations and service providers, the coalition focuses on sharing resources,

Your local Family Care option for personal care and support



Some of the services we manage with you include:

- Care Management
- Personal Care
- Medical Supplies & Equipment
- Outpatient Mental Health
- Residential Care
- In-Home Supportive Care

For more information about the Family Care Program, contact your local Aging and Disability Resource Center (ADRC).

www.lakelandcareinc.com



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DHS Approval 5/2/18

best practices, and information to enhance caregiver support. By fostering connections among caregivers, professionals and community members, the coalition aims to create a network that offers emotional support, educational opportunities, and practical tools. This collaborative effort helps ensure that caregivers have access to the assistance they need to provide high quality care while also taking care of their own well-being.

TRANSPORTATION SERVICES

The Forest County Commission on Aging provides vital transportation services for older adults and individuals with disabilities, ensuring they can access essential resources in their communities. Transportation assistance is especially important for seniors, as it helps them maintain their independence and stay socially connected. Knowing that these services adhere to guidelines set by the Wisconsin Department of Transportation (WisDOT) offers peace of mind. WisDOT's standards ensure safety, reliability, and accessibility in transportation, making it a valuable resource for seniors who may struggle with mobility. By utilizing these transportation services, older adults can navigate their daily lives more easily, enhancing their overall quality of life.

ROUTE

The Forest County Commission on Aging offers a valuable transportation service for seniors and individuals with disabilities, connecting them to local communities like Rhinelander, Antigo, and Iron Mountain for just \$6 per ride. This service provides door-to-door assistance, with drivers picking participants up at their homes and helping with packages. This support ensures seniors feel safe and comfortable during their outings. Participants can go grocery shopping, enjoy lunch at restaurants, and socialize with friends, fostering community connections and reducing feelings of isolation. Forest County Commission on Aging also organizes special events throughout the year, including trips to farmers' markets and local tours, allowing individuals to engage with others and explore new experiences. With a focus on safety and comfort, this transportation service helps seniors and individuals with disabilities stay active and connected within their communities.

MEDICAL

Our medical transportation program provides essential services to individuals in need, making it easy for riders to access their healthcare appointments. We offer rides at affordable rates: \$15 for medical trips lasting two (2) hours or less, \$25 for medical trips ranging from two to four (2-4) hours and \$35 for medical rides exceeding four (4) hours. Additionally, we operate within a 125-mile radius of Crandon. We also have vehicles approved by WisDOT that are wheelchair accessible. Our drivers are trained to ensure safe transportation while prioritizing the comfort and well-being of our riders. By facilitating reliable transportation, we empower individuals to maintain their health and well-being and access the medical care they need. Just a note: our drivers are unable to assist with lifting or provide any medical care during transport.

VETERAN'S TRANSPORTATION SERVICE

The Disabled American Veterans (DAV) Route offers a transportation service using a DAV van, which operates on Wednesdays and Thursdays to the Iron Mountain VA Medical Center. To secure a ride, reservations must be made on a first-come, first-served basis by 4:00 PM the Thursday prior to the week you need transportation. It is important to note that all riders must be ambulatory, as the van cannot accommodate wheelchairs or oxygen tanks. Additionally, drivers are unable to assist with lifting or provide any medical care during transport.

Forest County Potawatomi Public Transit
Forest County Potawatomi Public Transit operates from Monday through Thursday providing transportation services from 6:00 AM to 5:00 PM. Their mission is to improve mobility and access to essential services, social gatherings, employment opportunities, and entertainment, ultimately enhancing the overall health of the community. Handicap-accessible buses are available upon request. To schedule a ride, please reach out to Forest County Potawatomi Public Transit at 715-478-4779. They request a 24-hour notice to help accommodate all transportation needs. Enjoy the benefit of free rides anywhere within Forest County!

COMMUNITY SUPPORT

Community support is essential for fostering a sense of belonging and assisting individuals and families through difficult times. It showcases the kindness and solidarity among neighbors. When we unite to help each other, we create an environment where everyone feels valued and supported. Small acts of kindness can have a significant impact, providing hope and encouraging people to seek help without fear. By promoting a culture of community support, we empower one another to overcome challenges and work towards a brighter future.

STOCKBOX

The Stockbox sponsored by the Hunger Task Force, is an important program that helps Forest County by providing free, nutritious food to those in need. Each month, community members can pick up food at Crandon City Hall from 10AM to 12 PM. This initiative is designed to help fight food insecurity, ensuring that everyone has access to healthy meals, even when they might be struggling financially.

The Stockbox typically included a variety of items, such as non-perishable foods and cheese, allowing families to prepare balanced meals. It not only helps to reduce hunger but also encourages healthier eating habits by offering good food options that some families might not be able to afford.

In addition to food distribution, the Stockbox creates a sense of community by bringing people together. Local volunteers assist with the program, helping to make the atmosphere friendly and supportive. This connection among residents helps strengthen the community and reinforces the idea of looking out for one another.

The Stockbox also serves as a resource for education, as key stakeholders share information about nutrition and cooking tips, as well as other local services that can help families. By combining food distribution with community support and education, the Stockbox addresses immediate needs while promoting long-term well-being.

In summary, the Stockbox at Crandon City Hall is more than just a place to get food; it is a vital resource that helps individuals and families in the community. With the support of Hunger

Task Force and local volunteers, the Stockbox continues to make a positive impact on the lives of many in Forest County, ensuring that everyone has access to healthy food.

If you have any questions about the Stockbox or would like to learn more about how to get involved, please feel free to contact Forest County Health Department at 715-478-3371.

COMMUNITY CARES CLOSET

The Community Cares Closet, a crucial initiative by Forest County Social Services, serves as an important resource for individuals and families in need throughout the community. This program provides essential items such as clothing, toiletries, non-perishable food, and household goods to those experiencing financial difficulties or unforeseen emergencies. By supplying these vital necessities, the Cares Closet seeks to ease the challenges faced during tough times, ensuring that no one has to go without basic supplies for their daily lives.

With a mission focused on fostering dignity and self-sufficiency, the Cares Closet allows individuals to obtain necessary items without the stigma often associated with seeking help. It is accessible to all community members, regardless of their situation, and actively encourages donations from local residents and businesses. This collaboration effort cultivates a spirit of generosity and support, as community members unite to assist one another during times of need.

If you or someone you know could benefit from the services provided by the Community Cares Closet or if you wish to contribute with a donation, please do not hesitate to contact Forest County Social Services at 715-478-3351.

TIES THAT BIND US

Ties That Bind Us is a community-focused on-profit organization committed to supporting residents of Forest County who are fighting cancer. We offer vital resources and assistance to individuals in need during their challenging journey. If you are interested in applying for help, volunteering your time, or contributing financially, please reach out to us at fcttbu@gmail.com. Your generosity can have a meaningful impact on the lives of those experiencing cancer in our community.

ADVOCACY

AARP Wisconsin

Telephone: (888) 687-2277

Text: (833) 259-2277

Website: www.aarp.org

Educational presentations on issues important to 50+, publications and resources.

Membership fee: Contact AARP.

Administration for Community Living (ACL)

Telephone: (202) 401-4634

Address: 330 C St. SW, Washington, DC 20201

Website: www.ACL.gov

ACL is part of the administration for Community Living whose mission is to promote the dignity and independence of older people and to help society prepare for an aging population.

ADRC of the Northwoods

Telephone: (715) 478-2015

(See Aging Services Section)

Disability Benefit Specialist Program

Serving individuals 18-59 years of age.

ADRC Office - Crandon: (715) 478-2015

(See Aging Services Section)

Disability Rights Wisconsin

Address: Madison Office: 1502 W. Broadway, Ste. 201
Madison, WI 53733

Milwaukee Office: 1205 S. 70th St., Ste. 500,
Milwaukee, WI 53214

Telephone: (608) 267-0214 - Madison Office or
(800) 928-8778

Fax: (833) 635-1968

Address: 1502 W Broadway Ste. 201, Madison, WI 53713

E-mail: info@drwi.org

Website: www.disabilityrightswi.org

Services: Deinstitutionalization and downsizing of large facilities that house people with disabilities so that resources can be made available for people to live in their communities. Patient/consumer rights for people with disabilities who live in various types of residential or treatment facilities. Special education advocacy for students with disabilities in the public school system in Wisconsin. Employment and housing discrimination based specifically on disability status.

Elder Benefit Specialist Program:

Serving individuals 60 years of age and older.

ADRC Office - FCP: (715) 478-2015

(See Aging Services Section)

Elder Law Center

(See Legal Assistance)

Midstate Independent Living Choices

(See Disabilities Resources Section)

Ombudsman

The Board on Aging & Long Term Care

Telephone: (800) 815-0015

Address: 1402 Pankratz St., Suite 111,
Madison, WI 53704-4001

E-mail: lindadobbratz@wisconsin.gov

Services: The Long Term Care Ombudsman program protects the rights of people and responds to complaints and problems of residents of long term care, 60 yr. or older. Includes individuals living at home who receive family care.

Wisconsin Legislative Hotline

Telephone: (800) 362-9472

Website: www.legis.wisconsin.gov

Call this toll-free number to find out who your state legislator is and obtain his/her contact information. Visit our website for more info on your legislature.

Hours: Monday-Friday 8:15 a.m.-4:45 p.m.

AGING SERVICES

ADRC of the Northwoods

Telephone: (715) 478-2015

Address: 300 A South Lake St.,
Crandon, WI 54520

Find us on Facebook: It is the purpose of the ADRC of the Northwoods to respect, inform, and assist and serve Forest County residents 60 years of age and older so that they may maintain independence and live in a manner of their choice. It is further the mission of this agency to protect vulnerable adults and to advocate on their behalf. There is no fee for service unless noted. Unless otherwise listed, please contact the ADRC of the Northwoods for further information in regard to aging services.

Hours: 7:30 a.m.- 4:00 p.m.

Bureau on Aging and Disability Resources

Telephone: (608) 266-1865

Address: 201 East Washington Ave., Madison, WI 53703

Mailing Address: P.O. Box 2659, Madison, WI 54701

E-mail: DHSDLTCAging@dhs.wisconsin.gov

Website: www.dhs.wisconsin.gov/aging

Services: The Bureau of Aging and Disability Resources is the state administrative agency responsible for the development of policy and the management of programs that serve persons who are elderly, persons with physical disabilities, persons who are blind or visually impaired, persons who are deaf or hard-of-hearing, persons in need of adult protective services, and persons who need or receive information about access to community-based long-term support through an Aging and Disability Resource Center.

Elder Benefit Specialist

Telephone: (715) 478-2015

Services: Benefit Specialists are individuals trained to help older persons who are experiencing problems with their private or government benefits. Benefit Specialists receive ongoing training and are monitored by attorneys knowledgeable in elder law. Areas in which they can assist you include: Medicare, Medicare Supplemental Insurance, Medicare Part D, SeniorCare and other prescription drug programs, Supplemental Security Income, Social Security, Medical Assistance, Consumer Problems, Age discrimination in employment, Homestead Tax Credit, Housing Problems and other legal and benefit problems.

Eldercare Locator

Telephone: (800) 677-1116

Website: www.eldercare.gov

Services: The Eldercare Locator is a resource to help you find local community services for seniors anywhere in the U.S. The National Association of Area Agencies on Aging sponsors this nationwide service.

Family Caregiver Support Program

Telephone: (715) 478-2015

Contact Person: Kathy Fohrman

Many individuals are not aware that they may qualify for Family Caregiver Support. This is due in part to the fact that many spouses and family members do not recognize themselves as caregivers. For more information on the Caregiver Support Program call the number listed above.

Forest County Potawatomi Elder Program

Telephone: (715) 478-4715

Address : 5456 Kak Yot Lane, Stone Lake

Mailing Address: P.O. Box 340, Crandon, WI 54520

Elder Services Coordinator: Penny Christianson

Website: www.fcpotawatomi.com

Meal Site Phone Number: (715) 478-4892

Area served: Stone Lake, Laona, Blackwell, Carter, and Wabeno

Meals provided for tribal members 55 or older

Congregate Meals: Offered Monday through Thursday at 5456 K&K Yot Ln., Crandon, WI 54520 (The Caring Place) from 11:00-1:00.

Home Delivered Meals: Offered to home bound elders residing in the service area.

Greater Wisconsin Agency on Aging Resources (GWAAR)

Telephone: (608) 243-5670

Address: 1414 MacArthur Rd., Suite A, Madison, WI 53714

E-mail: info@gwaar.org

Website: www.gwaar.org

Services: Provides advocacy, planning, coordination and information to 70 county aging departments; administers Federal and State aging funding to counties.

Meals on Wheels

Telephone: (715) 478-2015

Program for people ages 60 or older that are homebound due to health reasons, and are physically or emotionally unable to travel for a meal with others. To qualify for homebound meals, individuals must meet homebound criteria. An in-home visit will be conducted by agency staff to ensure program requirements are met. A driver delivers nutritious meals to homebound seniors unable to attend a local senior dining site. There are no economic guidelines to qualify, but donations are accepted.

Information and Assistance

The ADRC of the Northwoods help older adults and their family members determine needs, and assist them in finding specific services. For more information please call (715) 478-2015.

Preventive Health Services

The ADRC of the Northwoods, along with the collaboration of UW Extension, currently sponsor the evidence based preventative programs StrongBodies and Bingocize. (Please see page 8) ADRC of the Northwoods and the UW Extension is looking to expand other programs into the County that include Bingocize. Please contact the ADRC of the Northwoods. for more information at (715) 478-2015.

Senior Dining Sites

Program provides an opportunity for persons age 60 or older and their spouses to enjoy a nutritious meal in a social setting at five different locations in Forest County: Armstrong Creek, Crandon, Laona and Wabeno. There are no economic guidelines to qualify to attend. All participants are given the opportunity to donate towards the cost of the meal. For more information please call (715) 478-3256.

Transportation Services

The ADRC of the Northwoods provides two Senior transportation programs for Seniors (55+) and persons with disabilities - Medical Escort and Route Transportation. For more information call (715) 478-3256.

Village Caregiving

Telephone: (920) 510-4761

Address: 4321 W. College Ave., Ste. 200, Appleton, WI 54915

Email: michaeljones@villagecaregiving.com

Website: www.villagecaregiving.com

Services: Providing home care assistance, routine housework, cooking and serving, companionship, bathing assistance. Errand running. Respite. Bonded and insured.

AGING SERVICES CONT.

Volunteer Opportunities

Volunteers are very important to the ADRC of the Northwoods. A variety of different volunteer opportunities are available in office and in the community. Mileage reimbursement is available for volunteer drivers. Contact the ADRC of the Northwoods for volunteer opportunities. The ADRC of the Northwoods is always in need of volunteer drivers. Individuals interested in becoming a volunteer driver should contact Kathy Fohrman at 715-478-3256. Drivers must have a good driving record, a vehicle in good repair and insurance coverage.

Sokaogon Chippewa Elder Program

Telephone: (715) 478-6440 • Cell: (715) 622-0433
Address: 3154 State Hwy 55., Crandon, WI 54520
Aging Unit Director: Micelle Taugher
Email: Michelle.Taughер@scc-msn.gov
Housing Phone Number: (715) 478-2001 Walter Panick Jr.
Website: sokaogonchippewa.com
Services: Transportation, information, referral and nutritious meals. Elder Benefits Specialist offered. Services/programs by Tribal Elders as needed.

ALCOHOL & OTHER DRUG ABUSE-AODA

Alcohol and other Drug Abuse Program

Telephone: (715) 369-2215 • Crisis Line: (888) 299-1188
The Human Service Center
Address: P.O. Box 897, 705 E. Timber Dr.,
Rhineland, WI 54501
Website: www.thehumanservicecenter.org
Services: Care coordination for individuals of all ages that live with alcohol and other drug abuse issues.
Hours: Monday-Friday, 8:00 a.m.-4:30 p.m.

Alcoholics Anonymous

For information and daily meetings throughout the area, call or text (715) 360-4637.
Call for help: (715) 966-9343
Website: www.northwoodsaa.org

Aspirus Koller Behavioral Health-Rhinelander & Woodruff

Telephone: (715) 361-2805
Howard Young Hospital
Address: 240 Maple St., Lower Level
Woodruff, WI 54568
Telephone: (715) 361-2805

Aspirus Koller Behavioral Health Services

Telephone: (715) 361-2805
Fax: (715) 361-2920
Address: 400 W. Glen St.,
Crandon, WI 54520
Website: www.aspirus.org
Services: Outpatient AODA, Mental health, psychiatry, assessments, prevention services. Internal referral required.

Aspirus Rhinelander Hospital

General: (715) 361-2000 • Inpatient: (715) 361-2020
Address: 2251 N. Shore Dr., Rhinelander, WI 54501
Services: Short term crisis unit.

Aspirus Rhinelander Clinic

Telephone: (715) 361-5480
Address: 1630 N. Chippewa Dr.,
Rhineland, WI 54501
Services: AODA Outpatient

Forest County Potawatomi: Health and Wellness Center AODA and Behavioral Science

Telephone: (715) 478-4332 (option 3)
Address: 8201 Mish-Ko-Swen,
Crandon, WI 54520
Services: Mental health assessment and treatment, recovery coaches for AODA and behavioral health.
Hours: Monday-Friday, 8 a.m.-4:30 p.m.

Forest County Potawatomi Health and Wellness Recovery Resource Center

Telephone: (715) 478-4350
Services: Recovery coaches for AODA.v

Koinonia Treatment Facility

Telephone: (715) 362-5745 • Fax: (715) 362-2819
Address: 1991 Winnebago St.,
Rhineland, WI 54501
Mailing Address: P.O. Box 1550, Rhinelander, WI 54501
Services: Residential drug and alcohol treatment.

Substance Abuse & Mental Health Service Administration

Telephone: 1-800-662-4357
Website: www.samhsa.gov

Transitions Center, LLC

Telephone: (715) 365-6696
Address: 22 N. Pelham St.,
Rhineland, WI 54501
Mailing Address: P.O. Box 622, Rhinelander, WI 54501
E-mail: transitionscenter@frontiernet.net
Website: www.transitionscenter.net
Business Hours: Monday-Thursday 8:00 a.m.-2:00 p.m.;
Friday 8:00 a.m.-1:00 p.m.
Appointments available per counselor

Services: Outpatient counseling for individuals, couples, and families of all ages, for mental health and alcohol/drug problems. Private insurance, Medicare/Medicaid, and private pay accepted. Serving Forest, Oneida, and Vilas Counties.

Wisconsin Recovery Connection

Telephone: (866) 812-8231

Website: www.recoveryconnection.com/substance-abuse-statistics-by-state/wisconsin

ALZHEIMER'S DISEASE & OTHER DEMENTIAS

Alzheimer's Association Wisconsin Chapter

Rhinelander Outreach Office

Telephone: (715) 352-4091 or (800) 272-3900

Mailing Address: P.O. Box 1472,
Rhinelander, WI 54501

Website: www.alz.org/wi

Contact: Julie St. Pierre

E-mail: jstpierre@alz.org

Address: 8A W. Davenport St., Suite 224
Rhinelander, WI 54501

Counties Served: Ashland, Bayfield, Florence, Forest, Iron, Langlade, Lincoln, Price, Vilas & Oneida

The Alzheimer's Association of Wisconsin is a non-profit organization, affiliated with the National Alzheimer's Association in Chicago. Services offered include: support group meetings, 24-hour telephone National helpline number at (800) 272-3900, community and caregiver workshops.

Alzheimer's Family & Caregiver Support & Program-Forest County

Telephone: (715) 478-2015

ADRC of the Northwoods

Friendly Village Nursing & Rehabilitation

Telephone: (715) 365-6832

Address: 900 Boyce Dr. Rhinelander, WI 54501
(See Nursing Home Section)

Forest County Potawatomi Tribal Aging and Disability Resource Specialist, Community Advocacy/Family Services Division

Telephone: Molly Thornton (715) 478-4968;
cell (715) 889-6692

Email: molly.thorton@fcp-ncn.gov or
communityadvocate@fcp.nsn.gov

Website: www.fcpotawatomi.com

National Family Caregiver Support Program

Telephone: (715) 478-2015

ADRC of the Northwoods

(See Aging Services Section)

Northern Wisconsin Memory Diagnostic Center

Telephone: (715) 361-4560

Address: Aspirus Hospital, 2251 N. Shore Dr.,
Rhinelander, WI 54501

Nu Roc Health and Rehabilitation Center

Telephone: (715) 674-4477

(See Nursing Home Section)

Rennes Health & Rehab Center

Telephone: (715) 420-0728

Address: 1970 Navajo St.,
Rhinelander, WI 54501

Sokaogon Chippewa Dementia Care Specialist

Telephone: Troy Peterson (715) 478-4660;

Cell (715) 622-1131

Email: troy.peterson@scc.nsn.gov

Wisconsin Alliance for Family Caregiving

Website: www.caregiver.org

A network of organizations and family caregivers that provides education, resources, and support to family caregivers statewide.

Wisconsin Alzheimer's Institute

Addresses:

**Madison WRAP Office, Wisconsin Alzheimer's Institute,
UW School of Medicine and Public Health, CSC-MC4670**
600 Highland Ave., Madison WI 53792

**WAI Madison Office, Wisconsin Alzheimer's Institute,
UW School of Medicine and Public Health**

610 Walnut St., 9th Floor, Madison, WI 53726

**Milwaukee WRAP Office, Wisconsin Alzheimer's
Institute, UW School of Medicine and Public Health,
Center for Urban Population Health**

1020 N. 12th St., Ste. 4180, Milwaukee, WI 53233

**WAI Regional Milwaukee Office, Wisconsin Alzheimer's
Institute, UW School of Medicine and Public Health,
Center for Urban Population Health**

1020 N. 12th St., Ste. 4180, Milwaukee, WI 53233

E-mail: wai@medicine.wisc.edu

Website: www.wai.wisc.edu

Services: WAI is an academic University of Wisconsin School of Medicine and Public Health Center and focuses on Alzheimer's disease and related dementias.

ALZHEIMER'S DISEASE CONT.

Wisconsin Family Caregiver Support Program

Telephone: (715) 478-3256

Forest County Office on Aging

Website: www.wisconsincaregiver.org

Services designed to help local and long distance family members and friends who care for: persons age 60 or over; individuals with Alzheimer's disease or related dementias regardless of age.

ASSISTIVE TECHNOLOGY RESOURCES

Grandcare

Service: Grandcare facilitates an assessment for individuals living in their own home to determine the best set-up based on the individual's needs. If Grandcare is utilized in a residential setting, the assessment and set up is the responsibility of the care provider. Most of the options within Grandcare's system are customizable to individual needs.

Website: <https://www.grandcare.com>

Midstate Independent Living Choices, Inc

MILC offers loan and demonstration program of Assistive Technology for consumers to try equipment before making a commitment to purchase. MILC is not a vendor of equipment, but can help get you connected to vendors and possibly funding resources. (See Disabilities Resource section for more services and contact info).

Safe Wander

Service: Safe Wander is a wearable wireless sensor. It sends an instant alert to the caregiver's phone when the wearer starts to get up from the bed or chair before their feet hit the ground, even if the caregiver is further away.

Website: <https://www.safewander.com>

Tech Enhanced Life

Service: This site focuses on improving the quality of life for older adults, utilizing technology to enhance and optimize the ability to live life to the fullest.

Website: www.techenhancedlife.com

WisTech

Service: Assistive Technology Program offers device loan and demo. You can browse the data base of the Independent Living Centers to see what devices are in the inventory and available for loan or demo.

Website: <https://www.wisconsinat4all.com>

CAREGIVER SUPPORT

Family Caregiver Support Program -

ADRC of the Northwoods

Telephone: (715) 478-2015

(See Aging Agencies Section)

CHURCHES

(Some churches may not be represented below.
Please check your local paper or the yellow pages.)

Argonne Community Church

Address: 7945 Pine St., Argonne, WI 54511

Service Time: Sunday at 8:30 a.m.

Bethel Baptist Church

Telephone: (715) 610-1420

Address: 1761 East Ave., Wabeno, WI 54566

Contact Person: Pastor Ben Larson

Service Time: Sunday at 9:00 a.m.

Christ Lutheran Church-WELS

Telephone: (715) 478-5620

Address: 9139 Main St., Hiles, WI 54511

Vacancy: One joint service at St. Paul Lutheran Church in Crandon, Sunday 10:30

E-mail: pastor@northwoodslutheran.org

Website: www.northwoodslutheran.org

Forest Larger Parish Presbyterian Church

Lakewood, Wabeno, Laona

Telephone: (715) 473-3803

Locations:

4347 N. Branch St., Wabeno, WI 54566, 10:00 a.m.

15552 Hwy. 32, Lakewood, WI

Mailing Address: P.O. Box 129, Wabeno, WI 54566

Contact: R. Lee Jennings, Jr. Minister

Pastor: Rev. Ronald Lawrence

E-Mail: forlarpar@gmail.com

Website: forestlargerparishpc.com

Call church office for service times.

Good Shepherd Lutheran Church

Telephone: (715) 478-3555 or (715) 889-4610

Address: 1507 N. Lake Ave., Crandon, WI 54520

Mailing Address: P.O. Box 146, Crandon, WI 54520

Contact Person: Pastor Jamie Bauknecht

Service Time: Sunday, 10:30 a.m.

Grace Life Bible Fellowship

Telephone: (715) -784-6020

Location: 104 W. Madison Street; Crandon, WI 54520

Contact Person: Pastor/Counselor John Brensinger

Website: <https://gracelife.churchestrac.com>

Service Time: Sunday at 10:30 AM

Lake Lucerne Gospel Chapel

Telephone: (715) 478-2677
Address: 5132 Jaeger Rd., Crandon, WI 54520
Mailing Address: 604 N. Grandview, Crandon, WI 54520
Contact Person: Don Dewing, Pastor
Service Time: Sunday, 10:00 a.m.

Lakeland Baptist Church

Telephone: (715) 478-3901
Contact Person: Pastor Ezra Billings
E-mail: lakelandbaptistcrandon@proton.me
Address: 106 S. Hazeldell Ave., Crandon, WI 54520
Service Time: Wednesday at 6:00 p.m. and Sunday at 10:00 a.m. & 5:00 p.m.; Sunday School at 9:00 a.m.

Midwest Indian Mission

Telephone: (715) 478-2730
Fax: (715) 478-2731
Mailing Address: P.O. Box 187, Crandon, WI 54520
Contact Person: Rev. Don Dewing, Director
E-mail: ardtndd@newnorth.net
Website: www.midwestindianmission.org
Services: Lake Lucerne Gospel Chapel, Crandon (10:00 a.m. Sunday); Sunnyside Community Church, Carter (10:00 a.m. Sunday); Waba Nun Nung Gospel Chapel, Mole Lake (10:00 a.m. Sunday); New Hope Shelter and Transitional Housing; Shelter Number 715-478-3669; Wasmogishek Food Pantry

Pentecostal Church of God

Location: Alvin, WI
Pastor: Della Rosenow
Sunday Worship Service, 10:30 a.m.
Wed. Bible Study 10:30 a.m.

Praise Chapel Community Church

Telephone: (715) 478-7755
Address: 200 East Sixth St., Crandon, WI 54520
Mailing Address: P.O. Box 364, Crandon, WI 54520
Contact Person: Senior Pastor Franz Gerber
Website: www.praisechapelcc.com
Services: Food pantry, Kid's Club, senior fellowship, weddings, funerals, women's & men's bible studies. Serving Forest County. Sundays, 10:00 a.m.; Sunday School during the school year 9:00 a.m. Wednesday night Bible Study 6:30 p.m. For more information go to our website.

t. Ambrose Catholic Church

Telephone: (715) 473-2511
Address: 1793 Elm Street & Hwy. 32, Wabeno, WI 54566
Mailing Address: P.O. Box 280, Wabeno, WI 54566
Contact Person: Fr. Praveen Pamisetti
Cell: (715) 219-6338
Mass at St. Ambrose, Wabeno, Sunday 10:30 a.m. and Wednesday 10:00 a.m.
Mass at Lakewood Sunday 8:30 a.m. and Saturday 4:00 p.m. (year round)

St. John Lutheran Church-Laona (LC-MS)

Telephone: (715) 674-3836 or (715) 889-3474
Address: 5502 Beech St., Laona, WI 54541
Contact Person: Pastor, Jamie Bauknecht
Worship Services: Sunday 8:30 a.m.

St. John Lutheran Church-Pickerel (LC-MS)

Telephone: (715) 484-3382
Address: N8934 Hwy 55, Pickerel, WI 54465
Contact: Pastor Rick Kelm (402) 200-0190 Mon. 10:30 a.m.
Service Time: Sunday 7:30 a.m.
Sunday Bible Study: 8:00 a.m.
After School Program: Wednesday, 4:00-5:30 p.m.

St. Joseph Catholic Church

Telephone: (715) 478-3396
Address: 208 N. Park Ave., Crandon, WI 54520
Contact Person: Fr. Kennedy Gaspar, Administrator
E-mail: stjosephscrandon@gmail.com
Service Time: Saturday at 6:00 p.m. and Sunday at 8:30 a.m.
Services Offered: Pastoral

St. Leonard's Catholic Church

Telephone: (715) 674-3241
Address: 5330 Beech St., Laona, WI 54541
Contact: Fr. Anil Polumari
Cell: (920) 883-9799
E-mail: stleonardlaona@gmail.com
Mass: Tuesday-Friday, 7:30 a.m.
Mass: Saturday at 4:00 p.m. and Sunday at 9:00 a.m.

St. Luke's United Methodist Church

Telephone: (715) 478-3797
Address: 301 S. Lake Ave., Crandon, WI 54520
Contact Person: Pastor Debra Spira (906) 236-4396
Pastors Hours: Wed. 8:00-1:00 by appt.
Secretary: Elizabeth Plummer (715) 478-3948
E-mail: stlukesumccrandon@gmail.com
Service Time: Sunday at St. Luke's, Crandon 8:30 a.m., Sunday School held during school year same time as service.

St. Paul Lutheran Church, WELS

Telephone: (715) 478-5620
Address: 501 N. Park Ave., Crandon, WI 54520
Vacancy: One joint service at St. Paul Lutheran Church in Crandon, Sunday 10:30 am
Website: www.northwoodslutheran.org
E-mail: pastor@northwoodslutheran.org
Service Time: Sunday at 10:30 a.m.

St. Stanislaus Kostka Church

Telephone: (715) 336-2334
Address: 521 U.S. Hwy. 8, Armstrong Creek, WI 54103
Email: ststanislausarmstong@gmail.com
Service Time: Saturday at 4:00 p.m. at St. Joan of Arc, Goodman and Sunday at 10:30 a.m. at St. Stanislaus, Armstrong Creek.

CHURCHES CONT.

Sunnyside Community Church

Telephone: (715) 478-0084

Address: Hwy. 32,
Carter, WI 54566

Contact Person: Pastor Adam Dewing
Sundays Service: 10:00 a.m.

Trinity Lutheran Church

Telephone: (715) 473-5633

Address: 1741 Forest Ave.,
Wabeno, WI 54566

Contact Person: Pastor Willitz (608) 294-8940
Email: pr.willitz@gmail.com
Website: www.trinityrisesavior.com
Services: Sunday 9:30 a.m.

Waba Nun-Nung

Telephone: (715) 478-2617

Address: Hwy 55 at Mole Lake, Crandon

Contact: Pastor Richard Jensen
Service Time: Sunday at 10:00 a.m.

CLEANING SERVICES

Sparkling Cleaning Service LLC

Telephone: (715) 360-3272

Address: Rhinelander, WI

Website: www.getsparklingclean.com

Email: scsllc2022@gmail.com

Savannah Rankin, Owner/Operator

Residential/Rental/Commercial Cleaning/Windows

CLOTHING

Christian Thrift Store

Telephone: (715) 473-6509

Address: 4541 N. Branch St.

Wabeno, WI 54566

E-mail: christianthriftstore@gmail.com

Services: Reasonably priced, gently used clothing, home decor, small kitchen appliances, etc.

Hours: Monday-Friday 11:a.m.-4:00-p.m.,

Saturday 11:00 a.m.-3:00 p.m.

Donations accepted Tuesday-Friday 11:00 a.m.-3:00 p.m.;

Saturday, 11:00 a.m.-2:00 p.m.

Goodwill Industries of North Central Wisconsin

Address: 405 Hwy. 64 E, Antigo, WI 54409

Daily 9:00 a.m.-9:00 p.m.

Donation Drive-through, Daily 8:00 a.m.-9:00 p.m.

Telephone: (715) 362-7565

Address: 2181 Lincoln St.,
Rhinelander, WI 54501

Telephone: (715) 623-3767

Services: Gently used and new items, job training programs and opportunities for people with barriers to employment, and a drop site for donations.

CONSUMER PROTECTION

Benefit Specialist Program

(See Aging Services Section)

Better Business Bureau of Wisconsin, Inc.

Consumer Protection Division

Telephone: (800) 273-1002

Website: www.bbb.org/Wisconsin

Consumer Hotline of the Agriculture Trade and Consumer Protection

Telephone: (608) 224-5012 or (800) 947-3529

Address: P.O. Box 8911, Madison, WI 53708-8911

Websites: <https://datcp.wi.gov> or www.datcp.wi.gov

National "Do Not Call" Registry

Telephone: (888) 382-1222 or 1-866-290-4236 (TTY)

Website: www.donotcall.gov

Telephone numbers placed on the National "Do Not Call" don't expire. Most telemarketers should not call your number once it has been on the registry for 31 days.

National Fraud Information Center

Telephone: (202) 835-3323 ext. 815

Website: www.fraud.org

Services: A project of the National Consumers League is working to combat the growing menace of phone fraud. If you receive a phone call that you suspect is a scam, please call 1-202-835-3323, ext. 815.

Wisconsin "Do Not Call" List

Telephone (National): (888) 382-1222

Website (Wisconsin): NoCallWisconsin.gov or datcp.wi.gov/Pages/Publications/NoCallConsumerFAQ286.aspx

State of Wisconsin Department of Financial Institutions

Telephone: (608) 261-9555

Website: www.dfi.wi.gov/Pages/Home.aspx

All questions and/or complaints regarding banks, credit unions, credit cards, charitable organizations, loan companies, consumer credit, payday loans, state-chartered banks, currency exchange, notaries, professional fund raisers, debt collection agencies, mortgage companies and investments.

CONTINUING EDUCATION

Forest County UW-Madison Extension

Forest County - UW Extension Courthouse

Telephone: (715) 478-2212

Fax: (715) 478-2015

Address: 200 East Madison St.,
Crandon, WI 54520

Area Extension Director – Amber Rehberg

Healthy Communities Coordinator – vacant

FoodWise Administrator: Florence, Forest, Vilas, Oneida,
Taylor, Price, Langlade, Lincoln – Terri Kolb

FoodWise Nutrition Educator: Forest, Oneida, Vilas –
Maddi Stroik

4H Educator – vacant

Learning in Retirement

Telephone: (715) 365-4544 or (800) 544-3039

TTY/TTD: 800-947-3529

Address: P.O. Box 518,
Rhineland, WI 54501

E-mail: LIR@nicoletcollege.edu

Website: www.nicoletcollege.edu/lir

Learning in Retirement at Nicolet College offers numerous just-for-the-fun-of-it learning opportunities for Northwoods seniors. Annual membership is \$50.00 and allows members to attend several social events and take as many or as few classes as they wish. Classes are offered at multiple locations.

Nicolet Area Technical College

Telephone: (715) 365-4410 or (800) 544-3039

TTY/TTD: 800-947-3529 or 711

Email: inquire@nicoletcollege.edu

Website: www.nicoletcollege.edu

Address: 5364 College Dr.,
Rhineland, WI 54501

Services: Nicolet College provides numerous opportunities for educational degrees, short-term training and educational and cultural enrichment. Area retirees actively pursue lifelong learning through college's continuing education classes. Learning in Retirement, and the college's Nicolet Live! Theater series. Contact the college for information on current offerings.

COUNSELING

(See Health, Mental Section)

CRISIS INTERVENTION

Crisis Line (Crisis Intervention Link)

Telephone: (888) 299-1188

The Human Service Center

Address: 705 E. Timber Dr., Rhinelander, WI 54501

Services: A confidential, 24-hour, 7- days a week crisis line offering support in any mental health crises situation. Children and adults with a crisis in substance abuse and mental health can be assisted via the Comprehensive Community. Services on an inpatient or outpatient basis. Crisis advisors have resources they can call upon or refer to that are located throughout Forest, Oneida and Vilas Counties. There are no fees charged.

NEWCAP, Inc. - Oconto County

Telephone: 1-800-242-7334

Address: 1201 Main St.,
Oconto, WI 54153

Hours: Monday, Tuesday, Thursday 7:30 a.m.-5:00 p.m.,
Wednesday 9:00 a.m.-5:00 p.m.

Oconto NEWCAP Health Clinic

Address: 1201 Main St., Oconto, WI 54153

Telephone: 1-800-242-7334

Hours: By appointment only

Tri-County Council on Domestic Violence and Sexual Assault, Inc.

Telephone: (715) 362-6841

(800) 236-1222 (24-hour crisis line)

Address: P.O. Box 233,
Rhineland, WI 54501

Website: www.tri-countycouncil.org

Services: Temporary safe housing, food, support and advocacy for victims of domestic abuse, sexual assault and their children; emergency transportation, 24-hour crisis hotline, crisis intervention and support; legal advocacy, criminal justice support, community education, assistance with Judicare, crime victim compensation and restraining orders; supportive services, medical and personal advocacy; safety planning, information and referrals. All services are free of charge and confidential.

Hours: Monday-Thursday 8:00 a.m.-4:00 p.m.,
Friday 8:00 a.m.-12:00 p.m.

DENTAL CARE

Bridge Dental Clinic of Antigo

Telephone: (715) 627-4383

Address: 1111 Langlade Rd., Suite 103
Antigo, WI 54409

Website: www.bridgeclinic.org

Services: General dentistry. Serves all counties. Call for an appointment

DENTAL CARE CONT.

Forest County Potawatomi: Health and Wellness Center - Dental

Telephone: (715) 478-4313
Address: 8201 Mish Ko Swen Dr., P.O. Box 396, Crandon, WI 54520
Satellite dental clinic located at 155 Memorial Dr., Oconto, WI (920) 516-7107
Website: www.fcpotawatomi.com

Marshfield Clinic - Rhinelander Center

Telephone: (715) 420-1400
Address: 2268 North Shore Dr., Rhinelander, WI 54501
Accept insurance, including MA. We also accept private payments and have financial assistance programs.

Northlakes Community Clinic

Telephone: (715) 276-6321
Fax: (715) 276-1428
Address: 15397 Hwy 32, Lakewood, WI 54138

Mailing Address: P.O. Box 179, Lakewood, WI 54138
Services: Medical, dental, behavioral health, and enabling services. Certified Application Counselors to assist individuals to enroll in the new health insurance marketplace. Serving Oconto, Forest, Langlade, Marinette, and Florence counties.

Satellite dental clinic located at 840 Arbutus Ave., Oconto, WI - (920) 516-7107
Hours: Monday-Friday 7:00 a.m.-5:00 p.m.

Peter Christiansen Dental Center

Telephone: (715) 588-4269
Address: 128 Old Abe Rd., Lac du Flambeau, WI 54538

Potrykus Family Dentistry

Three Lakes Address: 858 Superior St., Three Lakes, WI 54562
Mailing Address: P.O. Box 410 Three Lakes, WI 54562
Three Lakes Telephone: (715) 546-2101
Eagle River Address: 213 N. Railroad St., Eagle River, WI 54521
Mailing Address: P.O. Box 1075 Eagle River, WI 54521
Eagle River Telephone: (715) 479-4686
E-mail: contactus@potrykusfamilydentistry.com
Services: Offering complete dental care Monday-Friday 7:30 a.m.-4:00 p.m. Serving all areas.

Forest County Nutrition Sites

24 HOUR ADVANCE REGISTRATION/CANCELLATION REQUIRED

LOCATION	DAYS	FOR RESERVATIONS CALL
Armstrong Creek Nutrition Site Community Center South Hwy. 101, Armstrong Creek, WI	11:30 A.M. Tuesday and one extra meal on one Wednesday each month	Site (715) 336-2218 Manager: Sharon Gile (715) 889-1235
Crandon Nutrition Site Crandon Community Building 601 W. Washington St., Crandon, WI	12:00 p.m. Monday and one extra meal on one Wednesday each month	Site (715) 478-3040 Manager: Tammy Collins (715) 889-4843
ADRC of the Northwoods	Call by 1:00 p.m. working day before meal to register/cancel.	Forest Co. Office on Aging: (715) 478-3256
Forest County Potawatomi 5460 Kak Yot Lane, Crandon, WI	Please call for meal schedules	(715) 478-4715
Laona Nutrition Site Laona Senior Center 5277 Linden St., Laona, WI	12:00 P.M. Thursday and one extra meal on one Wednesday each month	(715) 889-3116 Manager: Peggy Alderton
Sokaogon Chippewa Senior Center Hwy. 55, Crandon, WI	Please call for meal schedules	(715) 478-1229
Wabeno Nutrition Site Wabeno Town Hall 4473 N. Branch St., Wabeno, WI	12:00 P.M. Friday and one extra meal on one Wednesday each month	(715) 889-0123 Manager: Linda McEwen

Sokaogan Chippewa Health Clinic

Telephone: (715) 478-5180
Address: 3144 Vanzile Rd., Crandon, WI
Email: clinicinfo@scc-ncn-gov
Accepts Insurance, MA

Timber Drive Dental, Inc.

Telephone: (715) 365-1800
Address: 521 E. Timber Dr., P.O. Box 579
Rhineland, WI 54501
E-mail: info@timberdrivedental.com
Serving Rhinelander and the surrounding communities,
Monday-Wednesday 8:00 a.m.-5:00 p.m.

DIALYSIS UNITS

Aspirus Langlade Hospital Kidney Care

Telephone: (715) 623-9777
Address: 501 Aurora St., Antigo, WI 54409
(in St. Joseph's Outpatient Building)

Davita Northern Star

Telephone: 1-800 424-6589
Address: 311 Elm St., Woodruff, WI 54568
Website: www.davita.com
Services: Dialysis. Monday-Saturday 6:00 a.m.-4:30 p.m.

Davita Rhinelander

Telephone: (715) 362-3718 or 1-800-424-6589
Address: 1306 Lincoln St.,
Rhineland, WI 54501
Website: www.davita.com

DINING

Meal Sites: ADRC of the Northwoods/ Commission on Aging

Please register by calling the site manager or ADRC of the Northwoods/Commission on Aging at (715) 478-2015 one work day in advance of meals.

Armstrong Creek Nutrition Site

Telephone: (715) 336-2218
Location: Armstrong Creek Community Center
Serving Time: 11:30 a.m.
Site Manager: Sharon Gile (715) 889-1235

Crandon Nutrition Site - Crandon Community Building

Telephone: (715) 478-3040
Serving Time: 12:00 p.m.
Site Manager: Tammy Collins (715) 889-4843

What about cremation?

Do funeral homes do cremation? Can I still have a service? What about costs? We can help with all of it. Please send for this informative brochure to help answer any questions you may have. It's free and you'll learn with cremation there are as many choices as there are wishes.



1025 Margaret St • Woodruff, WI 54568
(715) 439-4100 • www.nimsgernfuneral.com

Heindl-Nimsgern Funeral & Cremation Services
284 Chestnut St Phillips, WI 54555 • 715-339-2313

Krueger-Nimsgern Funeral & Cremation Services
101 N. 2nd St Tomahawk, WI 54487 • 715-453-3808

Yes, I'd like more information on cremation.
(There is no cost or commitment.)

Name _____
Address _____
City _____ State _____ ZIP _____
Phone _____

MAIL TO: Nimsgern Funeral & Cremation Services
PO Box 230 • Woodruff, WI 54568

15-284



**WHAT
about
CREMATION?**

***As Many Choices As
There Are Wishes***



Jamie Nimsgern
OWNER/
FUNERAL DIRECTOR

DINING CONT.

Laona Nutrition Site - Laona Senior Center

Telephone: (715) 889-3116, Peggy Alderton

Serving Time: 12:00 p.m.

Site Manager: Peggy Alderton

Forest County Potawatomi Meal Site

Telephone: (715) 478-4715

Address: 5456 Kak Yot Lane, Crandon, WI 54520

Sokaogon Chippewa Senior Center Meal Site

Telephone: (715) 478-1229

Address: 3154 Hwy 55, Crandon, WI 54520

Hours of Service: Monday-Friday 11:30 a.m.-12:30 p.m.

Wabeno Nutrition Site - Wabeno Town Hall

Telephone: (715) 889-0123

Serving Time: 12:00 p.m.

Site Manager: Linda McEwen

DISABILITIES RESOURCES

ADRC Disability Benefit Specialist

ADRC of the Northwoods

Crandon Office: Telephone: (715) 478-2015

Fax: (715) 499-5057

Address: 300 S. Lake Ave., Crandon, WI 54520

Services: Assists individuals 18-59 years old in identifying resources and accessing services.

Brain Injury Resource of Wisconsin Inc.

Telephone: (262) 770-4882

Address: 511 N. Grand Ave., Waukesha, WI 53186

E-mail: admin@bircofwi.org

Division of Vocational Rehabilitation

Telephone: (800) 469-0917 or (715) 261-8760

Fax: (608) 327-6400

Address: 51 N. Brown St. Ste. A, R
Rhinelander, WI 54501

E-Mail: dvr@dwd.wisconsin.gov

Website: www.dwd.wisconsin.gov/dvr

Services: Career guidance and counseling, job search and placement assistance, information and referral services, transition to work services, supported employment services, rehab tech, vocational and other training.

Serving Forest, Oneida, Langlade, Tomahawk and Vilas Counties

Hours: Monday-Friday 8:00 a.m.-12:00 p.m., 12:30-4:00 p.m.

Headwaters, Inc.

Telephone: (715) 369-1337

Fax: (715) 369-1793

Address: 1441 East Timber Dr., Rhinelander, WI 54501

Website: www.headwatersinc.org

Services: A not-for-profit community-based services agency with 50 years of experience providing services to people with intellectual disabilities, autism spectrum disorders, serious and persistent mental illness, brain injuries, physical disabilities throughout Northern Wisconsin. We provide a variety of support services that can be customized to fit someone's specific needs, and we specialize in supporting people to live the kind of life they want to live. Current counties being served include Forest, Iron, Langlade, Lincoln, Oneida and Vilas.

Hours: Monday-Friday 8:00 a.m.-3:30 p.m.

Inclusa

Telephone: (877) 622-6700

Office Location: 300 S. Pelham St., Rhinelander, WI 54501
(office is open by appointment only)

Website: www.Inclusa.com

Services: Inclusa is a State certified Managed Care Organization designed to offer the Family Care program to eligible elders and adults with disabilities. Our goal is to support you and the community you call home. We are here to help you connect to the resources you need to live the life of your choosing.

Business Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

Lakeland Care, Inc

Telephone: (920) 906-5100

Address: 232 S. Courtney Street (Trig's Shopping Center),
Rhinelander, WI 54501

Website: www.lakelandcareinc.com

Services: Local managed-care organization administering the Medicaid-funded Family Care long-term care program which helps frail elders and adults with disabilities get the services they need to remain in their homes. This comprehensive and flexible program offers services to foster independence and quality of life for members, while recognizing the need for independence and support. The program offers better choices, improved access to services, improved overall quality of life by focusing on people's health and social outcomes and does so in a cost-effective manner.

Hours: (Open by appointment only) 8:00 a.m. - 4:30 p.m.

Midstate Independent Living Choices, Inc.

Telephone: (715) 344-4210 or (800) 382-8484

(TTY): (715) 344-4414

Address: 3262 Church St., Stevens Point, WI 54481

Website: www.milc-inc.org

Services: MILC is publicly supported non-profit agency serving persons with disabilities of all ages. Services

include, but are not limited to: Information and referral, advocacy, Independent living skills training, peer support, transition services (Nursing Home/Assisted Living to community living, incarceration to community living, transition services for youth with disabilities to life beyond high school).

Assistive technology (Loan, Demonstration, and training), community education, recreation, and more.

Assistive Technology Loan and Demonstration Program. Whether you need short-term support while recovering or want to test different options before making a purchase, you can borrow equipment up to 45 days.

Hours: Monday-Friday 8:30 a.m.-5:00p.m.

Oneida County Human Services

Telephone: (715) 369-2215

Address: 705 E. Timber Dr., P.O. Box 897
Rhineland, WI 54501

Website: www.thehumanservicecenter.org

Services: Assessment and referral, care coordination, and treatment for individuals of all ages in need of AODA - Developmental Disability and/or Mental Health services. Serving Forest, Oneida, and Vilas counties.

TMG IRIS Consultant Agency

Telephone: (844) 864-8987

Address: 2424 Rimrock Rd., Ste. 230, Fitchburg, WI 53713

E-mail: info@tmgwisconsin.com

Website: www.tmgwisconsin.com

As Wisconsin's first certified IRIS Consultant Agency, TMG partners with thousands of adults with disabilities and older adults statewide, empowering them to enjoy meaningful lives in their communities. IRIS participants and their families choose and control the supports that work best for them. When you choose TMG as your IRIS Consultant Agency, your local IRIS Consultant will get to know you, listen, and understand what's important in your life. Then together, we create a plan that is unique to your long-term care goals. TMG's knowledgeable, compassionate consultants become key allies in achieving long term care goals.

DRIVER'S LICENSING

Department of Transportation Division of Motor Vehicles

Crandon Location

Telephone: (608)264-7447

Address: 110 S. Lake Ave., Crandon, WI 54520

Hours: Tuesday/Thursday 7:00 a.m.-5:00 p.m.

Rhineland Location

Telephone: (608)264-7447

Address: 510 N. Hanson Lake Rd., Rhineland, WI 54501

Hours: Monday-Friday 8:30 a.m.-4:45 p.m.

ELDER ABUSE/ DOMESTIC ABUSE

911

Anywhere in Forest County for an emergency. Stay on the phone to give relevant information until asked to hang up.

Forest County Department of Social Services

Telephone: (715) 478-3351

Forest County Potawatomi Health and Wellness Center Behavioral Health Services

Telephone: (715) 478-4330

Office of Crime Victim Services

Telephone: (608) 264-9497

(800) 446-6564 (victims only)

TTY/TTD: (800) 947-3529

Fax: (608) 264-6368

Address: P.O. Box 7951, Madison, WI 53707

Website: www.doj.state.wi.us

Services: Crime victim compensation, victim/witness assistance.

Hours: Monday-Friday 7:45 a.m.-4:30 p.m.

Sokaogon Chippewa Family Service Domestic and Elder Abuse

Telephone: (715) 478-6451

Tri-County Council on Domestic Violence and Sexual Assault

Telephone: (715) 478-3780

(See Crisis Intervention Section)

EMERGENCY RESPONSE UNITS-LIFELINE PROGRAMS

Lifeline Program

Located in Northern Wisconsin

Telephone: (800) 635-6156

Lifeline Program: Lifeline is a personal response service that ensures quick assistance whenever help is needed. Lifeline lets you maintain independence and gives family peace of mind knowing help is available 24 hours a day, 365 days a year. When the button you wear is pushed, it activates the lifeline to call for help. Most companies provide both home landline and cellular systems, however, each company sets their own prices, may or

EMERGENCY RESPONSE CONT.

may not have installation or activation fees, some offer added features. You may want to call to find the company that best meets your needs. Note: Forest County Health Department no longer offers Lifeline services.

Connect America

Telephone: 1-800-815-5809

Website: www.connectamerica.com

Dickinson County Healthcare

(See Hospital Section)

Lively

Telephone: (800) 918-8543

Website: www.lively.com

Medical Alert

Telephone: (800) 800-2537

Website: www.medicalalert.com

Phillips Lifeline

Telephone: (855) 681-5351

Website: www.lifeline.phillips.com

VRI

Telephone: (800) 860-4230

Website: www.vricares.com

EMERGENCY SERVICES

911 anywhere in Forest County for an EMERGENCY

- Fire and Rescue • Ambulance
- Police/Sheriff/Highway Patrol

Dial 911 and stay on the phone to give all relevant information until you are asked to hang up.

American Red Cross

Telephone: Help, 24/7 1-800-236-8680 or

1-800-RED-CROSS (1-800-733-2767)

Services: Emergency needs for help in case of disaster, fire, emergency communications for military personnel and their families.

Helping Hands of Forest County

Telephone: (715) 889-5360

Address: 4876 Mill Street; Laona, WI 54541

Website: helpinghandsofforestcounty.com

Services: EFSP addresses the needs that arise during time of crisis. Serving Forest County.

Hours: Laona; Tuesday 9:00 a.m.-1:00 p.m.

Forest County Emergency Management

Telephone: (715) 478-3430

Fax: (715) 478-3431

Address: 200 East Madison St., Crandon, WI 54520

E-mail: forestem@co.forest.wi.us

Contact: Stephanie Montgomery

Website: www.co.forest.wi.gov

Hours: Monday-Thursday 8:00 a.m.-4:30 p.m.,

Friday 8:00 a.m.-12:00 p.m.

MedicAlert Foundation

Telephone: (800) 432-5778

Address: 101 Lander Ave., Turlock, CA 95382

Website: www.medicalert.org

Services: Medical emergency ID products to identify your medication or medical conditions in case of an emergency.

Hours of service: Monday-Friday 6:00 a.m.-4:40 p.m.

EMPLOYMENT

Northern Advantage Job Center

Telephone: (715) 365-1500

Fax: (715) 365-7836

Address: 51A N. Brown St., Rhinelander, WI 54501

Website: www.wisconsinjobcenter.org

ENERGY ASSISTANCE

Wisconsin Home Energy Assistance Program (WHEAP) Energy Services Inc.

Telephone: (715) 245-2400

Address: 300B Lake Ave., Crandon, WI 54520

Program: October 1-May 15

Services: WHEAP administers the federally funded Low Income Home Energy Assistance Program and Public Benefits Energy Assistance Program. In addition to regular heating and electric assistance, specialized services include: emergency fuel assistance, counseling for energy conservation and energy budgets, pro-active co-payment plans, targeted outreach services and emergency furnace repair and replacement.

FINANCIAL ASSISTANCE

Forest County Department of Social Services

Telephone: (715) 478-3351

Services: Economic Support, Kinship, Medical Assistance, Food Share.

Forest County Potawatomi Family Services

Telephone: (715) 478-4433 or (800) 960-5479

Fax: (715) 478-7294

Address: 5415 Everybody's Rd., Crandon, WI 54520

Mailing Address: P.O. Box 340, Crandon, WI 54520

Website: www.fcpotawatomi.com

Services: FCP Family Services Team is a partnership that

serves as a bridge to strengthen and build foundations for families through unified services by sharing and exchanging data collection resources and reporting mechanisms while ensuring and preserving Forest County Potawatomi culture. Serving Forest County Potawatomi Tribal & community members.

Hours: Monday-Thursday, 7:00 a.m. -5:00 p.m.

Movin' Out Inc.

Telephone: (608) 251-4446 or (877) 861-6746

Address: 902 Royster Oaks Dr., Suite 105,
Madison, WI 53714

E-mail: info@movin-out.org

Website: www.movin-out.org

Movin' Out Inc. is a housing organization providing information and assistance, housing counseling, and financial help for purchase and rehabilitation to Wisconsin households that include a family member with a permanent disability.

Rural Development, USDA

Telephone: (715) 524-8522

TTY: (715) 345-7614

Fax: (866) 296-9296

Address: Shawano Area Office, 603B Lakeland Road,
Shawano, WI 54166

E-mail: wi-rd-shawano@usda.gov

Website: www.rd.usda.gov/wi

Grants available to seniors 62 or older to repair safety and health hazards in very low income owner-occupied homes. Loans also available for repairs and improvements.

SeniorCare Elder Benefit Specialists

Customer Service Line: (800) 657-2038

Prescription drug coverage for Wisconsin residents 65 or older. Four levels of program participation depending upon income.

Sokaogon Chippewa Family Services

Telephone: (715) 478-7600

Fax: (715) 478-7618

Address: 10808 Sokaogon Dr., Crandon, WI 54520

Website: www.sokaogonchippewa.com

Services: Economic Support: General Assistance, Welfare to Work, TANF, Native Employment Works, Kinship Care, W.I.A., Medical Assistance, Food Share and Wisconsin Shares.

Hours: Monday-Thursday 7:00 a.m.-5:00 p.m.

WHEDA – Property Tax Deferral Loan

Program Wisconsin Housing & Economic Development Authority

Telephone: (800) 334-6873 or TTY: (800) 943-9430

Address: P.O. Box 1728, Madison, WI 53701-1728

Services: Allows individuals 65 or older with a limited income to convert equity from their home into cash to pay all or a portion of their property taxes. Approved

borrowers make no monthly payments on principle and interest until ownership of property is transferred, or until the borrower no longer lives in the home.

Closed 12:00 p.m. to 1:00 p.m.

FINANCIAL COUNSELING

Forest County UW-Madison Extension

Forest County - UW Extension Courthouse

Telephone: (715) 478-2212

Fax: (715) 478-2015

Address: 200 East Madison St., Crandon, WI 54520

Area Extension Director – Amber Rehberg

Healthy Communities Coordinator – Karly Harrison

FoodWise Administrator: Florence, Forest, Vilas, Oneida, Taylor, Price, Langlade, Lincoln – Terri Kolb

FoodWise Nutrition Educator: Forest, Oneida, Vilas – Mary Stys

4H Educator – vacant

Lutheran Social Services (LSS)

Telephone: (414)-246-2300 (main office)

Address: 133 N. 25th St., E, Superior, WI 54880

Website: www.lsswis.org

Services: LSS is a non-denominational, non-profit certified by the NFCC to provide counseling services: free budget and credit counseling, debt management plans, required bankruptcy pre-filing counseling and bankruptcy pre-discharge education, and credit report reviews.

Access by phone, internet and in person (in Superior).

Serving Wisconsin and Upper Michigan.

FOOD

Forest County Potawatomi Family Services

(See Financial Assistance Section)

Helping Hands of Forest County

Telephone: (715) 889-5360

Address: 4876 Mill Street; Laona, WI 54541

Website: helpinghandsofforestcounty.com

Services: EFSP addresses the needs that arise during time of crisis. Serving Forest County.

Hours: Laona; Tuesday 9:00 a.m.-1:00 p.m.

Home Delivered Meals:

ADRC of the Northwoods

Telephone: (715) 478-2015

(See Aging Agencies Section)

Home Delivered Meals:

Forest County Potawatomi

Telephone: (715) 478-4715

Home Delivered Meals: Sokaogon Chippewa Community Elderly Center

Telephone: (715) 478-6440 Michelle

FOOD CONT.

Ruby's Pantry

Telephone: (651) 674-0009

Website: www.rubyspantry.org

Location Rhinelander National Guard Armory

Address: 1136 Military Rd., Rhinelander, WI 54501

Days and hours: 3rd Tuesday of the Month

Registration begins at 4:30 p.m.

Food Bundles available 5:00-6:00 p.m.

Services: Ruby's Pantry mission is to procure and distribute corporate surplus food and goods to help fight poverty, hunger and disease in rural communities in the United States for those with low resources and in crisis through churches, food shelves and other local civic organizations. There is a fee for each shared purchase.

Stockbox

Telephone: (715) 478-3371

E-mail: jweber@co.forest.wi.us

Contact: Julie Weber

Services: Provides healthy food every month to improve the diet and nutrition of low-income seniors 60 and older.

Wasmogishek Food Pantry

Telephone: (715) 478-2677

Fax: (715) 478-2731

Address: 601 N. Summit, Crandon, WI 54520

Mailing Address: P.O. Box 187, Crandon, WI 54520

E-mail: ardtnnd@newnorth.net

Contact: Teleka Dewing, Director

Services: Food and some personal hygiene products.

Visits are limited to once per month. Serving Forest County and surrounding areas, no residence requirement.

Hours: Mondays and Wednesdays 11:00 a.m.;

Fridays 5:00-7:00 p.m.

GAMBLING PROBLEMS

Aspirus Behavioral Health-Rhineland

Telephone: (715) 361-2805 or (800) 779-2881

Wisconsin Commission on Problem Gambling

Telephone: (800) 426-2535

24 hrs/day, 7 days/week

GRANDPARENTS

Foster Grandparent Program

(See Volunteer Section)

HEALTH EDUCATION

Aspirus St. Mary's Hospital

Telephone: (715) 361-2000 or (800) 578-0840

Address: 2251 N. Shore Dr., Rhinelander, WI 54501

HEALTH AND WELLNESS

Forest County Potawatomi (FCP) Community Center

5471 The Place Where Everyone Comes to Play Road, Crandon, WI 54520

Phone: (715) 478-6500

The Forest County Potawatomi Community Center stands as a vital resource for the community, showcasing a striking design inspired by the eagle, a symbol of resilience and unity. Packed with features that encourage exploration and engagement, this state-of-the-art facility includes a 50-yard turf track, a challenging rock climbing wall, and a gymnasium that can accommodate three basketball courts. Other highlights are an aquatic center for recreational activities and swimming, various classrooms for educational pursuits, a Fab-Lab for innovation, a woodshop for craftsmanship, an industrial kitchen for culinary projects, and an expansive community space for events and gatherings. The center is dedicated to fostering a vibrant community spirit and promoting health, cultural expression, and connection among individuals of all ages.

YMCA of the Northwoods

Telephone: (715) 362-9622

Address: 2003 E. Winnebago St., Rhinelander, WI 54501

Website: www.ymcaofthenorthwoods.org

Services: Health, fitness and wellness programs for all ages including arthritis water exercise classes, Smart Weight Loss for Seniors, Strength Training for Seniors, Moving for Better Balance, Silversneakers Membership programs, aquatic exercise programs, pickleball, table tennis, and senior basketball. Golden Adventures and monthly lunch speaker programs are also available.

HEARING RESOURCES

Aspirus Medical Group – Rhinelander Audiology Department

Main office: Aspirus Medical Group-Rhineland.

Telephone: (715) 361-4560

Address: 2251 N. Shore Dr., Rhinelander, WI 54501

Website: www.aspirus.org

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Outreach offices: Tomahawk & Eagle River.

Services: Audiologic evaluations, balance testing, communication counseling, hearing aid fitting and servicing by doctors of audiology.

Hearing Advantage, LLC

Telephone: (715) 362-3711 or (866) 904-2698
Fax: (715) 420-1686
Address: 181 S. Anderson St., Rhinelander, WI 54501
Website: www.hearingadvantagellc.com
Services: Hearing tests, hearing aids, hearing aid repair, amplified telephones, hearing protection, aural rehabilitation, tinnitus therapy. Serving Minocqua, Wisconsin Rapids, Phillips and Wausau (Schofield). Monday-Friday, 8:00 a.m.-4:30 p.m.

Hearing Industries Association, Inc.

Telephone: (202)975-0905

Website: www.betterhearing.org

Midstate Independent Living Choices, Inc.

(See Disabilities Resources Section)

Office for the Deaf and Hard of Hearing Northeastern Region, Rhinelander Office,

Telephone: (855) 359-5252

TTY: (888) 241-9430 • Fax: (608) 264-9899

Address: Central Office, 1 West Wilson Street, Room 558, P.O. Box 2659, Madison WI 53701-2659

Website: www.dhs.wisconsin.gov/odhh

Services on a variety of topics tailored to the unique needs of Deaf, Deaf-Blind, or hard of hearing residents, including, but not limited to, Available Technologies for Accessibility, Community Services and Resources and Communication with People who are Deaf, hard of hearing and Deaf-Blind.

HOME HEALTH CARE

Aspirus at Home

Telephone: (715) 847-2600 or (800) 600-8296

Address: 520 N. 32nd Ave., Wausau, WI 54401

Website: www.aspirus.org

Services: Skilled nursing, physical and occupational therapy, speech, home health aide, and medical social worker. Hospice in Michigan and Wisconsin.

Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

24 hour on-call nurse.

Compassus Home Health

Rhinelanders & Arbor Vitae Agencies

Telephone: (888) 671-7871

Fax: (877) 292-4696

Address: 111 East Davenport St., Rhinelander, WI 54501

Services: Skilled nursing, physical therapy, occupational therapy, speech therapy, home infusion, home health aide, and medical social worker.

Website: www.compassus.com

Christian Servants HomeCare

Telephone: (920) 642-3329

Website: christianservantshomecare.com

Location: Covers Forest County

Services: Provides non-medical care from respite, camaraderie, or transportation, to 24/7 care including meals, bathing, medication reminders, cleaning, and more.

Dickinson Home Health

(See Hospital Section)

Helping Hands Senior Homecare Services, LLC

Telephone: (715) 362-4625 or Cell: 715-360-4695

Address: 5241 Lassig Rd., Rhinelander, WI 54501

Area Served: 50 mile radius from Rhinelander

Services: Light housekeeping, hygiene, bathing, home-cooked meals, errands, shopping, laundry, companionship, medication reminders, 24/7 respite care hospice.

See ad on back cover.

Loving Touch Home Care, L.L.C.

Cell: (715) 490-5800

E-mail: paul@lovingtouchhomecare.com

Website: www.lovingtouchhomecare.com

Services: Loving Touch Home Care LLC provides outstanding care for all people, regardless of age or medical condition. We specialize in, but are not limited to, Alzheimer's and Dementia care, elder care, and geriatric care management.

Stay at Home Care, LLC

Telephone: (715) 350-4210

Fax: (920) 834-3049

Address: 813 5th Ave., Suite, 1, Antigo, WI 54409

Website: www.Stay-at-Homecare.com

Service Area: Forest, Langlade, Lincoln, Marathon & Oneida Counties

Services Provided: Personal Care-assistance with bathing, dressing, grooming, mobility, medications, and toileting. Supportive Care – assistance with light housekeeping, meal prep, laundry, errands, grocery shopping and respite

Services Provided: Up to 24 hours/day, 7 days/week. Depending on staff availability.

Village Caregiving

Telephone: (920) 510-4761

Address: 4321 W. College Avenue, Appleton, WI 54915

Email: michaeljones@villagecaregiving.com

Website: www.villagecaregiving.com

Services: Providing home care assistance, routine housework, cooking and serving, companionship, bathing assistance. Bonded and insured.



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- Respite & Hospice Care



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✉️ www.friendlyvillagerehab.com

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HOMELESS SHELTERS

New Hope Shelter & Transitional Housing

Telephone: (715) 478-3669

Fax: (715) 478-2731

Address: 601 N. Summit Ave., P.O. Box 187

Crandon, WI 54520

Contact: Micah Dewing, Director

E-mail: director@shelter.net

Website: www.newhopeshelter.net

Services: NHSTH is a short term emergency residential program that provides homeless families, single women, and single men with up to 90 days of shelter and case management services. Youth group Sunday 6:00 p.m. Shelter Gym

Northwoods Alliance for Temporary Housing/ Frederick Place

Telephone: (715) 369-9777

Address: 204 W. Frederick St., Rhinelander, WI 54501

Website: www.nathnorthwoods.com

Serves Forest, Langlade, Lincoln, Oneida, and Vilas counties. Frederick Place is a 16 bed emergency, temporary shelter for families, women, and men who are experiencing homelessness.

HOSPICE CARE

Nu Roc Health and Rehabilitation Center

Telephone: (715) 674-4477

Address: 3576 NuRoc Ln., Laona, WI 54541

E-mail: info@wroc-health.com

Special hospice benefits are available for veterans.

HOSPITALS/MEDICAL FACILITIES

Aspirus Antigo Clinic

Telephone: (715) 623-2351

Fax: (715) 627-0606

Address: 110 E. Fifth Ave., Antigo, WI 54409

Hours: Monday-Friday; 8:00 a.m.-5:00 p.m.

Aspirus Cardiology

Telephone: (715) 847-2611

Fax: (715) 361-3040

Address: 2275 N. Shore Dr., Rhinelander, WI 54501

Services: Specialists in heart and blood vessel diseases, heart care and weight loss.

Hours: Monday- Friday; 8:00 a.m.-5:00 p.m.

Aspirus Eagle River Hospital

Telephone: (715) 479-7411

Address: 201 E. Hospital Rd., Eagle River, WI 54521

Aspirus Elcho Clinic

Telephone: (715) 275-4011

Fax: (715) 275-4012

Address: W10618 Clinic St., Elcho, WI 54428

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Aspirus Good Samaritan Hospital

Telephone: (715) 536-5511

Address: 601 South Center Ave., Merrill, WI 54452

Website: www.aspirus.org

Hours: 8:00 a.m.-8:00 p.m. Monday-Friday; Urgent Care

Aspirus Howard Young Medical Center – Woodruff

Telephone: (715) 356-8000

Address: 240 Maple St., Woodruff, WI 54568

Website: www.aspirus.org

Aspirus Iron River Hospital

Telephone: (906) 265-6121

Fax: (906) 265-3098

Address: 1400 W. Ice Lake Rd., Iron River, MI 49935

Website: www.aspirus.org

Aspirus Koller Behavioral Health

Telephone: (715) 361-2805

Address: 1020 Kabel Ave. (Outpatient) or

Aspirus St. Mary's Hospital (715) 361-2000

2251 N. Shore Dr., Rhinelander, WI 54501

Aspirus Langlade Hospital

Telephone: (715) 623-2331

Fax: (715) 623-9440

Address: 112 E. Fifth Ave., Antigo, WI 54409

Website: www.langladehospital.org/main/home.aspx

Walk-in Clinic-7 days a week; 8:00 a.m.-8:00 p.m.

Serving Langlade, Forest, Menomonie, Oconto, Oneida, Lincoln, Marathon, and Shawano counties.

Services: Hospital and clinic services including ER, primary care, urgent care clinic, pain clinic, adult day services, assisted living facility, cancer center, dialysis, and many more.

Aspirus Medical Group – Crandon

Telephone: (715) 478-6300

Fax: (715) 478-6313

Address: 400 W. Glen St., Crandon, WI 54520

Website: www.aspirus.org

Services: Internal medicine, family medicine, surgery, women's health, orthopedics, rheumatology, behavioral health, occupational therapy, speech therapy, lab & radiology services, diabetes services.

Hours: Monday-Friday 7:30 a.m.-4:30 p.m.

Aspirus Medical Group – Eagle River

Telephone: (715) 477-3000

Address: 930 East Wall St., Eagle River, WI 54521

Aspirus Medical Group – Merrill

Telephone: (715) 539-5600

Fax: (715) 539-5610

Address: 333 E. Main St., Merrill, WI 54452

Website: www.aspirus.org

Aspirus Medical Group – Rhinelander

Telephone: (715) 361-5480

Fax: (715) 361-5499

Address: 1630 N. Chippewa Dr., Rhinelander, WI 54501

Walk-in Clinic-Monday-Friday 8:00 a.m.-7:00 p.m.;

Weekends: 8:00 a.m.-7:00 p.m.;

Holidays:

Aspirus Medical Group – Rib Mountain

Telephone: (715) 393-3900 (main switchboard)

Fax: (715) 393-3816

Address: 3301 Rib Mountain Dr., Wausau, WI 54401

Website: www.aspirus.org

Aspirus Medical Group – Weston

Telephone: (715) 393-3860 or (844) 690-6102

Address: 3301 Cranberry Blvd., Weston, WI

Clinic is located on 2nd floor

Website: www.aspirus.org

Hours: Walk-In Saturdays 8:00 a.m.-1:00 p.m.

Aspirus Medical Group – Woodruff

Telephone: (715) 356-8140

Fax: (715) 356-8140

Address: 240 Maple St., Woodruff, WI 54568

Services: Patient centered medical home care.

Hours: Monday, Wednesday & Friday 8:00 a.m.-5:00 p.m.; Tuesday 7:00 a.m.-6:00 p.m.

Aspirus Outpatient Therapies

Telephone: (715) 361-2300

Address: 200 Winnebago St., Rhinelander, WI

Website: www.aspirus.org

Services: Physical, occupational, and speech therapy.

Aspirus Outpatient Therapy Services

- Weston YMCA

Telephone: (715) 355-5701

Address: 3402 Howland Ave., Weston, WI 54476

Website: www.aspirus.org

Aspirus Regional Cancer Center, Department of Aspirus Wausau Hospital

Telephone: (715) 847-2866 or (877) 405-6866

Address: 215 N. 28th Ave., Wausau, WI 54401

Website: www.aspirus.org

HOSPITALS CONT.

Aspirus Rhinelander Clinic

Telephone: (715) 361-5480
Fax: (715) 361-5499
Address: 1630 N. Chippewa Dr., Rhinelander, WI 54501
Website: www.aspirus.org
Services: Family practice, xray, lab, CT, MRI, therapies, specialty services. Call to inquire.

Aspirus Saint Mary's James Beck Cancer Center

Telephone: (715) 361-2140
Address: 2251 N. Shore Dr. #200, Rhinelander, WI 54501
Services: Chemotherapy for cancer treatments, infusion therapies, and treatment of blood disorders.

Aspirus Saint Mary's Hospital – Rhinelander

Telephone: (715) 361-2000
Emergency: (715) 361-2100
Address: 2251 North Shore Drive, Rhinelander, WI 54501
Website: www.aspirus.org

Aspirus Wausau Family Medicine

Telephone: (715) 675-3391
Fax: (715) 675-4253
Address: 425 Wind Ridge Dr., Wausau, WI 54401
Website: www.aspirus.org
Services: Obstetrics, pediatrics, adult health, mental health, licensed clinical social work. Serving the Greater Wausau area, Mosinee, Merrill.
Hours: Monday-Friday, 8:00 a.m.-5:00 p.m.

Aspirus Wausau Hospital

Telephone: (715) 847-2121
Fax: (715) 847-2216
Address: 333 Pine Ridge Blvd., Wausau, WI 54401
Website: www.aspirus.org

Aspirus Weston Clinic

Telephone: (715) 241-5400
Fax: (715) 241-5424
Address: 4005 Community Center Dr., Weston, WI 54476
Website: www.aspirus.org
Services: Primary care, walk-in services, lab, radiology, CT, open MRI, mammograms, bone density, ultrasound. Serving Weston/Wausau Area.
Walk-in: Monday-Friday 7:00 a.m.-7:00 p.m.;
Saturday 8:00 a.m.-4:00 p.m.
Primary Care: Monday-Friday 8:00 a.m.-5:00 p.m.

Dickinson County Healthcare System

Telephone: (906) 774-1313
Address: 1721 S. Stephenson Ave., Iron Mountain, MI 49801
Website: www.dchs.org
Services: Acute health care. General medical and surgical.

Florence Medical Center and Pharmacy

Telephone: (715) 528-4775 or (833) 855-1010
Fax: (906) 228-0201
Address: 1010 Olive Ave., Florence, WI 54121
Mailing Address: P.O. Box 380, Florence, WI 54121
Website: www.dchs.org
Services: Family medicine, lab services, xray services, and physical therapy. Serving Florence, Iron, and Dickinson counties.
Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Forest County Potawatomi: Health and Wellness Center

Telephone: (715) 478-4300
Address: 8201 Mish Ko Swen Dr., Crandon, WI 54520
Website: www.fcpotawatomi.com
Services: The Forest County Potawatomi Health and Wellness Center (HWC) offers a multitude of services, including Primary Care, Pediatric Care, Dental, Women's Health, Mental Health, AODA, Podiatry, Optometry, Laboratory, Rehabilitation Services and Imaging to Forest County and the surrounding communities. The team at the HWC takes great pride to ensure each patient has a pleasurable experience from the moment he or she enters the HWC, to the moment he or she leaves.
Clinic Hours: Monday-Friday 7:00 a.m.-5:00 p.m.

Froedtert Hospital & Medical College of Wisconsin

Telephone: (414) 805-3666
Address: 9200 W. Wisconsin Ave., Milwaukee, WI 53226
and 900 N92 St., Milwaukee, WI 53226

Marshfield Clinic – Marshfield

Telephone: (800) 782-8581
Address: 1000 N. Oak Ave., Marshfield, WI 54449

Marshfield Medical Center

Telephone: (715) 387-1713 or (800) 221-3733
Fax: (715) 387-5240
Address: 611 St. Joseph Ave., Marshfield, WI 54449
Website: <https://marshfieldclinic.org>

Marshfield Clinic – Minocqua Center

Address: 9576 Hwy. 70, Minocqua, WI 54548
Website: www.marshfieldclinic.org
Services: Complete health care for the entire family.
Hours: Monday-Friday 8:00 a.m.-5:00 p.m. Some primary care services offered before 8:00 a.m., or after 5:00 p.m. Call (715) 358-1160 for details.

Marshfield Medical Center – Minocqua

Telephone: (715) 358-1710
Fax: (715) 358-1715
Address: 9576 Hwy. 70 W, Minocqua, WI 54548

Northlakes Community Clinic

Telephone: (715) 276-6321

Fax: (715) 276-1428

Address: 15397 Hwy 32, Lakewood, WI 54138

Mailing Address: P.O. Box 179, Lakewood, WI 54138

Services: Behavioral health, chiropractic and enabling services. Certified Application Counselors to assist individuals to enroll in the new health insurance marketplace. Serving Oconto, Forest, Langlade, Marinette, and Florence counties.

Medical Hours: Monday-Thursday 9:00 a.m.-6:00 p.m.

Friday 7:00 a.m.-4:30 p.m.

Palliative Care Program-Aspirus Saint Mary's Hospital – Rhinelander

Telephone: (706) 361-2000

Address: 2251 North Shore Dr., Rhinelander, WI 54501

Website: <https://healthcare.aspirus.org>

Services: Assist people with cancer and other illnesses that may be life-limiting to ensure understanding of their illness; clarify priorities and identify appropriate resources to offer the best quality of life as possible during the course of their illness.

Saint Joseph's Outpatient – Aspirus Center

Telephone: (715) 623-2331

Address: 501 Aurora St., Antigo, WI 54409

St. Mary's Hospital Medical Center

Telephone: (920) 498-4200

Address: 1726 Shawano Ave., Green Bay, WI 54303

Website: www.stmgb.org

St. Vincent Hospital

Telephone: (920) 433-0111 or (800) 236-3030

Address: 835 S. Van Buren St., Green Bay, WI 54301

Website: www.stvincenthospital.org

Sokaogon Chippewa Health Clinic

Telephone: (715) 478-5180

Address: 3144 VanZile Rd., Crandon, WI 54520

UW Health – University Hospital

Telephone: (608) 440-6400

Fax: (608) 263-6401

Address: 4602 East Park Blvd., Madison, WI 53792

Website: www.uwhealth.org

VA Community Based Outreach Clinic – Rhineland

Telephone: (800) 215-8262

Address: 639 W. Kemp St., Rhinelander, WI 54501

VA Medical Center – Iron Mountain

Telephone: (800) 215-8262

Address: 325 E. H. St., Iron Mountain, MI 49870

Website: www.ironmountain.va.gov

Serves: Upper Peninsula of Michigan and Northern Wisconsin, providing primary and specialty care services; limited emergency and acute inpatient care.

Weston-Marshfield Medical Center

Telephone: (715) 393-3000

Address: 3400 Ministry Pkwy., Weston WI 54476

Website: www.marshfieldclinic.org

HOUSING

Subsidized Housing

Acorn Apartments

Telephone: (715) 394-2012 or (888) 276-0246

Address: 508 W. Washington, Crandon, WI 54520

Website: ccbhousing.org

Services: One-bedroom apartments for seniors 62 years of age or older and annual income must be within the income ceiling for Forest County. Rent is 30% of the tenant's monthly income and includes all utilities.

Beech Apartments

Telephone: 1-800-944-4866

Address: 5255 Beech St., Laona, WI 54541

Contact: A & M Services, Jason Gruett

P.O. Box 26, Crandon, WI 54520

Fairfield Homes

Telephone: (715) 362-7855

Fax: (715) 362-4093

Address: 400 E. Elm St., Crandon, WI 54520

Services: HUD subsidized facility for individuals 62 years of age or older, handicapped or disabled welcome. One bedroom apartments, all utilities, garbage removal, and off street parking are included in rent.

Glenview Senior Apartments

Telephone: (608) 822-7368 or (800) 938-3229

Fax: (608) 822-4779

Address: 607 N. Prospect Ave., Crandon, WI 54520

Mailing Address: DAK Management Co., Inc.

1020 Lincoln Ave., Fennimore, WI 53809

E-mail: dakmanagement@tds.net

Website: www.dakgroup.org

Services: Low income housing. Housing based on 30% of annual gross income if available.

16 units, all one bedroom

Hours: Monday-Friday 8:00 a.m. to 4:30 p.m.

Grant Street Apartments

Telephone: 1-800-944-4866

Address: 400 West Grant St., Crandon, WI 54520

Mailing Address: P.O. Box 26, Crandon, WI 54520

Contact: A & M Services, Jason Gruett

Services: Family housing - one or two bedroom apartments.

HOUSING

Residential Community Apartment Complex (RCAC): These are apartment-type units with their own kitchen, bathroom, living and sleeping areas. The residents are somewhat independent, usually needing some degree of help with daily living activities. Through a facility, a resident can obtain up to 28 hours of assistance per week. Emergency assistance is available. Social and recreational activities as well as meals are also available.

	Studio Apt.	1 Bedroom	2 Bedrooms	Subsidy Available	Allow Pets
Grace Lodge (Amy Gray) 1000 Day St., Rhinelander • 715-365-1234	12	16	4	Yes	Yes
Lakeshore Assisted Living Apts. 12440 Warpath Ln., Minocqua • 715-356-2911	21	16	5	No	Depends
Milestone Senior Living 4686 N. Shore Dr., Rhinelander • 715-361-1100	22 (Apts.)	18	4	No	Yes
Milestone Senior Living 2332 Railroad St., Eagle River • 715-479-8018	1	14	1	No	Yes

Community Based Residential Facility (CBRF): A place where five or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to three hours of nursing care per week. All individuals admitted to CBRF's MUST have a ADRC assessment completed prior to admission. Family Care funding can assist in providing supportive care services in the older adults own residence or in a CBRF. Talk with the CBRF Manager for more details.

	Capacity	Private Rooms Available	Dementia	Wheelchair	Incontinence	24 hr. Awake Care	Pets
Cumberland Heights - Rhinelander 251 Westhill Rd. • 715-365-6789	16	Yes	Yes	Yes	Partial Care	Yes	No
County Terrace 26 533 E. Timber Dr., Rhinelander (715) 365-33245	15	Yes, 15	Yes	Yes	Yes	Yes	Yes
County Terrace 27 1450 W. Phillips St., Rhinelander (715) 365-3324	15	Yes	Yes	Yes	Yes	Yes	No
Dianne's Home in the Northwoods 717 Indiana St. • 715-337-2035	15	Yes	Yes	Yes	Yes	Yes	No
Heritage House - Rhinelander 25 E. Frederick St. • 715-369-1407	8	Yes, 7	Yes	No	Yes	No	No
Lakeshore 12440 Warpath Ln. • 715-356-2911	15	Yes	Yes	Yes	Yes	Yes	Depends
Lakeshore 12339 Warpath Ln. • 715-356-2911	15	Yes	Yes	Yes	Yes	Yes	Depends
Lakeshore 2187 Katie's Ln. • 715-356-2911	8	No	Yes	Yes	Yes	Yes	Depends
Lakeshore 2201 Bolten Lk. • 715-356-2911	8	Yes	Yes	Yes	Yes	Yes	Depends
Milestone Memory Care - Rhinelander 4686 N. Shore Dr. • 715-361-1100	22	Yes	Yes	Yes	Yes	Yes	Yes
Milestone Senior Living - Eagle River 2332 Railroad St. • 715-479-8018	19	Yes	Yes	Yes	Yes	Yes	Yes
Our Home - Lake Tomahawk 6416 Flicker • 715-277-2010	16	Yes, 12	Yes	Yes	Yes	Yes	No
Maplewood Villa - Armstrong Creek 9343 State Hwy. 101 • 715-336-2044	16	Yes	Younger	Yes	Yes	Yes	Dogs / No Cats

HOUSING CONT.

Housing Enterprise of Wabeno- Orchard Ridge Apartments

Telephone: (608) 822-7368 or (800) 938-5648
Fax: (608) 822-4779
Address: 1761 & 1765 Maple Ave., Wabeno, WI 54566
Mailing Address: DAK Management Co., Inc.,
1020 Lincoln Ave., Fennimore, WI 53809
E-mail: dakmanagement@tds.net
Website: www.dakgroup.org
Services: Low income housing. Housing based on 30%
of annual gross income if available. 2 & 3 bedroom
apartments. Includes water, sewer, garbage, and heat.
Serving Wabeno.
Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

Laona Housing Harris Street Apt.

Telephone: (712) 262-2360
Fax: (608) 348-6550
Address: 4746 Cherry St., Laona, WI 54541
Twelve ground floor apartments that are income base and
handicap accessible. Tenant pays electric bill.

Laona Manor Apartments

Telephone: (920) 606-2942
Address: 5269 Beech St., Laona, WI 54541
Services: One bedroom apartments includes heat/
electricity, water, garbage disposal, on-site laundry, cable-
ready, and parking. Close to restaurants, bank, pharmacy,
churches, etc.

One Penny Place

Telephone: (715) 358-5541
Address: 820 3rd Ave., Woodruff, WI

Park Apartments - Family Housing

Telephone: (715) 478-5030
Address: 711 N. Park Ave., Crandon, WI 54520
Mailing Address: P.O. Box 26, Crandon, WI 54520
Contact: A & M Services, Jason Gruett

Wabeno Heights Apartments - Elderly Housing

Telephone: 1-800-944-4866
Address: 4650 N. Branch St., Wabeno, WI 54566
Mailing Address: P.O. Box 26, Crandon, WI 54520
Contact: A & M Services, Jason Gruett

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John C. Houlihan

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Hwys 51 & 70 West, Minocqua, WI

715-356-1422
jhoulihan@houlihanlaw.net

HOUSING/FINANCIAL ASSISTANCE

Forward Service Corporation - W2 Agency

Telephone: (715) 478-5490
Address: 201B North Lake Ave., Crandon, WI 54520
Website: www.fsc-corp.org
Services: W2 (Wisconsin Works), emergency assistance and job access loans, employment and training.

Foundation for Rural Housing, Inc.

Telephone: (608) 238-3448 or (888) 400-5974
Address: 4506 Regent St., Madison, WI 53705
E-mail: ruralhousing@tds.net
Website: www.wisconsinruralhousing.org
Services: Varies dependent on funds. Mortgage and property tax foreclosure, one time rent, or security deposit for homeless prevention.
Hours: Monday-Friday 8:00 a.m.-4:00 p.m.

Housing Discrimination

Telephone: (800) 669-9777

Property Tax Deferral Loan Program (PTDL)

WHEDA

Telephone: (800) 334-6873 or (800) 755-7835
Address: P.O. Box 1728, Madison, WI 53701-1728
E-mail: info@whedacom
Services: The PTDL program allows individuals age 65

and older with limited incomes to convert equity in their homes into cash to help pay their property taxes. Approved borrowers are not required to repay the loan until the borrower permanently moves out of the home, passes away, or transfers ownership of the home.

Rural Development, USDA

Telephone: (715) 524-8522
TTY: (715) 345-7614 • Housing: (855) 715-8496
Address: 603B Lakeland Rd., Shawano, WI 54166
Services: Financial assistance for repairs/improvements to very-low income owner-occupied homes.

US Department of Housing and Urban Development - Milwaukee

Telephone: (414) 297-3214
Services: Rent assistance programs have variable income limits.

WHEDA: Wisconsin Housing & Economic Development Authority

Telephone: (800) 334-6873

INCOME TAX ASSISTANCE

Internal Revenue Service

Telephone: (414) 231-2100
Address: 211 W. Wisconsin Ave., Milwaukee, WI 53203
Services: Federal tax information and problem resolution office.

NURSING HOME FACILITIES

Nursing Homes: A residential facility that provides 24-hour services, including room and board to 3 or more related persons. These persons require more than 7 hours a week of nursing care due to their physical or mental condition. Costs vary according to the services and the level of care provided.

	Capacity	Medicare Certified
Bay @ Suring Health & Rehabilitation Center 920-842-2191 • 430 Manor Dr., Suring	50	Yes
NuRoc Health and Rehabilitation Center 715-674-4477 • 3576A Nu Roc Lane, Laona	50	Yes
Minocqua Health & Rehab Center 715-356-6016 9969 Old Hwy 70 W., Minocqua	65	Yes
The Bay at Eastview Medical Rehab Center 715-623-2356 729 Park St., Antigo	136	Yes
Friendly Village 715-365-6832 900 Boyce Dr., Rhinelander	100	Yes
Florence Health Service 715-528-4833 5778 Chapin St., Florence	73	Yes
Rennes Health & Rehab Center 715-420-0728 1970 Navajo St, Rhinelander	95	Yes

Wisconsin Department of Revenue

Telephone: (715) 842-8665

Address: 730 N. Third St., Wausau, WI 54403-4700

Information and assistance on Wisconsin income taxes and homestead tax.

Hours: Mondays 7:45 a.m.-1:00 p.m.

INFORMATION AND ASSISTANCE

ADRC of the Northwoods

Telephone: (715) 478-2015

Aspirus Health Saint Mary's Hospital

Telephone: (715) 361-2000 or (800) 847-4707

Fax: (715) 361-2119

Address: 2251 North Shore Dr., Rhinelander, WI 54501

Services: Information and assistance to non-hospitalized persons of all ages in identifying and contacting community agencies. Works with individuals one-on-one and/or with families in Forest, Oneida, Lincoln, and Vilas Counties. There is no charge for services.

Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

Eldercare Locator

Telephone: (800) 677-1116

Resource to help fund local community services for seniors anywhere in the U.S. Personal care, meals, housing.

Midstate Independent Living Choices, Inc

MILC offers loan and demonstration program of Assistive Technology for consumers to try equipment before making a commitment to purchase. MILC is not a vendor of equipment, but can help get you connected to vendors and possibly funding resources. (See Disabilities Resource section for more services and contact info).

LEGAL ASSISTANCE

Benefit Specialists

Forest County Elder/Disability Specialists

Crandon ADRC & FC Potowatomi Offices:

(715) 478-2015

(See Aging Services Section)

Lawyer Referral and Information

Telephone: (800) 362-9082

Address: P.O. Box 7158, Madison, WI 53707

Website: www.wisbar.org

Services: Free answers to simple legal questions. Also referral to government agencies, community services or private attorneys as appropriate. Replies usually within 24 hours. Monday-Friday 8:00 a.m. 5:00 p.m.

Wisconsin Guardianship Support Center

Telephone: (608) 243-5670

Address: 1414 Macarthur, Suite 306, Madison, WI 53714

E-mail: guardian@gwaar.org

Website: www.gwaar.org

Services: The Wisconsin Guardianship Support Center provides a statewide resource center on guardianship related issues for adults. The center provides technical assistance, referral and case consultation on such issues as: when does an adult need a guardian; what are the court procedures to obtain guardianship; what are the duties of a guardian; what are the alternatives to a guardianship; how does someone execute a Power of Attorney for Health Care; how does someone execute a Power of Attorney for Finances; what is a health care agent's authority; what is a financial agent's authority; how is abuse reported?

Wisconsin Judicare

Telephone: (800) 472-1638

Services: Legal services for low-income people; income based on family size

Sokaogon Chippewa Family Services at (715) 478-7600.

Wisconsin State Bar

Telephone: (608) 257-3838

Website: www.wisbar.org/forpublic

Answers to simple legal questions and referrals to appropriate attorneys.

LIBRARIES

Antigo Public Library

Telephone: (715) 623-3724

Address: 617 Clermont St., Antigo, WI 54409

Website: www.antigopl.org

Hours of Operation: Monday-Thursday 8:30 a.m.-7:00 p.m.; Friday 8:30 a.m.-7:00 p.m.; Saturday 8:00 a.m.-5:00 p.m.

Crandon Public Library

Telephone: (715) 478-3784

Address: 110 W. Polk St., Crandon, WI 54520

Contact: Laurie Renel-Faledas, Director

E-mail: info@crandonpl.org

Website: www.crandonpl.org

Services: Full service library with internet and wireless access. Large print material.

Hours: Monday, Tuesday, & Friday 9:00 a.m.-5:00 p.m.; Wednesday & Thursday, 9:00 a.m.-7:00 p.m.

LIBRARIES CONT.

Edith Evans Community Library

Telephone: (715) 674-4751

Address: 5216 Forest Ave., Laona, WI 54541

Contact: Felicia Albrecht, Director

E-mail: director@laonapubliclibrary.com

Website: www.laonapubliclibrary.org

Services: Internet, V-CAT (Inter-library system), Summer library program, book on tape (audio), e-books, large print books, DVDs, magazines, and newspapers.

Hours: Monday 12:00-5:00 p.m., Tuesday, Wednesday, Thursday 8:30 a.m.-4:00 p.m.; Friday 8:00 a.m.-12:30 p.m.

Rhinelander District Library

Telephone: (715) 365-1070

Address: 106 N. Stevens St., Rhinelander, WI 54501

Website: www.rhinelanderlibrary.org

Hours of Operation: Monday 9:00 a.m.-7:00 p.m.;

Tuesday, Wednesday, Thursday 9:00 a.m.-6:00 p.m.;

Friday 9:00 a.m.-5:00 p.m., Sat. 9:00 a.m.-1:00 p.m.

Richard J. Brown Library/Learning Center

Nicolet Area College

Telephone: (715) 365-44799

Wabeno Public Library

Telephone: (715) 850-3044

Address: 4556 N. Branch St., Wabeno, WI 54566

Mailing Address: P.O. Box 340, Wabeno, WI 54566

Website: www.wabenopl.org

Services: Public library services, computers, free Wi-Fi, public and community services, information and assistance.

Hours: Saturday, Sunday and Monday closed; Tuesday & Friday 10:00 a.m.-5:00 p.m., Wednesday & Thursday 12:00 p.m.-5:00 p.m.

Wisconsin Talking Book & Braille

Telephone: (800) 242-8822 or (414) 286-3045

Address: 813 W. Wells St., Milwaukee, WI 53233

Website: www.talkingbooks.dpi.wi.gov

MEDICAID

Contact the Northern Income Maintenance Consortium

1-888-794-5722 - fax 1-855-293-1822,

Sokaogon Chippewa Family Services

Support Office: (715) 478-7600 for more information on any of the following subprograms.

Website: www.access.wi.gov

Medicaid Subprograms

Family Care/IRIS

FamilyCare is a Medicaid long-term care program for frail elders and adults with physical, developmental, or intellectual disabilities. People in this receive long-term care services to help them live in their own home whenever possible. There are specific financial and guidelines to meet. Call ADRC at (715) 478-2015 for more information.

Medicaid Deductible

If a person has high medical bills and meets all other Medicaid requirements except the person's income is too high, the Medicaid deductible may be able to help.

Medicare Premium Assistance

Wisconsin Medicaid offers several subprograms to help recipients pay for their Medicare Part A and/or Part B if they meet certain income and other qualifications. (QMB, SLMB)

Medicaid Purchase Plan

Medicaid Purchase Plan (MAPP) provides health care coverage for persons with disabilities who work. It allows many disabled people to obtain Medicaid eligibility and remain eligible, even if employed, as the income limits are higher.

SeniorCare

SeniorCare is a prescription drug assistance program for Wisconsin residents who are 65 years of age or older and who meet other eligibility criteria. For more information on SeniorCare contact the SeniorCare Customer Service Hotline at 1-800-657-2038, or Elderly Benefit Specialists (715) 478-2015 (Aging & Disability Resource Center).

Tuberculosis

Wisconsin Medicaid covers outpatient (non-hospital) medical expenses for the treatment of Tuberculosis (TB) infection or TB disease.

Well Woman Medicaid

Wisconsin Well Woman Medicaid provides full Medicaid benefits to underinsured or uninsured women ages 35 to 64, who are screened through the Wisconsin Well Woman Program or enrolled in the Family Planning Waiver Program, and are in need of treatment for breast or cervical cancer.

Contact Northern Income Maintenance Consortium Telephone: 1-888-794-5722.

MEDICAL EQUIPMENT

Apria Health Care

Telephone: (715) 384-0088 or (715) 387-6665
Fax: (715) 387-6665

Good News Project

Address: 1106 N. 5th St.,
Wausau, WI 54403

Telephone: (715) 843-5985

Website: www.goodnewswi.com

Services: Equipment Lending Program

Home Medical Products & Services

Telephone: (715) 369-2525

Fax: (715) 369-0942

Address: 2005B Stevens St.,
Rhinelander, WI 54501

E-mail: Rhinelander@homeoxygen.com

Website: www.adapthealth.com

Lincare A Linde Company

Telephone: (715) 358-3766

Website: www.lincare.com

Services: Durable medical equipment, including oxygen, oxygen nebulizers, CPAP, BiPAP, sleep therapy, wheelchairs, walkers, non-invasive vents. Serving Northern Wisconsin and parts of upper Michigan.

Midstate Independent Living Choices, Inc

MILC offers loan and demonstration program of Assistive Technology for consumers to try equipment before making a commitment to purchase. MILC is not a vendor of equipment, but can help get you connected to vendors and possibly funding resources. (See Disabilities Resource section for more services and contact info).

MEDICARE

Elder Financial Empowerment Project (Coalition of Wisconsin Aging & Health Groups)

Telephone: (800) 488-2596

The place to report suspicious ads or calls offering free benefits or help with enrollment.

Forest County Elder Benefit Specialist

Telephone: (715) 478-2015

(See Aging Agencies Section)

Forest County Potawatomi Elderly Benefit Specialist

Telephone: (715) 478-4715,

(See Aging Agencies Section)

Medicare Fraud Hotline

Telephone: (800) 581-1790

Medicare Hotline

Telephone: (800) 633-4227

Medicare Part D Helpline

Telephone: (715) 478-2015

People under age 60 with a disability can call the Disability Drug Benefit Helpline at Disability Rights Wisconsin.

Medicare Part D Prescription Drug Coverage

Telephone: (715) 478-2015

Contact: Elder Benefit Specialist

Medigap Helpline

Telephone: (800) 242-1060

Helps with questions about Medicare Supplement and Medicare Advantage Plans, long-term care insurance, and employer or retiree health plans.

Social Security Administration

Telephone: (888) 868-8185

TTY/TTD (800) 325-0778

Fax: (833) 950-2186

Address: 2023 Navajo St.,
Rhinelander, WI 54501

Mailing Address: P.O. Box 220, Rhinelander, WI 54501

E-mail: wi.fo.rhinelander@ssa.gov

Website: www.ssa.gov

Services: Social Security services and assistance to Florence, Forest, Oneida, Price and Vilas counties. Hours: Monday-Friday 9:00 a.m.-4:00 p.m.

MEMORY DIAGNOSTIC SERVICES

Marshfield Clinic - Minocqua Neuropsych Center

Telephone: (715) 358-1793

Address: 29601 Townline Rd., Minocqua, WI 54548

MENTAL HEALTH

Aspirus Koller Clinic

Telephone: (715) 361-2805 or 800-779-2881

Fax: (715) 361-2920

Address: 1020 Kabel Ave.,
Rhinelander, WI 54501

Forest County Potawatomi Health and Wellness Center

Telephone: (715) 478-4300

(See Hospitals Section)

Grace Life Biblical Counseling Center

Telephone: (715) 784-6140

Address: 106 W. Madison Street,
Crandon, WI 54520

Email: gracelife.crandonwi@yahoo.com

Website: <https://gracelife.churchtrac.com/card/8>

MENTAL HEALTH CONT.

Human Service Center Outpatient Clinic

Telephone: (715) 369-2215

Address: 705 E. Timber Dr., P.O. Box 897
Rhineland, WI 54501

Website: www.thehumanservicecenter.org

Services: Outpatient mental health & AODA counseling; psychiatric care.

Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

Lutheran Social Services of Wisconsin & Upper Michigan

Telephone: (715) 849-3344

Fax: (715) 842-9245

Address: 601 S. 32nd Ave, Suite B., Wausau, WI 54401

Website: www.lsswis.org

Services: Counseling, adoption, Family Preservation, conditional release.

Hours: Monday-Friday 8:00 a.m.-4:00 p.m.

NorthLakes Community Clinic

Telephone: (715) 276-6321

Fax: (715) 276-1428

Clinic Contact: Mary Kay Tallier

Hours: Monday-Thursday 7:00 a.m.-6:00 p.m.;

Friday 7:00 a.m.-4:30 p.m.

Transitions Center, LLC

Telephone: (715) 365-6696

Fax: (715) 365-6768

Address: 22 N. Pelham St., Rhinelander, WI 54501

Mailing Address: P.O. Box 565, Rhinelander, WI 54501

E-mail: transitionscenter@frontiernet.net

Services: Outpatient counseling for individuals, couples, and families of all ages, for mental health and alcohol/drug problems. Private insurance, Medicaid, and private pay accepted. Serving Forest, Oneida and Vilas counties. Hours: Monday-Thursday 8:00 a.m.-2:00 p.m. Friday 8:00a.m.-1:00 p.m. 2 appointments available per counselor.

NURSING HOMES

Bay @ Suring Health & Rehabilitation Center

Telephone: (920) 842-2191

Fax: (920) 842-2176

Address: 430 Manor Dr., Suring, WI 54174

Website: www.suring-health.com

Services: Full range of skilled nursing, rehabilitation, memory care and long-term care.

Florence Health Service

Telephone: (715) 528-4833

Address: 5778 Chapin St., Florence, WI 54121

Services: 24-hour nursing, physical therapy, occupational therapy, speech therapy, private Medicare suites; accepting Medicare, Medicaid, VA insurance, and private pay. Respite care stays, transportation to appointments, short term rehab stays.

Friendly Village Nursing & Rehabilitation

Telephone: (715) 365-6832

Fax: (715) 365-6665

Address: 900 Boyce Dr., Rhinelander, WI 54501

Website: www.friendlyvillagerehab.com

Services: 24-hour skilled nursing long term care,

USEFUL RESOURCES FOR OLDER ADULTS

AGENCY - WEB SITE (if applicable)	PHONE
AARP United Healthcare Insurance www.aarphealthcare.com	(888) 687-2277
American Cancer Society www.cancer.org	(800) 227-2345
Eldercare Locator www.eldercare.acl.gov	(800) 677-1116
Eye Care- Free for low income Elderly www.aaa.org	(800) 887-6327
Hearing Aid Hotline	(800) 521-5247
Housing Discrimination Metro Milwaukee Office Milwaukee Office Madison Office	(877) 647-3247 (414) 227-4384 (608) 266-6860
Insurance Complaint Hotline	(800) 236-8517
Lawyer Referral and Information	(800) 362-9082
Legislative Hotline	(800) 362-9472
Medicare Hotline	(800) 633-4227
Medicaid	(800) 362-3002
National Family Caregivers Association http://caringcommunity.org	(202) 454-3970
National Safety Council www.nsc.org	(800) 621-7615
No Call List – Wisconsin	(888) 382-1222
Poison Center	(800) 222-1222
SeniorCare Customer Service	(800) 657-2038
Suicide Hotline: Call or Text 988	(800) 784-2433
Veteran's Information www.va.gov	(800) 827-1000
Visual and Hearing Impaired	(800) 326-1290

Alzheimer's and related dementia care, inpatient and outpatient rehabilitation, rehab suites, respite and hospice care.

NuRoc Health and Rehabilitation Center

Telephone: (715) 623-2356

Fax: (715) 623-6345

Address: 729 Park St., Antigo, WI 54409

Website: www.eastview-health.com

Contact: Angela Wierzba, Admissions Director

Services: Skilled nursing services, dementia care, rehabilitation services. Serving Forest and Langlade counties.

Nu Roc Health and Rehabilitation Center

Telephone: (715) 674-4477

Fax: (715) 674-4016

Address: 3576A Nu-Roc Ln., Laona, WI 54541

Services: Medicare, Medicaid, VA, hospice, private and respite services; professional nursing & rehabilitation services for long or short term stays; professional outpatient therapies; diversified daily activities, inpatient medical transportation.

Rennes Health & Rehab Center

Telephone: (715) 420-0728

Address: 1970 Navajo St., Rhinelander, WI 54501

Website: www.rennesgroup.com

PHARMACIES

Crandon Pharmacy

Telephone: (715) 478-3369

Fax: (715) 478-3945

Address: 600 E. Pioneer Plaza, Crandon, WI 54520

Hours: Monday-Friday 8:30 a.m.-5:30 p.m.; Saturday 9:00 a.m.-noon. Closed Sundays.

Laona Pharmacy

Telephone: (715) 674-2635

Fax: (715) 674-4603

Address: 4876 Mill St., P.O. Box 8, Laona, WI 54541

Hours: Monday, Tuesday, Wednesday, Friday 9:00 a.m.-5:00 p.m., closed 12:00-1:00 p.m. for lunch. Thursday 9:00 a.m. - 1:00 p.m.

PRESCRIPTION MEDICATION ASSISTANCE

Medicare Part D

Telephone: (715) 478-2015

Patient Help Network

Telephone: (866) 828-7288

Website: www.patienthelpnetwork.org
Brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that is right for them.

SeniorCare

Forest County Elder Benefit Specialist

Telephone: (715) 478-2015

PUBLIC HEALTH

Forest County Health Department

Telephone: (715) 478-3371

Website: www.forestcountypublichealth.org

Office Hours: 8:00 a.m. to 4:30 p.m.

Health Education Services: Vaccines, blood pressure, Walk with Ease Arthritis Program radon test kits, smoking cessation assistance. Please call for fees and eligibility. Please see our website for more information about Healthy Eating and opportunities for exercise such as Walking Trails and Community Gardens.

RESPITE CARE

Alicia's Place - Adult Day and Respite Care

Telephone: (715) 902-0848

Address: 605 South Forest Ave., Crandon, WI 54520

Email: Aliciasplace.fc@gmail.com

Website: www.alicaisplacellc.com

Services: Provides clients with a safe and secure setting to thrive through social activities and companionship.

Christian Servants HomeCare

Telephone: (920) 642-3329

Email: peggy.leonard@christianservantshomecare.com

Website: www.christianservantshomecare.com

Location: Covers Forest County

Services: Respite, supportive home care and personal care.

Cumberland Heights

Telephone: (715) 365-6789

Fax: (715) 420-0482

Address: 251 West Hill Rd., Rhinelander, WI 54501

Services: Community based residential facility, care of elderly, activities, laundry, and meals. Serving Northern Wisconsin.

Midstate Independent Living Choices

Telephone: (715) 344-4210

Contact: Barb Hagen

Website: milc-inc.org/pas

Services: Consumer directed services including personal care, supportive home care, companion services, and respite care.

RESPIRE CARE CONT.

Nicolet Staffing – Rhinelander

Telephone: (715) 350-6405

Address: 8 West Davenport St., Suite 220,
Rhineland, WI 54501

Services: A supplier of your caregiving needs, including respite care.

NuRoc Health and Rehabilitation Center

Telephone: (715) 674-4477

Address: 3576A Nu Roc Ln., Laona, WI 54541

Bay @ Suring Health & Rehabilitation Center

Telephone: (920) 842-2191

Fax: (920) 842-2176

Address: 430 Manor Dr., Suring, WI 54174

Website: www.Bay-Suring.com

Services: Skilled nursing, physical, speech, and occupational therapies, home health aides, personal care workers, and social services. Serving Oconto, Marinette, Forest, Shawano, Langlade, and Menominee counties.

SOCIAL GROUPS

The social clubs listed are not the only groups or organizations in Forest County. If anyone has more groups/clubs they would like to see in the next directory please contact the Office on Aging office at (715) 478-3256.

Crandon Lions Club

Telephone: (715) 550-5002

Address: P.O. Box 470, Crandon, WI 54520

Meetings: Dinner meetings, 3rd Monday of the month, 5:30 p.m. May through September at City Beach Pavillon; October through April at Duck's Bar, Crandon.

Goodman-Armstrong Creek Lions Club

Telephone: (715) 336-2256

Meeting location: Varies

Meets on fourth Thursday at 7:00 p.m.

Laona Lions Club

Telephone: (715) 889-0246

Meeting Location: Laona Community Center

Meets fourth Wednesday at 6:30 p.m.



Adult Day Program Fragile Adults and Memory Care

- Monday & Thursday 9:30am - 2:30pm
- Meets at Ascension Church
- Facilitates socialization and group interaction
- Motivational programs to foster independence
- Respite for the caregivers

For more information (715) 358-3404
www.PastimeClub.org

NON-PROFIT ORGANIZATION

491857



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OFFERING AFFORDABLE FUNERAL & CREMATION OPTIONS

Complete Traditional Funeral

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*For more information on how
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family thousands of dollars on
funeral expenses, please call
715-365-4343*

HILDEBRAND FUNERAL HOME

24 E. Davenport St. – Rhinelander, Wisconsin

www.hildebrandrussfh.com

A friend to families since 1888

Locally owned and operated



491852

Senior Snoop Shop

Telephone: (262) 385-7498

Address: 207 S. Lake Ave., Crandon, WI 54520

Located on the Forest County Courthouse Square

Open from Memorial Day- 3rd Saturday in September.

Hours of Operation: Monday-Friday 10:00 a.m.-4:00 p.m.

Saturday 10:00 a.m.-2:00 p.m.

Holidays 10:00 a.m.-2:00 p.m..

Wabeno Lions Club

Telephone: (715) 889-0562

Meeting Location: Varies

Meetings, 2nd and 4th Wednesdays of the month at 7:00 p.m.

SOCIAL SECURITY

Disability Benefit Specialist

Telephone: (715) 478-2015 ADRC Office

Social Security Administration

Telephone: (715) 748-2015 or

TTY/TTD: (800) 325-0778

National number for general information: (800) 772-1213

Fax: (833) 950-2186

Address: 2023 Navajo St., Rhinelander, WI 54501

E-mail: wi.fo.rhinelander@ssa.gov

Website: www.ssa.gov.

Hours: Monday-Friday 9:00 a.m.-4:00 p.m.

Social Security retirement, survivor, and disability benefits. Medicare health insurance, Supplemental Security Income for low income aged, blind, and disabled individuals.

SOCIAL SERVICES

Forest County Department of Social Services

Telephone: (715) 478-3351

Address: 200 East Madison, Crandon, WI 54520

Department of Social Services

Services: Assistance in accessing a variety of social services programs including Adult Protective Services, Kinship, Child Care Certifications, Guardianship Services as well as a variety of Children's Services.

Our Community Cares Closet

Telephone: (715) 478-3351

Serving families and individuals in Forest County

Sokaogon Chippewa Family Services

Telephone: (715) 478-7600.

(See Financial Assistance)

SUPPORT GROUPS

Support groups are available for individuals and families that are encountering special circumstances in need of ongoing support. Examples of support groups are: Cardiac support groups; Lyme, Diabetes and Parkinson's support groups; Alcoholism; Alcoholic Anonymous; Overeaters Anonymous and others.

Because the times, dates and types of support groups available change and vary please contact the Aspirus Health Rhinelander Hospital at (715) 361-2000 for the most recent information.

ALS Support Group

Howard Young Medical Group

Telephone: (715) 614-5125

Meets the third Friday of the month

Time: 10:00 a.m.-12:00 p.m.

Alzheimer's Caregiver Support Group

ADRC of Oneida County

Address: 100 W. Keenan Street, Rhinelander

Contact: (715) 352-4091 for more info

Meeting: Meets 3rd Thursday of each month at 1:00 p.m.

Free Call-In Caregiver Support Group

(800) 472-8008

Northwoods Parkinson's Support Group

Ascension Lutheran Church, Minocqua WI

Telephone: (715) 420-2160 for more info

Contact: Laura Peck

Meeting: 2nd Tuesday of the month from

10:30 a.m.-12:00 p.m.

Grief Support Groups

Arbor Vitae, Compassus

Telephone: (715) 301-7200

Address: 1571 Hwy. 51 N Ste. C, Arbor Vitae

Meetings: Meet 1st Thursday of every month at Memorial Library, Eagle River, WI

2nd Thursday of every month at Park Falls Library, Park Falls, WI 10:00 a.m.

2nd Thursday of every month at Minocqua Library, Minocqua, WI 1:00 p.m.

3rd Thursday of every month at Oneida County Department on Aging, 100 Keenan Street, Rhinelander, WI 54501 1:00 p.m.

3rd Thursday of every month at ADRC Rhinelander, 100 Keenan Street, Rhinelander, WI 1:00 p.m.

4th Thursday of every month, Merrill Enrichment Center, Merrill, WI 1:30 p.m.

Grief Support Ministry

Contact person: Mike Passarelli

Email: mikepaisan2@outlook.com

Transportation Options

DAV Transportation Route



The DAV Van runs Wednesday and Thursday to Iron Mountain VA Medical Center. Reservations are made on first come, first serve basis and appointments must be made no later than 4:00 p.m. the Thursday before the week the Veteran wants to ride. All riders must be ambulatory, the van cannot accommodate wheel chairs or oxygen containers and the driver cannot lift or attend medically to any patient. To make a reservation please call: (715) 369-6227 from 8:00 a.m. - 4:30 p.m.

Address and time of pickup is as follows:
Crandon, 200 E. Madison Street at 6:55 a.m.
Courthouse, front parking lot
Laona, 5271 Linden Street at 7:15 a.m.
Volunteer Fire Station, back parking lot
Cavour, Corner of 8 & 139 at 7:30 a.m.
No physical address
Armstrong Creek, 9343 State Hwy 101 (Maplewood Villa Assisted Living) Corner Store

SUPPORT GROUPS CONT.

Men's Support Group, Rhinelander

Compassus
Telephone: (715) 301-7200
Address: 111 E. Davenport St. Ste. 101, Rhinelander
Meeting: Meets 4th Thursday of the month
Time: 1:00 p.m.-3:00 p.m.
St. Matthias Episcopal Church
Address: 403 E. Chicago Ave., Minocqua
Meeting: First Wednesday of the Month
Time: 6:00 p.m.-7:00 p.m.

THERAPY OCCUPATIONAL, PHYSICAL AND/OR SPEECH

Aspirus Outpatient Therapy Department

Telephone: (715) 361-2300
Address: 2003 Winnebago Dr., (YMCA Building)
Rhineland, WI 54501
Services: Occupational Therapy, Physical Therapy, Speech Therapy

Forest County Potawatomi: Health and Wellness Center

Telephone: (715) 478-4300
Rehab Department
Rehabilitation Services: Physical Therapy, Chiropractic and Orthopedic.

GOVERNMENT

Forest County Government Offices

Located in the Forest County Courthouse at 200 E. Madison Street, Crandon.

Child Support Agency	478-2157	Emergency Management	478-3430
Clerk of Circuit Court	478-3323	Land Conservation	478-1387
ADRC of the Northwoods	478-2015	Real Property Lister	478-2412
County Clerk	478-2422	Recycling Office	478-3893
Forest Administrator	478-3475	Register in Probate	478-2418
Forest County Sheriff's Dept.	478-3331	Register of Deeds	478-3823
Health Department	478-3371	Social Services	478-3351
County Judge	478-2329	UW-Madison Extension Office	478-2212
County Treasurer	478-2412	Veterans Services	478-3722
Court Commissioner	478-3085	Victim/Witness Coordinator	478-3105
District Attorney	478-3511	Zoning (Land and Water Resources)	478-3893

State Legislature

Assembly District 36: Representative Jeffrey Mursau, Telephone: (888) 534-0036

Senate District 12: Senator Mary Felzkowski, Telephone: (608) 266-2509

Health in Motion

Crandon location:

Telephone: (715) 478-6168

Address: 501 W. Lincoln St., Crandon, WI 54520

Rhinelander location:

Telephone: (715) 365-5252

Address: 586 Shepard St., Rhinelander, WI 54501

NuRoc Health and Rehabilitation

Telephone: (715) 674-4477

Address: 3576 Nu Roc Ln., Laona, WI 54541

TRANSPORTATION

AARP Safe Driving Class

Aging Office (715) 478-3256

AARP trained instructors lead defensive driving training in a classroom setting. Some insurance companies offer a discount to older adults upon completion of this course. Contact the ADRC/COA.

ADRC/COA of the Northwoods

Transportation

Telephone: (715) 478-2015

Forest County Potawatomi Elderly Program

Telephone: (715) 478-4715

Forest County Potawatomi Transit

Telephone: (715) 478-4779

Website: www.transit.fcpotawatomi.com

Services: Helping disabled, elderly, and other transportation disadvantaged populations with their transit needs is the core of our operations, while never sacrificing our goal to ensure every trip is important.

MTM Transit

Telephone: (636) 561-5686

Fax: (636) 561-2962

Email: marketing@mtm-inc.net

Website: mtmtransit.com

Services: Helping the disabled, elderly, and other transportation disadvantaged populations with their transit needs is the core of our operations, while never sacrificing our goal to ensure every trip is important.

New Freedom Transportation/Center for Independent Living

Telephone: (715) 233-1070 or (800) 228-3287

Fax: (715) 233-1083

Address: 2920 Schneider Ave., SE, Menomonie, WI 54751

Website: www.cilww.com

Services: Qualified riders can use our volunteer driver or voucher programs to get to medical, educational, employment-related and social events.



Boyd Financial Services, LLC

1901 River Street • Rhinelander, WI 54501

(715) 369-5577 or (800) 709-3897 • www.boydfs.net

Specializing in Your Health Plan Needs

Our focus is finding the right health insurance plan that works for you. We offer many companies that specialize in



- Medicare Supplements
- Medicare Advantage
- Prescription Drug Plans
- Long Term Care Insurance

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f Call our health team: Penny, or Dave for your free personal consultation today!
(715) 369-5577 or (800) 709-3898

Affordable Housing

Current Vacancies

FEATURES

- Rent is 30% of monthly adjusted income to eligible applicants.
- Smoke-free community spaces
- Pet friendly
- Safe, maintenance-free apartments and grounds
- Off-street parking
- Laundry facilities
- Located near local amenities



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CCB Housing Management

An Operation of Catholic Charities Bureau

715-394-2012
888-276-0246 (toll free)

491855

TRANSPORTATION CONT.

Sokaogon Chippewa Community Senior Center

Telephone: (715) 478-1229

Veyo

Telephone: (866) 907-1493, call at least two business days before your visit

Website: wi.ridewithveyo.com

Services: Medicaid/Badger Care Plus non-emergency medical transportation.

VETERANS

Forest County Veterans Service

Telephone: (715) 478-3722

Fax: (715) 478-2035

Address: 200 East Madison, Crandon, WI 54520

Contact: Robb Koplien

E-mail: robbkoplien@co.forest.wi.us

Services: Veterans in Wisconsin may be eligible for a wide variety of services and benefit programs through the U.S. Department of Veterans Affairs and through the Wisconsin Department of Veterans Affairs. In addition to his role as a benefit counselor, the service officer is an advocate for veterans and can assist in appealing adverse decisions.

VA Community Based Outreach Clinic - Rhinelander

Telephone: (715) 362-4080

Fax: (906) 779-7454

Address: 639 W. Kemp St., Rhinelander, WI 54501

Services: Physical therapy, and mental health along with primary care for veterans

Wisconsin Veterans Home at King

Telephone: Admissions (888) 458-5586 or (715) 258-5586

Website: www.vetshome.com

This state licensed facility is open to veterans and their spouses for long term care. The home is located on Rainbow Lake in Waupaca County and provides skilled nursing, memory care, and some domiciliary care. For more information contact the Forest County Veterans Office 715-478-3722.

Wisconsin Women Veterans

Wisconsin Department of Veterans Affairs

Telephone: (800) 947-8387 or (608) 267-1797

Address: 201 W. Washington Ave.

P.O. Box 7843, Madison, WI 53707-7843

Website: www.dva.state.wi.us/womensvets.asp

Services: To address the needs of women veterans in Wisconsin, the Department of Veterans Affairs has created an initiative that will provide advocacy for women veterans.

VISION RESOURCES

American Council of the Blind

Telephone: (800) 424-8666

Email: info@acb.org

Eye Clinic of WI - Antigo

Telephone: (715) 623-6662 or (800) 472-0033

Fax: (715) 623-2400

Address: 109 State Hwy 64, Antigo, WI 54409

Mailing: P.O. Box 689, Wausau, WI 54402-0689

Website: www.eyeclinicwi.com

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Eye Clinic of WI - Rhinelander

Telephone: (800) 472-0033

Fax: (715) 261-8665

Address: 2 E. Ocala St., Rhinelander, WI 54501

Website: www.eyeclinicwi.com

Hours: Monday-Friday 7:15 a.m.-5:00 p.m.

Eye Clinic of Wisconsin - Wausau

Telephone: (715) 261-8500 or (800) 472-0033

Fax: (715) 261-8671

Surgery Center: (715) 298-5500

Address: 800 1st Street, Wausau, WI 54401

Mailing: P.O. Box 689, Wausau, WI 54402-0689

Website: www.eyeclinicwi.com

Hours: Monday-Friday 7:15 a.m.-5:00 p.m.;

Saturday by appointment only

Forest County Potawatomi Health & Wellness Center Optical Dept.

Telephone: (715) 478-4300

Address: 8201 Mish ko swen Dr., Crandon, WI 54520

Website: www.fcpotawatomi.com

Hours: Monday-Thursday 7:00 a.m.-5:00 p.m.

Garrett Eye Center

Telephone: (906) 774-1404 or (800) 428-8149

Address: 1301 Carpenter Ave., Iron Mountain, MI 49801

Marshfield Clinic - Wausau Optical Center

Telephone: (715) 841-4966

Fax: (715) 841-4972

Address: 2727 Plaza Dr., Wausau, WI 54401

Hours: Monday-Friday 8:00 a.m.-4:00 p.m.

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715.365.3232

Rhinelander Office

158 S. Anderson Street, Suite 3
Rhinelander, WI 54501



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ESTATE PLANNING & ELDER LAW

www.HougumLaw.com

492357

What is Elder Abuse?

When a person, 60 years and older is subjected to physical abuse, material abuse, neglect, or self-neglect as defined below.

Physical Abuse is the willful infliction of physical pain, injury or unreasonable confinement. It includes, but is not limited to beating, choking, burning, inappropriate medication and tying or locking a person up or sexual assault.

Material or Financial Abuse is the misuse of an elder's money or property. It includes deception, diverting income, mismanagement of funds and taking money or possessions against a person's will.

Neglect occurs when a caregiver's failure to provide adequate food, shelter, clothing, medical or dental care results in significant danger to the physical or mental health of an older person in his/her care.

Self-Neglect occurs when there is a significant danger to an elder person's physical or mental health because the elder person is unable or fails to provide him/herself with adequate food, shelter, clothing, medical or dental care.

If you suspect elder abuse occurring in Forest County, please call the

**Forest County
Department of Social Services**
715-478-3351

We will insure your concerns are investigated and your identity and call can remain anonymous

VISION RESOURCES CONT.

Pearl Vision

Telephone: (715) 623-2180

Fax: (715) 623-7244

Address: 2616 US Hwy 45, Antigo, WI 54409

Mailing Address: P.O. Box 238, Antigo, WI 54409

E-mail: pantigo@midlinevision.com

Services: Eye care services. Serving Northern Wisconsin.

Hours: Monday, Wednesday, Thursday, Friday

8:00 a.m.-5:00 p.m.; Tuesday 8:00 a.m.-7:00 p.m.

State of Wisconsin Bureau for the Blind and Visually Impaired

Telephone: (715) 401-9123

Fax: (715) 365-2705

Address: 2187 N. Stevens St., Suite C
Rhineland, WI 54501-8043

Wisconsin Council of the Blind and Visually Impaired

Telephone: (800) 783-5213

Sharper Vision Store: (608) 237-8100

Address: 754 Williamson St., Madison, WI 53703

Website: www.wcblind.org

Wisconsin Talking Books & Brail

(800) 242-8822 or (414) 286-3045

Website: www.dpi.wi.gov/talkingbooks

(See Libraries Section)

VOLUNTEER OPPORTUNITIES

(See Nursing Homes Section)

Foster Grandparent Program

Telephone: (715) 588-3324

Great Lakes Inter-Tribal Council

WEATHERIZATION

NEWCAP, Inc.

Telephone (920) 834-1800

Statewide: (866) 432-8947

Address: 1201 Main Street, Oconto, WI 54153

Sokaogon Chippewa Family Services

Telephone: (715) 478-7600

(See Financial Assistance)

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715-362-4625

We offer a variety of services that are tailored to meet your needs.

- Available 7 days a week, 24 hours a day
- FREE in-home consultation
- Carepartners specialized in memory care: Alzheimer's and Dementia
- Consulting nurse on staff
- Complement Hospice and Home Health services
- Respite care • Post-operative assistance
- Hospital sitting • Wake-up and tuck-in services
- Daily telephone checks
- Heavy and deep cleaning housework
- Assistance with all activities of daily living:
 - Hygiene ■ Dressing ■ Medication reminders
 - Home cooked meals ■ Diet monitoring
 - Light housekeeping ■ Laundry ■ Errands and shopping
 - Driving to and from appointments
 - Pet care ■ Companionship



THERE IS NO PLACE LIKE HOME

Nothing compares to the comfort of home!

Utilizing homecare is often the first and best choice for you and your elderly loved ones and their family caregivers. The surroundings are familiar and can be modified as your loved one's condition changes. When home is where you want to be, call us!

715-362-4625 • 715-360-4695 (cell)

YOUR LOVED ONES DESERVE THE VERY BEST!

We strive to be the premier provider of quality homecare with compassionate carepartners who have a mission to exceed our client's expectations.

491851

The ADRC is integrating with Forest County Aging.

We will be the ADRC/Aging Department of the Northwoods starting 01/01/2025.

The ADRC and Aging are taking the one-stop shop approach with integrating services.

The integration will bring two departments together as one so it is easier to access programs.



The ADRC's Mission... Linking Individuals to Needed Services.

The ADRC's Goal... To empower individuals to make informed choices by providing streamline access to services & benefits.

The ADRC Serves...

**Older Adults • Adults with Disabilities • People Living with Dementia • Caregivers
• Family Members • Guardians • Low-Income Households • Homeless Individuals**

ADRC Specialists help the general public, with a special focus on older adults and people with disabilities. We offer information and access to a wide range of community support and helps connect people to programs and services.

Our Dementia Care Specialist provides information and support for people living with dementia and their caregivers, to ensure the highest quality of life possible while living at home.

Our Disability Benefit Specialist assists individuals ages 18-59 with disabilities, helping them locate and navigate a wide range of community services, educating people about options and connecting them to programs and services, including public and privately funded supports.

Our Elder Benefit Specialist provides services for individuals ages 60 and older, focusing on Medicare, insurance and guiding clients through the complex world of benefit programs, in some cases, under the supervision of an attorney.

Senior Nutrition Program: Individuals age 60 and over, enjoy a nutritious meal in a social setting at 5 locations (Alvin, Armstrong Creek, Crandon, Laona, Wabeno). Home delivered meals available for those unable to attend their local meal site if deemed eligible.

Alzheimer's Family Caregiver Support: Financial assistance for families and caregivers of persons with Alzheimer's Disease and other irreversible dementias.

Volunteer Opportunities: Volunteers are our corner stone. A variety of opportunities are available for all ages.

Transportation:

[FOREST-COUNTY-TRANSPORTATION](#)



ADRC/Aging of the Northwoods

300 S. Lake Avenue, Crandon, WI 54520

1-800-699-6704 • ADRCofthenorthwoods.org

Hours: Mon-Fri 6:30 AM-5 PM.