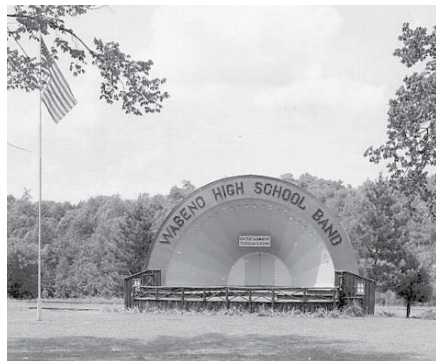


# 2024 Senior Resource **DIRECTORY**



## **Forest County Office on Aging**



# Are High Energy Costs Putting the Squeeze On Your Limited Income?



**ENERGY SERVICES  
FOR  
FOREST COUNTY**  
may be able to help!

**2 Simple ways to apply for a WHEAP Energy Assistance Grant!**

**1**

**Call 800-506-5596  
Locally 715-245-2400**

**A) For questions or to schedule an appointment at our service center or outreach sites.  
B) To complete a WHEAP application by phone with our helpful and experienced staff.**

**OR**

**2**

**You may now also apply online at HEAT.HELP**

**300B S. Lake Ave. Crandon, WI 54520**

**\*This site is fully accessible.**

**2023  
2024** *homeenergy+*

**NEW ENERGY ASSISTANCE  
GROSS INCOME GUIDELINES  
FOR THE PREVIOUS ONE MONTH**

NUMBER IN HOUSEHOLD	GROSS INCOME LIMIT (1 MONTH)
1	\$2,820.67
2	\$3,688.58
3	\$4,556.50
4	\$5,424.50
5	\$6,292.42
6	\$7,160.33
7	\$7,323.00
8	\$7,485.75

For over **4 decades** we have been responsible for providing government, utility supported and charitable **energy assistance grants** statewide to over **100,000 low income households annually.**

Working closely with **Forest Co. HHS**, other basic service providers and utilities-fuel vendors serving the area, we are committed to providing the highest level of assistance and services possible for those in need.



Our capable team is available to answer any questions you may have and assist you in applying for WHEAP or other resources that may be of help.



**Don't delay, call us today! 715-245-2400**

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# WELCOME TO THE FOREST COUNTY OFFICE ON AGING 2024 SENIOR RESOURCE DIRECTORY!

It is the purpose of the Forest County Commission on Aging to respect, inform, assist and serve Forest County residents 60 years of age and older so that they may maintain independence and live in a manner of their choice. It is further the mission of this agency to protect older adults and advocate on behalf of all those within the Commission on Aging service realm. The Forest County Commission on Aging serves Forest County residents, 60 years of age or greater, their caregivers, and families, as well as provides transportation to persons with disabilities.



## OUR STAFF

**Kathy Fohrman, Director**  
**Vacant, Aging Clerk**  
**Kristi Campbell, Fiscal Agent**  
**Karly Harrison, Nutritionist**

## SITE MANAGERS

**Tammy Wolfe, Alvin**  
**Sharon Gile, Armstrong Creek**  
**Vacant, Crandon**  
**Peggy Alderton, Laona**  
**Linda McEwen, Wabeno**

## BUS DRIVER(S)

**Mike Macauley, Robert Veit, Christ Christenson and Kevin Kramer**

## FOREST COUNTY COMMISSION ON AGING COMMITTEE MEMBERS

**Cindy Gretzinger, County Board Chair**  
**Mike Miller, Chairperson**  
**Larry Sommer, Vice Chairperson**  
**Lynne Black, Supervisor**  
**Jean Jungwirth, Secretary**  
**Wendy Abney**  
**Karen Hill**  
**Ann Koziel**  
**Laurie Van Grinsven**

The Forest County Office on Aging Committee oversees and develops policy for the services of the Office on Aging. The Committee meets bi-monthly or as needed. The public is invited to attend.

## **FOR ADDITIONAL INFORMATION AND ASSISTANCE PLEASE CONTACT:**

Forest County Office on Aging • 200 E. Madison Street, Crandon, WI 54520 • 715-478-3256  
officeonaging@co.forest.wi.us • Fax: 715-478-5109

"The Forest County Office on Aging does not assume responsibility for the services and/or endorse content included in this directory. Further, this publication does not represent all businesses and organizations serving the older adults of Forest County. We have made every effort to make this directory useful to the community and regret any omissions. An organization's inclusion or exclusion is not a reflection of its merits. Agencies with programs or additional information to be considered for future publications should contact the Office on Aging Office.

## **NUTRITION PROGRAM**

The Forest County Office on Aging Senior Nutrition Program provides hot meals with 1/3 of the daily nutritional requirements. It also offers socialization with volunteer opportunities along with connections to community supportive services.

The Office on Aging ensures that the Nutrition Program has qualified, properly trained staff. The site managers are required to have 6.5 hours of training each year per our contract with the state. A registered dietician reviews menus for Armstrong Creek, Crandon, Laona, and Wabeno. A Nutritionist reviews the menu for Alvin Meal Site.

Our volunteer home delivered meal drivers provide face-to-face personal contact with the home bound senior. Additionally, the drivers provide a safety check to those Seniors receiving a Home-Delivered Meal who may be frail or isolated. In some instances, this may be the only contact the Senior has that day.

## **FOREST COUNTY NUTRITION ADVISORY COUNCIL**

The Nutrition Advisory Council shall advise the Nutrition Director on all matters relating to the delivery of the nutrition and nutrition-supportive services within the program area. All recommendations and suggestions of the Council shall be in accord with federal and state policies and shall take into consideration the nutrition budget. If you are interested in becoming a member of this Council, please call Kathy Fohrman at 715-478-3256.

## **BUS ROUTES AND MEDICAL TRANSPORTATION**

Forest County Commission on Aging provide transportation routes to seniors that are 55 years of age and older and/or disabled. The bus route offers several routes per month. We put Rhinelander, Antigo, and Iron Mountain on a rotation schedule with special events added monthly. The bus driver will pick riders up at their homes and assist with getting them on and off the bus as well as assist with delivering packages to their door. The cost to ride the bus is \$4.00 per day.

We also offer rides to and from medical appointments within a 125+ radius from Crandon. The rates for non-emergency medical transportation services are as follows:

1. \$10 for travel time of two(2) hours or less
2. \$20 for travel time of more than two (2) hours but less than four (4) hours
3. \$30 for travel time exceeding four (4) hours

Any long-term medical transportation services will immediately need to be reviewed with outside resources to determine qualification therein first.

Our bus drivers are Robert Veit, Mike Macauley, Christ Christenson, and Kevin Kramer.

Call Kathy Fohrman at 715-478-3256 for information on these programs.

## **CENTER FOR INDEPENDENT LIVING-VOLUNTEER DRIVER PROGRAM**

Volunteer drivers provide transportation to persons with a disability or those that are frail elderly for 42 Counties.

Contact: CILWW Menomonie: 2920 Schneider Avenue South East, Menomonie, WI 54751  
800.228.3287 (Voice/TTY/Toll Free), 715.233.1070 (Voice/TTY), 715.233.1083 (Fax)

## **TIES THAT BIND US**

Ties That Bind Us is a local non-profit organization created to assist Forest County Residents battling cancer. To apply for assistance, volunteer, or make a contribution, contact 715-478-6342 or [fcttbu@gmail.com](mailto:fcttbu@gmail.com)

# Caring

it's not the hard  
part of caregiving

Caring for someone  
and feel exhausted?  
Overwhelmed?  
Like you can't keep it  
up much longer?  
**Call us.** We can help.

**For More information please contact:**  
**Forest County Office on Aging**  
**200 East Madison Street**  
**Crandon, WI 54520**  
**715-478-3256**



## **BEING A CAREGIVER**

Nearly everyone will be a caregiver at some point in life, and nearly everyone will need a little help providing that care. Being responsible for someone else can feel overwhelming, especially if the role is unexpected. That is why Wisconsin offers family members and other informal caregivers' access to programming and education that can make being a caregiver more manageable. Here are a couple caregiver support programs we have to offer. For more information, please contact the Office of Aging at 715-478-3256.

### **FOREST COUNTY CAREGIVER COALITION**

The mission of the Family Caregivers Coalition in Forest County is to identify, recognize, support and enhance the role of those affected by caregiving through community outreach, education, peer support and shared resources in order to help family caregivers thrive. The Coalition meets at least quarterly to strengthen services and resources to caregivers in Forest County. For more information, please call Kathy Fohrman at 715-478-3256 or like the Forest County Caregiver Coalition's Facebook Page.

### **NATIONAL FAMILY CAREGIVER PROGRAM**

The National Family Caregiver Program provides services and supports that help family caregivers and informal caregivers, such as a neighbor or friend, care for elder adults at home. The NFCSP is available to any person providing care to an adult age 60 or over. There is no income limit, however, low-income individuals are prioritized. The program offers information about available services, assistance with gaining access to services, individual counseling to deal with depression or stress, caregiver support groups, training on providing safe and proper in-home care, and temporary respite services, such as help making minor home modifications or providing adaptive equipment that allows a person to remain living safely at home. For more information on the NFCSP, please call 715-478-3256.

### **ALZHEIMER'S FAMILY CAREGIVER PROGRAM**

Created in response to the stress and needs of families caring for someone with Alzheimer's disease or another irreversible dementia. The purpose of the AFCSP is to make an array of community services available to families in hope of enhancing lives and keeping people in their homes as long as possible. Typical goods and services include respite care or home care services (personal care assistance, meal prep, homemaker services, yard work and snow removal, etc.), transportation expenses, home-delivered meals, home safety modifications, activity or hobby supplies, Lifeline, books and other resources to help the caregiver learn more about the disease and other services that are needed to help. The program requires a diagnosis from a physician and there is an income limit of \$48,000 per year; however, cost related to the individuals care can be deducted.

For more information on these programs, please call 715-478-3256.

### **STRONG BODIES EXERCISE PROGRAM**

Healthy aging is all about quality of life. No matter how old you are, you do not have to get weaker with age. Strength training can help you stay vital, strong, and independent throughout your life. The Strong Bodies Program is a 12-week, evidence-based exercise program for all ages of men and women. Each class included progressive weight training, flexibility, and balance activities. Benefits from taking part in a program of strength training, which have been shown by research, include maintaining bone density, reducing falls, improving arthritis symptoms, increasing flexibility, and increasing strength. In addition, mental health benefits include improved mood and attitude, decreased depression, sleeping more soundly, increased energy levels and enjoyment of a new circle of friends.

Forest County Office on Aging has been partnering with the UW-Extension for the last seven years to offer the Strong Bodies Classes to the older adults in Forest County. We have trained leaders who volunteer their time and we collaborate with Karly Harrison, Healthy Communities Coordinator from UW Extension.

Strong Bodies classes are currently offered in Crandon and Armstrong Creek. There is no charge to participants that are 60+ years for any of these sessions. However, confidential donations are accepted. Weights will be provided. To begin the enrollment process, please pick up an enrollment form from the Crandon Public Library circulation desk or call Barb Tomaszewski at (906) 399-7506 to begin the enrollment process in Armstrong Creek.

## **OTHER SERVICES**

### **Stockbox**

Stockbox is a program that provides healthy food every month to improve the diet and nutrition of low-income seniors, 60 and older. Stockbox provide a monthly supplemental food package for free, which includes; cheese, canned fruits, canned vegetables, juice, cereal, canned and dry milk, peanut butter, canned meat, canned soup, and rice, instant potatoes, or pasta.

You may qualify if: you are age 60 or older, you have a household income per month (before tax deductions) that is less or equal to Stockbox income guidelines:

Monthly income for one person in a household is \$1580, monthly income for two people in a household is \$2137, and for each additional person in the household, add \$557.

This program is sponsored by the Hunger Task Force.

2024 distribution dates will be on Wednesdays with the following dates: January 10th, 2024, February 14th, 2024, March 13th, 2024, April 10th, 2024, May 15th, 2024, June 12th, 2024, July 10th, 2024, August 7th, 2024, September 11th, 2024, October 9th, 2024, November 13th, 2024 and December 11th, 2024. Location is tentatively set up at the Crandon City Hall, 601 W. Washington Street, Crandon, WI 54520. For more information, please call Office on Aging at 715-478-3256 or email [officeonaging@co.forest.wi.us](mailto:officeonaging@co.forest.wi.us).

### **Veteran's Transportation Options**

Disabled American Veteran's (DAV) Route – DAV Van runs Wednesday and Thursday to Iron Mountain VA Medical Center. Reservations are made on a first come first serve basis and appointments must be made by 4:00 pm the Thursday prior to the week that a ride is needed. All riders must be ambulatory. The van cannot accommodate wheelchairs or oxygen containers. The driver cannot lift or attend medically to any passenger. Please refer to page 45 for contact information.

### **ADRC**

Wading through the maze of services available for older adults and people with disabilities can be very daunting. This program provides accurate information and assistance on all issues concerning older adults. Contact our local Aging Disability Resource Center Specialists at 800-699-6704.

John Brensinger, Interim Regional Manager; Jamie Ausloos, Elder Benefit Specialist; Debbie Wendorf, Dementia Care Specialist; Karen McMillion, ADRC Specialist; Nan Gutierrez, ADRC Specialist; Amanda Brahmer, Disability Specialist; Kristin Bauknecht, Administrative Assistant

### **Elder Abuse**

Elder Abuse is a growing problem across the nation. There are many types of abuse. The most obvious is physical abuse. But there are other types of abuse that do not involve any physical violence that include verbal or emotional abuse, financial exploitation, sexual assault, and neglect or self-neglect. If you believe that someone you know is being or at risk of being abused, please call the Department of Social Services at 715-478-3351.



## **Family Care**

Family Care is a Medicaid long-term care program for frail elders and adults with physical, developmental, or intellectual disabilities. People in this program receive long-term care services to help them live in their own home whenever possible. There are specific financial and guidelines to meet. Call the ADRC at 1-800-699-6704 for more information.

## **Food Share**

A nutrition program is designed to ensure that all Wisconsin families have access to the food they need. Food Share Wisconsin is a new and improved version of the Food Stamp program. Although similar to the Food Stamp Program, Food Share Wisconsin offers more benefits including easier access and simplified eligibility rules. A person must live in Wisconsin, there are no work requirements for Food Share applicants and participants who are 60 years of age and older, and households with gross incomes at or below 200% of the Federal Poverty Limit are eligible for the Food Share Program. Contact Forest County Department of Social Services at 715-478-3351, or Tribal Economic Support Specialists.

## **Kinship Care**

This program provides financial assistance within program guidelines to blood relatives of children placed out of home and found to be in need of protection and services. Assistance is dependent upon availability of funding. Contact Forest County Department of Social Services at 715-478-3351 for more information.

## **Medicaid**

Medicaid (not to be confused with Medicare) is a group of publicly funded programs to address health care costs for specific groups of individuals including the elderly (65+) and individuals determined disabled by Social Security. The programs have varying income and asset limits. Contact Forest County Department of Social Services at 715-478-3351 for more information, or Tribal Economic Specialists or ADRC Benefit Specialists.

## **Medicare Advantage**

There are over 97 Medicare Advantage Plans available in Wisconsin and as you can imagine, sorting through all of them is confusing and time-consuming. We aim to be a trusted healthcare information source for aging adults and their loved ones because we believe everyone deserves high-quality, affordable healthcare coverage. Our newly updated resource on Medicare Advantage Plans in Wisconsin helps guide seniors through all of the available Medicare plans, eligibility requirements, enrollment guidelines, and their many benefits. Most importantly, we provide a list of helpful community organizations throughout Wisconsin that further support seniors with their healthcare needs. For more information, call 877-920-0702.

## **Medicare Part D**

Medicare prescription drug program for individuals eligible for Medicare. Medicare participants must have a Part D plan or approved creditable plans such as Senior Care. Contact Benefit Specialists in regard to Part D and creditable plans.

## **Food Share Employment and Training (FSET)**

FSET is a free program that helps Food Share members build their job skills and find jobs. Through FSET, we offer job skills training, education activities, interview skills, and you can get work experience. FSET will help you get a job after we learn your strengths, needs, and type of work you prefer.

FSET provides support services to help you complete FSET activities including barriers to work. We'll help you pay for things you need for FSET activities, such as work clothes, tools, books, gas vouchers, and more. For more information, please contact Brian Christus, FSET Case Manager at 715-490-6466.

# ADVOCACY

## **Administration for Community Living (ACL)**

Telephone: (202) 401-4634

Address: 330 C St. SW, Washington, DC 20201

Website: [www.ACL.gov](http://www.ACL.gov)

ACL is part of the administration for Community Living whose mission is to promote the dignity and independence of older people and to help society prepare for an aging population.

## **American Association of Retired Persons (AARP)**

Telephone: (800) 424-3410

Address: 601 E. Street, NW, Washington, DC 20049

Website: [www.aarp.org](http://www.aarp.org)

Services: A national organization serving the needs of people age 50 and older through advocacy, research and consumer information.

## **AARP Wisconsin**

Telephone: (888) 687-2277

Fax: (608) 251-7612

Address: 222 W. Washington Ave., Suite 600  
Madison, WI 53703

E-mail: [wisstate@aarp.org](mailto:wisstate@aarp.org)

Website: [states.aarp.org/region/wisconsin](http://states.aarp.org/region/wisconsin)

Educational presentations on issues important to 50+, publications and resources.

Membership fee: Contact AARP.

## **Community Link**

*(See Information Section)*

## **Disability Benefit Specialist Program**

Serving individuals 18-59 years of age.

ADRC Office - Crandon: (800) 699-6704

*(See Aging Services Section)*

## **Disability Rights Wisconsin**

Telephone: (608) 267-0214 - Madison Office or  
(800) 928-8778

Fax: (833) 635-1968

Address: 1502 W Broadway Ste. 201, Madison, WI 53713

E-mail: [info@drwi.org](mailto:info@drwi.org)

Website: [www.disabilityrightswi.org](http://www.disabilityrightswi.org)

Services: Deinstitutionalization and downsizing of large facilities that house people with disabilities so that resources can be made available for people to live in their communities. Patient/consumer rights for people with disabilities who live in various types of residential or treatment facilities. Special education advocacy for students with disabilities in the public school system in Wisconsin. Employment and housing discrimination based specifically on disability status.

## **Elder Benefit Specialist Program:**

Serving individuals 60 years of age and older.

ADRC Office - FCP: (800) 699-6704

*(See Aging Services Section)*

## **Elder Law Center**

*(See Legal Assistance)*

## **Forest County Office on Aging**

Telephone: (715) 478-3256

*(See Aging Services Section)*

## **Midstate Independent Living Choices**

*(See Disabilities Resources Section)*

## **Ombudsman**

The Board on Aging & Long Term Care

Telephone: (800) 815-0015

Address: 1402 Pankratz St., Suite 111,  
Madison, WI 53704-4001

Contact: Linda Dobbratz (715) 276-3650

E-mail: [boaltc@ltc.state.wi.us](mailto:boaltc@ltc.state.wi.us)

Services: The Long Term Care Ombudsman program protects the rights of people and responds to complaints and problems of residents of long term care, 60 yr. or older.

## **Tribal Aging & Disability Resource Specialist- Sokaogon Chippewa & Lac du Flambeau Tribes Great Lakes Inter Tribal Council**

Telephone: (715) 890-0017

Services: Serves the Lac du Flambeau Tribe and Sokaogon Tribe to ensure that tribal members receive culturally appropriate information on aging and disability resources and are able to comfortably and effectively access long term care programs and services.

## **Wisconsin Legislative Hotline**

Telephone: (800) 362-9472

Website: [www.legis.wisconsin.gov](http://www.legis.wisconsin.gov)

Call this toll-free number to find out who your state legislator is and obtain his/her contact information. Visit our website for more info on your legislature.

Hours: Monday-Friday 8:15 a.m.-4:45 p.m.

# AGING SERVICES

## **Aging & Disability Resource Center of the Northwoods - Crandon & FC Potawatomi Offices**

Telephone: (800) 699-6704

Fax: (715) 478-2182

Address: 300A S. Lake Street, Crandon, WI 54520

The Aging & Disability Resource Center is a service unit that provides information and "links" to available resources and services. Staff members can assist in many areas including, but not limited to: advocacy, paperwork, referrals,

accessing benefits, benefit appeals, housing and long-term care options. Tribal Aging & Disability Resource Specialist-Sokaogon Chippewa & Lac du Flambeau Tribes.

### **Bureau on Aging and Disability Resources**

Telephone: (608) 266-2536

Fax: (608) 267-3203

Address: 1 West Wilson St., Madison, WI 53703

Mailing Address: P.O. Box 7851, Madison, WI 53703

E-mail: [DHSDLTCaging@dhs.wisconsin.gov](mailto:DHSDLTCaging@dhs.wisconsin.gov)

Website: [www.dhs.wisconsin.gov/aging](http://www.dhs.wisconsin.gov/aging)

Services: The Bureau of Aging and Disability Resources is the state administrative agency responsible for the development of policy and the management of programs that serve persons who are elderly, persons with physical disabilities, persons who are blind or visually impaired, persons who are deaf or hard-of-hearing, persons in need of adult protective services, and persons who need or receive information about access to community-based long-term support through an Aging and Disability Resource Center. Days & times of operation: 8:00 a.m.-4:30 p.m.

### **Elder Benefit Specialist:**

Telephone: (800) 699-6704

Contact: Jamie Ausloos

Services: Benefit Specialists are individuals trained to help older persons who are experiencing problems with

their private or government benefits. Benefit Specialists receive ongoing training and are monitored by attorneys knowledgeable in elder law. Areas in which they can assist you include: Medicare, Medicare Supplemental Insurance, Medicare Part D, SeniorCare and other prescription drug programs, Supplemental Security Income, Social Security, Medical Assistance, Consumer Problems, Age discrimination in employment, Homestead Tax Credit, Housing Problems and other legal and benefit problems.

### **Eldercare Locator**

Telephone: (800) 677-1116

Website: [www.eldercare.gov](http://www.eldercare.gov)

Services: The Eldercare Locator is a resource to help you find local community services for seniors anywhere in the U.S. The National Association of Area Agencies on Aging sponsors this nationwide service.

### **Family Caregiver Support Program:**

Telephone: (715) 478-3256

Contact Person: Kathy Fohrman, Director

Many individuals are not aware that they may qualify for Family Caregiver Support. This is due in part to the fact that many spouses and family members do not recognize themselves as caregivers. For more information on the Caregiver Support Program call the number listed above.

## Your local Family Care option for personal care and support



Some of the services we manage with you include:

- Care Management
- Personal Care
- Medical Supplies & Equipment
- Outpatient Mental Health
- Residential Care
- In-Home Supportive Care

For more information about the Family Care Program, contact your local Aging and Disability Resource Center (ADRC).

[www.lakelandcareinc.com](http://www.lakelandcareinc.com)



DHS Approval 5/2/18

# AGING SERVICES CONT.

## **Forest County: Office on Aging**

Telephone: (715) 478-3256

Address: 200 East Madison St., Crandon, WI 54520

Contact: Kathy Fohman, Director

E-mail: officeonaging@co.forest.wi.us

Fax: (715) 478-5109

Website: www.fcaging.com

Find us on Facebook: Forest County Commission on Aging

Services: It is the purpose of the Forest County Office on

Aging to respect, inform, assist and serve Forest County

residents 60 years of age and older so that they may

maintain independence and live in a manner of their

choice. It is further the mission of this agency to protect

vulnerable adults and to advocate on their behalf. There

is no fee for service unless noted. Unless otherwise listed,

please contact the Office on Aging for further information in

regard to aging services.

Hours: 8:30 a.m.- 4:30 p.m.

## **Forest County Potawatomi Elder Program**

Telephone: (715) 478-4715

Address : 5456 Kak Yot Lane, Stone Lake

Mailing Address: P.O. Box 340, Crandon, WI 54520

Elder Services Coordinator: Penny Christianson

Website: www.fcpotawatomi.com

Meal Site Phone Number: (715) 478-4892

Area served: Stone Lake, Laona, Blackwell, Carter,

and Wabeno

Meals provided for tribal members 55 or older

Congregate Meals: Offered Monday through Tuesday at

5456 K&K Yot Ln., Crandon, WI 54520 (The Caring Place)

from 11:00-1:00.

Home Delivered Meals: Offered to home bound elders

residing in the service area.

## **Great Lakes Inter Tribal Council**

Telephone: (715) 890-0017

Contact: Amanda Thompson, ADRS

Services: Serves the Lac du Flambeau Tribe and Sokaogon

Tribe to ensure that tribal members receive culturally

appropriate information on aging and disability resources

and are able to comfortably and effectively access long

term care programs and services.

## **Greater Wisconsin Agency on Aging Resources (GWAAR)**

Telephone: (608) 243-5670

Fax: (866) 813-0974

Address: 1414 MacArthur Rd., Suite A, Madison, WI 53714

E-mail: info@gwaar.org

Services: Provides advocacy, planning, coordination and

information to 70 county aging departments; administers Federal and State aging funding to counties.

## **Meals on Wheels:**

Telephone: (715) 478-3256

Program for people ages 60 or older that are homebound

due to health reasons, and are physically or emotionally

unable to travel for a meal with others. To qualify for

homebound meals, individuals must meet homebound

criteria. An in-home visit will be conducted by agency staff

to ensure program requirements are met. A driver delivers

nutritious meals to homebound seniors unable to attend a

local senior dining site. There are no economic guidelines

to qualify, but donations are accepted.

## **Information and Assistance:**

The Forest County Office on Aging and ADRC help older

adults and their family members determine needs,

and assist them in finding specific services. For more

information please call (800) 699-6704.

## **Preventive Health Services:**

The Office on Aging, along with the collaboration of

UW Extension, currently sponsor the evidence based

preventative program StrongBodies. (Please see page

8) Office on Aging and the UW Extension is looking to

expand other programs into the County that include Walk

with Ease, Bingocize, and Eat Smart, Move More, and

Weigh Less. Please contact the Office on Aging for more

information at (715) 478-3256.

## **Senior Dining Sites:**

Program provides an opportunity for persons age 60 or

older and their spouses to enjoy a nutritious meal in a

social setting at five different locations in Forest County:

Alvin, Armstrong Creek, Crandon, Laona and Wabeno.

There are no economic guidelines to qualify to attend. All

participants are given the opportunity to donate towards

the cost of the meal. For more information please call

(715) 478-3256.

## **Transportation Services:**

The Office on Aging provides three Senior transportation

programs for Seniors (55+) and persons with disabilities

- Medical Escort, Route Transportation and Supportive

Transportation. For more information call (715) 478-3256.

## **Village Caregiving**

Telephone: (920) 510-4761

Address: 4321 W. College Avenue, Appleton, WI 54915

Email: michaeljones@villagecaregiving.com

Website: www.villagecaregiving.com

Services: Providing home care assistance, routine

housework, cooking and serving, companionship, bathing

assistance. Bonded and insured.

## ***DO YOU HAVE AN ADVANCE DIRECTIVE?***

You have the right to make decisions about your health care. This includes the right to accept or refuse medical or surgical treatment. You also have the right to plan and direct the types of health care you may receive in the event you become unable to express your wishes. You can do this by making an “advance directive.”

### ***WHAT IS AN ADVANCE DIRECTIVE?***

An advance directive describes, in writing, your choices about the treatments you want or do not want or about how health care decisions should be made for you if you become incapacitated and cannot express your wishes.

An advance directive expresses your personal wishes, beliefs and values. When you make an advance directive, you should consider issues like dying, living as long as possible, being kept alive on machines, being independent, and quality of life.

Addressing these issues may be difficult but it is necessary if you want others to follow your wishes. In Wisconsin, if you are 18 years of age or older and of “sound mind,” you can make an advance directive. An advance directive speaks for you when you are unable to speak for yourself.

### ***HOW DO I MAKE AN ADVANCE DIRECTIVE?***

There are three ways to make a formal advance directive in Wisconsin. You can complete either a living will or a power of attorney for health care document. You do not need an attorney to complete these forms. However, two persons must witness your signature. The forms describe who may or may not be a witness. A third way to express your wishes is to have a legal document drafted by your attorney and appropriately witnessed.

### ***WHAT IS A POWER OF ATTORNEY FOR HEALTH CARE?***

The power of attorney for health care is a document in which you appoint another person (a “health care agent”) to make health care decisions for you in the event that you are not capable of making them yourself. A health care agent can make a wide range of health care decisions for you, such as whether or not you should have an operation, receive certain medications, or be placed on a life support system.

In some areas of health care your health care agent is not allowed to make decisions for you unless you give him or her specific authority in those areas when you complete the form. These areas are admission to long term care facilities, limitations on mental health treatment, health care decisions for pregnant women, pregnancy care and provision of a feeding tube.

Your health care agent will make decisions for you based upon your directives, his or her knowledge about you and your wishes, and his or her opinion about what is best for you. It is important to choose someone who knows you well and to discuss your treatment preferences with him or her in advance. You can also include specific instructions about the type of treatments you want or do not want, e.g., surgery, when you complete the form.

A power of attorney for health care goes into effect only when two physicians, or a physician and a psychologist, agree in writing that you can no longer understand your treatment options or express your health care choices to others. To obtain a Power of Attorney for Health Care form and/or to receive assistance in completion of the form, please contact one of the following:

**Aging & Disability Resource Center of the Northwoods - 300 S. Lake St., Crandon**

**Forest County Department  
of Social Services**  
200 E. Madison St., Crandon

**Forest County Office on Aging**  
200 E. Madison St., Crandon  
(Courthouse)

**Community Link Coordinator**  
St. Mary’s Hospital, Rhinelander

## **AGING SERVICES CONT.**

### **Volunteer Opportunities:**

Volunteers are very important to the Office on Aging. A variety of different volunteer opportunities are available in office and in the community. Mileage reimbursement is available for volunteer drivers. Contact the Office on Aging for volunteer opportunities.

The Office of Aging is always in need of volunteer drivers. Individuals interested in becoming a volunteer driver should contact Kathy Fohrman at 715-478-3256. Drivers must have a good driving record, a vehicle in good repair and insurance coverage.

### **Sokaogon Chippewa Elder Program**

Telephone: (715) 478-1229

Fax: (715) 478-0222

Address: 3051 Sand Lake Rd., Crandon, WI 54520

Meal Site Phone Number: (715) 478-7635

Housing Phone Number: (715) 478-2001

Website: sokaogonchippewa.com

Services: Information, referral and nutritious meals.

## **ALCOHOL & OTHER DRUG ABUSE-AODA**

### **Alcohol and other Drug Abuse Program**

Telephone: (715) 369-2215

Crisis Line: (888) 299-1188

The Human Service Center

Address: P.O. Box 897, 705 E. Timber Dr.,  
Rhineland, WI 54501

Website: www.thehumanservicecenter.org

Services: Care coordination for individuals of all ages that live with alcohol and other drug abuse issues.

Hours: Monday-Friday, 8:00 a.m.-4:30 p.m.

### **Alcoholics Anonymous**

For information and daily meetings throughout the area, call (715) 367-7920

Call for help: (715) 966-9343

Website: www.northwoodsaa.org

### **Aspirus Behavioral Health-Rhineland & Koller Behavioral Health**

Telephone: (715) 361-2805

Riverside Clinic (Outpatient)

Address: 240 Maple St., Lower Level  
Woodruff, WI 54568

### **Woodruff Clinic**

Telephone: (715) 356-8540

Address: 311 Elm St., Woodruff, WI 54568

### **Aspirus Koller Behavioral Health Services**

Telephone: (715) 361-2805

Fax: (715) 361-2920

Address: 400 W. Glen St., Crandon, WI 54520

Website: www.aspirus.org  
behavioral-mental health

Services: Outpatient AODA, Mental health, psychiatry, assessments, prevention services. Internal referral required.

### **Aspirus St. Mary's Hospital**

General: (715) 361-2000 or (800) 578-0840

Inpatient: (715) 361-2020

Address: 2251 N. Shore Dr., Rhineland, WI 54501

Services: Comprehensive treatment for substance abuse and addictions, including inpatient detoxification.

### **Forest County Potawatomi: Health and Wellness Center AODA and Behavioral Science**

Telephone: (715) 478-4300 (option 5)

Address: P.O. Box 396, Crandon, WI 54520

Services: Mental health assessment and treatment, family therapy, IQ testing, ADHD testing, anger management, individual and group counseling and alcohol and drug abuse counseling services are offered. Art therapy for children and adults also available.

Hours: Monday-Friday, 8 a.m.-4:30 p.m.

### **Koinonia Treatment Facility**

Telephone: (715) 362-5745

Fax: (715) 362-2819

Address: 1991 Winnebago St., Rhineland, WI 54501

Mailing Address: P.O. Box 1550, Rhineland, WI 54501

Services: Drug and alcohol treatment for residents of Forest, Oneida, and Vilas Counties.

### **National Council on Alcoholism & Drug Dependence**

Telephone: (601) 899-5880

Fax: (212) 269-7510

Website: www.NCADD.org

### **Transitions Center, LLC**

Telephone: (715) 365-6696 - Fax: (715) 365-6768

Address: 22 N. Pelham St., Rhineland, WI 54501

Mailing Address: P.O. Box 622, Rhineland, WI 54501

E-mail: transitionscenter@frontiernet.net

Website: www.transitionscenter.net

Business Hours: Monday-Thursday 8:00 a.m.-2:00 p.m.;

Friday and Saturday 8:00 a.m.-1:00 p.m. Appointments

available per counselor

Services: Outpatient counseling for individuals, couples, and families of all ages, for mental health and alcohol/drug problems. Private insurance, Medicare/Medicaid, and private pay accepted. Serving Forest, Oneida, and Vilas Counties.

Hours: Monday 8:00 a.m.-12:00 p.m.; Tuesday-Friday  
8:00 a.m.-6:00 p.m. Saturday by appointment

### **Wisconsin Recovery Connection**

Telephone: (866) 812-8231

Website: [www.recoveryconnection.com/substance-abuse-statistics-by-state/wisconsin](http://www.recoveryconnection.com/substance-abuse-statistics-by-state/wisconsin)

## **ALZHEIMER'S DISEASE & OTHER DEMENTIAS**

### **Alzheimer's Association Wisconsin Chapter Rhinelanders Outreach Office**

Telephone: (715) 352-4091 or (800) 272-3900

Website: [www.alz.org/wi](http://www.alz.org/wi)

Contact: Julie St. Pierre

E-mail: [jstpierre@alz.org](mailto:jstpierre@alz.org)

Address: 8A W. Davenport St., Suite 224  
Rhinelanders, WI 54501

Counties Served: Ashland, Bayfield, Florence, Forest, Iron,  
Langlade, Lincoln, Price, Vilas & Oneida

The Alzheimer's Association of Wisconsin is a non-profit organization, affiliated with the National Alzheimer's Association in Chicago. Services offered include: support group meetings, 24-hour telephone National helpline number at (800) 272-3900, conference and workshops, in-service training, and chapter library.

### **Alzheimer's Family & Caregiver Support & Program-Forest County**

Telephone: (715) 478-3256

Forest County Office on Aging

### **Friendly Village Nursing & Rehabilitation**

Telephone: (715) 365-6832

Address: 900 Boyce Dr. Rhinelanders, WI 54501

*(See Nursing Home Section)*

### **National Family Caregiver Support Program**

Telephone: (715) 478-3256

*(See Aging Services Section)*

### **Northern Wisconsin Memory Diagnostic Center**

Telephone: (715) 361-4880

Address: 2251 N. Shore Dr., Rhinelanders, WI 54501

### **Rennes Health & Rehab Center**

Telephone: (715) 420-0728

Address: 1970 Navajo St., Rhinelanders, WI 54501

### **The Bay at Nu Roc Health and Rehabilitation Center**

Telephone: (715) 674-4477

*(See Nursing Home Section)*

### **Wisconsin Alliance for Family Caregiving**

Website: [www.caregiver.org](http://www.caregiver.org)

A network of organizations and family caregivers that provides education, resources, and support to family caregivers statewide.

### **Wisconsin Family Caregiver Support Program**

Telephone: (866) 843-9810 • Milwaukee

Website: [www.wisconsinfamilycaregiver.org](http://www.wisconsinfamilycaregiver.org)

Services designed to help local and long distance family members and friends who care for: persons age 60 or over; individuals with Alzheimer's disease or related dementias regardless of age.

### **Wisconsin Alzheimer's Institute**

Telephone: (608) 263-2862

Fax: (608) 265-9122

Address: 610 Walnut St., 9th Floor, Suite 957,  
Madison, WI 53726

E-mail: [waimail@mailplus.wisc.edu](mailto:waimail@mailplus.wisc.edu)

Website: [www.wai.wisc.edu](http://www.wai.wisc.edu)

Services: WAI is an academic University of Wisconsin School of Medicine and Public Health Center and focuses on Alzheimer's disease and related dementias.

## **ASSISTIVE TECHNOLOGY RESOURCES**

### **Tech Enhanced Life**

Service: This site focuses on improving the quality of life for older adults, utilizing technology to enhance and optimize the ability to live life to the fullest.

Website: [www.techenhancedlife.com](http://www.techenhancedlife.com)

### **WisTech**

Service: Assistive Technology Program offers device loan and demo. You can browse the data base of the Independent Living Centers to see what devices are in the inventory and available for loan or demo.

Website: <https://www.wisconsinat4all.com>

### **Safe Wander**

Service: Safe Wander is a wearable wireless sensor. It sends an instant alert to the caregiver's phone when the wearer starts to get up from the bed or chair before their feet hit the ground, even if the caregiver is further away.

Website: <https://www.safewander.com>

### **Grandcare**

Service: Grandcare facilitates an assessment for individuals living in their own home to determine the best set-up based on the individual's needs. If Grandcare is utilized in a residential setting, the assessment and set up is the

responsibility of the care provider. Most of the options within Grandcare's system are customizable to individual needs.  
Website: <https://www.grandcare.com>

## CAREGIVER SUPPORT

### Family Caregiver Support Program - Forest County Office on Aging

Telephone: (715) 478-3256

*(See Aging Agencies Section)*

## CHURCHES

*(Some churches may not be represented below.  
Please check your local paper or the yellow pages.)*

### Argonne United Methodist Church

Telephone: (715) 478-3797

Address: 7945 Pine St., Argonne, WI 54511

Mailing Address: 301 S. Lake Ave., Crandon, WI 54520

Contact Person: Pastor Richard Rogers

Service Time: Sunday at 8:30 a.m.

### Bethel Baptist Church

Telephone: (715) 350-4737

Address: 1776 East Ave., Wabeno, WI 54566

Contact Person: Pastor Ben Larson

Service Time: Sunday at 9:00 a.m.

### Christ Lutheran Church-WELS

Telephone: (715) 478-5620

Address: 9139 S. Main St., Hiles, WI 54511

Contact: Pastor Sam Pappenfuss

E-mail: [pastor@northwoodslutheran.org](mailto:pastor@northwoodslutheran.org)

Website: [www.northwoodslutheran.org](http://www.northwoodslutheran.org)

Service: Sundays 7:45 am

### Forest Larger Parish Presbyterian Church Lakewood, Wabeno, Laona

Telephone: (715) 473-3603

Locations: 4347 N. Branch St., Wabeno, WI 54566, 10 a.m.

5265 Linden St., Laona, WI, 11:30 a.m.

15552 Hwy. 32, Lakewood, WI, 8:00 a.m.

Mailing Address: P.O. Box 129, Wabeno, WI 54566

Contact: R. Lee Jennings, Jr. Minister

E-Mail: [forlarpar@centurylink.net](mailto:forlarpar@centurylink.net)

Service Time: Lakewood, Sunday 8:00 a.m.,

Wabeno, Sun. 9:00 a.m., Laona, Sun. 11:30 a.m.

### Good Shepherd Lutheran Church

Telephone: (715) 478-3555 or (715) 889-3474

Address: 1507 N. Lake Ave., Crandon, WI 54520

Mailing Address: P.O. Box 146, Crandon, WI 54520

Contact Person: Vicar Jamie Bauknecht

Service Time: Sunday, 10:30 a.m.

### Lake Lucerne Gospel Chapel

Telephone: (715) 478-2677

Address: 5132 Jaeger Rd., Crandon, WI 54520

Mailing Address: 604 N. Grandview, Crandon, WI 54520

Contact Person: Don Dewing, Pastor

Service Time: Sunday, 10:00 a.m.

### Lakeland Baptist Church

Telephone: (715) 478-3901

Contact Person: Pastor Craig Kirsteatter

E-mail: [lakelandbaptistchurchcrandon@gmail.com](mailto:lakelandbaptistchurchcrandon@gmail.com)

Address: 106 S. Hazeldell Ave., Crandon, WI 54520

Service Time: Wednesday at 6:00 p.m. and Sunday at 10:00 a.m. & 5:00 p.m.; Sunday School at 9:00 a.m.

### Midwest Indian Mission

Telephone: (715) 478-2730

Fax: (715) 478-2731

Mailing Address: P.O. Box 187, Crandon, WI 54520

Contact Person: Rev. Don Dewing, Director

E-mail: [ardtndd@newnorth.net](mailto:ardtndd@newnorth.net)

Website: [www.midwestindianmission.org](http://www.midwestindianmission.org)

Services: Lake Lucerne Gospel Chapel, Crandon (10:00 a.m. Sunday); Sunnyside Community Church, Carter (10:00 a.m. Sunday); Waba Nun Nung Gospel Chapel, Mole Lake (10:00 a.m. Sunday); New Hope Shelter and Transitional Housing; Shelter Number, 715-478-3669; Wasmogishek Food Pantry

### Pentecostal Church of God

Telephone: (715) 545-2492

Location: Alvin, WI

Pastor: Della Rosenow

Sunday Worship Service, 10:30 a.m.

Wed. Bible Study 10:30 a.m.

### Praise Chapel Community Church

Telephone: (715) 478-7755

Address: 200 East Sixth St., Crandon, WI 54520

Mailing Address: P.O. Box 364, Crandon, WI 54520

Contact Person: Senior Pastor Franz Gerber

Website: [www.praisechapelcc.com](http://www.praisechapelcc.com)

Services: Food pantry, Kid's Club, senior fellowship, weddings, funerals, women's fellowship. Serving Forest County. Sundays, 10:00 a.m.; Sunday School during the school year 9:00 a.m. Wednesday night Bible Study 6:30 p.m. For more information go to our website.

### St. Ambrose Catholic Church

Telephone: (715) 473-2511

Address: 1793 Elm Street & Hwy. 32, Wabeno, WI 54566

Mailing Address: P.O. Box 280, Wabeno, WI 54566

Contact Person: Fr. Philip Dinh-Van-Thiep

Mass at St. Ambrose, Wabeno, Sunday 10:30 a.m.

Mass at Lakewood Sunday 9:00 a.m. and Saturday

4:00 p.m. (year round)



**St. John Lutheran Church-Laona (LC-MS)**

Telephone: (715) 674-3836 or (715) 889-3474  
 Address: 5502 Beech St., Laona, WI 54541  
 Contact Person: Vicar, Jamie Bauknecht  
 Service Time: Sundays at 8:30 a.m.

**St. John Lutheran Church-Pickerel (LC-MS)**

Telephone: (715) 484-3382  
 Address: N8934 Hwy 55, Pickerel, WI 54465  
 Contact Person: Pastor Rick Kelm  
 Service Time: Sunday at 9:00 a.m.;  
 Sunday Bible Study at 8:00 a.m.;  
 After School Program, Wednesday, 4:00-5:30 p.m.

**St. Joseph Catholic Church**

Telephone: (715) 478-3396  
 Address: 208 N. Park Ave., Crandon, WI 54520  
 Contact Person: Fr. Callistus Elue, Administrator  
 E-mail: stjosephscrandon@gmail.com  
 Service Time: Saturday at 5:00 p.m. and  
 Sunday at 9:00 a.m.  
 Services Offered: Pastoral

**St. Leonard's Catholic Church**

Telephone: (715) 674-3241  
 Address: 5330 Beech St., Laona, WI 54541  
 Contact: Fr. Anil Polumari  
 Cell: (920) 883-9799  
 E-mail: stleonardlaona@gmail.com  
 Mass: Tuesday-Friday, 7:30 a.m.; Sunday at 9:00 a.m.  
 Mass: Saturday at 4:00 p.m. and Sunday at 9:00 a.m.

**St. Luke's United Methodist Church**

Telephone: (715) 478-3797  
 Address: 301 S. Lake Ave., Crandon, WI 54520  
 Contact Person: Pastor Francois Mukosa  
 E-mail: stlukesumc@frontier.com  
 Service Time: Sunday at St. Luke's, Crandon 10:00 a.m.,  
 Sunday at Argonne 8:30 a.m., Sunday School  
 held during school year same time as service.

**St. Paul Lutheran Church, WELS**

Telephone: (715) 478-5620  
 Address: 501 N. Park Ave., Crandon, WI 54520  
 Contact Person: Pastor Sam Pappenfuss  
 Website: www.northwoodslutheran.org  
 E-mail: pastor@northwoodslutheran.org  
 Service Time: Sunday at 9:15 a.m.

**St. Stanislaus Kostka Church**

Telephone: (715) 336-2334  
 Address: 521 U.S. Hwy. 8, Armstrong Creek, WI 54103  
 Contact: Fr. (Lou) Lourdhu Mandanu  
 Service Time: Saturday at 4:00 p.m. at St. Joan of Arc,  
 Goodman and Sunday at 10:30 a.m. at St. Stanislaus,  
 Armstrong Creek.

**Sunnyside Community Church**

Telephone: (715) 478-0084  
 Address: Hwy. 32, Carter, WI 54566  
 Contact Person: Pastor Adam Dewing  
 Sundays Service at 10:00 am

**Trinity Lutheran Church**

Telephone: (715) 473-5633  
 Address: 1741 Forest Ave., Wabeno, WI 54566  
 Contact Person: Pastor Cody Hauen  
 Website: www.trinityrisensavior.com  
 Servics: Sunday at 9:30 am, 1st and 3rd  
 Mondays@ 6:30 pm

**Waba Nun-Nung**

Telephone: (715) 478-2617  
 Address: Hwy 55 at Mole Lake, Crandon  
 Contact: Pastor Richard Jensen (715) 784-0250  
 Service Time: Sunday at 10:00 a.m.

# CLOTHING

**Christian Thrift Store**

Telephone: (715) 473-6509  
 Address: 4541 N. Branch St. Wabeno, WI 54566  
 E-mail: christianthriftstore@gmail.com  
 Services: Reasonably priced, gently used clothing, home  
 decor, small kitchen appliances, etc.  
 Hours: Monday-Friday, 11:a.m.-4:00-p.m.,  
 Saturday 11:00-3:00  
 Donations accepted 11:00-3:00,  
 Mon-Fri; Saturday, 11:00-2:00

**Goodwill Industries of  
North Central Wisconsin**

Telephone: (715) 623-3767  
 Address: 2405 Hwy. 64 E, Antigo, WI 54409  
 Telephone: (715) 362-7565  
 Address: 2181 Lincoln St., Rhinelander, WI 54501  
 Services: Gently used and new items, job training programs  
 and opportunities for people with barriers to employment,  
 and a drop site for donations.  
 Monday-Saturday, 9 a.m.-8 p.m.; Sunday, 9 a.m.-7 p.m.

# CONSUMER PROTECTION

**Benefit Specialist Program**

*(See Aging Services Section)*

**Better Business Bureau of Wisconsin, Inc.  
Consumer Protection Division**

Telephone: (800) 273-1002 or (414) 847-6000  
 Website: www.bbb.org/Wisconsin

*“Where Compassion and Healing Come Together”*



**NU ROC**  
HEALTH & REHABILITATION CENTER

**www.Nuroc-Health.com**  
**715-674-4477**  
**3576A Nu-Roc Lane**  
**Laona, WI 54541**



## SERVICES OFFERED

- Professional nursing & rehabilitative services for long or short term stays.
- Medicare, Medicare Advantage, Medicaid, VA, Hospice, Private and Respite care services.
- Professional out-patient therapies in a modernly equipped setting.
- Dementia care with compassion, knowledge, and individualized care planning.
- Diversified daily activities with personalized programs for unique individual needs.
- Personalized commitment addressing social needs with understanding and empathetic support.
- “Meal Choice” dining offering nutritious home cooked meals in a spacious dining area which features surround sound music for dining pleasure.
- Specialized transportation for doctor visits or other appointments provided by the facility upon request.
- On-site doctor visits.
- Weekly visits from licensed hair specialists.

## AMENITIES

- Wireless Internet for residents and family.
- State of the art call light system with voice response.
- “Homelike atmosphere” with the comforts of home and Northwoods Lodge Decor.
- 16 Private Rooms.
- Relaxing visitation areas with fireplace, bird aviary and comfortable surroundings.
- Spacious outside grounds with a large screen porch, wheelchair swing, numerous covered decks, finely groomed flower beds, and serene, relaxing water fountains.
- Hydro-therapy tub for specialized treatments and whirlpool bathing.
- Cable television in all resident rooms at no additional cost.
- Carpeted hallways for resident comfort and safety.
- Fully air-conditioned.
- Private phone service available in every room.
- Large screen TV for resident viewing pleasure.

**Offering Over 70 Years Professional Services Since 1953**

322485

# CONSUMER PROTECTION CONT.

## Consumer Hotline of the Agriculture Trade and Consumer Protection

Telephone: (608) 224-5012 or (608) 224-5058 (TDD)  
Address: P.O. Box 8911, Madison, WI 53708-8911  
Websites: <https://datcp.wi.gov> or [www.datcp.wi.gov](http://www.datcp.wi.gov)

## National Fraud Information Center

Telephone: (202) 835-3323 ext. 815  
Website: [www.fraud.org](http://www.fraud.org)  
Services: A project of the National Consumers League is working to combat the growing menace of phone fraud. If you receive a phone call that you suspect is a scam, please call 1-202-835-3323, ext. 815.

## National "Do Not Call" Registry

Telephone: (888) 382-1222 or 1-866-290-4236 (TTY)  
Website: [www.donotcall.gov](http://www.donotcall.gov)  
Telephone numbers placed on the National "Do Not Call" don't expire. Most telemarketers should not call your number once it has been on the registry for 31 days.

## Wisconsin "Do Not Call" List

Telephone: (888) 382-1222  
Website: [datcp.wi.gov/Pages/Publications/NoCallConsumerFAQ286.aspx](http://datcp.wi.gov/Pages/Publications/NoCallConsumerFAQ286.aspx)

## State of Wisconsin Department of Financial Institutions

Telephone: (800) 452-3328  
Website: [www.wdfi.org](http://www.wdfi.org)  
All questions and/or complaints regarding banks, credit unions, credit cards, charitable organizations, loan companies, consumer credit, payday loans, state-chartered banks, currency exchange, notaries, professional fund raisers, debt collection agencies, mortgage companies and investments.

# CONTINUING EDUCATION

## Forest County UW-Madison Extension

Forest County - UW Extension Courthouse  
Telephone: (715) 478-2212  
Fax: (715) 478-2015  
Address: 200 East Madison St., Crandon, WI 54520  
Area Extension Director – Amber Rehberg  
Healthy Communities Coordinator – Karly Harrison  
FoodWise Administrator: Florence, Forest, Vilas, Oneida, Taylor, Price, Langlade, Lincoln – Terri Kolb  
FoodWise Nutrition Educator: Forest, Oneida, Vilas – Mary Stys  
4H Educator – Anne Williams

## Learning in Retirement

Telephone: (715) 365-4491 or (800) 544-3039 Ext. 4491  
TTY/TTD: 800-947-3529

Address: P.O. Box 518, Rhinelander, WI 54501  
E-mail: [LIR@nicoletcollege.edu](mailto:LIR@nicoletcollege.edu)  
Website: [www.nicoletcollege.edu/lir](http://www.nicoletcollege.edu/lir)  
Learning in Retirement at Nicolet College offers numerous just-for-the-fun-of-it learning opportunities for Northwoods seniors. Annual membership is \$45.00 and allows members to attend several social events and take as many or as few classes as they wish. Classes are offered at multiple locations.

## Nicolet Area Technical College

Telephone: (715) 365-4493 or (800) 544-3039  
TTY/TTD: 800-947-3529  
Website: [www.nicoletcollege.edu](http://www.nicoletcollege.edu)  
Address: 5364 College Dr., Rhinelander, WI 54501  
Services: Nicolet College provides numerous opportunities for educational degrees, short-term training and educational and cultural enrichment. Area retirees actively pursue lifelong learning through college's continuing education classes. Learning in Retirement, and the college's Nicolet Live! Theater series. Contact the college for information on current offerings.

# COUNSELING

*(See Health, Mental Section)*

# CRISIS INTERVENTION

## Community Access Crisis Intervention Services

Telephone: (715) 478-3871  
Fax: (715) 478-2725  
Website: [www.newcap.org](http://www.newcap.org)  
Hours: Fridays 8:00-12:00

## NEWCAP, Inc.

Address: 212 N. Lake Ave., Crandon, WI 54520  
Services: Community Access Crisis Intervention Services include: Emergency Food Assistance Program (TEFAP) through the food pantries; Emergency Food and Shelter Program (FEMA); Information and referrals; Outreach Program; Weatherization; Community Health Services.  
Hours: Mon. - Thurs. 8:00 a.m.-4:30p.m., Closed Fridays

## Crisis Line (Crisis Intervention Link)

Telephone: (888) 299-1188  
The Human Service Center  
Address: 705 E. Timber Dr., Rhinelander, WI 54501  
Services: A confidential, 24-hour, 7- days a week crisis line offering support in any crisis situation. Crisis advisors have resources they can call upon or refer to that are located throughout Forest, Oneida and Vilas Counties. There are no fees charged.

## **CRISIS INTERVENTION CONT.**

### **Energy Services Inc. for Fuel and Electric Assistance (WHEAP)**

Telephone: (715) 245-2400  
Address: 300B S. Lake Ave., Crandon, WI 54520  
After hours emergency, call sheriff's department.

### **Tri-County Council on Domestic Violence and Sexual Assault, Inc.**

Telephone: (715) 478-3780, (715) 362-6841 or (800) 236-1222 (24-hour crisis line)  
Fax: (715) 478-3796  
Address: P.O. Box 233, Rhinelander, WI 54501  
E-mail: tccforest@hotmail.com  
Website: www.tri-countycouncil.org  
Services: Temporary safe housing, food, support and advocacy for victims of domestic abuse, sexual assault and their children; emergency transportation, 24-hour crisis hotline, crisis intervention and support; legal advocacy, criminal justice support, community education, assistance with Judicare, crime victim compensation and restraining orders; supportive services, medical and personal advocacy; safety planning, information and referrals. All services are free of charge and confidential.  
Hours: Monday-Friday 8:00 a.m.-4:00 p.m.

## **DENTAL CARE**

### **Bridge Dental Clinic of Antigo**

Telephone: (715) 627-4383  
Fax: (715) 627-4322  
Address: 1111 Langlade Rd., Suite 103 Antigo, WI 54409  
Website: www.bridgeclinic.org  
Services: General dentistry. Serves all counties. Call for an appointment

### **Family Health Center - Rhinelander Dental**

Telephone: (715) 420-1400  
Address: 2268 North Shore Dr., Rhinelander, WI 54501

### **Forest County Potawatomi: Health and Wellness Center - Dental**

Telephone: (715) 478-4313  
Fax: (715) 478-4492  
Address: 8201 Mish Ko Swen Dr., P.O. Box 396, Crandon, WI 54520  
Website: www.fcpotawatomi.com

### **Marshfield Clinic - Rhinelander Center**

Telephone: (715) 420-1400  
Address: 2268 North Shore Dr., Rhinelander, WI 54501  
Accept insurance, including MA. We also accept private payments and have financial assistance programs.

### **Northlakes Community Clinic**

Telephone: (715) 276-6321  
Fax: (715) 276-1428  
Address: 15397 Hwy 32, Lakewood, WI 54138  
Mailing Address: P.O. Box 179, Lakewood, WI 54138  
Services: Medical, dental, behavioral health, and enabling services. Certified Application Counselors to assist individuals to enroll in the new health insurance marketplace. Serving Oconto, Forest, Langlade, Marinette, and Florence counties.  
Satellite dental clinic located at 840 Arbutus Ave., Oconto, WI - (920) 516-7107  
Hours: Mon-Fri, 7:00 a.m.-5:00 p.m.

### **Peter Christiansen Dental Center**

Telephone: (715) 588-4269  
Address: 128 Old Abe Rd., Lac du Flambeau, WI 54538

### **Potrykus Family Dentistry**

Telephone: (715) 546-2101  
Fax: (715) 546-4331  
Address: 1858 Superior St., Three Lakes, WI 54562  
Mailing Address: P.O. Box 410 Three Lakes, WI 54562  
E-mail: contactus@potrykusfamilydentistry.com  
Contact: Jacque Deditz, Office Manager  
Services: Offering complete dental care Tuesday & Wednesday, 7:30 a.m.-4:00 p.m. Serving all areas.

### **Sokaogan Chippawa Health Clinic**

Telephone: (715) 478-5180  
Address: 3144 Vanzile Rd., Crandon, WI  
Accepts Insurance, MA

### **Timber Drive Dental, Inc.**

Telephone: (715) 365-1800  
Fax: (715) 365-1806  
Address: 521 E. Timber Dr., P.O. Box 579 Rhinelander, WI 54501  
E-mail: info@timberdrivedental.com  
Serving Rhinelander and the surrounding communities, Monday-Wednesday, 8:00 a.m.-5:00 p.m.

## **DIALYSIS UNITS**

### **Aspirus Langlade Hospital Kidney Care**

Telephone: (715) 623-9777  
Fax: (715) 623-9454  
Address: 501 Aurora St., Antigo, WI 54409  
(in St. Joseph's Outpatient Building)

### **Davita Northern Star**

Telephone: (715) 356-0132 or 1-800 424-6589  
Fax: (715) 356-6392  
Address: 311 Elm St., Woodruff, WI 54568  
Website: www.davita.com  
Services: Dialysis. Mon-Sat. 6:00 a.m.-4:30 p.m.

**Davita Rhinelander**

Telephone: (715) 362-3718 or 1-800-424-6589  
 Address: 1306 Lincoln St., Rhinelander WI 54501  
 Website: www.davita.com

# DINING

**Meal Sites: Forest County Office on Aging**

Please register by calling the site manager or Office on Aging (715-478-3256) one work day in advance of meals.

**Alvin Nutrition Site**

Telephone: (715) 545-4063  
 Location: Alvin Town Hall  
 Serving Time: Thursday @ 12:00 p.m.  
 Site Manager: Tammy Wolfe (715) 545-3490

**Armstrong Creek Nutrition Site**

Telephone: (715) 336-2218  
 Location: Armstrong Creek Community Center  
 Serving Time: Tuesday and Wednesday @ 11:30 a.m.  
 Site Manager: Sharon Gile (715) 889-1235

**Crandon Nutrition Site - Crandon Community Building**

Telephone: (715) 478-3040  
 Serving Time: Mon., Tues. & Wed. @ 12:00 p.m.  
 Site Manager: Kathy Fohrman (715) 478-3256

**Laona Nutrition Site - Laona Senior Center**

Telephone: (715) 889-3116, Peggy Alderton  
 Serving Time: Monday, Tuesday & Wednesday @ 12:00 p.m. (noon)

**Wabeno Nutrition Site - Wabeno Town Hall**

Telephone: (715) 889-0123, Linda McEwen  
 Serving Time: Mon, Tues, & Wed. @ 11:30 a.m.

**Forest County Potawatomi Meal Site**

Telephone: (715) 478-4715  
 Address: 5456 Kak Yot Lane, Crandon, WI 54520

**Sokaogon Chippewa Senior Center Meal Site**

Telephone: (715) 478-1229  
 Address: 3154 Hwy 55, Crandon, WI 54520  
 Hours of Service: Mon.-Thurs. 11:30 a.m.-12:30 p.m.

## Forest County Nutrition Sites

**24 HOUR ADVANCE REGISTRATION/CANCELLATION REQUIRED**

LOCATION	DAYS	FOR RESERVATIONS CALL
<b>Alvin Nutrition Site</b> Alvin Town Hall Hwy. 55 N., Alvin, WI	12:00 p.m. Thursday	Site (715) 545-4063 Manager: Tammy Wolfe (715) 545-3490
<b>Armstrong Creek Nutrition Site</b> Community Center South Hwy. 101, Armstrong Creek, WI	11:30 a.m. Tues. & Wed.	Site (715) 336-2218 Manager: Sharon Gile (715) 889-1235
<b>Crandon Nutrition Site</b> Crandon Community Building 601 W. Washington St., Crandon, WI	12:00 p.m. Mon., Tues., & Wed.	Site (715) 478-3040 Manager: Kathy Fohrman (715) 478-3256
<b>Forest County Office on Aging</b>	Call by 4:00 p.m. working day before meal to register/cancel.	Forest Co. Office on Aging: (715) 478-3256
<b>Forest County Potawatomi</b> 5460 Kak Yot Lane, Crandon, WI	Please call for meal schedules	(715) 478-4715
<b>Laona Nutrition Site</b> Laona Senior Center 5277 Linden St., Laona, WI	12:00 p.m. Mon., Tues., & Wed.	(715) 889-3116 Manager: Peggy Alderton
<b>Sokaogon Chippewa Senior Center</b> Hwy. 55, Crandon, WI	Please call for meal schedules	(715) 478-1229
<b>Wabeno Nutrition Site</b> Wabeno Town Hall 4473 N. Branch St., Wabeno, WI	11:30 a.m. Mon., Tues., & Wed.	(715) 889-0123 Manager: Linda McEwen

# DON'T Let a Crook



## into your house!

↑ Every year, unscrupulous and/or illegal operations rob our seniors of their hard-earned life savings. And how do they gain access to your home?

- Through telemarketing calls
- Door-to-door sales
- The mail
- The internet

If anyone contacts you or a loved one with an **UNSOLICITED** or a “too good to be true” offer, you should never listen to them. The more high-pressure the sales pitch, the more alarmed you should be.

**NEVER** give any personal identifying information or allow them through the doorway.

**ALWAYS** ask for a business card or contact information and tell the individual you need to check with the Forest County Department on Aging. Tell them “Goodbye”!

**NEVER** let a crook into your house. Some of these ventures are legal but not honest and some are blatantly illegal. Call the Forest County Benefit Specialist for help in determining if this is a legitimate offer.

## DISABILITIES RESOURCES

### **ADRC Disability Benefit Specialist ADRC of the Northwoods**

#### **Crandon Office:**

Telephone: (800) 699-6704

Fax: (715) 499-5057

Address: 300 S. Lake Ave., Crandon, WI 54520

Services: Assists individuals 18-59 years old in identifying resources and accessing services.

### **Brain Injury Resource of Wisconsin Inc.**

Telephone: (262) 770-4882

Address: 511 N. Grand Ave., Waukesha, WI 53186

E-mail: [admin@bircofwi.org](mailto:admin@bircofwi.org)

### **Division of Vocational Rehabilitation**

Telephone: (800) 662-5330 or (715) 365-2610

Fax: (608) 327-6400

Address: 51 N. Brown St. Ste. A, Rhinelander, WI 54501

E-Mail: [dvr@dwd.wisconsin.gov](mailto:dvr@dwd.wisconsin.gov)

Website: [www.dwd.wisconsin.gov/dvr](http://www.dwd.wisconsin.gov/dvr)

Services: Career guidance and counseling, job search and placement assistance, information and referral services, transition to work services, supported employment services, rehab tech, vocational and other training. Serving Forest, Oneida, Langlade, Tomahawk and Vilas Counties, Hours: Monday-Friday 8:00-12:00, 12:30-4:00

### **Headwaters, Inc.**

Telephone: (715) 369-1337

Fax: (715) 369-1793

Address: 1441 East Timber Dr., Rhinelander, WI 54501

Website: [www.headwatersinc.org](http://www.headwatersinc.org)

Services: Headwaters, Inc. is a not-for-profit transitional community based work/rehabilitation center operating since 1969. We have over 40 years of experience providing services to people with intellectual disabilities, autism spectrum disorders, chronically mentally ill, brain injury, physically disabled, individuals who are economically disadvantaged, and children with special needs in Forest, Oneida, and Vilas counties.

Hours: Monday-Friday 8:00 a.m.-3:30 p.m.

### **Inclusa**

Telephone: (877) 622-6700

Office Location: 300 S. Pelham St., Rhinelander, WI 54501  
(office is open by appointment only)

Website: [www.Inclusa.org](http://www.Inclusa.org)

Services: Inclusa is a State certified Managed Care Organization designed to offer the Family Care program to eligible elders and adults with disabilities. Our goal is to support you and the community you call home. We are here to help you connect to the resources you need to live

the life of your choosing.  
Business Hours: 8:00 AM-4:30 PM, Monday-Friday

### Lakeland Care, Inc

Telephone: (715) 420-2450 or (877) 227-3335  
Address: 232 S. Courtney Street (Trig's Shopping Center),  
Rhineland, WI 54501

Website: [www.lakelandcareinc.com](http://www.lakelandcareinc.com)  
Services: Local managed-care organization administering the Medicaid-funded Family Care long-term care program which helps frail elders and adults with disabilities get the services they need to remain in their homes. This comprehensive and flexible program offers services to foster independence and quality of life for members, while recognizing the need for independence and support. The program offers better choices, improved access to services, improved overall quality of life by focusing on people's health and social outcomes and does so in a cost-effective manner.

Hours: (Open by appointment only)  
8:00 a.m. - 4:30 p.m.

### Midstate Independent Living Choices, Inc.

Telephone: (715) 344-4210 or (800) 382-8484  
(TTY): (715) 344-4414  
Address: 3262 Church St., Stevens Point, WI 54481  
Website: [www.milc-inc.org](http://www.milc-inc.org)

Services: MILC is publicly supported non-profit agency serving persons with disabilities of all ages. Services include, but are not limited to: Information and referral, advocacy, Independent living skills training, peer support, transition services (Nursing Home/Assisted Living to community living, incarceration to community living, transition services for youth with disabilities to life beyond high school).

Assistive technology (Loan, Demonstration, and training), community education, recreation, and more.  
Serving Adams, Florence, Forest, Langlade, Lincoln, Marathon, Oneida, Portage, Taylor, Vilas, and Wood Counties and Lac du Flambeau, Ho Chunk, Forest County Potawatomi, and Sokaogon Chippewa Tribes  
Hours: Monday-Friday 8:30 am-5:00pm

### The Human Service Center

Telephone: (715) 369-2215 or (800) 236-8787  
Fax: (715) 369-2214  
Address: 705 E. Timber Dr., P.O. Box 897  
Rhineland, WI 54501  
Website: [www.thehumanservicecenter.org](http://www.thehumanservicecenter.org)  
Services: Assessment and referral, care coordination, and treatment for individuals of all ages in need of AODA - Developmental Disability and/or Mental Health services. Serving Forest, Oneida, and Vilas counties.



Boyd Financial Services, LLC  
1901 River Street • Rhineland, WI 54501  
(715)369-5577 or (800)709-3897 • [www.boydfs.net](http://www.boydfs.net)

## Specializing in Your Health Plan Needs



Our focus is finding the right health insurance plan that works for you.  
We offer many companies that specialize in

- Medicare Supplements
- Medicare Advantage
- Prescription Drug Plans
- Long Term Care Insurance



Call our health insurance team:  
Penny, or Dave

for your free personal consultation today! (715)369-5577 or (800)709-3898

## **DISABILITY RESOURCES CONT.**

### **TMG IRIS Consultant Agency**

Telephone: (844) 864-8987

Address: 1 S. Pinckney St., Ste 320, Madison, WI 53703

E-mail: [info@tmgwisconsin.com](mailto:info@tmgwisconsin.com)

Website: [www.tmgwisconsin.com](http://www.tmgwisconsin.com)

As Wisconsin's first certified IRIS Consultant Agency, TMG partners with thousands of adults with disabilities and older adults statewide, empowering them to enjoy meaningful lives in their communities. IRIS participants and their families choose and control the supports that work best for them. When you choose TMG as your ICA, your local IRIS Consultant will get to know you, listen, and understand what's important in your life. Then together, we create a plan that is unique to your long-term care goals. TMG's knowledgeable, compassionate consultants become key allies in achieving long term care goals.

## **DRIVER'S LICENSING**

### **Department of Transportation Division of Motor Vehicles**

#### **Crandon Location**

Telephone: (608)264-7447

Address: 110 S. Lake Ave., Crandon, WI 54520

Hours: Tuesday/Thursday 7:00 a.m.-5:00 p.m.

#### **Rhinelander Location**

Telephone: (608)264-7447

Address: 510 N. Hanson Lake Rd., Rhinelander, WI 54501

Hours: M-F 8:30 a.m.-4:45 p.m.

## **ELDER ABUSE/ DOMESTIC ABUSE**

### **911**

Anywhere in Forest County for an emergency. Stay on the phone to give relevant information until asked to hang up.

### **Forest County Department of Social Services**

Telephone: (715) 478-3351

### **Forest County Potawatomi Health and Wellness Center Behavioral Health Services**

Telephone: (715) 478-4332

### **Office of Crime Victim Services**

Telephone: (608) 264-9497

(800) 446-6564 (victims only)

TTY/TTD: (800) 947-3529

Fax: (608) 264-6368

Address: P.O. Box 7951, Madison, WI 53707

Website: [www.doj.state.wi.us](http://www.doj.state.wi.us)

Services: Crime victim compensation, victim/witness assistance.

Hours: Monday-Friday 7:45 a.m.-4:30 p.m.

### **Sokaogon Chippewa Family Service Domestic and Elder Abuse**

Telephone: (715) 478-6451

### **Tri-County Council on Domestic Violence and Sexual Assault**

Telephone: (715) 478-3780

*(See Crisis Intervention Section)*

## **EMERGENCY RESPONSE UNITS-LIFELINE PROGRAMS**

### **Lifeline Program**

#### **Located in Northern Wisconsin**

Telephone: (800) 635-6156

Lifeline Program: Lifeline is a personal response service that ensures quick assistance whenever help is needed. Lifeline lets you maintain independence and gives family peace of mind knowing help is available 24 hours a day., 365 days a year. When the button you wear is pushed, it activates the lifeline to call for help. Most companies provide both home landline and cellular systems, however, each company sets their own prices, may or may not have installation or activation fees, some offer added features. You may want to call to find the company that best meets your needs. Note: Forest County Health Department no longer offers Lifeline services.

### **Connect America**

Telephone: (800) 619-9114

Website: [www.connectamerica.com](http://www.connectamerica.com)

### **Dickinson County Healthcare**

*(See Hospital Section)*

### **Freedom Alert**

Telephone: (800) 519-2419

Website: [www.freedomalert-911.com](http://www.freedomalert-911.com)

### **Lively**

Telephone: (800) 918-8543

Website: [www.lively.com](http://www.lively.com)



## Medical Alert

Telephone: (800) 800-2537

Website: [www.medicalalert.com](http://www.medicalalert.com)

## Phillips Lifeline

Telephone: (855) 681-5351

Website: [www.lifeline.phillips.com](http://www.lifeline.phillips.com)

## VRI

Telephone: (800) 860-4230

Website: [www.vricares.com](http://www.vricares.com)

# EMERGENCY SERVICES

## 911 anywhere in Forest County for an EMERGENCY

- Fire and Rescue • Ambulance
- Police/Sheriff/Highway Patrol

Dial 911 and stay on the phone to give all relevant information until you are asked to hang up.

## American Red Cross

Telephone: Help, 24/7 1-800-236-8680 or 1-800-RED-CROSS (1-800-733-2767)

Services: Emergency needs for help in case of disaster, fire, emergency communications for military personnel and their families.

## Emergency Food Program NEWCAP, Inc.

Telephone: (715) 478-3871

Fax: (715) 478-2725

Address: 212 N. Lake Ave., Crandon, WI 54520

Website: [www.newcap.org](http://www.newcap.org)

Services: EFSP addresses the needs that arise during time of crisis. Serving Forest County.

Hours: Monday & Thursday 8:00-12:00; 12:30 4:00 pm

## Forest County Emergency Management

Telephone: (715) 478-3430

Fax: (715) 478-3431

Address: 200 East Madison St., Crandon, WI 54520

E-mail: [forestem@co.forest.wi.us](mailto:forestem@co.forest.wi.us)

Contact: Stephanie Statezny

Website: [www.co.forest.wi.gov](http://www.co.forest.wi.gov)

Hours: Monday-Thursday 8:00 a.m.-4:30 p.m.,

Friday 8:00 a.m.-12:00 p.m.

## MediAlert Foundation

Telephone: (800) 432-5778

Address: 101 Lander Ave., Turlock, CA 95382

Website: [www.medicalert.org](http://www.medicalert.org)

Services: Medical emergency ID products to identify your medication or medical conditions in case of an emergency.

Hours of service: Mon-Fri 6:00 a.m.-4:40 p.m.

# EMPLOYMENT

## Staffworks Group-Wisconsin, Inc., Nicolet Staffing

Telephone: (715) 365-1342

Address: 71 S. Stevens St., Rhinelander, WI 54501

E-mail: [rhinelander@nicoletstaffing.com](mailto:rhinelander@nicoletstaffing.com)

Website: [www.nicoletstaffing.com](http://www.nicoletstaffing.com)

Services: Temporary staffing in all areas of business.

Serving Vilas, Lincoln, Oneida, and Forest counties. Hours:

Monday-Friday 8:00 a.m.-4:00 p.m.

## Northern Advantage Job Center

Telephone: (715) 365-1500

Fax: (715) 365-7836

Address: 51A N. Brown St., Rhinelander, WI 54501

Website: [www.wisconsinjobcenter.org](http://www.wisconsinjobcenter.org)

# ENERGY ASSISTANCE

## Wisconsin Home Energy Assistance Program (WHEAP) Energy Services Inc.

Telephone: (715) 245-2400

Address: 300 Lake Ave., Crandon, WI 54520

Program: October 1-May 15

Services: WHEAP administers the federally funded Low Income Home Energy Assistance Program and Public Benefits Energy Assistance Program. In addition to regular heating and electric assistance, specialized services include: emergency fuel assistance, counseling for energy conservation and energy budgets, pro-active co-payment plans, targeted outreach services and emergency furnace repair and replacement.

# FINANCIAL ASSISTANCE

## Benefit Specialist

Forest County Elder Benefit Specialist

Telephone: (800) 699-6704

ADRC Disability Benefit Specialist -

Crandon & FC Potawatomi

Telephone: (800) 699-6704

## Forest County Department of Social Services

Telephone: (715) 478-3351

Services: Economic Support, Kinship, Medical Assistance, Food Share.

## Forest County Potawatomi Family Services

Telephone: (715) 478-4433 or (800) 960-5479

Fax: (715) 478-7294

Address: 5415 Everybody's Rd., Crandon, WI 54520

Mailing Address: P.O. Box 340, Crandon, WI 54520

## FINANCIAL ASSISTANCE CONT.

Website: [www.fcpotawatomi.com](http://www.fcpotawatomi.com)

Services: FCP Family Services Team is a partnership that serves as a bridge to strengthen and build foundations for families through unified services by sharing and exchanging data collection resources and reporting mechanisms while ensuring and preserving Forest County Potawatomi culture. Serving Forest County Potawatomi Tribal & community members.

Hours: Monday-Thursday, 7:00 a.m. -5:00 p.m.

### **Movin' Out Inc.**

Telephone: (608) 251-4446 or (877) 861-6746

Address: 902 Royster Oaks Dr., Suite 105,  
Madison, WI 53714

E-mail: [info@movin-out.org](mailto:info@movin-out.org)

Website: [www.movin-out.org](http://www.movin-out.org)

Movin' Out Inc. is a housing organization providing information and assistance, housing counseling, and financial help for purchase and rehabilitation to Wisconsin households that include a family member with a permanent disability.

### **Rural Development, USDA**

Telephone: (715) 524-8522

TTY: (715) 345-7614

Fax: (866) 296-9296

Address: Shawano Area Office, 603B Lakeland Road,  
Shawano, WI 54166

E-mail: [wi-rd-shawano@usda.gov](mailto:wi-rd-shawano@usda.gov)

Website: [www.rd.usda.gov/wi](http://www.rd.usda.gov/wi)

Grants available to seniors 62 or older to repair safety and health hazards in very low income owner-occupied homes. Loans also available for repairs and improvements.

### **SeniorCare Elder Benefit Specialists**

Customer Service Line: (800) 657-2038

Prescription drug coverage for Wisconsin residents 65 or older. Four levels of program participation depending upon income.

### **Sokaogon Chippewa Family Services**

Telephone: (715) 478-7600

Fax: (715) 478-7618

Address: 10808 Sokaogon Dr., Crandon, WI 54520

Website: [www.sokaogonchippewa.com](http://www.sokaogonchippewa.com)

Services: Economic Support: General Assistance, Welfare to Work, TANF, Native Employment Works, Kinship Care, W.I.A., Medical Assistance, Food Share and Wisconsin Shares.

Hours: Monday-Thursday 7:00 a.m.-5:00 p.m.

### **WHEDA – Property Tax Deferral Loan Program Wisconsin Housing & Economic Development Authority**

Telephone: (800) 334-6873 or TTY: (800) 943-9430

Address: P.O. Box 1728, Madison, WI 53701-1728

Services: Allows individuals 65 or older with a limited income to convert equity from their home into cash to pay all or a portion of their property taxes. Approved borrowers make no monthly payments on principle and interest until ownership of property is transferred, or until the borrower no longer lives in the home.

Closed 12:00 p.m. to 1:00 p.m.

## FINANCIAL COUNSELING

### **Forest County UW-Madison Extension**

Telephone: (715) 478-7797

Address: 200 East Madison, Crandon, WI 54520-1414

Area Extension Director – Amber Rehberg

Healthy Communities Coordinator – Karly Harrison

FoodWise Administrator: Florence, Forest, Vilas, Oneida,  
Taylor, Price, Langlade, Lincoln – Terri Kolb

FoodWise Nutrition Educator: Forest, Oneida, Vilas – Mary Stys  
4H Educator – Anne Williams

### **Lutheran Social Services (LSS)**

Telephone: (888) 607-6775 or

(414)-246-2300 (main office)

Address: 133 N. 25th St., E, Superior, WI 54880

Website: [www.lsswis.org](http://www.lsswis.org)

Services: LSS is a non-denominational, non-profit certified by the NFCC to provide counseling services: free budget and credit counseling, debt management plans, required bankruptcy pre-filing counseling and bankruptcy pre-discharge education, and credit report reviews. Access by phone, internet and in person (in Superior). Serving Wisconsin and Upper Michigan.

## FOOD

### **Forest County Potawatomi Family Services**

*(See Financial Assistance Section)*

### **Home Delivered Meals:**

#### **Forest County Office on Aging**

Telephone: (715) 478-3256

*(See Aging Agencies Section)*

### **Home Delivered Meals:**

#### **Forest County Potawatomi**

Telephone: (715) 478-4715

## **Home Delivered Meals: Sokaogon Chippewa Community Elderly Center**

Telephone: (715) 478-1229

### **NEWCAP Food Pantry**

Telephone: (715) 478-3871

Fax: (715) 478-2725

Address: 212 North Lake Ave., Crandon, WI 54520

Website: [www.newcap.org](http://www.newcap.org)

Services: The NEWCAP Food Pantry Program provides emergency food supplies for households in a crisis situation. Office Hours: Monday-Thursday, 7:30 a.m.-5:00 pm., Friday, 8:00 a.m.-12:00 p.m.

Food Pantry distribution: Mondays & Thursdays 8:00 am-12:00 pm; 12:30 pm-4:30 pm

### **Ruby's Pantry**

Telephone: (651) 674-0009

Website: [www.rubyspantry.org](http://www.rubyspantry.org)

Location Rhinelander National Guard Armory

Address: 1136 Military Rd., Rhinelander, WI 54501

Days and hours: 3rd Tuesday of the Month

Registration begins at 4:00 PM

Food Bundles available 5:00-6:30

Services: Ruby's Pantry mission is to procure and distribute corporate surplus food and goods to help fight poverty, hunger and disease in rural communities in the United States for those with low resources and in crisis through churches, food shelves and other local civic organizations. There is a fee for each shared purchase.

### **Stockbox**

Telephone: (715) 478-3256

E-mail: [officeonaging@co.forest.wi.us](mailto:officeonaging@co.forest.wi.us)

Contact: Kathy Fohrman, Director

Services: Provides healthy food every month to improve the diet and nutrition of low-income seniors 60 and older. Date and location may vary.

### **Wasmogishek Food Pantry**

Telephone: (715) 478-2677

Fax: (715) 478-2731

Address: 601 N. Summit, Crandon, WI 54520

Mailing Address: P.O. Box 187, Crandon, WI 54520

E-mail: [ardtndd@newnorth.net](mailto:ardtndd@newnorth.net)

Contact: Teleka Dewing, Director

Services: Food and some personal hygiene products. Visits are limited to once per month. Serving Forest County and surrounding areas, no residence requirement.

Hours: Mondays and Wednesdays, 11:00 a.m.-:00 p.m.; Fridays, 5:00 p.m.-7:00 p.m.

## **GAMBLING PROBLEMS**

### **Aspirus Behavioral Health-Rhineland**

Telephone: (715) 361-2805 or (800) 779-2881

### **Wisconsin Commission on Problem Gambling**

Telephone: (800) 426-2535

24 hrs/day, 7 days/week

## **GRANDPARENTS**

### **Foster Grandparent Program**

*(See Volunteer Section)*

## **HEALTH EDUCATION**

### **Aspirus St. Mary's Hospital**

Telephone: (715) 361-2000 or (800) 578-0840

Address: 2251 N. Shore Dr., Rhinelander, WI 54501

### **NEWCAP Community Health**

Telephone: (715) 478-3871

Fax: (715) 478-2725

Hours: Monday & Thursday 8:00 a.m.-3:00 p.m.;

Tuesday & Wednesday 8:00 a.m.-4:30 p.m.

## **HEALTH AND WELLNESS**

### **YMCA of the Northwoods**

Telephone: (715) 362-9622

Address: 2003 E. Winnebago St., Rhinelander, WI 54501

Website: [www.ymcaofthenorthwoods.org](http://www.ymcaofthenorthwoods.org)

Services: Health, fitness and wellness programs for all ages including arthritis water exercise classes, Smart Weight Loss for Seniors, Strength Training for Seniors, Moving for Better Balance, Silversneakers Membership programs, aquatic exercise programs, pickleball, table tennis, and senior basketball. Golden Adventures and monthly lunch speaker programs are also available.

## **HEARING RESOURCES**

### **Aspirus Medical Group – Rhinelander Audiology Department**

Main office: Aspirus Medical Group-Rhineland.

Telephone: (715) 361-4560

Address: 2251 N. Shore Dr., Rhinelander, WI 54501

Website: [www.aspirus.org](http://www.aspirus.org)

Days & times of operation: Monday-Friday 8:00 am-5:00 pm

Outreach offices: Tomahawk & Eagle River.

Services: Audiologic evaluations, balance testing, communication counseling, hearing aid fitting and servicing by doctors of audiology.

## HEARING RESOURCES CONT.

### Hearing Advantage, LLC

Telephone: (715) 362-3711 or (866) 904-2698

Fax: (715) 420-1686

Address: 181 S. Anderson St., Rhinelander, WI 54501

Website: [www.hearingadvantagellc.com](http://www.hearingadvantagellc.com)

Services: Hearing tests, hearing aids, hearing aid repair, amplified telephones, hearing protection, aural rehabilitation, tinnitus therapy. Serving Minocqua, Wisconsin Rapids, Phillips and Wausau (Schofield).  
Monday-Friday, 8:00 a.m.-4:30 p.m.

### Hearing Industries Association, Inc.

Telephone: (202)975-0905

Website: [www.betterhearing.org](http://www.betterhearing.org)

### Mid-State Independent Living Choices, Inc.

(See Disabilities Resources Section)

### Office for the Deaf and Hard of Hearing Northeastern Region, Rhinelander Office,

Telephone: (855) 359-5252

TTY: (888) 241-9430

Fax: (608) 264-9899

Address: Central Office, 1 West Wilson Street,  
Room 558, P.O. Box 2659,  
Madison WI 53701-2659

Website: [www.dhs.wisconsin.gov/odhh](http://www.dhs.wisconsin.gov/odhh)

Services on a variety of topics tailored to the unique needs of Deaf, Deaf-Blind, or hard of hearing residents, including, but not limited to, Available Technologies for Accessibility, Community Services and Resources and Communication with People who are Deaf, hard of hearing and Deaf-Blind.

## HOME HEALTH CARE

### Aspirus at Home

Telephone: (715) 847-2600 or (800) 600-8296

Address: 520 N. 32nd Ave., Wausau, WI 54401

Website: [www.aspirus.org](http://www.aspirus.org)

Services: Skilled nursing, physical and occupational therapy, speech, home health aide, and medical social worker. Hospice in Michigan and Wisconsin.  
Hours: Monday-Friday 8:00 a.m.-4:30 p.m.  
24 hour on-call nurse.

### Compassus Home Health Rhinelander & Arbor Vitae Agencies

Telephone: (888) 671-7871

Fax: (877) 292-4636

Address: 111 East Davenport St., Rhinelander, WI 54501

Services: Skilled nursing, physical therapy, occupational therapy, speech therapy, home infusion, home health aide, and medical social worker.

Website: [www.compassus.com](http://www.compassus.com)

### Christian Servants HomeCare

Telephone: (920) 642-3329

Website: [christianservantshomecare.com](http://christianservantshomecare.com)

Location: Covers Forest County

Services: Provides non-medical care from respite, camaraderie, or transportation, to 24/7 care including meals, bathing, medication reminders, cleaning, and more.

### Dickinson Home Health

(See Hospital Section)

### Loving Touch Home Care, L.L.C.

Telephone: (715) 362-9132; Cell: (715) 490-5800

E-mail: [paul@lovingtouchhomecare.com](mailto:paul@lovingtouchhomecare.com)

Website: [www.lovingtouchhomecare.com](http://www.lovingtouchhomecare.com)

Services: Loving Touch Home Care LLC provides outstanding care for all people, regardless of age or medical condition. We specialize in, but are not limited to, Alzheimer's and Dementia care, elder care, and geriatric care management.

### The Bay@Suring Home Health & Rehabilitation Center

Telephone: (920) 842-4132

Address: 425 Manor Dr., Suring, WI 54174

Services: Nursing, Physical Therapy, Occupational Therapy, Speech Pathology and Home Health Aide

### Stay at Home Care, LLC

Telephone: (715) 350-4210

Fax: (715) 350-4432

Address: 813 5th Ave., Suite, 1, Antigo, WI 54409

Website: [www.Stay-at-Homecare.com](http://www.Stay-at-Homecare.com)

Service Area: Forest, Langlade, Lincoln, Marathon & Oneida Counties

Services Provided: Personal Care-assistance with bathing, dressing, grooming, mobility, medications, and toileting.  
Supportive Care – assistance with light housekeeping, meal prep, laundry, errands, grocery shopping and respite  
Services Provided: Up to 24 hours/day, 7 days/week.  
Depending on staff availability.

### Village Caregiving

Telephone: (920) 510-4761

Address: 4321 W. College Avenue, Appleton, WI 54915

Email: [michaeljones@villagecaregiving.com](mailto:michaeljones@villagecaregiving.com)

Website: [www.villagecaregiving.com](http://www.villagecaregiving.com)

Services: Providing home care assistance, routine housework, cooking and serving, companionship, bathing assistance. Bonded and insured.

# HOMELESS SHELTERS

## **New Hope Shelter & Transitional Housing**

Telephone: (715) 478-3669

Fax: (715) 478-2731

Address: 601 N. Summit Ave., P.O. Box 187  
Crandon, WI 54520

Contact: Micah Dewing, Director

E-mail: [director@shelter.net](mailto:director@shelter.net)

Website: [www.newhopeshelter.net](http://www.newhopeshelter.net)

Services: NHSTH is a short term emergency residential program that provides homeless families, single women, and single men with up to 90 days of shelter and case management services. Youth group Sunday 6:00 p.m. Shelter Gym

## **Northwoods Alliance for Temporary Housing/ Frederick Place**

Telephone: (715) 369-9777

Fax: (715) 369-5174

Address: 204 W. Frederick St., P.O. Box 913,  
Rhineland, WI 54501

Website: [www.nathnorthwoods.com](http://www.nathnorthwoods.com)

Serves Forest, Langlade, Lincoln, Oneida, and Vilas counties. Frederick Place is a 16 bed emergency, temporary shelter for families, women, and men who are experiencing homelessness.

# HOSPICE CARE

## **Compassus Hospice Rhineland & Arbor Vitae Agencies**

Telephone: (800) 643-4663

Fax: (844) 887-0702

Website: [www.compassus.com](http://www.compassus.com)

Services: Skilled Nursing, home health aide, chaplain, medical social worker, bereavement, massage therapy, pet therapy, & veteran recognition

## **The Bay at Nu Roc Health and Rehabilitation Center**

Telephone: (715) 674-4477

Address: 3576 NuRoc Ln., Laona, WI 54541

E-mail: [administrator@bay-nuroc.com](mailto:administrator@bay-nuroc.com)

Special hospice benefits are available for veterans.

# HOSPITALS/MEDICAL FACILITIES

## **Aspirus Antigo Clinic**

Telephone: (715) 623-2351

Fax: (715) 623-3427

Address: 110 E. Fifth Ave., Antigo, WI 54409

Hours: Monday-Friday; 8:00 am-5:00 pm

## **Aspirus Cardiology**

Telephone: (715) 361-3000

Fax: (715) 361-3040

Address: 2275 N. Shore Dr., Rhineland, WI 54501

Services: Specialists in heart and blood vessel diseases, heart care and weight loss.

Hours: Monday- Friday; 8:00 am-5:00 pm

## **Aspirus Eagle River Hospital**

Telephone: (715) 479-7411

Address: 201 E. Hospital Rd., Eagle River, WI 54521

## **Aspirus Elcho Clinic**

Telephone: (715) 275-4011

Fax: (715) 275-4012

Address: W10618 Clinic St., Elcho, WI 54428

Hours: Monday-Friday. 8:00 am-5:00 pm

## **Aspirus Good Samaritan Hospital**

Telephone: (715) 536-5511

Address: 601 South Center Ave., Merrill, WI 54452

Website: [www.aspirus.org](http://www.aspirus.org)

Hours: 8:00 am-8:00 pm Monday-Friday; Urgent Care

## **Aspirus Koller Behavioral Health**

Telephone: (715) 361-2805

Address: 1020 Kabel Ave. (Outpatient) or

Aspirus St. Mary's Hospital (715) 361-2000

2251 N. Shore Dr., Rhineland, WI 54501

## **Aspirus Langlade Hospital**

Telephone: (715) 623-2331

Fax: (715) 623-9440

Address: 112 E. Fifth Ave., Antigo, WI 54409

Website: [www.langladehospital.org/main/home.aspx](http://www.langladehospital.org/main/home.aspx)

Walk-in Clinic-7 days a week; 8:00 am-8:00 pm

Serving Langlade, Forest, Menomonie, Oconto, Oneida, Lincoln, Marathon, and Shawano counties.

Services: Hospital and clinic services including ER, primary care, urgent care clinic, pain clinic, adult day services, assisted living facility, cancer center, dialysis, and many more.

## **Aspirus Howard Young Medical Center – Woodruff**

Telephone: (715) 356-8000

Address: 240 Maple St., Woodruff, WI 54568

Website: [www.aspirus.org](http://www.aspirus.org)

# HOSPITALS/MEDICAL CONT.

## Aspirus Iron River Hospital

Telephone: (906) 265-6121  
 Fax: (906) 265-3098  
 Address: 1400 W. Ice Lake Rd., Iron River, MI 49935  
 Website: www.aspirus.org

## Aspirus Medical Group – Crandon

Telephone: (715) 478-6300  
 Fax: (715) 478-6303  
 Address: 400 W. Glen St., Crandon, WI 54520  
 Website: www.aspirus.org  
 Services: Internal medicine, family medicine, surgery, women's health, orthopedics, rheumatology, behavioral health, occupational therapy, speech therapy, lab & radiology services, diabetes services.  
 Hours: Monday 7:30 a.m.-7:00 p.m.; Tuesday, Wednesday, Thursday & Friday 7:30 a.m.-5:00 p.m.

## Aspirus Medical Group – Eagle River

Telephone: (715) 477-3000  
 Address: 930 East Wall St., Eagle River, WI 54521

## Aspirus Medical Group – Merrill

Telephone: (715) 804-7500  
 Fax: (715) 804-7526  
 Address: 3430 E. Main St., Merrill, WI 54452  
 Website: www.aspirus.org

## Aspirus Medical Group – Rhinelander

Telephone: (715) 361-4700  
 Fax: (715) 387-5240  
 Address: 1020 Kabel Ave., Rhinelander, WI 54501  
 Walk-in Clinic-Monday-Friday 8:00 am-7:00 pm;  
 Weekends-8:00 am-4:00 pm;  
 Holidays 8:00 am-1:00 pm

## Aspirus Medical Group – Rib Mountain

Telephone: (715) 393-3900 (main switchboard)  
 Fax: (715) 393-3816  
 Address: 3301 Rib Mountain Dr., Wausau, WI 54401  
 Website: www.aspirus.org

## Aspirus Medical Group – Weston

Telephone: (715) 393-3860 or (844) 690-6102  
 Address: 3301 Cranberry Blvd., Weston, WI  
 Clinic is located on 2nd floor  
 Website: www.aspirus.org  
 Hours: Walk-In Saturdays-8:00am-1:00 pm

*Loving Touch Home Care*  
**Serving Oneida, Vilas, Forest & Lincoln Counties**



*Enhancing Independent Living in the Comfort of Your Own Home*

**Services We Offer:**

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- Respite Care
- RN on Staff

**Licensed • Registered  
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**Call Today!**  
**Office: 715-362-2289**  
**Cell: 715-490-5800**  
 Paul@lovingtouchhomecare.com  
 lovingtouchhomecare.com

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 Home Care LLC

237892

**Affordable Housing**

Current Vacancies

FEATURES

- Rent is 30% of monthly adjusted income to eligible applicants.
- Smoke-free community spaces
- Pet friendly
- Safe, maintenance-free apartments and grounds
- Off-street parking
- Laundry facilities
- Located near local amenities

**Serving Rhinelander, Crandon, Phelps, Boulder Junction, Minocqua, and Land O' Lakes**









**CCB Housing Management**  
 An Operation of Catholic Charities Bureau

(715) 369-2550  
 (800) 362-2550

880 E. Timber Dr. Rhinelander, WI 54501

55010

 An Equal Housing Opportunity Provider  
[www.ccbhousing.org](http://www.ccbhousing.org)

**Aspirus Medical Group – Woodruff**

Telephone: (715) 356-8140

Fax: (715) 356-8525

Address: 240 Maple St., Woodruff, WI 54568

Services: Patient centered medical home care.

Hours: Monday, Wednesday & Friday 8:00 a.m.-

5:00 p.m.; Tuesday 7:00 a.m.-6:00 p.m.

**Aspirus Outpatient Therapies**

Telephone: (715) 361-5480

Address: 1630 N. Chippewa Dr., Rhinelander, WI

Website: [www.aspirus.org](http://www.aspirus.org)

Services: Physical, occupational, and speech therapy.

**Aspirus Outpatient Therapy Services  
– Weston YMCA**

Telephone: (715) 355-5701

Address: 3402 Howland Ave., Weston, WI 54476

Website: [www.aspirus.org](http://www.aspirus.org)

**Aspirus Regional Cancer Center, Department of  
Aspirus Wausau Hospital**

Telephone: (715) 847-2866 or (877) 405-6866

Address: 215 N. 28th Ave., Wausau, WI 54401

Website: [www.aspirus.org](http://www.aspirus.org)

**Aspirus Rhinelander Clinic**

Telephone: (715) 361-5480

Fax: (715) 361-5499

Address: 1630 N. Chippewa Dr., Rhinelander, WI 54501

Website: [www.aspirus.org](http://www.aspirus.org)

Services: Family practice, xray, lab, CT, MRI, therapies, specialty services. Call to inquire.

**Aspirus Saint Mary's James Beck  
Cancer Center**

Telephone: (715) 361-2140 1

Address: 2251 N. Shore Dr. #200, Rhinelander, WI 54501

Services: Chemotherapy for cancer treatments, infusion therapies, and treatment of blood disorders.

**Aspirus Saint Mary's Hospital – Rhinelander**

Telephone: (715) 361-2000

Emergency: (715) 361-2100

Address: 2251 North Shore Drive, Rhinelander, WI 54501

Website: [www.aspirus.org](http://www.aspirus.org)

**Aspirus - Wausau Family Medicine**

Telephone: (715) 675-3391

Fax: (715) 675-4253

Address: 425 Wind Ridge Dr., Wausau, WI 54401

Website: [www.aspirus.org](http://www.aspirus.org)

Services: Obstetrics, pediatrics, adult health, mental health, licensed clinical social work. Serving the Greater Wausau area, Mosinee, Merrill.

Hours: Monday-Friday, 8:30 a.m.-5:00 p.m.

**Aspirus Wausau Hospital**

Telephone: (715) 847-2121

Fax: (715) 847-2216

Address: 333 Pine Ridge Blvd., Wausau, WI 54401

Website: [www.aspirus.org](http://www.aspirus.org)

**Aspirus Weston Clinic**

Telephone: (715) 241-5400

Fax: (715) 241-5424

Address: 4005 Community Center Dr., Weston, WI 54476

Website: [www.aspirus.org](http://www.aspirus.org)

Services: Primary care, walk-in services, lab, radiology, CT, open MRI, mammograms, bone density, ultrasound. Serving Weston/Wausau Area.

Walk-in: Monday-Friday, 7:00 a.m.-7:00 p.m.;

Saturday, 8:00 a.m.-1:00 p.m.

Primary Care: Monday-Friday, 8:00 a.m.-5:00 p.m.

**Dickinson County Healthcare System**

Telephone: (906) 774-1313

Address: 1721 S. Stephenson Ave.,

Iron Mountain, MI 49801

Website: [www.dchs.org](http://www.dchs.org)

Services: Acute health care. General medical and surgical.

**Florence Medical Center and Pharmacy**

Telephone: (715) 528-4775

Fax: (906) 228-0201

Address: 1010 Olive Ave., Florence, WI 54121

Mailing Address: P.O. Box 380, Florence, WI 54121

Website: [www.dchs.org](http://www.dchs.org)

Services: Family medicine, lab services, xray services, and physical therapy. Serving Florence, Iron, and Dickinson counties.

Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

**Forest County Potawatomi:  
Health and Wellness Center**

Telephone: (715) 478-4300

Address: 8201 Mish Ko Swen Dr., Crandon, WI 54520

Website: [www.fcpotawatomi.com](http://www.fcpotawatomi.com)

Services: The Forest County Potawatomi Health and Wellness Center (HWC) offers a multitude of services, including Primary Care, Pediatric Care, Dental, Women's Health, Mental Health, AODA, Podiatry, Optometry, Laboratory, Rehabilitation Services and Imaging to Forest County and the surrounding communities. The team at the HWC takes great pride to ensure each patient has a pleasurable experience from the moment he or she enters the HWC, to the moment he or she leaves.

Clinic Hours: Monday-Friday 7:00 a.m. to 6:00 p.m.,

Saturday, 8:00 a.m. to 4:00 p.m.

# HOSPITALS/MEDICAL CONT.

## **Froedtert Hospital & Medical College of Wisconsin**

Telephone: (414) 805-3666  
Address: 9200 W. Wisconsin Ave., Milwaukee, WI 53226  
Website: [www.langladehospital.org](http://www.langladehospital.org)

## **Marshfield Clinic – Marshfield**

Telephone: (715) 387-5511 or (800) 782-8581  
Address: 1000 N. Oak Ave., Marshfield, WI 54449

## **Marshfield Clinic – Minocqua Center**

Telephone: (715) 358-1000 or (800) 347-0673  
Address: 9601 Townline Rd., P.O. Box 1390  
Minocqua, WI 54548  
Website: [www.marshfieldclinic.org](http://www.marshfieldclinic.org)  
Services: Complete health care for the entire family. Hours: Monday-Friday 8:00 a.m.-5:00 p.m. Some primary care services offered before 8:00 a.m., or after 5:00 p.m. Call (715) 358-1160 for details.

## **Marshfield Medical Center**

Telephone: (715) 387-1713 or (800) 221-3733  
Fax: (715) 387-5240  
Address: 611 St. Joseph Ave., Marshfield, WI 54449  
Website: <https://marshfieldclinic.org>

## **Marshfield Medical Center – Minocqua**

Telephone: (715) 358-1710 or (800) 331-3734  
Fax: (715) 358-1715  
Address: 9576 Hwy. 70 W, Minocqua, WI 54548

## **Northlakes Community Clinic**

Telephone: (715) 276-6321  
Fax: (715) 276-1428  
Address: 15397 Hwy 32, Lakewood, WI 54138  
Mailing Address: P.O. Box 179, Lakewood, WI 54138  
Services: Behavioral health, chiropractic and enabling services. Certified Application Counselors to assist individuals to enroll in the new health insurance marketplace. Serving Oconto, Forest, Langlade, Marinette, and Florence counties.  
Medical Hours: Monday 9:00 am-5:30 pm  
Tuesday-Thursday 8:00 am-4:30 pm  
Friday 8:00 am-4:30 pm

## **Palliative Care Program-Aspirus Saint Mary's Hospital – Rhinelander**

Telephone: (706) 389-2668  
Address: 2251 North Shore Dr., Rhinelander, WI 54501  
Website: <https://healthcare.aspirus.org>  
Services: Assist people with cancer and other illnesses that may be life-limiting to ensure understanding of their illness; clarify priorities and identify appropriate resources to offer the best quality of life as possible during the course of their illness.

## **Saint Joseph's Outpatient – Aspirus Center**

Telephone: (715) 623-2331  
Address: 501 Aurora St., Antigo, WI 54409

## **St. Mary's Hospital Medical Center**

Telephone: (920) 498-4200  
Address: 1726 Shawano Ave., Green Bay, WI 54303  
Website: [www.stmgb.org](http://www.stmgb.org)

## **St. Vincent Hospital**

Telephone: (920) 433-0111 or (800) 236-3030  
Address: 835 S. Van Buren St., Green Bay, WI 54301  
Website: [www.stvincenthospital.org](http://www.stvincenthospital.org)

## **Sokaogon Chippewa Health Clinic**

Telephone: (715) 478-5180  
Address: 3144 VanZile Rd., Crandon, WI 54520

## **UW Health – University Hospital**

Telephone: (608) 263-6400 or (800) 323-8942  
Fax: (608) 263-6401  
Address: 600 Highland Ave., Madison, WI 53792  
Website: [www.uwhealth.org](http://www.uwhealth.org)

## **VA Medical Center – Iron Mountain**

Telephone: (906) 774-3300  
Address: 325 E. H. St., Iron Mountain, MI 49870  
Website: [www.ironmountain.va.gov](http://www.ironmountain.va.gov)  
Serves: Upper Peninsula of Michigan and Northern Wisconsin, providing primary and specialty care services; limited emergency and acute inpatient care.

## **VA Community Based Outreach Clinic – Rhinelander**

Telephone: (715) 362-4080  
Address: 639 W. Kemp St., Rhinelander, WI 54501

## **Weston-Marshfield Medical Center**

Telephone: (715) 393-3000 or (800) 559-9800  
Address: 3400 Ministry Pkwy., Weston WI 54476  
Website: [www.marshfieldclinic.org](http://www.marshfieldclinic.org)



# HOUSING

## Subsidized Housing

### Acorn Apartments

Telephone: (715) 394-2012 or (888) 276-0246  
 Address: 508 W. Washington, Crandon, WI 54520  
 Website: ccbhousing.org  
 Services: One-bedroom apartments for seniors 62 years of age or older and annual income must be within the income ceiling for Forest County. Rent is 30% of the tenant's monthly income and includes all utilities.

### Beech Apartments

Telephone: (715) 478-5030  
 Address: 5255 Beech St., Laona, WI 54541  
 Contact: A & M Services, Jason Gruett  
 P.O. Box 26, Crandon, WI 54520

### Fairfield Homes

Telephone: (715) 478-5990  
 Fax: (715) 362-4093  
 Address: 400 E. Elm St., Crandon, WI 54520  
 Services: HUD subsidized facility for individuals 62 years of age or older, handicapped or disabled welcome. One bedroom apartments, all utilities, garbage removal, and off street parking are included in rent.

### Glenview Senior Apartments

Telephone: (608) 822-7368 or (800) 938-3229  
 Fax: (608) 822-4779

Address: 607 N. Prospect Ave., Crandon, WI 54520  
 Mailing Address: DAK Management Co., Inc.  
 1020 Lincoln Ave., Fennimore, WI 53809  
 E-mail: dakmanagement@tds.net  
 Website: www.dakgroup.org  
 Services: Low income housing. Housing based on 30% of annual gross income if available.  
 16 units, all one bedroom  
 Hours: Monday-Friday, 8:00 a.m. to 4:30 p.m.

### Grant Street Apartments

Telephone: (715) 478-5030  
 Address: 400 West Grant St., Crandon, WI 54520  
 Mailing Address: P.O. Box 26, Crandon, WI 54520  
 Contact: A & M Services, Jason Gruett  
 Services: Family housing - one or two bedroom apartments.

### Housing Enterprise of Wabeno-Orchard Ridge Apartments

Telephone: (608) 822-7368 or (800) 938-5648  
 Fax: (608) 822-4779  
 Address: 1761 & 1765 Maple Ave., Wabeno, WI 54566  
 Mailing Address: DAK Management Co., Inc.,  
 1020 Lincoln Ave., Fennimore, WI 53809  
 E-mail: dakmanagement@tds.net  
 Website: www.dakgroup.org  
 Services: Low income housing. Housing based on 30% of annual gross income if available. 2 & 3 bedroom apartments. Includes water, sewer, garbage, and heat. Serving Wabeno.  
 Hours: Monday-Friday, 8:00 a.m.-4:30 p.m.

# NURSING HOME FACILITIES

**Nursing Homes:** A residential facility that provides 24-hour services, including room and board to 3 or more related persons. These persons require more than 7 hours a week of nursing care due to their physical or mental condition. Costs vary according to the services and the level of care provided.

	Capacity	Medicare Certified
<b>Bay @ Suring Health &amp; Rehabilitation Center</b> 920-842-2191 • 430 Manor Dr., Suring	50	Yes
<b>The Bay at Nu Roc Health and Rehabilitation Center</b> 715-674-4477 • 3576A Nu Roc Lane, Laona	50	Yes
<b>Minocqua Health &amp; Rehab Center</b> 715-356-6016 9969 Old Hwy 70 W., Minocqua	65	Yes
<b>The Bay at Eastview Medical Rehab Center</b> 715-623-2356 729 Park St., Antigo	136	Yes
<b>Friendly Village</b> 715-365-6832 900 Boyce Dr., Rhinelander	150	Yes
<b>Florence Health Service</b> 715-528-4833 5778 Chapin St., Florence	73	Yes
<b>Rennes Health &amp; Rehab Center</b> 715-420-0728 1970 Navajo St, Rhinelander	95	Yes

# HOUSING

**Residential Community Apartment Complex (RCAC):** These are apartment-type units with their own kitchen, bathroom, living and sleeping areas. The residents are somewhat independent, usually needing some degree of help with daily living activities. Through a facility, a resident can obtain up to 28 hours of assistance per week. Emergency assistance is available. Social and recreational activities as well as meals are also available.

	Studio Apt.	1 Bedroom	2 Bedrooms	Subsidy Available	Allow Pets
<b>Grace Lodge (Amy Gray)</b> 1000 Day St., Rhinelander • 715-365-1234	12	16	4	Yes	Yes
<b>Lakeshore Assisted Living Apts.</b> 12440 Warpath Ln., Minocqua • 715-356-2911	21	16	5	No	Depends
<b>Milestone Senior Living</b> 4686 N. Shore Dr., Rhinelander • 715-361-1100	22 (Apts.)	18	4	No	Yes
<b>Milestone Senior Living</b> 2332 Railroad St., Eagle River • 715-479-8018	1	14	1	No	Yes

**Community Based Residential Facility (CBRF):** A place where five or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to three hours of nursing care per week. All individuals admitted to CBRF's MUST have a ADRC assessment completed prior to admission. Family Care funding can assist in providing supportive care services in the older adults own residence or in a CBRF. Talk with the CBRF Manager for more details.

	Capacity	Private Rooms Available	Dementia	Wheelchair	Incontinence	24 hr. Awake Care	Pets
<b>Cumberland Heights - Rhinelander</b> 251 Westhill Dr. • 715-365-6789	15	Yes	Yes	Yes	Yes	Yes	No
<b>County Terrace 26</b> 533 E. Timber Dr., Rhinelander (715) 365-33245	15	Yes, 15	Yes	Yes	Yes	Yes	No
<b>County Terrace 27</b> 1450 W. Phillips St., Rhinelander (715) 365-3324	15	Yes, 15	Yes	Yes	Yes	Yes	No
<b>Dianne's Home in the Northwoods</b> 717 Indiana St. • 715-337-2035	15	Yes	Yes	Yes	Yes	Yes	No
<b>Heritage House - Rhinelander</b> 25 E. Frederick St. • 715-369-1407	8	Yes, 7	Yes	No	Yes	No	Yes
<b>Lakeshore</b> 12440 Warpath Ln. • 715-356-2911	15	Yes	Yes	Yes	Yes	Yes	Depends
<b>Lakeshore</b> 12339 Warpath Ln. • 715-356-2911	15	Yes	Yes	Yes	Yes	Yes	Depends
<b>Lakeshore</b> 2187 Katie's Ln. • 715-356-2911	8	No	Yes	Yes	Yes	Yes	Depends
<b>Lakeshore</b> 2201 Bolten Lk. • 715-356-2911	8	Yes	Yes	Yes	Yes	Yes	Depends
<b>Milestone Memory Care - Rhinelander</b> 4686 N. Shore Dr. • 715-361-1100	22	Yes	Yes	Yes	Yes	Yes	Yes
<b>Milestone Senior Living - Eagle River</b> 2332 Railroad St. • 715-479-8018	19	Yes	Yes	Yes	Yes	Yes	Yes
<b>Our Home - Lake Tomahawk</b> 6416 Flicker • 715-277-2010	16	Yes, 12	Yes	Yes	Yes	Yes	No
<b>Maplewood Villa - Armstrong Creek</b> 9343 State Hwy. 101 • 715-336-2044	16	Yes	Yes	Yes	Yes	Yes	Call

## HOUSING CONT.

### Laona Housing Harris Street Apt.

Telephone: (712) 262-2360

Fax: (608) 348-6550

Address: 4746 Cherry St., Laona, WI 54541

Twelve ground floor apartments that are income base and handicap assessible. Tenant pays electric bill.

### Laona Manor Apartments

Telephone: (920) 606-2942

Address: 5269 Beech St., Laona, WI 54541

Services: One bedroom apartments includes heat/ electricity, water, garbage disposal, on-site laundry, cable-ready, and parking. Close to restaurants, bank, pharmacy, churches, etc.

### One Penny Place

Telephone: (715) 358-5541

Address: 820 3rd Ave., Woodruff, WI

### Park Apartments - Family Housing

Telephone: (715) 478-5030

Address: 711 N. Park Ave., Crandon, WI 54520

Mailing Address: P.O. Box 26, Crandon, WI 54520

Contact: A & M Services, Jason Gruett

### Wabeno Heights Apartments - Elderly Housing

Telephone: (715) 478-5030

Address: 4650 N. Branch St., Wabeno, WI 54566

Mailing Address: P.O. Box 26, Crandon, WI 54520

Contact: A & M Services, Jason Gruett

## HOUSING/FINANCIAL ASSISTANCE

### Forward Service Corporation - W2 Agency

Telephone: (715) 478-5488

Address: 201B North Lake Ave., Crandon, WI 54520

Website: [www.fsc-corp.org](http://www.fsc-corp.org)

Services: W2 (Wisconsin Works), emergency assistance and job access loans employment and training.

### Foundation for Rural Housing, Inc.

Telephone: (608) 238-3448 or (888) 400-5974

Address: 4506 Regent St., Madison, WI 53705

E-mail: [ruralhousing@tds.net](mailto:ruralhousing@tds.net)

Website: [www.wisconsinruralhousing.org](http://www.wisconsinruralhousing.org)

Services: Varies dependent on funds. Mortgage and property tax foreclosure, one time rent, or security deposit for homeless prevention.

Hours: Monday-Friday 8:00 a.m.-4:00 p.m.



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- Specialized Memory Care Unit: Secured Unit for Alzheimer's / Dementia Care
- Respite & Hospice Care



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📞 **715-365-6862**

✉️ [www.friendlyvillagerehab.com](http://www.friendlyvillagerehab.com)

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## HOUSING/FINANCIAL CONT.

### Housing Discrimination

Telephone: (800) 669-9777

### NEWCAP, Inc. Section 8 Voucher Family Self-Sufficiency Program

Telephone: (715) 478-3871 (Monday-Thursday)

Address: 212 N. Lake Ave., Crandon, WI 54520

Services: A HUD program that provides rental subsidies, plus an array of other supportive services designed to enable a family to become self-sufficient.

Hours: Monday-Thursday 7:30 am-5:00pm;

Fridays 8:00am-12:00pm

### NEWCAP, Inc. Section 8 Voucher Housing Assistance Program

Telephone: (715) 478-3871 (Monday-Thursday)

Address: 212 N. Lake Ave., Crandon, WI 54520

Services: A federally funded housing program that provides rental subsidies to low-income families, senior citizens, handicapped and disabled individuals who reside in rental housing.

Hours: Monday-Thursday 7:30 am-5:00 pm;

Friday 8:00 am- 12:00 pm

### Property Tax Deferral Loan Program (PTDL) WHEDA

Telephone: (800) 334-6873 or (800) 755-7835

Address: P.O. Box 1728, Madison, WI 53701-1728

E-mail: info@whedacom

Services: The PTDL program allows individuals age 65 and older with limited incomes to convert equity in their homes into cash to help pay their property taxes. Approved borrowers are not required to repay the loan until the borrower permanently moves out of the home, passes away, or transfers ownership of the home.

### Rural Development, USDA

Telephone: (715) 524-8522

TTY: (715) 345-7614

Housing: (855) 715-8496

Fax: (715) 526-6121

Address: 603B Lakeland Rd., Shawano, WI 54166

Services: Financial assistance for repairs/improvements to very-low income owner-occupied homes.

### US Department of Housing and Urban Development - Milwaukee

Telephone: (414) 297-3214

Services: Rent assistance programs have variable income limits.

### WHEDA: Wisconsin Housing & Economic Development Authority

Telephone: (800) 334-6873

## INCOME TAX ASSISTANCE

### Internal Revenue Service

Telephone: (414) 231-2100

Address: 211 W. Wisconsin Ave., Milwaukee, WI 53203

Services: Federal tax information and problem resolution office.

### Wisconsin Department of Revenue

Telephone: (715) 842-8665

Address: 730 N. Third St., Wausau, WI 54403-4700

Information and assistance on Wisconsin income taxes and homestead tax.

Hours: Mondays 7:45 a.m.-1:00 p.m.

## INFORMATION AND ASSISTANCE

### Aging & Disability Resource Center of the Northwoods

Telephone: (800) 699-6704

### Aspirus Health Saint Mary's Hospital

Telephone: (715) 361-2000 or (800) 847-4707

Fax: (715) 361-2119

Address: 2251 North Shore Dr., Rhinelander, WI 54501

Services: Information and assistance to non-hospitalized persons of all ages in identifying and contacting community agencies. Works with individuals one-on-one and/or with families in Forest, Oneida, Lincoln, and Vilas Counties. There is no charge for services.

Hours: Monday-Friday; 8:00 am-4:30 pm

### Eldercare Locator

Telephone: (800) 677-1116

Resource to help fund local community services for seniors anywhere in the U.S. Personal care, meals, housing.

### Forest County Office on Aging

Telephone: (715) 478-3256

### NEWCAP, Inc.

Telephone: (715) 478-3871

Address: 212 N. Lake Ave., Crandon, WI 54520

Services: Information about and access to appropriate and available community resources are provided by a toll-free phone system or simply on a walk in basis.

Hours: Thursday 8:00 a.m.-4:30 p.m.

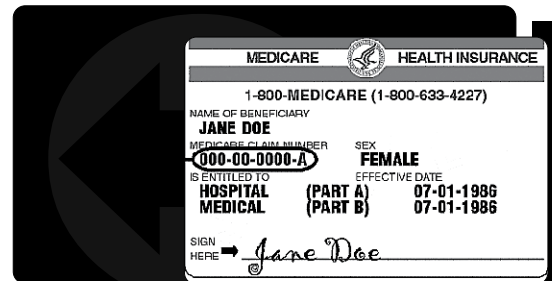
# MEDICARE 101

## Important Information about turning 65

There was a time, not too long ago, when 65 was “the” age.

It was at age 65, after a lifetime of labor, that most people could look forward to receiving full Social Security retirement benefits and becoming eligible for Medicare.

- 65 remains the age for Medicare eligibility.
- Full retirement age has been on the rise for all workers born after 1937.
- Social Security does not send out reminders about Medicare eligibility unless you are already collecting Social Security benefits.
- To take advantage of all that Medicare has to offer, you must **ENROLL**. The initial enrollment period is three months before the month you turn 65, the month of your birthday and three months after your birth month.
- There are several parts to Medicare:
  - ◆ Part A—Hospital
  - ◆ Part B—Medical
  - ◆ Part C—Hospital & Medical coverage through a private insurance company
  - ◆ Part D—Drug Coverage
- Participation in Medicare is voluntary, but if you fail to enroll during the initial enrollment period for Parts B and D, you can be subject to a late enrollment penalty for the rest of your life.



**For more information** on Medicare eligibility please contact the Elder Benefit Specialist at 1 800- 699-6704.  
Medicare Helpline 800-633-4227.

# LEGAL ASSISTANCE

## Benefit Specialists

### Forest County Elder/Disability Specialists

Crandon ADRC & FC Potawatomi Offices:  
(800) 699-6704  
(See Aging Services Section)

### Lawyer Referral and Information

Telephone: (800) 362-9082  
Address: P.O. Box 7158, Madison, WI 53707  
Services: Free answers to simple legal questions. Also referral to government agencies, community services or private attorneys as appropriate. Replies usually within 24 hours. Monday-Friday 8:00 a.m. 5:00 p.m.

### Wisconsin Guardianship Support Center

Telephone: (855) 409-9410  
Address: 1414 Macarthur, Suite 306, Madison, WI 53714  
E-mail: guardian@gwaar.org  
Services: The Wisconsin Guardianship Support Center provides a statewide resource center on guardianship related issues for adults. The center provides technical assistance, referral and case consultation on such issues as: when does an adult need a guardian; what are the court procedures to obtain guardianship; what are the duties of a guardian; what are the alternatives to a guardianship; how does someone execute a Power of Attorney for Health Care; how does someone execute a Power of Attorney for Finances; what is a health care agent's authority; what is a financial agent's authority; how is abuse reported?

### Wisconsin Judicare

Telephone: (800) 472-1638  
Services: Legal services for low-income people; income based on family size. Available through NEWCAP, Inc. at telephone number (715) 478-3871, Tri-County Council on Domestic Violence at (715) 478-3780, Forest County Family Resource Center at (715) 478-4837 or Sokaogon Chippewa Family Services at (715) 478-7600.

### Wisconsin State Bar

Telephone: (608) 257-3838  
Website: [www.wisbar.org/forpublic](http://www.wisbar.org/forpublic)  
Answers to simple legal questions and referrals to appropriate attorneys.

# LIBRARIES

### Antigo Public Library

Telephone: (715) 623-3724  
Address: 617 Clermont St., Antigo, WI 54409

Website: [www.antigopl.org](http://www.antigopl.org)  
Hours of Operation: Monday-Thursday 9:00 am-6:00 pm; Friday 10:00 am-5:30 pm

### Crandon Public Library

Telephone: (715) 478-3784  
Address: 110 W. Polk Ave., Crandon, WI 54520  
Contact: Laurie Renel-Faledas, Director  
E-mail: [info@crandonpl.org](mailto:info@crandonpl.org)  
Website: [www.crandonpl.org](http://www.crandonpl.org)  
Services: Full service library with internet and wireless access. Large print material.  
Hours: Mon., Tues., & Fri., 9:00 a.m.-5:00 p.m.; Wed. & Thurs., 9:00 a.m.-7:00 p.m.; Sat., 9:00 a.m.-noon.

### Edith Evans Community Library

Telephone: (715) 674-4751  
Address: 5216 Forest Ave., Laona, WI 54541  
Contact: Felicia Albrecht, Director  
E-mail: [director@laonapubliclibrary.com](mailto:director@laonapubliclibrary.com)  
Website: [www.laonapubliclibrary.com](http://www.laonapubliclibrary.com)  
Services: Internet, V-CAT (Inter-library system), Summer library program, book on tape (audio), e-books, large print books, DVDs, magazines, and newspapers.  
Hours: Mon., 12:00-5:00 pm., Tues., Wed., Thurs., 8:30-4:00; Fri 8:00 a.m.-12:30 p.m.

### Rhineland District Library

Telephone: (715) 365-1070  
Address: 106 N. Stevens St., Rhineland, WI 54501  
Website: [www.rhinelandlibrary.org](http://www.rhinelandlibrary.org)  
Hours of Operation: Monday-Friday 9:00 am-6:00 pm; Saturdays 9:00 am-1:00 pm

### Richard J. Brown Library/Learning Center Nicolet Area College

Telephone: (715) 365-4479 or (800) 544-3039

### Wabeno Public Library

Telephone: (715) 850-3044  
Address: 4556 N. Branch St., Wabeno, WI 54566  
Mailing Address: P.O. Box 340, Wabeno, WI 54566  
Services: Public library services, computers, free Wi-Fi, public and community services, information and assistance.  
Hours: Saturday, Sunday and Monday closed; Tuesday & Friday, 10:00 a.m.-5:00 p.m., Wednesday & Thursday, 12:00 p.m.-5:00 p.m.

### Wisconsin Talking Book & Braille

Telephone: (800) 242-8822 or (414) 286-3045  
Address: 813 W. Wells St., Milwaukee, WI 53233  
Website: [www.talkingbooks.dpi.wi.gov](http://www.talkingbooks.dpi.wi.gov)

# MEDICAID

## Contact the Northern Income Maintenance Consortium

1-888-794-5722 - fax 1-855-293-1822,

## Forest County Family Resource Center

Telephone: (715) 478-4837.

## Sokaogon Chippewa Family Services

Support Office: (715) 478-7600 for more information on any of the following subprograms.

Website: [www.access.wi.gov](http://www.access.wi.gov)

## Medicaid Subprograms

### Family Care/IRIS

FamilyCare is a Medicaid long-term care program for frail elders and adults with physical, developmental, or intellectual disabilities. People in this receive long-term care services to help them live in their own home whenever possible. There are specific financial and guidelines to meet. Call ADRC at 1-800-699-6704 for more information.

### Medicaid Deductible

If a person has high medical bills and meets all other Medicaid requirements except the person's income is too high, the Medicaid deductible may be able to help.

### Medicare Premium Assistance

Wisconsin Medicaid offers several subprograms to help recipients pay for their Medicare Part A and/or Part B if they meet certain income and other qualifications. (QMB, SLMB)

### Medicaid Purchase Plan

Medicaid Purchase Plan (MAPP) provides health care coverage for persons with disabilities who work. It allows many disabled people to obtain Medicaid eligibility and remain eligible, even if employed, as the income limits are higher.

### SeniorCare

SeniorCare is a prescription drug assistance program for Wisconsin residents who are 65 years of age or older and who meet other eligibility criteria. For more information on SeniorCare contact the SeniorCare Customer Service Hotline at 1-800-657-2038, or Elderly Benefit Specialists (800) 699-6704 (Aging & Disability Resource Center).

### Tuberculosis

Wisconsin Medicaid covers outpatient (non-hospital) medical expenses for the treatment of Tuberculosis (TB) infection or TB disease.

## Well Woman Medicaid

Wisconsin Well Woman Medicaid provides full Medicaid benefits to underinsured or uninsured women ages 35 to 64, who are screened through the Wisconsin Well Woman Program or enrolled in the Family Planning Waiver Program, and are in need of treatment for breast or cervical cancer.

Contact Northern Income Maintenance Consortium  
Telephone: 1-888-794-5722.

# MEDICAL EQUIPMENT

## American Home Patient

Telephone: (800) 457-6138

Website: [www.ahom.com](http://www.ahom.com)

Services: Durable medical equipment, including oxygen, oxygen nebulizers, CPAP, sleep therapy, wheelchairs, hospital beds, bathroom equipment. Serving Northern Wisconsin.

## Apria Health Care

Telephone: (715) 384-0088 or (715) 387-6665

Fax: (715) 387-6665

## Mid-State Independent Living Choices, Inc

MILC offers loan and demonstration program of Assistive Technology for consumers to try equipment before making a commitment to purchase. MILC is not a vendor of equipment, but can help get you connected to vendors and possibly funding resources. (See Disabilities Resource section for more services and contact info).

## Home Medical Products & Services

Telephone: (715) 369-2525 or (866) 278-8312

Fax: (715) 369-0942

Address: 535A Lincoln St., Rhinelander, WI 54501

E-mail: [Rhinelander@homeoxygen.com](mailto:Rhinelander@homeoxygen.com)

Website: [www.homeoxygen.com](http://www.homeoxygen.com)

# MEDICARE

## Disability Drug Benefit Helpline

(800) 926-4862

People under age 60 with a disability can call the Disability Drug Benefit Helpline.

## Forest County Elder Benefit Specialist

Telephone: (800) 699-6704

*(See Aging Agencies Section)*

## Forest County Potawatomi Elderly Benefit Specialist

Telephone: (715) 478-4715,

*(See Aging Agencies Section)*

## MEDICARE CONT.

### Medicare Hotline

Telephone: (800) 633-4227

### Elder Financial Empowerment Project (Coalition of Wisconsin Aging & Health Groups)

Telephone: (800) 488-2596

The place to report suspicious ads or calls offering free benefits or help with enrollment.

### Medicare Fraud Hotline

Telephone: (800) 581-1790

### Medicare Part D Prescription Drug Coverage

Telephone: (800) 699-6704

Contact: Elder Benefit Specialist

### Medigap Helpline

Telephone: (800) 242-1060

Helps with questions about Medicare Supplement and Medicare Advantage Plans, long-term care insurance, and employer or retiree health plans.

### Social Security Administration

Telephone: (888) 869-1781

TTY/TTD (715) 369-6881

Fax: (715) 369-5675

Address: 2023 Navajo St., Rhinelander, WI 54501

Mailing Address: P.O. Box 220, Rhinelander, WI 54501

E-mail: [wi.fo.rhineland@ssa.gov](mailto:wi.fo.rhineland@ssa.gov)

Website: [www.socialsecurity.gov](http://www.socialsecurity.gov)

Services: Social Security services and assistance to Florence, Forest, Oneida, Price and Vilas counties. Hours: Monday-Friday 9:00 a.m.-3:30 p.m.

## MEMORY DIAGNOSTIC SERVICES

### Northern Wisconsin Memory Diagnostic Center

Telephone: (715) 361-4880

Address: 2251 N. Shore Dr., Rhinelander, WI 54501

### Marshfield Clinic - Minocqua Center Memory Clinic

Telephone: (715) 358-1793

Address: 29601 Townline Rd., Minocqua, WI 54548

## MENTAL HEALTH

### Aspirus St. Mary's Hospital

Aspirus Behavioral Health-Northern Region

Telephone: (715) 361-2020 or (800) 472-7821

Address: 2251 N. Shore Dr., Rhinelander, WI 54501

### Outpatient: Aspirus at Crandon

Telephone: (715) 361-2805 or 800-779-2881

Address: 400 W. Glen St., Crandon, WI 54520

### Aspirus Koller Clinic

Telephone: (715) 361-2805 or 800-779-2881

Fax: (715) 361-2920

Address: 1020 Kabel Ave., Rhinelander, WI 54501

### Forest County Potawatomi Health and Wellness Center

Telephone: (715) 478-4300

(See Hospitals Section)

## USEFUL RESOURCES FOR OLDER ADULTS

AGENCY - WEB SITE (if applicable)	PHONE	AGENCY - WEB SITE (if applicable)	PHONE
AARP United Healthcare Insurance <a href="http://www.aarphealthcare.com">www.aarphealthcare.com</a>	(888) 687-2277	Medicaid	(800) 362-3002
American Cancer Society <a href="http://www.cancer.org">www.cancer.org</a>	(800) 227-2345	National Family Caregivers Association <a href="http://www.nfcares.org">www.nfcares.org</a>	(202) 454-3970
Eldercare Locator <a href="http://www.eldercare.acl.gov">www.eldercare.acl.gov</a>	(800) 677-1116	National Safety Council <a href="http://www.nsc.org">www.nsc.org</a>	(800) 621-7615
Eye Care- Free for low income Elderly	(800) 222-3937	No Call List - Wisconsin	(888) 382-1222
Hearing Aid Hotline	(800) 521-5247	Poison Center	(800) 222-1222
Housing Discrimination	(877) 647-3247	SeniorCare Customer Service	(800) 657-2038
Insurance Complaint Hotline	(800) 236-8517	Suicide Hotline	(800) 784-2433
Lawyer Referral and Information	(800) 362-9082	Veteran's Information <a href="http://www.va.gov">www.va.gov</a>	(800) 827-1000
Legislative Hotline	(800) 362-9472	Visual and Hearing Impaired	(800) 326-1290
Medicare Hotline: Monday- Friday 9a.m.-3 p.m.	(800) 633-4227		



### **Human Service Center Outpatient Clinic**

Telephone: (715) 369-2215  
Address: 705 E. Timber Dr., P.O. Box 897  
Rhineland, WI 54501  
Website: [www.thehumanservicecenter.org](http://www.thehumanservicecenter.org)  
Services: Outpatient mental health & AODA counseling;  
psychiatric care.  
Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

### **Lutheran Social Services of Wisconsin & Upper Michigan**

Telephone: (715) 849-3344  
Fax: (715) 845-8453  
Address: 115 N. 6th St., Wausau, WI 54403  
Website: [www.lsswis.org](http://www.lsswis.org)  
Services: Counseling, adoption, Family Preservation,  
conditional release.  
Hours: Monday-Friday 8:00 a.m.-4:00 p.m.

### **Transitions Center, LLC**

Telephone: (715) 365-6696  
Fax: (715) 365-6768  
Address: 22 N. Pelham St., Rhineland, WI 54501  
Mailing Address: P.O. Box 622, Rhineland, WI 54501  
E-mail: [transitionscenter@frontiernet.net](mailto:transitionscenter@frontiernet.net)  
Services: Outpatient counseling for individuals, couples,  
and families of all ages, for mental health and alcohol/drug  
problems. Private insurance, Medicaid, and private pay  
accepted. Serving Forest, Oneida and Vilas counties.  
Hours: Monday-Thursday 8:00 am-2:00 pm Fridays 8:00am-  
1:00 pm. 2 appointments available per counselor.

## **NURSING HOMES**

### **Bay @ Suring Health & Rehabilitation Center**

Telephone: (920) 842-2191  
Fax: (920) 842-2176  
Address: 430 Manor Dr., Suring, WI 54174  
Website: [www.Bay-Suring.com](http://www.Bay-Suring.com)  
Services: Skilled nursing, physical, speech, and  
occupational therapies, home health aides, personal care  
workers, and social services. Serving Oconto, Marinette,  
Forest, Shawano, Langlade, and Menominee counties.

### **Florence Health Service**

Telephone: (715) 528-4833  
Address: 5778 Chapin St., Florence, WI 54121  
Services: 24-hour nursing, physical therapy, occupational  
therapy, speech therapy, private Medicare suites; accepting  
Medicare, Medicaid, VA insurance, and private pay. Respite  
care stays, transportation to appointments, short term  
rehab stays.

### **Friendly Village Nursing & Rehabilitation**

Telephone: (715) 365-6832  
Fax: (715) 365-6665  
Address: 900 Boyce Dr., Rhineland, WI 54501  
Website: [www.friendlyvillagerehab.com](http://www.friendlyvillagerehab.com)  
Services: 24-hour skilled nursing long term care,  
Alzheimer's and related dementia care, inpatient and  
outpatient rehabilitation, rehab suites, respite and hospice  
care.

### **Rennes Health & Rehab Center**

Telephone: (715) 420-0728  
Address: 1970 Navajo St., Rhineland, WI 54501  
Website: [www.rennesgroup.com](http://www.rennesgroup.com)

### **The Bay at Eastview Medical & Rehab Center**

Telephone: (715) 623-2356  
Fax: (715) 623-6345  
Address: 729 Park St., Antigo, WI 54409  
Contact: Kim McCann, Admissions Director  
Services: Skilled nursing services, dementia care,  
rehabilitation services. Serving Forest and Langlade  
counties.

### **The Bay at Nu Roc Health and Rehabilitation Center**

Telephone: (715) 674-4477  
Fax: (715) 674-4016  
Address: 3576A Nu-Roc Ln., Laona, WI 54541  
Website: [www.nu-roc.com](http://www.nu-roc.com)  
Services: Medicare, Medicaid, VA, hospice, private and  
respite services; professional nursing & rehabilitation  
services for long or short term stays; professional  
outpatient therapies; diversified daily activities, inpatient  
medical transportation.

## **PHARMACIES**

### **Crandon Pharmacy**

Telephone: (715) 478-3313  
Fax: (715) 478-2065  
Address: 101 N. Lake Ave., Crandon, WI 54520  
Hours: Monday-Friday, 8:30 a.m.-5:30 p.m.;  
Saturday, 8:30 a.m.-1:00 p.m.; Closed Sunday.

### **Laona Pharmacy**

Telephone: (715) 674-2635  
Fax: (715) 674-4603  
Address: 4876 Mill St., P.O. Box 8,  
Laona, WI 54541  
Hours: M, T, W, F 9:00 a.m.-5:00 p.m., closed  
12:00-1:00 for lunch. Thurs. 9:00 a.m. - 1:00 p.m.

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**Rhinelander—715-493-0818**

**Tomahawk—715-218-7799**

**Woodruff—715-892-1339**

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## PHARMACIES CONT.

### Wolf River Pharmacy

Telephone: (715) 478-3369

Fax: (715) 478-3945

Address: 600 E. Pioneer Plaza, Crandon, WI 54520

Hours: Monday-Friday 8:30 a.m.-5:30 p.m.; Saturday 9:00 a.m.-noon. Closed Sundays.

## PRESCRIPTION MEDICATION ASSISTANCE

### Medicare Part D

Telephone: (800) 699-6704

Contact: Jamie Ausloos, Elder Benefit Specialist

### Patient Help Network

Telephone: (866) 218-0694

Website: [www.patienthelpnetwork.org](http://www.patienthelpnetwork.org)

Brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that is right for them.



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**SeniorCare**  
**Forest County Elder Benefit Specialist**  
Telephone: (800) 699-6704

## **PUBLIC HEALTH**

### **Forest County Health Department**

Telephone: (715) 478-3371  
Website: [www.forestcountypublichealth.org](http://www.forestcountypublichealth.org)  
Office Hours: 7:30 a.m. to 5:00 p.m.  
Health Education Services: Vaccines, blood pressure, Lifeline, Walk with Ease Arthritis Program radon test kits, smoking cessation assistance. Please call for fees and eligibility. Please see our website for more information about Healthy Eating and opportunities for exercise such as Walking Trails and Community Gardens.

## **RESPIRE CARE**

### **Christian Servants HomeCare**

Telephone: (920) 642-3329  
Website: [christianservantshomecare.com](http://christianservantshomecare.com)  
Location: Covers Forest County  
Services: Provides non-medical care from respite, camaraderie, or transportation, to 24/7 care including meals, bathing, medication reminders, cleaning, and more.

### **Cumberland Heights**

Telephone: (715) 365-6789  
Fax: (715) 420-0482  
Address: 251 West Hill Rd., Rhinelander, WI 54501  
Services: Community based residential facility, care of elderly, activities, laundry, and meals. Serving Northern Wisconsin.

### **Forest County Office On Aging/Family Caregiver Support Program**

Telephone: (715) 478-3256

### **Helping Hands Senior Homecare Services, LLC**

Telephone: (715) 362-4625 or Cell: 715-360-4695  
Address: 5241 Lassig Rd., Rhinelander, WI 54501  
Website: [www.helpinghandsseniorhomecaresvcs.com](http://www.helpinghandsseniorhomecaresvcs.com)  
Area Served: 50 mile radius from Rhinelander  
Services: Light housekeeping, hygiene, bathing, home-cooked meals, errands, shopping, laundry, companionship, medication reminders.  
Provides 24/7 respite care.

### **Nicolet Staffing – Rhinelander**

Telephone: (715) 365-1302

### **The Bay at Nu Roc Community Health and Rehabilitation Center**

Telephone: (715) 674-4477  
Address: 3576A Nu Roc Ln., Laona, WI 54541

### **Bay @ Suring Health & Rehabilitation Center**

Telephone: (920) 842-2191  
Fax: (920) 842-2176  
Address: 430 Manor Dr., Suring, WI 54174  
Website: [www.Bay-Suring.com](http://www.Bay-Suring.com)  
Services: Skilled nursing, physical, speech, and occupational therapies, home health aides, personal care workers, and social services. Serving Oconto, Marinette, Forest, Shawano, Langlade, and Menominee counties.

## **SOCIAL GROUPS**

The social clubs listed are not the only groups or organizations in Forest County. If anyone has more groups/clubs they would like to see in the next directory please contact the Office on Aging office at (715) 478-3256.

### **Crandon Lions Club**

Address: P.O. Box 470, Crandon, WI 54520  
Telephone: (715) 889-1742  
Meetings: Dinner meetings, 3rd Tuesday of the month, 5:30 pm. Many through September at City Beach Pavillon; October through April at Duck's Bar, Lake Ave. Crandon.

### **Goodman-Armstrong Creek Lions Club**

Telephone: (715) 336-2256  
Meeting location: Varies  
Meets on fourth Wednesday at 7:00 p.m.

### **Laona Lions Club**

Telephone: (715) 889-0246  
Meeting Location: Laona Community Center  
Meets fourth Wednesday at 6:30 p.m.

### **Wabeno Lions Club**

Telephone: (715) 902-9031  
Meeting Location: Varies  
Meetings, 2nd and 4th Wednesdays of the month.

### **Senior Snoop Shop**

Located on the Forest County Courthouse Square.  
Telephone: (262) 385-7498  
Open from Memorial Day- Labor Day.  
Hours of Operation: Monday-Friday 10:00 am-4:00 pm  
Saturday 10:00 am-2:00 pm Holidays 10:00 am-2:00 pm.

# SOCIAL SECURITY

## Disability Benefit Specialist

Telephone: (800) 699-6704 ADRC Office

## Social Security Administration

Telephone: (888) 869-1781 or

TTY/TTD: (715) 369-6881

National number for general information: (800) 772-1213

Fax: (715) 369-5675

Address: 2023 Navajo St., Rhinelander, WI 54501

E-mail: [wi.fo.rhineland@ssa.gov](mailto:wi.fo.rhineland@ssa.gov)

Website: [www.socialsecurity.gov](http://www.socialsecurity.gov).

Social Security retirement, survivor, and disability benefits. Medicare health insurance, Supplemental Security Income for low income aged, blind, and disabled individuals.

# SOCIAL SERVICES

## Forest County Department of Social Services

Telephone: (715) 478-3351

Address: 200 East Madison, Crandon, WI 54520

Contact: Tracy Schumacher, Director to Forest County Department of Social Services

Services: Assistance in accessing a variety of social services programs including Economic Support (food share MA), Adult Protective Services, Supportive Home Care, Kinship, Child Care Certifications, Guardianship Services as well as a variety of children's services.

## Forest County Family Resource Center

Telephone: (715) 478-4837 - general information

- includes financial assistance, adult, and Indian Child Welfare Services

## Sokaogon Chippewa Family Services

Telephone: (715) 478-7600.

(See Financial Assistance)

# SUPPORT GROUPS

Support groups are available for individuals and families that are encountering special circumstances in need of ongoing support. Examples of support groups are: Cardiac support groups; Lyme, Diabetes and Parkinson's support groups; Alcoholism; Alcoholic Anonymous; Overeaters Anonymous and others.

Because the times, dates and types of support groups available change and vary please contact the Aspirus Health Saint Mary's Hospital at (800) 847-4707 for the most recent information.

## ALS Support Group

Howard Young Medical Group

Telephone: (715) 614-5125

Meets the third Friday of the month

Time: 10:00 am-12:00 pm

## GOVERNMENT

### Forest County Government Offices

Located in the Forest County Courthouse at 200 E. Madison Street, Crandon.

Child Support Agency	478-2157	Emergency Management	478-3430
Clerk of Circuit Court	478-3323	Land Conservation	478-7796
Office on Aging	478-3256	Real Property Lister	478-3216
County Clerk	478-2422	Recycling Office	478-3893
Forest Administrator	478-3475	Register in Probate	478-2418
Forest County Sheriff's Dept.	478-3331	Register of Deeds	478-3823
Health Department	478-3371	Social Services	478-3351
County Judge	478-2329	UW-Madison Extension Office	478-7797
County Treasurer	478-2412	Veterans Services	478-3722
Court Commissioner	478-3085	Victim/Witness Coordinator	478-3105
District Attorney	478-3511	Zoning (Land and Water Resources)	478-3893

### State Legislature

Assembly District 36: Representative Jeffrey Mursau, Telephone: (888) 534-0036

Senate District 12: Senator Tom Tiffany, Telephone: (608) 266-2509

### **Alzheimer's Caregiver Support Group ADRC of Oneida County**

Address: 2100 W. Keenan Street, Rhinelander  
Contact: (715) 352-4091 for more info  
Meeting: Meets 3rd Thursday of each month at 1:00pm  
Free Call-In Caregiver Support Group  
(800) 472-8008

### **Free Call In Caregiver Support Group**

Telephone: (800) 472-8008

### **Northwoods Parkinson's Support Group**

Ascension Lutheran Church, Minocqua WI  
Telephone: (715) 545-3414 for more info  
Meeting: 2nd Tuesday of the month from  
10:00 am-12:00 pm

### **Grief Support Groups**

#### **Arbor Vitae, Compassus**

Address: 1571 Hwy. 51 N Ste. C, Arbor Vitae  
Meeting: Meet 1st Wednesday of every month  
Time: 6:00-7:00 pm  
2nd Thursday of every month  
Time: 1:00-2:00 pm  
3rd Thursday of every month 1:00-2:00 pm  
Telephone: (715) 301-7200

### **Side by Side Grief Support Group**

St. Peter of the Fisherman Parish Church,  
Address: 5001 County Road G, Eagle River, WI 54521  
Meeting: Meets 3rd Thursday of the month  
Time: 1:00 pm-2:30 pm  
Compassus, Rhinelander  
Address: 111 E. Davenport St. Ste. 101; Rhinelander, WI  
Meeting: 1st Wednesday of every month  
Time: 6:00-7:00 pm  
Meeting: 2nd Thursday of every month  
Time: 1:00-2:00 pm  
Meeting: 3rd Thursday of every month  
Time: 1:00-2:00 pm

### **Men's Support Group, Rhinelander Compassus**

Telephone: (715) 301-7200  
Address: 111 E. Davenport St. Ste. 101, Rhinelander  
Meeting: Meets 4th Thursday of the month  
Time: 1:00 pm-3:00 pm  
St. Matthias Episcopal Church  
Address: 403 E. Chicago Ave., Minocqua  
Meeting: First Wednesday of the Month  
Time: 6:00 pm-7:00 pm

# **Transportation Options**

## **DAV Transportation Route**



The DAV Van runs Wednesday and Thursday to Iron Mountain VA Medical Center. Reservations are made on first come, first

serve basis and appointments must be made no later than 4:00 p.m. the Thursday before the week the Veteran wants to ride. All riders must be ambulatory, the van cannot accommodate wheel chairs or oxygen containers and the driver cannot lift or attend medically to any patient. To make a reservation please call: (715) 369-6227 from 8:00 a.m. - 4:30 p.m.

Address and time of pickup is as follows:

**Crandon**, 200 E. Madison Street at 6:55 a.m.

Courthouse, front parking lot

**Laona**, 5271 Linden Street at 7:15 a.m.

Volunteer Fire Station, back parking lot

**Cavour**, Corner of 8 & 139 at 7:30 a.m.

No physical address

**Armstrong Creek**, 497 US Hwy 8 at 7:45 a.m.

Corner Store

## **VTS Veterans Transportation Service**

The Department of Veterans Affairs has launched transportation service to VA Medical Centers and Community Outpatient Clinics (CBOC's). Will pick-up at home within a 50 mile radius of Iron Mountain.



For program information contact:

Name: Isaac Armstrong

Phone: (906) 774-3300 Ext. 33849

Room#: 1286; Iron Mnt. VA –Travel

Email: isaac.armstrong@va.gov



# THErapy OCCUPATIONAL, PHYSICAL AND/OR SPEECH

## **Forest County Potawatomi: Health and Wellness Center**

Telephone: (715) 478-4344

### **Rehab Department**

Rehabilitation Services: Physical Therapy, Speech Therapy, Massage Therapy, Occupational Therapy, Chiropractic and Orthopedic.

### **Health in Motion**

Crandon location:

Telephone: (715) 478-6168

Address: 501 W. Lincoln St., Crandon, WI 54520

Rhineland location:

Telephone: (715) 365-5252

Address: 586 Shepard St., Rhineland, WI 54501

### **Rehabilitation Service: Northern Region**

Telephone: (715) 361-2300 & (888) 843-1367

Address: 2003 Winnebago Dr., (YMCA Building)  
Rhineland, WI 54501

### **The Bay at NuRoc Health and Rehabilitation**

Telephone: (715) 674-4477

Address: 3576 Nu Roc Ln., Laona, WI 54541

# TRANSPORTATION

## **AARP Safe Driving Class**

Aging Office (715) 478-3256

AARP trained instructors lead defensive driving training in a classroom setting. Some insurance companies offer a discount to older adults upon completion of this course. Contact the Office on Aging.

## **Forest County Office on Aging**

Telephone: (715) 478-3256

## **Forest County Potawatomi Elderly Program**

Telephone: (715) 478-4715

## **New Freedom Transportation**

Telephone: (715) 233-1070 or (800) 228-3287

Fax: (715) 233-1083

Address: 2920 Schneider Ave., SE, Menomonie, WI 54751

Services: Transportation for medical rides in 29 counties for the elderly and disabled. Please ask to speak to Ruth to set up an appointment.

## **Northwoods Mobility Services (NMS)**

Telephone: (715) 453-2929

Services: Non-emergency transportation - ambulatory and wheelchair.

## **Sokaogon Chippewa Community Senior Center**

Telephone: (715) 478-1229

## **Veyo**

Telephone: (866) 907-1493, call at least two business days before your visit

Website: [wi.ridewithveyo.com](http://wi.ridewithveyo.com)

Services: Medicaid/Badger Care Plus non-emergency medical transportation.

# VETERANS

## **Forest County Veterans Service**

Telephone: (715) 478-3722

Fax: (715) 478-2035

Address: 200 East Madison, Crandon, WI 54520

Contact: Robb Koplien

E-mail: [robbkoplien@co.forest.wi.us](mailto:robbkoplien@co.forest.wi.us)

Services: Veterans in Wisconsin may be eligible for a wide variety of services and benefit programs through the U.S. Department of Veterans Affairs and through the Wisconsin Department of Veterans Affairs. In addition to his role as a benefit counselor, the service officer is an advocate for veterans and can assist in appealing adverse decisions.

## **VA Community Based Outreach Clinic - Rhineland**

Telephone: (715) 362-4080

Fax: (906) 779-7454

Address: 639 W. Kemp St., Rhineland, WI 54501

Services: Physical therapy, and mental health along with primary care for veterans

## **Wisconsin Women Veterans**

### **Wisconsin Department of Veterans Affairs**

Telephone: (800) 947-8387 or (608) 267-1797

Address: 201 W. Washington Ave.

P.O. Box 7843, Madison, WI 53707-7843

Website: [www.dva.state.wi.us/womensvets.asp](http://www.dva.state.wi.us/womensvets.asp)

Services: To address the needs of women veterans in Wisconsin, the Department of Veterans Affairs has created an initiative that will provide advocacy for women veterans.

## **Wisconsin Veterans Home at King**

Telephone: Admissions (888) 458-5586 or

(715) 258-5586

Website: [www.dva.state.wi.us/homes.asp](http://www.dva.state.wi.us/homes.asp)

This state licensed facility is open to veterans and their spouses for long term care. The home is located on Rainbow Lake in Waupaca County and provides skilled nursing, memory care, and some domiciliary care. For more information contact the Forest County Veterans Office 715-478-3722.



## **Rennes Health & Rehab Center**

Rehabilitative Services & Skilled Nursing



***Innovative. Distinctive. Tradition.***  
***Tours available. No appointment necessary.***

We invite you to drop in to explore our state-of-the-art facility. Our skilled nursing facility offers on-site physical, occupational and speech therapy as either short-term care or long-term rehabilitative therapy on an inpatient and outpatient therapy basis.

### **Amenities abound:**

- On-site Full-time RN
- Whirlpool Spa & Beauty Salon
- In-House Therapy Services
- 1:1 Therapy Services
- State-of-the-art Therapy Equipment
- 24-Hour Nursing Care
- Hospice Care
- Respite Care
- Inpatient & Outpatient Therapy
- Private & Semi-Private Rooms
- Home-Cooked Meals
- And more....



**Rennes Health & Rehab Center**  
1970 Navajo Street, Rhinelander  
Phone: (715) 420-0728

[www.RennesGroup.com](http://www.RennesGroup.com)

55805

# VISION RESOURCES

## **American Council of the Blind**

Telephone: (800) 424-8666

## **Eye Clinic of WI – Antigo**

Telephone: (715) 623-6662 or (800) 472-0033

Fax: (715) 623-2400

Address: 109 State Hwy 64, Antigo, WI 54409

Mailing: P.O. Box 689, Wausau, WI 54402-0689

Website: [www.eyeclinikwi.com](http://www.eyeclinikwi.com)

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

## **Eye Clinic of WI - Rhinelander**

Telephone: (715) 362-2600

Address: 2 E. Ocala St., Rhinelander, WI 54501

## **Eye Clinic of Wisconsin-Wausau**

Telephone: (715) 261-8500

Fax: (715) 261-8671

Surgery Center: (715) 298-5500

Address: 801 1st Street, Wausau, WI 54401

Mailing: P.O. Box 689, Wausau, WI 54402-0689

Website: [www.eyeclinikwi.com](http://www.eyeclinikwi.com)

Hours: Monday, Wednesday & Friday 7:15 am-5:00 pm;

Tuesday and Thursday 7:15 am-6:00pm;

Sat., 8:00 am-noon.

## **Forest County Potawatomi Health & Wellness Center Optical Dept.**

Telephone: (715) 478- 4339

Address: 8201 Mish ko swen Dr., Crandon, WI 54520

Website: [www.fcpotawatomi.com](http://www.fcpotawatomi.com)

## **Garrett Eye Center**

Telephone: (906) 774-1404 or (800) 428-8149

Address: 1301 Carpenter Ave., Iron Mountain, MI 49801

## **Marshfield Clinic – Wausau Optical Center**

Telephone: (715) 847-3000 or (800) 847-0016

Fax: (715) 841-4972

Address: 2727 Plaza Dr., Wausau, WI 54401

## **Pearl Vision**

Telephone: (715) 623-2180

Fax: (715) 623-7244

Address: 714 Third Ave., Antigo, WI 54409

Mailing Address: P.O. Box 238, Antigo, WI 54409

E-mail: [pvantigo@midlinevision.com](mailto:pvantigo@midlinevision.com)

Services: Eye care services.

Serving Northern Wisconsin.

Hours: Monday 8:00 am-7:00 pm; Tuesday-Friday

8:00 am-5:00 pm

## **State of Wisconsin Bureau for the Blind and Visually Impaired**

Telephone: (715) 365-2804

Fax: (715) 365-2705

Address: 2187 N. Stevens St., Suite C

Rhinelander, WI 54501-8043

## **Wisconsin Council of the Blind and Visually Impaired**

Telephone: (800) 783-5213

Sharper Vision Store: (608) 237-8100

Address: 754 Williamson St., Madison, WI 53703

Website: [www.wcblind.org](http://www.wcblind.org)

## **Wisconsin Talking Books & Brail**

(800) 242-8822 or (414) 286-3045

*(See Libraries Section)*

# VOLUNTEER OPPORTUNITIES

*(See Nursing Homes Section)*

## **Forest County Aging & Disability Resource Center**

Telephone: (800) 699-6704

## **Forest County Office on Aging**

Telephone: (715) 478-3256

## **Foster Grandparent Program**

Telephone: (715) 588-3324

Great Lakes Inter-Tribal Council

# WEATHERIZATION

## **Forest County Family Resource Center**

Telephone: (715) 478-4837

## **NEWCAP, Inc.**

Telephone: (715) 478-3871

Fax: (715) 478-2725

Address: 212 N. Lake Ave., Crandon, WI 54520

## **Sokaogon Chippewa Family Services**

*(See Financial Assistance)*

Telephone: (715) 478-7600



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715-362-4625

## We offer a variety of services that are tailored to meet your needs.

- Available 7 days a week, 24 hours a day
- FREE in-home consultation
- Carepartners specialized in memory care: Alzheimer's and Dementia
- Consulting nurse on staff
- Complement Hospice and Home Health services
- Respite care • Post-operative assistance
- Hospital sitting • Wake-up and tuck-in services
- Daily telephone checks
- Heavy and deep cleaning housework
- Assistance with all activities of daily living:
  - Hygiene ■ Dressing ■ Medication reminders
  - Home cooked meals ■ Diet monitoring
  - Light housekeeping ■ Laundry ■ Errands and shopping
  - Driving to and from appointments
  - Pet care ■ Companionship



## THERE IS NO PLACE LIKE HOME

Nothing compares to the comfort of home!

Utilizing homecare is often the first and best choice for you and your elderly loved ones and their family caregivers. The surroundings are familiar and can be modified as your loved one's condition changes. When home is where you want to be, call us!

**715-362-4625 • 715-360-4695 (cell)**

**YOUR LOVED ONES DESERVE THE VERY BEST!**

We strive to be the premier provider of quality homecare with compassionate carepartners who have a mission to exceed our client's expectations.

# Bringing People and Resources Together.

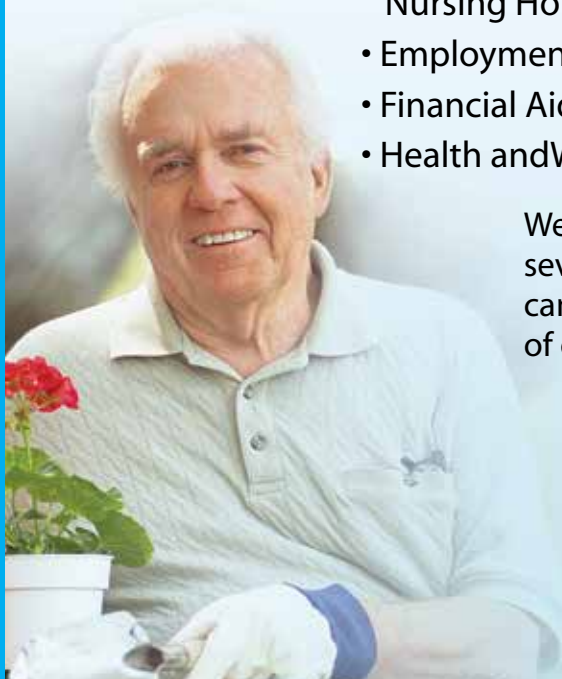


**ADRC Of The Northwoods** provides **free assistance** to older adults and individuals with disabilities (age 17 1/2 - 59) in Forest and Taylor Counties and Forest County Potawatomi. We're here to help our clients—and their families and caregivers—find services and resources that promote wellness and independent living.

## The ADRC can help you find:

- Adaptive Equipment
- Assisted Living / Nursing Home
- Employment Options
- Financial Aid
- Health and Wellness Programs
- In-Home Personal Care
- Nutritional Services
- Prescription Drug Coverage
- Respite Care
- Transportation
- And much more!

We provide confidential consultation at any of our seven convenient office locations, over the phone, or can visit you at your own home. Call us today and one of our friendly, skilled staff will be happy to assist you.



**Contact your ADRC to find the one nearest to you!**

**1.800.699.6704**

**[adrcofthenorthwoods.org](http://adrcofthenorthwoods.org)**