

## **Concussion Advocate Ray Ciancaglini**

Date: Wed. 18 Jan, 2017 6:30 pm - 7:30 pm

Duration: 1 Hour

Concussions are not just a problem for professional athletes. It's not just a college sports thing either. In fact, the numbers show they happen far too many times in youth and interscholastic sports. Suffering just one concussion as a young athlete can have lasting impacts.

More than one can put you out of sports for good. Foxcroft Academy Sports Medicine and the Maine Concussion Management Initiative (MCMI) are proud to announce they are holding a Concussion Awareness Seminar, Wednesday, January 18th at 6:30pm at Foxcroft Academy. The featured speaker is Ray Ciancaglini, a former New York middleweight boxer, who is now fierce advocate for concussion awareness because he is suffering from several health related problems due to the results of multiple concussions. Ciancaglini's current passion is working with young athletes to help them realize concussions are a real issue. You can read more about Ray Ciancaglini's story and his ongoing mission on his website, www.thesecondimpact.com.

This seminar is geared to reach student athletes, parents, and health care providers that work with student athletes. Over the years, research has shown concussions can lead to a variety of health issues later in life. The Maine Concussion Management Initiative is dedicated to improving the safety of Maine's youth by increasing awareness and education on concussion management. MCMI is a pioneer in concussion research and education outreach. More information on MCMI is available at http://web.colby.edu/mcmi/ and on their Facebook page.

This important evening is free and open to the public. There is no need to register. It will be held in the Foxcroft Academy Student Center located on the basement floor of FA's East Wing. Light refreshments will be served. Please park in the new East Side parking lot and proceed through the side doors.

For more information on this seminar, please contact Jaclyn Tourtelotte, Foxcroft Academy Athletic

Trainer, (207) 564-8351 or jaclyn.tourtelotte@foxcroftacademy.org.