

WASHINGTON STATE 2015
Traumatic Brain Injury Conference



The Way Forward

Marriott Hotel, Seattle-Tacoma Airport
Monday, April 27 and Tuesday, April 28, 2015

Workshop Descriptions • Monday, April 27

Keynote Speaker

MORNING KEYNOTE
9:15 - 10:15 AM

"The Invisible Opponent"

(Banquet Room)

Ray Ciancaglini

Former boxer and survivor

Concussion awareness: Ray tells his story, his resiliency and determination defined both my success and demise as a boxer. Those same attributes define and drive Ray today, and he seeks to inspire those battling a TBI, those who are caregivers and family members. Topics include: dealing with dementia and providing concussion education.

WORKSHOP SESSION 1: 10:45 AM - 12:00 PM

1 ADULT TRACK

"TBI 101: The basics of Traumatic Brain Injury"

(Salon A & B)

Dr. Cherry Junn

Epidemiology, pathophysiology and common complications after Traumatic Brain Injury. We will review common causes of Traumatic Brain Injury and discuss molecular and functional changes associated with traumatic brain injury. Finally, we will identify common complications after TBI.

"Moving Forward to a Better Day: Mindfulness Meditation Can Help Survivors and Caregivers of TBI"

(Salon D & E)

Dana Brickham

Survivors and caregivers of traumatic brain injury face a unique life-long process of rehabilitation. Group participants will learn what mindfulness meditation is and how it can help them. Positive benefits from existing research will be discussed: increased happiness, compassion, focus, attention and working memory while providing for more cognitive flexibility; and a reduction in stress, burnout, pain, depression, and anxiety.

Yoga for All Salon #1

Colleen Mehner, Certified and Registered Yoga Instructor

Participants will learn a few simple Restorative Hatha Yoga moves and stretches. The intention of this session is to give participants an overview of the infinite possibilities of Yoga for individuals affected by TBI, not only for survivors, but for all, including caregivers, counselors, clinicians, parents, spouses, and friends. Learn ways to remain calm and centered while dealing with the challenging effects of TBI.

LUNCH 12:15 - 1:00 PM

AFTERNOON KEYNOTE
1:00 - 1:45 PM

"Long-term social role difficulties for the person with a brain injury and a dual diagnosis"

(Banquet Room)

Dr. Rolf Gainer

Founder of the Neurologic Rehabilitation Institute at Brookhaven Hospital, Oklahoma and the same Institute of Ontario (Canada)

Looking at the impact of community on an individual with a brain injury, social role return; dual diagnosis with a mental health disorder; and social role failure.

What are the barriers to social role return in persons living with a dual diagnosis.

How do we identify components of social network failure, which may exacerbate psychiatric issues.

Consider isolation, loneliness and social withdrawal as complicating factors to social role.

WORKSHOP SESSION 2: 2:00 PM - 3:15 PM

6 ADULT TRACK

"Managing Daily Activities Using Applications"

(Salon A & B)

Samantha Murphy and Maria Kelley

Using applications and mobile technology to improve independence and collaboration at work, home, and play. We will identify how mobile technology can be used as assistive technology to benefit functional outcomes; understand the process for identifying appropriate applications to meet individual's needs; and understand how to access Assistive Technology services to support decision making and acquisition of devices and applications.

7 PROFESSIONAL TRACK

"How Do I Protect My Interests after having suffered a Head Injury?"

(Salon D & E)

Mike Nelson and Scott Blair

The appropriate steps to take immediately after sustaining a head injury in a motor vehicle collision or other type of incident, the difference between a third-party case and a worker's compensation claim. How to take care of yourself, personally and financially, after having suffered a head injury.

Biographies

Keynote Presenters

Ray Ciancaglini, a native of Geneva, New York, is a former professional boxer and award-winning concussion awareness activist. His personal story was featured nationally by ABC News and has garnered 2 New York Associated Press and New York News Publishers Awards.

He played an instrumental role in getting passed into New York State law the Concussion Management Awareness Act for which he was honored with the New York Executive Chamber Award and the Rochester Hickok Hero Award. Ciancaglini founded the Second Impact (www.thesecondimpact.com) Concussion Education Program and tours high schools, colleges, universities NFL Player Development Camps and Youth Organizations -all free of charge- with his message, lecturing athletes about the possible ramifications of not addressing concussions properly.

A member of the Rochester, NY Boxing Hall of Fame, and the Geneva, NY Sports Hall of Fame, Ciancaglini's boxing career was layered with many accolades, most notably the Golden Glove Heart Award and the Jerry Flynn Courage Award. He fought from 1966-74. Other notable awards include the Brain Injury Association of New York State Public Policy Award, the Geneva High School Class of 1969 Positive Impact Award and the prestigious Camp Good Days and Special Times Courage Award.

Ciancaglini has battled Parkinson Syndrome and Dementia Pugilistica (Chronic Traumatic Encephalopathy) for many years as a direct result of numerous untreated concussions he suffered. Ciancaglini has been participating in several CTE research studies at the Boston University School of Medicine (Study of Chronic Traumatic Encephalopathy) and has donated his brain upon his death. Ray currently resides in Romulus, New York with his wife of 38 years, Patricia. They have two children, Anessa Davie of Medford, New Jersey (John) and Raymond, Jr. of Newtown Square, Pennsylvania and a 2 year old granddaughter, Paige Davie

Shari Rusch-Furnstahl By the time Shari was in first grade, thick medical and academic files described her limitations and "disabilities." Assessments had confirmed the worst about her future. Experiencing severe vision, hearing, learning and physical challenges, it was believed Shari would never reach beyond the fifth grade level as an adult. Her parents were told to put her in an institution. Thankfully, that isn't where her story would end. Teachers, peers and family members willing to offer assistance and encouragement, gave hope and new direction every time she reached a dead end. With the support of those around her and a steely determination, Shari was able to succeed far beyond those early assessments. From a clumsy child with a speech impediment... from a student few believed could learn... to becoming a special education teacher, Shari's story celebrates the triumph of the human spirit confirming that one person can make a difference.

Rolf B. Gainer, PhD has over 35 years of experience in the design, development and operation of brain injury programs which include: acute and post-acute rehabilitation as well as supported living programs. Dr. Gainer is the founder of the Neurologic Rehabilitation Institute of Ontario (Canada) and the Neurologic Rehabilitation Institute at Brookhaven Hospital. Dr. Gainer is involved in three longstanding outcome validation studies which are focused on the post-rehabilitation areas related to social role return, living with a brain injury and a dual diagnosis and aging with a brain injury. Dr. Gainer has presented at numerous international, national and regional conferences over the course of his career and is active in several rehabilitation associations.

Jeanne Hoffman, Ph.D. is an Associate Professor at the University of Washington (UW) in the Department of Rehabilitation Medicine. She is an attending psychologist at the UW Medical Center where she spends time on the inpatient rehabilitation unit helping individuals cope with new disability and managing symptoms of depression and anxiety. She has been involved in research on individuals with Traumatic Brain Injury (TBI) since 2001. Jeanne has been involved with a variety of research projects affiliated with the University of Washington TBI Model System over the years, such as examining access to inpatient rehabilitation for individuals with TBI and more recently as the lead investigator of a multi-center investigation on the natural history of headache. This research has led us to investigating possible preventive and treatment medications for headache after TBI. In 2012, Jeanne was awarded a grant funded by the Department of Defense to examine a telephone intervention for Veterans with TBI and pain. She is also the Psychosocial Co-Director of the Northwest Regional Spinal Cord Injury System and continues to be involved in health services research. In addition, Jeanne serves as a board member for the Brain Injury Alliance of Washington.