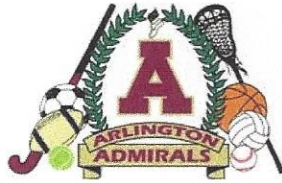


NATIONAL ATHLETIC TRAINING MONTH

**WE PREPARE -
YOU PERFORM**

MARCH 2015



MARCH 21, 2015 ATHLETIC TRAINING DAY!

Coaching Seminar

Join us for the day to hear from former boxer & founder of *The Second Impact* Ray Ciancaglini. Come brush up on your equipment fitting skills and have a crash course in ankle taping for when you're on the road with athletes. We will also be collecting lightly used athletic equipment to donate to *Let's Play it Forward*, an organization that donates to charitable youth organizations and individuals in need to obtain the gear necessary to play sports.



Special Guest
Ray Ciancaglini
"The Second Impact"

Equipment Fitting
Demo

Ankle Taping Crash
Course

AHS Fitness Combine

Vendors & Raffles!

Lightly Used
Equipment Donation

ARLINGTON ATHLETIC TRAINING

1157 Route 55
Lagrangeville, NY 12540

Sign Up by March 15 at:

<http://sunsofaga.megaph.com>

or by calling Brooke at 845-705-1092

Registrations begins at 10:30am