



Jones Beach Junior Lifeguard Program

Spring Newsletter #2

<https://jbjg.org/>



Program Dates Update!

The 2025 Jones Beach Junior Lifeguard Program will now run for eight weeks from Sunday, June 22 through Sunday, August 10.

This change, just approved, moves the start date up by one week from what was previously announced. The adjustment was made to maintain full staffing, as some instructors return to college in mid-August, and keeps with past practice, as the program has traditionally ends the Sunday after the USLA National Junior Lifeguard Championship.

Thank you for your understanding as we prepare for a great season.

Exciting Changes Coming to East Bathhouse



This summer, families should be aware that the East Bathhouse at Jones Beach will be under construction. Last May, Governor Hochul announced a \$100 million project to redesign and renovate the bathhouse, which has been closed since 2008. The upgrades will include splash pads, a zero entry learn-to-swim pool, and a new playground, creating new family-friendly spaces. Construction is expected to be completed by summer 2026. We look forward to explore the opportunities this presents for our program going forward.

As we approach the start of the program in June, we will announce any logistical information which parents need to know. The program will remain at EBHO and meeting locations for each age group will be clearly identified.



Important Dates *Updated*

May

- 19th – paperwork & payment due for RETURNING athletes
- 29th – tryouts for NEW athletes (see website for details)

June

- 25th – JBJG Competition Team Tryouts
- 22nd & 29th – Sunday practice

July

- 6th, 13th, 20th & 27 – Sunday Practice sessions
- 16th – Jones Beach Junior Lifeguard Tournament
- 23rd – Junior Lifeguard Mid-Atlantic Regional Championship – Sea Girt, NJ
- 30th – All Women's Lifeguard Tournament – Lido Beach, NY

August

- 3rd & 10th – Sunday Practice sessions
- 6th – USLA Jr. Lifeguard National Championship – Huntington Beach, CA

Parking Reminder: Plan Ahead for Summer Visits

Parents planning to use Parking Fields 5 or 6 at Jones Beach for our Sunday program this summer should be aware that a vehicle use fee is required. To save time and money, now is the perfect opportunity to purchase or renew a New York State Empire Pass. This pass grants unlimited day-use vehicle entry to most state parks, including Jones Beach, for the entire 2025 season. It's shareable among household members and available as a physical card (\$80) or a digital version (\$72) that can be stored in the NYS Parks Explorer App.

You can purchase or renew your Empire Pass online at parks.ny.gov/admission/empire-passport. This is a great way to streamline your beach visits and avoid paying per-visit parking fees.



Know Anyone Interested in Becoming a Jones Beach Lifeguard?

The **Long Island Region Lifeguard Qualifying Exam** will be held on **Sunday, June 8, 2025**. Candidates must be **at least 17 years old** and pre-register online. The test includes a 100-yard swim (under 75 seconds), a 50-yard cross-chest carry (under 55 seconds), a ¾-mile run (under 6 minutes), and a 350-400 yard ocean swim. Successful candidates must also complete 40 hours of paid training (**\$24.04 per hour**) and obtain CPR/AED certification for professional rescuers. No prior lifeguard certifications are required to take the exam.

Come join the Jones Beach Lifeguard Corps and be part of a proud tradition of excellence!



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