



Isabella Colombo

### Lifeguard Essay

Everyone in life sets goals to become who they want to be when they grow up. They'll do whatever it takes to become who they want to be. I have always been determined to set up a foundation for my future. Whether it be getting an education, going to college, and finding a career. But the one thing I've always been determined to be when I'm older is a Jones Beach Lifeguard.

For many years I've been going to the same beach since my brother and I were 2 years old. My mom was able to teach both of us so much about the beach and the water at such a young age. People would always ask us to come with them to the bay or little beaches and my mom's response would always be, "Nah, we go to the ocean. The kids love playing and going in the waves." And that beach is Robert Moses Field 3. It's like my second home for the 12 weeks of summer, going almost every day from the end of May to mid-October. Whether it's surfing, swimming, boogie boarding, playing ball, or even just having fun is the best part about going, especially when I'm with my friends and family. I'm so glad I've been able to become friends with most of the lifeguards there. Since I have been little, I have always looked up to them as role models. Every once in a while my brother and I would help out with the flags or setting up the stands. The best part is when we asked to sit with them on the stand, especially when they gave us advice about lifeguarding.

This year my brother and I made the Jones Beach Junior Lifeguard Corps. It's been so much fun and they have taught us so much. Knowing that I made it this year makes me more confident to strive to train hard, especially knowing that my brother and I could become their future lifeguards. All of the instructors are just so much fun to be with and I've been able to make so many new friends. There's never been a time where I didn't want to go, because it's so much fun! We will and always look forward to every Sunday morning.

I wouldn't be able to tell you what the experience of being rescued is because I've never been rescued. But I do know one thing, I'm sure that when you see a lifeguard coming to save you, you really appreciate that there is someone that's caring and willing to save your life. Knowing that I can or will be able to help someone in a life threatening situation is probably the best thing I can do for someone. Since I was little, I have always been the type of person that loves helping people out. It still is and will

always be the best feeling. Watching rescues and seeing the lifeguards help people make me want to do it even more. If and when my brother and I pass the test when we are 17, knowing we can be viewed as a role model for younger kids and help save so many people would make me proud of what I do for my job and who I am as a person.

If my brother and I were able to become lifeguards at Robert Moses Field 3, that would be such a dream come true. Saving lives is and will always be the most important thing about lifeguarding. But, being part of that experience would be such an honor. Field 3 will always be our home no matter what gets in the way. Like Isak Dinesen said: "The cure for anything is salt water: sweat, tears, or the sea."