

PFRENZINGER

Discovery Series™

WHAT ARE YOUR **BARRIERS?**

These are the 5 most common personal barriers to success for ambitious professionals, based on my 3 decades of exec coaching. Discover and resolve them and you can turn them into powerful career assets. The QR code below has the questions to help you determine if any of these are your barriers as well.



1 PERSONALITY
TYPE & GIFTEDNESS

2 BRAND
PERSONAL REPUTATION

3 MINDSET
THE INNER VOICE

4 VISIBILITY
GETTING BETTER KNOWN

5 JOURNEY
GOALS & ACCOUNTABILITY