Precious Children's Day Nursery

WEEKLY MEALS

FOR QUESTIONS CONTACT: 574-536-2748

MONDAY

Breakfast: Milk, Whole Grain Cereal, Pineapple

Tidbits

Snack 1: Water, Carrots & Ranch

Lunch: Milk, Chicken Nuggets, Sweet Peas,

Pineapple Tidbits, Whole Grain Roll **Snack 2:** Water, Cheese & Crackers

Dinner: Milk, Chicken Nuggets, Sweet Peas,

Pineapple Tidbits, Whole Grain Roll

TUESDAY

Breakfast: Milk, French Toast, Mandarin Oranges

Snack 1: Water, Cheese & Crackers

Lunch: Milk, Cheesy Ravioli, Green Beans, Mandarin Oranges, Whole Grain Roll

Snack 2: Water, Carrots & Ranch

Dinner: Milk, Cheesy Ravioli, Green Beans, Mandarin Oranges, Whole Grain Roll

WEDNESDAY

Breakfast: Milk, Waffles, Turkey Bacon, Sliced

Apples

Snack 1: Water, Pretzels & Cheese

Lunch: Milk, Pasta Alfredo with Meatballs, Mixed Vegetables, Sliced Applies, Whole Grain Roll

Snack 2: Water, Chips and Mild Salsa

Dinner: Milk, Pasta Alfredo with Meatballs, Mixed Vegetables, Sliced Applies, Whole Grain Roll

THURSDAY

Breakfast: Milk, Oatmeal, Sliced Pears

Snack 1: Water, Carrots & Ranch

Lunch: Milk, Cheesy Pizza, Black Beans, Peaches,

Whole Grain Roll

Snack 2: Water, Cream Cheese Wafers

Dinner: Milk, Cheesy Pizza, Black Beans,

Peaches. Whole Grain Roll

FRIDAY

Breakfast: Milk, Raisin Toast, Peaches **Snack 1:** Water, Cream Cheese Wafers

Lunch: Milk, Beef Burgers, Baked Beans, Sliced

Pears, Whole Grain Bun

Snack 2: Water, Chips and Mild Salsa

Dinner: Milk, Beef Burgers, Baked Beans, Sliced

Pears, Whole Grain Bun

At Precious Children's Day Nursery we strive to provide our children with **healthy**, **nutritious** meals to help fuel their **minds** and **bodies**.

