

HALLOWEEN THEME PARENTS NIGHT OUT

SAT 10/24 * 5:30-9:00PM

\$40/CHILD

50% OFF SIBLINGS



PARTY

with us!

Get the entire gym and 2 party hosts for up to 21 kids! It's a stress free 1.5 hours of obstacle courses, games and fun for just \$350!

Birthday Parties
available every

Sat: 1:00 & 3:00

Sun: 12:00 & 2:00

RESERVE YOUR PARTY TODAY
THROUGH OUR WEBSITE!



SPARK ATHLETICS HIGHLANDS

361 BAXTER AVENUE

WWW.SPARKATHLETICSHIGHLANDS.COM



OPEN GYM IS BACK!

EVERY FRIDAY
6-8pm

\$16/child

50% off siblings

REGISTRATION REQUIRED!



NEW DAYTIME CLASSES & PRESCHOOL OPEN GYM!

Preschool Open Gym

Wednesdays & Fridays 1-1:50

\$8/child (50% off siblings)

DAYTIME CLASSES

WEDNESDAYS:

10:30 - Preschool Gymnastics

11:25 - Parent & Tot Gymnastics

12:00 - Girls Gymnastics Level 1

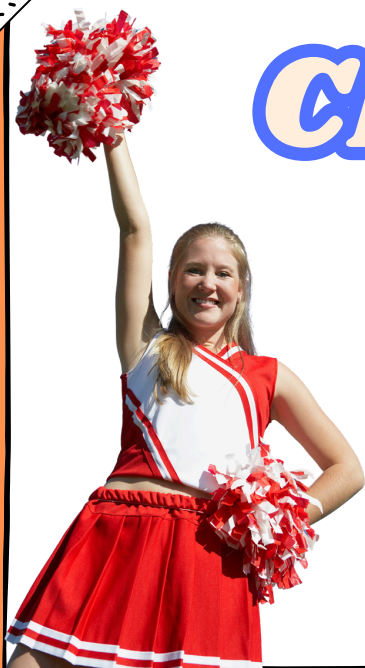
FRIDAYS:

12:00 - Ninjastics Level 1

2:00 - Girls Gymnastics Level 1

3:00 - Preschool Gymnastics Level 1





CHECK OUT OUR CHEER CLASSES!

**CHEER LEVEL 1 –
INTRO TO
CHEERLEADING.
STUDNETS LEARN
BASIC TUMBLING,
JUMPS AND
MOTIONS**

**Tues 4pm or 6pm
Wed 5pm or 7pm
Sat 9am**

**CHEER LEVEL 1 –
NOVICE
CHEER.
WALKOVERS,
ROUND-OFFS,
COMBO JUMPS &
SIDELINES**

**Tues 7pm
Wed 4pm or 7pm
Sat 10am**

**CHEER LEVEL 3 –
BACKHANDSPRINGS
STANDING &
ROUND-OFF
HANDSPRING IS THE
FOCUS FOR THIS
CLASS (MUST PASS
LEVEL 1&2)**

**Wed 6pm
Sat 11am**

UPCOMING EVENTS

- **Parents Night Out** Saturday 5:30–9:00 on 10/24, 11/7, 11/21, 12/5, and 12/19
- **Open Gym** every Friday 6–8pm
- We are open and will have classes Halloween morning
- **Performance Day** registration coming soon!
- Spark t-shirts now for sale in our “under reno” consignment shop



NINJASTICS CLASSES

New curriculum format for boys and girls ages 5–13! Lots of new classes to choose from:



Level 1 (ages 5–8)

**MON 5:00 or 6:00
TUE 5:00 or 6:00
WED 6:00 or 7:00
THU 4:00 or 5:00
FRI 12:00
SAT 9:00 or 10:00**

Level 2 (ages 8–13)

**MON 4:00 or 7:00
TUE 7:00
WED 5:00
THU 6:00
SAT 11:00**