

Fall/Winter 2025



SPARK ATHLETICS

CLASSES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**Girls
Gymnastics
Level 1**

6:00-6:50

4:00-4:55

4:00-4:50
5:00-5:50
7:00-7:50

6:00-6:50

10:00-10:50

**Girls
Gymnastics
Level 2**

7:00-7:50

5:00-5:55

4:00-4:50
6:00-6:50

7:00-7:50

11:30-12:20

**Boys
Gymnastics
Level 1**

4:00-4:55
5:00-5:55

5:00-5:50
7:00-7:50

**PARENT & TOT
(ages 1-3)**

10:00-10:30

7:00-7:30

5:00-5:30
5:30-6:00

11:00-11:30

**PRESCHOOL
GYM (3-5)**

4:00-4:50
5:00-5:50

9:00-9:50
10:45-11:35
6:00-6:50

4:00-4:50

4:00-4:50
6:00-6:50

9:00-9:50

**CHEER PREP
LEVEL 1**

COMING SOON!

COMING SOON!

COMING SOON!

**CHEER PREP
LEVEL 2**

COMING SOON!

COMING SOON!

COMING SOON!

**NINJA JUNIOR
(AGES 4-5)**

6:00-6:50

5:00-5:55

NINJA LEVEL 1

5:00-5:55

6:00-6:50

4:00-4:55

10:00-10:50

**Find us at: 502-909-8985
361 Baxter Ave in the Highlands**



**REGISTER AT:
www.sparkathleticshighlands.com**