



SERVICES GUIDE

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Welcome

Hey there, I'm Alicia !



I'm your dedicated ally in this exhilarating roller coaster of personal growth and sky's-the-limit success. Oh, and just between us? Conventional paths and me? We don't really get along. I chose the thrilling path of carving out my own niche in the world, and I'm about to show you how to do the same.

Think those lofty dreams and grand visions of yours are reserved for the select few? Think again! I'm here to show you that those dreams are attainable and should be vigorously pursued.

Whether you're aiming to build an empire, create a legacy, or just want to live a life bursting with freedom and abundance, I've got your back and will stand by your side as you transform into the best version of yourself. Through proven strategies and a tailored approach, we're about to turn your world upside down – in the best way possible.

Ready to make those dreams a living, breathing reality? You're in the right place. Let's shake things up and create a legacy that's all about YOU.

Get ready for a wild ride,

Alicia

The Process



BOOK A DISCOVERY CALL:

Kickstart your journey with a 30-minute discovery call. Here, we'll briefly discuss your goals and outline the road ahead.

SIGN THE CONTRACT:

A straightforward and transparent contract signing to officially mark the beginning of our partnership.

PAYMENT AND INVESTMENT:

A hassle-free payment process where you choose your preferred package and make the necessary investment to secure your spot.

CONSULTATION:

Dive deeper into your objectives during this consultation, forming a concrete foundation for your personalized coaching plan.

CUSTOMIZED COACHING PLAN:

Your unique pathway is charted, incorporating strategies and steps aligned with your goals and vision.

FOLLOW-UPS AND FEEDBACK:

Regular check-ins to monitor your progress, with adjustments made as needed to keep you on a dynamic and fruitful path.

Silver PACKAGE

Embark on a 3-month transformative journey with the Silver package, ideal for those ready to dip their toes into the world of personal growth. This package offers a nurturing space to begin your transformation with guided support.



Bi-weekly 60-minute coaching sessions: Dive deep into your goals in sessions packed with actionable strategies.



Personalized action plans: Receive bespoke plans to guide you step by step towards your dreams.



Email support between sessions: Stay connected and receive guidance through email support.



Will provide access to resources to equip you to aid in your journey.

Gold PACKAGE

The Gold package is designed for those who are committed to taking a giant leap towards their dreams. Experience a richer, more intensive coaching journey (lasting for 6 months) that delves deep to unlock your fullest potential.



Bi-Weekly 60-minute coaching sessions: Engage in regular sessions that build momentum towards your goals.



Tailored strategy and action plans: Benefit from strategies that are designed to align with your vision.



Priority email and phone support: Enjoy the privilege of priority support to facilitate continuous growth.



One exclusive personal development assessment.
Determined based on need of a coaching structure.

Platinum PACKAGE

The Platinum package is the epitome of a transformative coaching experience. Tailored for those ready to make a monumental shift, this 12-month package offers an immersive journey by encompassing every aspect of personal and professional growth.



Bi-Weekly 90-minute coaching sessions: Engage in extended sessions offering profound insights and guidance.



Bespoke strategy & VIP support: Receive strategies meticulously crafted to catapult you towards success.



Priority email, 15-minute laser coaching, and phone call availability for in between sessions for additional support:



Two exclusive personal development assessments. Determined based on the need of a coaching structure.



ALICIA G. BERGERON, MBA

CERTIFIED PERSONAL DEVELOPMENT AND EXECUTIVE COACH



ASCEND360
COACHING

www.ascend360coaching.com

Additional Services

Corporate Training Programs	Developing customized workplace training and programs tailored to meet your business's unique needs.	TBD
Coaching and Training Programs	Personalized Group and Individual Coaching with a training program. Will customize based on needs.	TBD
Individualized Executive Coaching	Developing customized workplace coaching tailored to meet your organizations needs and values.	TBD
Speaking Engagements	Engage Alicia for inspirational talks at your events.	TBD

QUESTIONS? SEND A MESSAGE TO ALICIA@ASCEND360COACHING.COM

Frequently Asked QUESTIONS

Q How are the coaching packages structured?

A The coaching packages are structured with a blend of regular sessions, personalized action plans, and ongoing support to ensure your continual growth.

Q Do you offer resources as part of the coaching?

A Yes, depending on the package you choose, you will have access to a range of resources, including e-books, worksheets, and webinars when available.

Q What results can I expect from this program?

A While individual results may vary, you can anticipate a clearer vision, actionable strategies, and a supportive accountability partner to facilitate your growth journey.

Q How soon can I start once I decide to proceed?

A Once the agreement is signed and the initial payment is processed, we can commence your coaching journey within a week or at a mutually convenient time.

BOOK A FREE *discovery call*

Are you ready to take the leap into a journey of boundless growth and personal fulfillment? It all starts with a simple, yet empowering step: a discovery call. In this initial conversation, we'll identify your goals and the pathways that can lead you there. Reach out and let's ignite the spark that sets your dreams in motion.

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Send any questions you have to: —→ **alicia@ascend360coaching.com**