



Did you know?

- **1 in 5 children ages 11-18 have or will have a serious mental illness.**
- **Suicide is the 3rd leading cause of death in youth ages 10-24 years old.**
- **8% of youth have an anxiety disorder**
- **10% of youth have a behavior or conduct disorder.**
- **11% of youth had a mood disorder.**
- **50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.**
- **50% of students age 14 and older with mental illness drop out of high school.**
- **70% of youth in state and local juvenile justice systems have a mental illness.**
- **90% of those who died by suicide had an underlying mental illness**

Over the two years we have been providing youth from our surrounding community with an outlet for their everyday life challenges, mental health diagnosis, behavioral issues, and much more. ReDirect Athletics takes the approach of incorporating fitness and mentoring to help participants build skills and express themselves appropriately with a physical outlet. Many of our youth participants are currently in a foster care placement, come from broken or abusive homes, suffer from a mental health condition, struggle with anger/aggression, or are continually finding themselves in trouble because they had nowhere positive to turn. Our goal is to provide these youth with that safe place to work through their challenges and have someone who cares for them to lean on. We take our youth through a variety of fitness activities including now being registered as a USA Boxing club. We have created a team environment for our youth to be apart of and supported in by their coaches and team.

Unfortunately, there is still a large population that we are unable to reach due to daily functioning costs. While we have already sponsored several participants ourselves, there are costs that we cannot maintain without the help of our community, if we want to be able to welcome all participants in need. We currently have over 50 youth on our waiting list. Our program is a non-profit organization and there is no cost to any of the youth participants.

If you desire to help impact the lives of those we hope to reach, we invite you to partner with us as a sponsor. With your help each participant receives a Redirect Athletics t-shirt, workout clothes, daily meals, clean everyday clothing, access to hygiene stations, and shoes to wear during workout sessions as well as covering the daily operating cost of our facility, staff and program expenses. Sponsorships can be made in any amount by check to ReDirect Athletics by mailing to the address below or by credit card at www.redirectathletics.com.

ReDirect Athletics Youth Outreach & Boxing
5655 Riggins Ct, Ste. 7
Reno NV 89502

Any support will be beneficial to our participants. If you have any questions, please feel free to contact us at 775-870-9589 or via email at info@redirectathletics.com.

Yours Faithfully,

Tisha LaGrone

ReDirect Youth Outreach Executive Director

Please Note: This letter acknowledges that your gift will be used for the charitable purpose of the ReDirect Youth Outreach program, a 501 (c)3 youth servicing agency operating in the state of Nevada. This gift was without exchange of any goods or services where noted and your contribution may be tax-deductible pursuant to the provisions of section 170 © of the Internal Revenue Code of 1986.

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