

GYMSTAR CHALLENGE

Casey Gymnastics

Your child has been selected to participate in our GymSkills Challenge Program. This program offers the opportunity to compete externally with the club in the Gymstar Challenge stream run by Gymnastics Victoria. The following package has been put together for your information. These competitions are not compulsory but we encourage gymnasts to take up the opportunity as a way to display all the hard work they put in during class.

What is Gymstar?

Is Gymnastics Victoria's "Gymnastics For All" Competitive Program. A recreational competitive stream that allows both boys and girls to compete across 6 apparatus including; Floor, Vault, Balance Beam, Bars, Rings and Parallel Bars. Gymstar has an emphasis on the execution of routines opposed to the level of difficulty.

What is the Gymstar Challenge Stream?

The Challenge Stream of Gymstar is designed to have a strong emphasis on participation – it promotes a more relaxed environment aimed towards gymnasts who train limited hours whilst still encouraging skill development through a competition based setting.

What level will my child compete in?

The Gymstar Challenge Stream covers levels 4 – 8 of the Gymstar framework. Your child's coach will be able to guide both you and your gymnast to which level would be most appropriate for them to compete in.

What does my child wear?

As gymnasts will be competing externally with the club they will be required to wear the official Casey Gymnastics Gymstar leotard. This is available online through our supplier Sylvia P. Instructions can be found under the documents tab on Team App on how to complete the order process.

Berwick Leisure Centre

Casey Stadium

Endeavour Hills Leisure Centre

