

BFit Grinch Program Registration Form Winter 2021

Name: _____

Address: _____

E-Mail: _____

Phone: _____

Emergency
Contact: _____

Teammate 1 _____

Teammate 2 _____

Note: Weigh-in's must take place before Thanksgiving Day.----see information sheet.

Training Location

Please check which sessions you will be attending

_____ **Tuesday 5:30 – 6:30 AM at Adamstown YMCA**

_____ **Friday 5:30 – 6:30 AM at Adamstown YMCA**

_____ **Tuesday 6:30 – 7:30 PM at Antietam Rec Center**

_____ **Saturday 7:30 – 8:30 AM Antietam Rec Center**

_____ **I will be participating Online. Online workouts will be
Monday and Wednesday 6:00 – 6:30 AM**

Program Cost

\$120.00 for 2-Live Sessions per week Plus Private FaceBook Page

\$70 for 2-Online Live Sessions per week/ Plus Private FaceBook Page

All Successful teams will win a prize!

*Payment Methods: **Cash Check Venmo: anne-hess-82488***

Signature _____ Date _____

*A \$25 Service fee will be charged for any returned checks or declined credit cards.
**Please make checks payable to BFit Now and send to 5040 Pineview Drive,
Mohnton, PA 19540.***