

BFit's Personal
Training Cyber
Monday Deals
Deal Runs Nov 29-
Dec 1
Buy 4 Personal
Training Sessions for
\$125/Save \$15
Purchase 6 Personal
Training Sessions
\$190/Save \$20
Limit 1 Package Per
Customer

BFitNow



Packages

One on One: \$35 per 30-45 minute session
6-Pack: \$190 per six session (Save \$20)
½ due at start and other half due at session 3.

Small Group Sessions:

2 People Per Group: \$60/session (\$30 per person)
3 People Per Group: \$75/session (\$25 per person)
4 People Per Group: \$100/session (\$25 per person)

Benefits of Personal Training with Anne Hess:

- 1) Anne will come to you. She will bring all the equipment needed for each training session.
- 2) Training sessions can also take place at Anne's personal workout space in her home if that is preferred.
- 3) All training sessions are limited to 30-60 minutes, they are highly concentrated and intently and passionately directed toward your goals.