

Case Study – A Delicate Discovery: Uncovering the Truth With Compassion

Objective

The objective of this project was to assist J.L., an adoptee, in understanding her confusing DNA test results and to identify her biological father. J.L. had many DNA matches she did not recognize and needed professional guidance to interpret the findings and build her biological family tree.

Research Summary

After J.L. reached out for help, I first explained what each part of her DNA results revealed about her ancestry and potential family relationships. I then moved into targeted research to identify her biological parents.

Research Results

- **Biological Father Narrowed Down:**
Through DNA analysis and comparison with family trees, I narrowed J.L.'s biological father to one of two brothers. Both were still living and had longstanding marriages. J.L., mindful of potentially disrupting their families, preferred a discreet and respectful approach.
- **Identification of Biological Mother and Maternal Grandparents:**
The research also successfully identified J.L.'s biological mother and traced her maternal grandparents, giving J.L. a fuller picture of her maternal heritage.

Recommendations for Future Research

- Continue to monitor DNA databases for additional matches or clues that could confirm which of the two brothers is J.L.'s biological father.
- Further research on J.L.'s maternal line to expand her family tree and develop biographical narratives of her maternal ancestors.



Final Conclusions

Through careful DNA analysis and sensitive genealogical research, J.L. now has a much clearer understanding of her biological roots — and the opportunity to continue discovering more about her family story in a way that respects the feelings of everyone involved.

If you're searching for your biological family or need help interpreting your DNA results, I am here to guide you.

