

## About the Author

Amrita Uppal Lamba is a lawyer and a Tax Associate by degree. She is in legal publishing field as a profession; a blogger, writer, an odd-one out artist and a dreamer by passion. She has extensive international work experience with international Real News Network in the position of an Editor. The author is a foodie at heart, as all Punjabis are, and has done over 200 food reviews. In addition, she loves to play different roles, be it a creative bee, a homemaker or a nagging mother!

Her heart has a mind of its own!

Conscious effort has been made to not let this book fall prey to being relegated in any one genre which would defy the very prima facie purpose of penning this Memoir which is to reach out and share with the evolving world the reality of the phenomenon of reincarnation the author observed first-hand in the role of a daughter to the Protagonist, Sardar Balbir Singh Uppal (BSU), **now touching the ripe young age of 96**, in her growing up years. This rarest-of-rare event wrapped around the family of the author as a second skin. It enveloped the Uppals, at times at a more subconscious level. Presenting it as a Historical Legacy was a natural corollary when the author happened to connect with the descendants of her father's previous life – **a good 93 years later!**

### The reader's takeaway

The treatment given to the structure of the book is to make it useful for diverse genre: it provides in-depth research and answers to the demystifying process of transmigration of soul for the purposes of a case-study, at the same time provide an engaging read to a curious reader about rebirth, keeping strictly to facts as reminisced and validated by BSU without a pause. Reading about the two lives in separate bodies while rooted in one soul would make the reader pause and reflect on the *Karma* and the *Cause and Effect Theory*.

PAST FORWARD

1878 & counting... is simply a labour of love. PERIOD!