

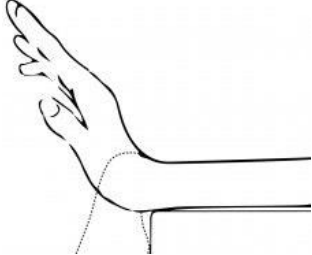

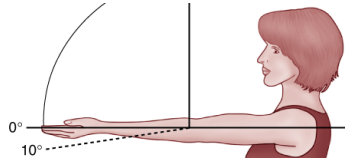
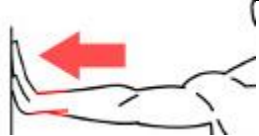



Upper Limb Functional Assessment in patients undergoing HSCT and for early identification of cGVHD



Body Part	Action		Y/N	If no, Specify measurement
Fingers	Able to keep the hand flat on a table with fingers fully extended (look for arch at the palm of the hand).			Measure: Distance from the distal interphalangeal joint to the surface of the table (cm). Value: _____
	Able to lift each finger one-by-one in extension keeping the palm in contact with the table.			Measure: Distance from the tip of the finger the surface of the table (cm). Value: _____
Wrist	Place the hand on the table with the wrist hanging outside the surface of the table, forearm in pronation and <u>fingers in extension (as able)</u> , perform a wrist ext.			Measure: use the Goniometer to measure the wrist extension. Value: _____

	Place the hand on the table with the wrist hanging outside the surface of the table, forearm in pronation and <u>fingers in full flexion (as able)</u> , perform a wrist ext.		<p>Measure: use the Goniometer to measure the wrist extension.</p> <p>Value: _____</p>
Elbow	Able to extend the elbow completely with forearm in supination, <u>wrist and fingers straight in neutral.</u>		<p>Measure: use the Goniometer to measure the <u>elbow</u> extension.</p> <p>Value: _____</p>
	Able to extend the elbow completely with forearm in supination, <u>wrist and fingers extended.</u>		<p>Measure: use the Goniometer to measure the <u>elbow</u> extension.</p> <p>Value: _____</p>
Shoulder	Place the thoracic area flat on the wall, abduct the shoulder to 90 degrees and elbow 90 degrees, ability to place the dorsum of the hands on the wall.		<p>Measure: use a ruler / measuring tape the distance between the wrist joint and the wall (cm).</p> <p>Value: _____</p>