

MENU



GOOD MORNING!

Choice of homefries, fries, or salad and toast

Classic Breakfast 14.00

2 eggs any style & choice of bacon, sausage or peameal

Vegetarian Omelette 15.00

Goat cheese, chives, sauteed spinach, mushrooms & tomato

Western Omelette 16.00

Smoked Ham, caramelized onions, roasted peppers, cheddar cheese & tomato

Protein Omelette 15.00

Egg whites, sauteed spinach, avocado & roasted tomatoes

Breakfast Wrap..... 12.00

Eggs, cheddar cheese, tomato and onion wrapped in a flour tortilla.

Add bacon, sausage, or chorizo..... 3.00

Steak & Eggs 24.00

8oz NY striploin grilled to your liking, 2 eggs any style, grilled tomato

SALADS

Cobb Salad 16.00

Romaine Lettuce, tomato, corn, bacon, avocado & egg. Topped with buttermilk ranch dressing and blue cheese or feta cheese

Summer Salad 15.00

Spring mix, Watermelon radish, toasted sunflower seeds, pickled red onion, feta & strawberry and lime vinaigrette

Caesar Salad..... 13.00

Romaine lettuce, house made croutons and bacon tossed in a creamy caesar dressing

Add Grill Chicken..... 8.00

Add 8oz NY Striploin Steak 12.00

Add Grilled Shrimp (4)..... 7.00

SIDES

**French fries, Sweet potato fries, HomeFries,
House salad, Caesar salad, Fruit cup**
5.00

YOU DESERVE THIS!

Waffle 11.00

Belgian style, whipped honey & vanilla butter, seasonal berry compote with Ontario maple syrup

Add a 2nd Waffle 5.00

Add Bacon (3) Turkey Bacon (2) or Sausage (2) 5.00

Betty's Signature Pancakes..... 16.00

Double stack. Choice : original , blueberry, chocolate & banana

Add Bacon (3) Turkey Bacon (2) or Sausage (2) 5.00

Avocado Toast 12.00

Smashed Avocado, chili flakes, Roasted cherry tomatoes , pickled red onion, feta, balsamic reduction & pea tendrils

Add smoked salmon 6.00

Add eggs (2) 4.00

Add Bacon (3) Turkey Bacon (2) or Sausage (2) 5.00

Betty's Housemade Chicken Strips (4)..... 13.00

Betty's MacN Cheese 15.00

Our 4 cheese mornay sauce, Toasted herb & garlic bread crumbs

HANDHELDS

à la carte

Classic Burger 14.00

6oz house blend, shredded lettuce, red onion, tomato , pickled & sauces

Double Smashed Burger..... 16.00

Double patty, caramelized onions, bacon, smoked cheddar, pickles & secret sauce

Vegetarian Burger 15.00

Impossible Ground, spinach , roasted peppers, tomato , pickled red onions, goat feta & pesto aioli

Grilled Chicken Sandwich..... 15.00

Buttery ciabatta , Mixed greens, smashed avocado , tomatoes, bacon, gruyere cheese & pesto aioli

Classic Grilled Cheese Sandwich..... 11.00

4 Cheese Blend on your choice of bread.

Add caramelized onions..... 2.00

Add bacon 5.00

Add avocado 4.00

Add tomato 2.00

Ultimate Grilled Cheese Sandwich..... 17.00

Cheddar cheese, MacN Cheese and in-house smoked brisket served on your choice of bread

Betty's Big Steak Sandwich..... 19.00

8oz NY Striploin grilled your way on buttery ciabatta , caramelized onions, mushrooms, peppers, gorgonzola & roasted garlic aioli

Montreal Smoked Meat Sandwich 15.00

Montreal smoked meat, grainy dijon mustard, pickles on toasted rye

Chicken Caesar Wrap..... 14.00

Crispy or grilled, romaine lettuce, parmesan cheese, bacon, croutons & caesar dressing on a flour tortilla



HYDRATE

<i>Coffee, Teas</i>	3.00
<i>Latte, Cappuccino</i>	5.00
<i>Americano</i>	4.00
<i>Espresso Shot</i>	3.00
<i>Hot Chocolate</i>	4.50
<i>Juice (Apple, Cranberry)</i>	4.00
<i>Fresh Squeezed Juices</i>	6.00
<i>Pop, San Pelli</i>	3.00
<i>Boylans Rootbeer, Cream Soda</i>	6.00
<i>Milk (white/chocolate)</i>	3.50
<i>Flat/Sparkling Water (Sm/Lrg)</i>	3.00/6.00
<i>Kawartha Dairy Milkshake</i>	8.00

IT'S 5 O'CLOCK SOMEWHERE

<i>Caesar</i>	13.00
<i>Mimosa</i>	13.00
<i>Bellini</i>	13.00
<i>Mojito</i>	13.00
<i>Margarita</i>	13.00
<i>Aperol Spritz</i>	13.00
<i>Espresso Martini</i>	13.00
<i>Beer on Tap</i>	9.00
<i>Bottled Beer</i>	7.00
<i>House White Wine 5oz</i>	12.00
<i>House Red Wine 5oz</i>	12.00