



KALIRONGAN CONCEPTS

R.O.U.T.E: Execution

R: ROUTE	Techniques/Counters/Contradas/Seguidas/Contra Tirsia/Flow WEAPON, WITHOUT WEAPON, TYPE OF WEAPON, TYPE ENTRY
O: OBSERVE	SENSITIVITY, CONTRADA/SEGUIDA, CONTRA TIRSI
U: UNDERSTAND	SENSITIVITY, CONTRADA/SEGUIDA, CONTRA TIRSI
T: TIMING	SENSITIVITY, CONTRADA/SEGUIDA, CONTRA TIRSI
E: ECONOMY OF MOTION	HIGH/LOW, OUTSIDE/INSIDE, HORIZONTAL/VERTICAL/DIAGONAL

B.E.A.T.S.: Attacks

B: BUHOG	Harass, without obvious pattern, broken rhythm
E: ENGANYO	Feints, Fakes, Misdirection
A: AGAW	To trap, to grab, to jam, to stop
T: TAYTAYAN	Bridging, to bridge
S: SABAYAN	Principles of same time

B.R.E.A.T.H.: F.O.N.

BLEND:	Blend each system/Subsystem/Concept
RHYTHM:	Timing, Flow
ENERGY:	Intent, Emotional Content
ATTRIBUTES:	STPAP
TOOLS:	Weapon, No Weapon (impact, edge, mano)
HEIRARCHY:	Levels/Priority of Techniques (Mental Control)