



Elimination & Activity Log

	Walk outside on leash in backyard, record urine/stool	Feed	Walk around the block	Train using small food treats
6 am				
7 am				
8 am				
9 am				
10 am				
11 am				
12 pm				
1 pm				
2 pm				
3 pm				
4 pm				
5 pm				
6 pm				
7 pm				
8 pm				
9 pm				
10 pm				

Walk outside every hour when home during the day, feed twice a day, walk around the block twice a day, train twice a day