

| | Walk outside on leash in backyard, record urine/stool | Feed | Walk around the block | Train using small food treats |
|-------|---|------|-----------------------|-------------------------------|
| 6 am | | | | |
| 7 am | | | | |
| 8 am | | | | |
| 9 am | | | | |
| 10 am | | | | |
| 11 am | | | | |
| 12 pm | | | | |
| 1 pm | | | | |
| 2 pm | | | | |
| 3 pm | | | | |
| 4 pm | | | | |
| 5 pm | | | | |
| 6 pm | | | | |
| 7 pm | | | | |
| 8 pm | | | | |
| 9 pm | | | | |
| 10 pm | | | | |

Walk outside every hour when home during the day, feed twice a day, walk around the block twice a day, train twice a day