## NAPN POLICY SATEMENT ON CONTRACEPTION

NAPN has no position on contraception unless the method used results in the destruction of an already conceived human being. We are opposed to any form of birth control which acts to destroy the life of a fertilized ovum either by direct expulsion from the uterus or by creating a chemically inhospitable environment in the uterine wall for that fertilized ovum to implant.

Abstinence until marriage and natural family planning will be encouraged as preferable alternatives to contraception since they are not detrimental to a couple's health and well- being.

Adopted at general meeting October 27, 2000 Approved by general vote April, 2001 Re-confirmed by BOD July 28, 2009 Updated November 18, 2025