

PYOUR POUR

38 CHURCH ST
LITTLE SILVER, NJ



(732) 758-8500
PYOURPOUR.COM

COFFEE & ESPRESSO

Coffee (iced/hot)	M 2.50
	L 3.75
Espresso/ Macchiato	S 2.00
	D 3.75
Cappuccino	S 2.50
	D 4.00
Latte	S 3.00
	D 5.00

TEA

Iced Green Tea	2.50
Assorted Hot Tea	2.50

SMOOTHIES (16 OZ.)

Banana, Almond Milk, Pyour	8.50
Dutch Chocolate Protein, Cacao Nibs, & Honey	
Blueberry, Acai, Lemon	7.00
Squeeze, & Honey	
Strawberry, Banana, Lemon	7.00
Squeeze, & Honey	
Mango, Pineapple, Lemon	7.00
Squeeze, & Honey	

COLD BEVERAGES

Core Water	sml/lrg	3/4.00
Bai Antioxidant, assorted		3.50
NU Tea, assorted		3.50
Iced Green Tea...16oz		2.50
Fresh Lemonade...16oz		3.00

SALADS

Chickpea & Baby Spinach

\$11

English Cucumber, Swiss Gruyere, Roasted Red Peppers, Avocado, Scallions, Fresh Dill, Red Wine Vinaigrette

Organic Quinoa & Berries

\$11

Fresh Strawberries & Blueberries, Chopped Almonds, Kale, Tarragon, Lemon, Extra Virgin Olive Oil

Caprese

\$10

Campari Tomatoes, Mozzarella, Basil, Baby Arugula, Aged Modena Balsamic Reduction, Himalayan Sea Salt

Organic House Mixed Greens

\$6

Citrus/Thyme Vinaigrette

AVOCADO TOAST

(Dave's Organic 21 Grain or La Brea Bakery GF Bread)

Charred Sweet Corn

\$9

Roasted Red Pepper, Scallion, Goat Cheese, Shaved Romaine Heart, Lemon, Extra Virgin Olive Oil

B.L.A.T

\$11

Maple Leaf Farm Thick Cut Bacon, Mix Greens, Campari Tomato, Lemon Zest/Black Pepper Mayo

Blue Hill Bay (ME)

Smoked Salmon

\$11

Minced Red Onion, Capers, Romaine, Cucumber/Dill/Lemon Zest Tzatziki,

Truffled Asparagus

\$10

Aged Parmigiano-Reggiano, 10 Minute Egg, Chives, Lemon/Extra Virgin Olive Oil drizzle

PANINIS

Maiale

\$12

Black Forrest Ham, Roasted Pork Loin, Swiss Gruyere, Cabbage/Apple Slaw, Whole Grain Mustard Dijonnaise

Pollo

\$12

Pour Herb Roasted Chicken Breast, Caramelized Vidalia Onions, Roasted Peppers, Baby Spinach, Havarti Cheese

Formaggi

\$10

Swiss Gruyere, Mozzarella, Havarti, Fresh Basil, Chives and Campari Tomato

Tonno

\$11

Yellow Fin Tuna, Shaved Fennel, Kalamata Olives, Capers, Red Onion, Arugula, Dill, Lemon Zest / Black Pepper Mayo

Polpette

\$12

100% Organic Beef, Mozzarella, Aged Parmigiano-Reggiano, Fresh Basil, Pour San Marzano Tomato Sauce

Pesco

\$11

Fresh California Peaches, Arugula, Goat Cheese, Aged Modena Balsamic Reduction, Fresh Tarragon

BOXED LUNCH:

-choice of a Panini
-veg chips
-choice of bottled beverage

\$15