

YAHOO Over 55's Bushwalking Club Inc.

Tail End Charlie Checklist

Thank you for offering to be a Tail End Charlie (TEC)

At the Walk Start

- 1. If you are volunteering as a TEC for the first time, please ask for an experienced TEC to walk with you.
- 2. Check with the Walk Leader (WL) to see if there are any special requirements for the walk, and if available, obtain a Walk Description and/or map from the WL.
- 3. On most walks you will be given a CB radio for contact with the WL. The radios will be fully set up ready for use, and if you wish, a demonstration will be given of radio attachment and procedures for calling and receiving.
- Remember the total numbers of walkers at the count off.

During the Walk

- 1. If you have been given a CB radio, initiate radio test calls to the WL during the walk, one just after the start and one after the morning tea and lunch stops.
- 2. Monitor the walkers near the back of the group at all times for any that seem to be having problems.
- 3. If walkers stop for any reason (green room visit, photography etc.), remain behind them until they start again.
- 4. If walkers come to a stop and there is likely to be a significant delay (accident, blister treatment, fatigue etc.), call up the WL and recommend a stop until you advise that walkers involved have commenced walking again.
- 5. At rest/drink stops monitor the back walker's fatigue and readiness to proceed and advise the WL when you consider they are ready.
- 6. Assist the WL with counting walkers before moving off from stops.
- 7. Do not allow the back group to become isolated during the walk. Where you cannot see walkers ahead, call the WL to stop the front group until you are again in visual contact. This is particularly important during off track walking.