

YAHOO Over 55's Bushwalking Club Inc.

WALK DETAILS

First Walk Arrangements

- Persons interested in joining the Club may have two guest walks to see if the Club suits their requirements, then they must apply for membership before attending further Club walks.
- For a first walk it is recommended that prospective members choose an "Easy" grade walk from the Walk Calendar. (See the current Walk Calendar under "Walk Calendars" on the website.)
- **YAHOO Bushwalking Club Walk Grades:**
 - **Easy** - Moderate gradients on well-defined trails or tracks.
 - **Medium** – Some steeper gradients and/or some difficult terrain. (E.g. sandy, rocky, slippery, overgrown or eroded trails or tracks.
 - **Hard** – Steep/long gradients and/or very difficult terrain. There may be some off-track walking.
- Unless you are used to walking in the rain you may like to check the weather on your chosen walk day. Walks are seldom cancelled due to weather unless very high winds are forecast.
- Before attending a first walk please contact the Walk Leader nominated for the selected walk, to let them know you are coming. Contact details are on the Walk Calendar.
- On their first guest walk prospective members will be required to sign a "First Walk Form", supplied by the Walk Leader. (To check the form, see the "First Walk Form" under the "Forms" heading on the website.)
- Suitable walking gear is important for walker safety and comfort. Check the "Gear for Walking" document under the "Walker Information" heading on the website.

General Walk Information

- Most walks will be within 80km driving distance from Mandurah. Many members car pool to save fuel.
- Walks are generally between 12 – 20 kilometers and take 4 – 6 hours, which includes regular rest breaks, morning tea stops and lunch stops on longer walks. Travel time varies depending on walk start location.
- Bushwalks from April to November are in forested areas of the Darling Range from Jarrahdale to Waroona and may be quite strenuous, particularly those graded "Medium" or "Hard". Participants need to be of reasonable physical fitness. If in doubt as to your physical fitness, please seek medical advice.
- Walks from December to March are on the coastal plain, are generally shorter, and are on designated walk trails or paths. They may be river, estuary, beach or park

walks, may involve coffee shops and are generally graded “Easy”. Public transport may be involved.

- The Club Walk Calendar is set at General Meetings every 3 months. (See downloads under “Walk Calendar” on the website.)
- Walks are held every Thursday, with occasional exceptions.
- Walks will have a designated Walk Leader who is familiar with the walk and who is responsible for navigation and for keeping the walk group together.
- Most walks will have a Tail End Charlie who will be an experienced walker who is also responsible for keeping track of walkers. On most bushwalks, the Walk Leader and Tail End Charlie will communicate by radio.
- Walkers also have responsibilities when walking on a Club walk. See the Walker Responsibilities document under Walker Information on the website.
- The members meet up at specified meeting places at specified meeting times to sign on the Walk Register and arrange carpooling, then drive to the walk start. Advance notice of intention to attend a walk is not required.
- Meeting up times vary from 7.00am in summer to avoid the heat, to 8.00am in midwinter to avoid the dark.
- For various reasons dogs are not permitted on walks.