

# Essential Oils & Skincare Benefits Guide

## Agarwood

**Best Suited For:** Mature skin • Dry skin • Sensitive skin

### Key Essential Oil Components & Skincare Benefits:

- **Sesquiterpenes** - Provide anti-inflammatory and skin conditioning properties that soothe and soften mature skin.
- **Chromones** - Deliver calming and protective effects that help reduce skin sensitivity and irritation.
- **Aromatic compounds** - Offer aromatherapeutic benefits that promote relaxation and stress reduction.

**Scent Profile:** Deep, woody, and complex with rich, balsamic undertones and a lingering sweet finish.

## Anise Star

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Anethole** - Provides antimicrobial and anti-inflammatory properties that help treat acne and prevent skin infections.
- **Limonene** - Delivers astringent and brightening effects that help control oil production and improve skin tone.
- **Linalool** - Offers soothing and calming benefits that reduce skin irritation and sensitivity.

**Scent Profile:** Sweet, licorice-like aroma with warm, spicy notes and a distinctly aniseed fragrance.

## Basil

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Eugenol** - Provides antimicrobial and anti-inflammatory properties that help treat acne and skin blemishes.
- **Linalool** - Delivers calming and healing effects that soothe irritated and inflamed skin.
- **Camphor** - Offers astringent and circulation-boosting benefits that help improve skin tone and texture.

**Scent Profile:** Fresh, herbaceous aroma with sweet, slightly spicy undertones and a clean, green finish.

## Bergamot

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Limonene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Linalyl acetate** - Delivers calming and anti-inflammatory effects that soothe irritated and sensitive skin.
- **Bergapten** - Offers photosensitizing properties that require careful use and sun protection.

**Scent Profile:** Bright, citrusy aroma with floral undertones and a distinctive Earl Grey tea-like fragrance.

## Black Pepper

**Best Suited For:** Mature skin • Normal skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Piperine** - Provides circulation-boosting and antioxidant properties that help improve skin tone and vitality.
- **Limonene** - Delivers astringent and brightening effects that help improve skin texture and appearance.
- **Beta-caryophyllene** - Offers anti-inflammatory and protective benefits that support healthy skin function.

**Scent Profile:** Warm, spicy aroma with sharp, peppery notes and a distinctive hot, tingling sensation.

## Blue Lotus

**Best Suited For:** Sensitive skin • Mature skin • Normal skin

**Key Essential Oil Components & Skincare Benefits:**

- **Nuciferine** - Provides calming and relaxing properties that help reduce skin stress and promote healthy complexion.
- **Flavonoids** - Deliver antioxidant protection that shields skin from environmental damage and premature aging.
- **Essential compounds** - Offer aromatherapeutic benefits that promote relaxation and skin comfort.

**Scent Profile:** Delicate, floral aroma with sweet, honeyed notes and a subtle, dreamy fragrance.

## Cajeput

**Best Suited For:** Oily skin • Acne prone skin • Sensitive skin

**Key Essential Oil Components & Skincare Benefits:**

- **1,8-Cineole** - Provides antimicrobial and anti-inflammatory properties that help treat acne and skin infections.

- **Alpha-terpineol** - Delivers soothing and healing effects that calm irritated and inflamed skin.
- **Limonene** - Offers astringent and purifying benefits that help control oil production and cleanse pores.

**Scent Profile:** Fresh, medicinal aroma with camphoraceous notes and a clean, eucalyptus-like fragrance.

## Camphor

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Camphor** - Provides cooling and antimicrobial properties that help treat acne and reduce skin inflammation.
- **1,8-Cineole** - Delivers astringent and purifying effects that help control oil production and cleanse skin.
- **Alpha-pinene** - Offers antimicrobial and circulation-boosting benefits that promote healthy skin function.

**Scent Profile:** Strong, penetrating aroma with sharp, medicinal notes and a distinctive cooling sensation.

## Cardamom

**Best Suited For:** Sensitive skin • Normal skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **1,8-Cineole** - Provides anti-inflammatory and antimicrobial properties that help soothe and protect skin.
- **Alpha-terpinyl acetate** - Delivers calming and conditioning effects that promote soft, smooth skin.
- **Limonene** - Offers brightening and astringent benefits that help improve skin tone and texture.

**Scent Profile:** Warm, spicy aroma with sweet, citrusy undertones and an exotic, oriental fragrance.

## Cedarwood

**Best Suited For:** Oily skin • Acne prone skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **Cedrol** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Alpha-cedrene** - Delivers anti-inflammatory and calming effects that soothe irritated and inflamed skin.
- **Beta-cedrene** - Offers protective and conditioning benefits that support healthy skin barrier function.

**Scent Profile:** Warm, woody aroma with dry, balsamic notes and a grounding, forest-like fragrance.

# Citronella

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

## Key Essential Oil Components & Skincare Benefits:

- **Citronellal** - Provides antimicrobial and astringent properties that help control oil production and prevent infections.
- **Geraniol** - Delivers anti-inflammatory and soothing effects that calm irritated and sensitive skin.
- **Citronellol** - Offers protective and conditioning benefits that help maintain healthy skin function.

**Scent Profile:** Fresh, lemony aroma with grassy, green notes and a distinctive citrus-herbal fragrance.

# Clary Sage

**Best Suited For:** Mature skin • Oily skin • Combination skin

## Key Essential Oil Components & Skincare Benefits:

- **Linalyl acetate** - Provides calming and anti-inflammatory properties that help soothe irritated and sensitive skin.
- **Sclareol** - Delivers hormone-balancing and skin-regulating effects that help control oil production.
- **Linalool** - Offers healing and protective benefits that support healthy skin repair and renewal.

**Scent Profile:** Herbaceous, floral aroma with sweet, nutty undertones and a sophisticated, wine-like fragrance.

# Coffee

**Best Suited For:** Mature skin • Oily skin • Combination skin

## Key Essential Oil Components & Skincare Benefits:

- **Caffeine** - Provides circulation-boosting and firming properties that help reduce puffiness and improve skin tone.
- **Antioxidants** - Deliver powerful protection against free radical damage and environmental stressors.
- **Chlorogenic acid** - Offers anti-inflammatory and protective benefits that support healthy skin function.

**Scent Profile:** Rich, roasted aroma with deep, coffee bean notes and a warm, energizing fragrance.

# Cypress

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

## Key Essential Oil Components & Skincare Benefits:

- **Alpha-pinene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Delta-3-carene** - Delivers circulation-boosting and toning effects that help improve skin texture and appearance.
- **Cedrol** - Offers anti-inflammatory and calming benefits that soothe irritated and inflamed skin.

**Scent Profile:** Fresh, woody aroma with clean, evergreen notes and a crisp, forest-like fragrance.

## Eucalyptus

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **1,8-Cineole** - Provides powerful antimicrobial and anti-inflammatory properties that help treat acne and skin infections.
- **Alpha-terpineol** - Delivers soothing and healing effects that calm irritated and inflamed skin.
- **Limonene** - Offers astringent and purifying benefits that help control oil production and cleanse pores.

**Scent Profile:** Fresh, medicinal aroma with sharp, camphoraceous notes and a clean, invigorating fragrance.

## Fennel

**Best Suited For:** Oily skin • Mature skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Anethole** - Provides antimicrobial and anti-inflammatory properties that help treat acne and skin blemishes.
- **Fenchone** - Delivers toning and firming effects that help improve skin texture and appearance.
- **Limonene** - Offers astringent and brightening benefits that help control oil production and improve skin tone.

**Scent Profile:** Sweet, licorice-like aroma with fresh, herbal notes and a distinctive aniseed fragrance.

## Frankincense

**Best Suited For:** Mature skin • Dry skin • Sensitive skin

### Key Essential Oil Components & Skincare Benefits:

- **Boswellic acids** - Provide powerful anti-inflammatory and skin regenerating properties that help reduce signs of aging.
- **Alpha-pinene** - Delivers antimicrobial and protective effects that support healthy skin function.
- **Limonene** - Offers brightening and antioxidant benefits that help improve skin tone and texture.

**Scent Profile:** Warm, resinous aroma with sweet, balsamic notes and a sacred, meditative fragrance.

## Geranium

**Best Suited For:** Combination skin • Sensitive skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **Geraniol** - Provides anti-inflammatory and antimicrobial properties that help balance oil production and soothe skin.
- **Citronellol** - Delivers calming and healing effects that promote skin repair and reduce irritation.
- **Linalool** - Offers protective and conditioning benefits that support healthy skin barrier function.

**Scent Profile:** Sweet, floral aroma with rose-like notes and a fresh, green, slightly minty fragrance.

## Ginger

**Best Suited For:** Mature skin • Normal skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Gingerols** - Provide anti-inflammatory and antioxidant properties that help fight aging and improve circulation.
- **Zingiberene** - Delivers warming and circulation-boosting effects that promote healthy skin tone and radiance.
- **Camphene** - Offers antimicrobial and protective benefits that support healthy skin function.

**Scent Profile:** Warm, spicy aroma with fresh, peppery notes and a distinctive hot, zesty fragrance.

## Grapefruit

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Limonene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Myrcene** - Delivers anti-inflammatory and soothing effects that calm irritated and inflamed skin.
- **Alpha-pinene** - Offers purifying and protective benefits that help cleanse and protect skin.

**Scent Profile:** Bright, citrusy aroma with fresh, tangy notes and an uplifting, energizing fragrance.

## Helichrysum

**Best Suited For:** Sensitive skin • Mature skin • Rosacea

### Key Essential Oil Components & Skincare Benefits:

- **Italidiones** - Provide powerful anti-inflammatory properties that soothe irritated and damaged skin.
- **Neryl acetate** - Delivers healing and regenerative effects that promote skin repair and renewal.
- **Alpha-pinene** - Offers antimicrobial and protective benefits that support healthy skin function.

**Scent Profile:** Sweet, honey-like aroma with herbaceous, curry-like notes and a warm, golden fragrance.

## Jasmine

**Best Suited For:** Dry skin • Sensitive skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **Benzyl acetate** - Provides moisturizing and soothing properties that help hydrate and calm dry, sensitive skin.
- **Linalool** - Delivers anti-inflammatory and healing effects that promote skin repair and reduce irritation.
- **Indole** - Offers luxurious aromatherapeutic benefits that promote relaxation and skin comfort.

**Scent Profile:** Intensely floral aroma with sweet, exotic notes and a rich, intoxicating fragrance.

## Juniper

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Alpha-pinene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Sabinene** - Delivers purifying and detoxifying effects that help cleanse and clarify skin.
- **Myrcene** - Offers anti-inflammatory and soothing benefits that calm irritated and inflamed skin.

**Scent Profile:** Fresh, woody aroma with clean, gin-like notes and a crisp, forest fragrance.

## Lavender

**Best Suited For:** Sensitive skin • Acne prone skin • Normal skin

### Key Essential Oil Components & Skincare Benefits:

- **Linalool** - Provides calming and antimicrobial properties that soothe sensitive skin and prevent infections.
- **Linalyl acetate** - Delivers healing and regenerative effects that promote skin repair and renewal.

- **Camphor** - Offers anti-inflammatory and protective benefits that support healthy skin function.

**Scent Profile:** Classic floral aroma with sweet, herbaceous notes and a calming, relaxing fragrance.

## Lemon

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Limonene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Beta-pinene** - Delivers purifying and brightening effects that help cleanse and improve skin tone.
- **Gamma-terpinene** - Offers antioxidant and protective benefits that support healthy skin function.

**Scent Profile:** Bright, citrusy aroma with fresh, zesty notes and a clean, energizing fragrance.

## Lemon Eucalyptus

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Citronellal** - Provides antimicrobial and astringent properties that help control oil production and prevent infections.
- **1,8-Cineole** - Delivers anti-inflammatory and purifying effects that help cleanse and soothe skin.
- **Isopulegol** - Offers cooling and protective benefits that support healthy skin function.

**Scent Profile:** Fresh, lemony aroma with eucalyptus undertones and a clean, medicinal fragrance.

## Lemon Myrtle

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Citral** - Provides powerful antimicrobial and astringent properties that help control oil production and prevent breakouts.
- **Limonene** - Delivers brightening and purifying effects that help improve skin tone and texture.
- **Geraniol** - Offers anti-inflammatory and soothing benefits that calm irritated and inflamed skin.

**Scent Profile:** Intense, lemony aroma with sweet, citrusy notes and a powerful, uplifting fragrance.

## Lemongrass



**Best Suited For:** Oily skin • Acne prone skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Citral** - Provides antimicrobial and astringent properties that help control oil production and prevent breakouts.
- **Myrcene** - Delivers anti-inflammatory and soothing effects that calm irritated and inflamed skin.
- **Geraniol** - Offers protective and conditioning benefits that support healthy skin function.

**Scent Profile:** Fresh, citrusy aroma with grassy, green notes and a distinctive lemony-herbal fragrance.

## Lime

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Limonene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Beta-pinene** - Delivers purifying and brightening effects that help cleanse and improve skin tone.
- **Gamma-terpinene** - Offers antioxidant and protective benefits that support healthy skin function.

**Scent Profile:** Sharp, citrusy aroma with tart, zesty notes and a fresh, invigorating fragrance.

## Mandarin

**Best Suited For:** Sensitive skin • Normal skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Limonene** - Provides gentle astringent and brightening properties that help improve skin tone without irritation.
- **Gamma-terpinene** - Delivers antioxidant and protective effects that support healthy skin function.
- **Alpha-pinene** - Offers mild antimicrobial and soothing benefits that calm sensitive skin.

**Scent Profile:** Sweet, citrusy aroma with gentle, fruity notes and a soft, comforting fragrance.

## Manuka

**Best Suited For:** Acne prone skin • Oily skin • Sensitive skin

**Key Essential Oil Components & Skincare Benefits:**

- **Triketones** - Provide potent antimicrobial and anti-inflammatory properties that help treat acne and skin infections.

- **1,8-Cineole** - Delivers purifying and soothing effects that help cleanse and calm irritated skin.
- **Alpha-pinene** - Offers protective and healing benefits that support healthy skin function.

**Scent Profile:** Honey-like aroma with sweet, floral notes and a distinctive medicinal fragrance.

## May Chang

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Citral** - Provides powerful antimicrobial and astringent properties that help control oil production and prevent breakouts.
- **Limonene** - Delivers brightening and purifying effects that help improve skin tone and texture.
- **Linalool** - Offers soothing and calming benefits that reduce skin irritation and sensitivity.

**Scent Profile:** Fresh, lemony aroma with sweet, fruity notes and a bright, uplifting fragrance.

## Lemon Balm

**Best Suited For:** Sensitive skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Citronellal** - Provides antimicrobial and astringent properties that help control oil production and prevent infections.
- **Geraniol** - Delivers anti-inflammatory and soothing effects that calm irritated and sensitive skin.
- **Linalool** - Offers healing and protective benefits that support healthy skin repair and renewal.

**Scent Profile:** Fresh, lemony aroma with herbaceous, minty notes and a calming, citrus-mint fragrance.

## Myrrh

**Best Suited For:** Mature skin • Dry skin • Sensitive skin

### Key Essential Oil Components & Skincare Benefits:

- **Sesquiterpenes** - Provide anti-inflammatory and skin regenerating properties that help reduce signs of aging.
- **Furanoids** - Deliver healing and protective effects that support skin repair and renewal.
- **Aldehydes** - Offer antimicrobial and conditioning benefits that maintain healthy skin function.

**Scent Profile:** Warm, resinous aroma with earthy, balsamic notes and a deep, mystical fragrance.

# Neroli

**Best Suited For:** Sensitive skin • Mature skin • Dry skin

## Key Essential Oil Components & Skincare Benefits:

- **Linalool** - Provides calming and anti-inflammatory properties that soothe sensitive and irritated skin.
- **Limonene** - Delivers gentle brightening and protective effects that improve skin tone and texture.
- **Nerol** - Offers moisturizing and conditioning benefits that help maintain healthy skin barrier function.

**Scent Profile:** Exquisite floral aroma with sweet, citrusy notes and a sophisticated, bridal fragrance.

# Orange

**Best Suited For:** Normal skin • Combination skin • Oily skin

## Key Essential Oil Components & Skincare Benefits:

- **Limonene** - Provides astringent and brightening properties that help control oil production and improve skin tone.
- **Myrcene** - Delivers anti-inflammatory and soothing effects that calm irritated and inflamed skin.
- **Alpha-pinene** - Offers antimicrobial and protective benefits that support healthy skin function.

**Scent Profile:** Sweet, citrusy aroma with fresh, fruity notes and a cheerful, uplifting fragrance.

# Oregano

**Best Suited For:** Acne prone skin • Oily skin • Combination skin

## Key Essential Oil Components & Skincare Benefits:

- **Carvacrol** - Provides powerful antimicrobial and anti-inflammatory properties that help treat acne and skin infections.
- **Thymol** - Delivers astringent and purifying effects that help control oil production and cleanse pores.
- **Gamma-terpinene** - Offers antioxidant and protective benefits that support healthy skin function.

**Scent Profile:** Strong, herbaceous aroma with spicy, medicinal notes and a pungent, warming fragrance.

# Patchouli

**Best Suited For:** Mature skin • Dry skin • Acne prone skin

## Key Essential Oil Components & Skincare Benefits:

- **Patchoulol** - Provides anti-inflammatory and skin regenerating properties that help reduce signs of aging and scarring.
- **Alpha-bulnesene** - Delivers moisturizing and conditioning effects that help restore dry, damaged skin.
- **Sesquiterpenes** - Offer protective and healing benefits that support healthy skin repair and renewal.

**Scent Profile:** Deep, earthy aroma with rich, musky notes and a distinctive, exotic fragrance.

## Peppermint

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Menthol** - Provides cooling and antimicrobial properties that help control oil production and prevent breakouts.
- **Menthone** - Delivers astringent and purifying effects that help cleanse and refresh skin.
- **1,8-Cineole** - Offers anti-inflammatory and soothing benefits that calm irritated and inflamed skin.

**Scent Profile:** Fresh, minty aroma with cool, mentholated notes and an invigorating, energizing fragrance.

## Pine Needle

**Best Suited For:** Oily skin • Acne prone skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Alpha-pinene** - Provides astringent and antimicrobial properties that help control oil production and prevent breakouts.
- **Beta-pinene** - Delivers purifying and protective effects that help cleanse and protect skin.
- **Limonene** - Offers brightening and antioxidant benefits that support healthy skin function.

**Scent Profile:** Fresh, woody aroma with clean, resinous notes and a crisp, forest fragrance.

## Rose

**Best Suited For:** Dry skin • Sensitive skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **Geraniol** - Provides anti-inflammatory and moisturizing properties that soothe and hydrate dry, sensitive skin.
- **Citronellol** - Delivers calming and healing effects that promote skin repair and reduce irritation.
- **Nerol** - Offers conditioning and protective benefits that support healthy skin barrier function.

**Scent Profile:** Luxurious, floral aroma with sweet, romantic notes and the quintessential rose fragrance.

## Rosemary

**Best Suited For:** Oily skin • Acne prone skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **1,8-Cineole** - Provides antimicrobial and anti-inflammatory properties that help treat acne and prevent infections.
- **Camphor** - Delivers circulation-boosting and purifying effects that help improve skin tone and texture.
- **Alpha-pinene** - Offers antioxidant and protective benefits that support healthy skin function.

**Scent Profile:** Fresh, herbaceous aroma with camphoraceous, pine-like notes and an invigorating fragrance.

## Sage

**Best Suited For:** Oily skin • Acne prone skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **Thujone** - Provides antimicrobial and astringent properties that help control oil production and prevent infections.
- **1,8-Cineole** - Delivers anti-inflammatory and purifying effects that help cleanse and soothe skin.
- **Camphor** - Offers circulation-boosting and protective benefits that support healthy skin function.

**Scent Profile:** Strong, herbaceous aroma with earthy, camphoraceous notes and a distinctive medicinal fragrance.

## Sandalwood

**Best Suited For:** Sensitive skin • Dry skin • Mature skin

### Key Essential Oil Components & Skincare Benefits:

- **Santalol** - Provides anti-inflammatory and moisturizing properties that soothe and hydrate sensitive, dry skin.
- **Sesquiterpenes** - Deliver skin softening and conditioning effects that promote smooth, supple skin.
- **Santalenes** - Offer calming and protective benefits that reduce skin stress and sensitivity.

**Scent Profile:** Creamy, woody aroma with warm, milky notes and a sacred, meditative fragrance.

## Tea Tree

**Best Suited For:** Acne prone skin • Oily skin • Combination skin

### **Key Essential Oil Components & Skincare Benefits:**

- **Terpinen-4-ol** - Provides powerful antimicrobial and anti-inflammatory properties that help treat acne and skin infections.
- **1,8-Cineole** - Delivers purifying and soothing effects that help cleanse and calm irritated skin.
- **Alpha-terpinene** - Offers astringent and protective benefits that help control oil production and prevent breakouts.

**Scent Profile:** Fresh, medicinal aroma with sharp, camphoraceous notes and a distinctive antiseptic fragrance.

## **Thyme**

**Best Suited For:** Acne prone skin • Oily skin • Combination skin

### **Key Essential Oil Components & Skincare Benefits:**

- **Thymol** - Provides potent antimicrobial and anti-inflammatory properties that help treat acne and skin infections.
- **Carvacrol** - Delivers astringent and purifying effects that help control oil production and cleanse pores.
- **Gamma-terpinene** - Offers antioxidant and protective benefits that support healthy skin function.

**Scent Profile:** Strong, herbaceous aroma with spicy, medicinal notes and a pungent, warming fragrance.

## **Turmeric**

**Best Suited For:** Acne prone skin • Sensitive skin • Mature skin

### **Key Essential Oil Components & Skincare Benefits:**

- **Turmerone** - Provides anti-inflammatory and antioxidant properties that help treat acne and reduce signs of aging.
- **Curcumen** - Delivers healing and protective effects that promote skin repair and renewal.
- **Zingiberene** - Offers circulation-boosting and warming benefits that improve skin tone and vitality.

**Scent Profile:** Warm, spicy aroma with earthy, ginger-like notes and a distinctive golden fragrance.

## **Vanilla**

**Best Suited For:** Dry skin • Sensitive skin • Normal skin

### **Key Essential Oil Components & Skincare Benefits:**

- **Vanillin** - Provides antioxidant and soothing properties that help protect and calm sensitive, dry skin.
- **Vanillic acid** - Delivers anti-inflammatory and conditioning effects that promote skin comfort and health.

- **Benzyl compounds** - Offer moisturizing and protective benefits that support healthy skin barrier function.

**Scent Profile:** Sweet, creamy aroma with warm, comforting notes and a rich, dessert-like fragrance.

## Vetiver

**Best Suited For:** Oily skin • Mature skin • Sensitive skin

### Key Essential Oil Components & Skincare Benefits:

- **Vetiverol** - Provides anti-inflammatory and skin conditioning properties that help balance oil production and soothe skin.
- **Sesquiterpenes** - Deliver protective and regenerative effects that support healthy skin repair and renewal.
- **Vetivones** - Offer calming and grounding benefits that reduce skin stress and sensitivity.

**Scent Profile:** Deep, earthy aroma with smoky, woody notes and a complex, grounding fragrance.

## White Lotus

**Best Suited For:** Sensitive skin • Mature skin • Normal skin

### Key Essential Oil Components & Skincare Benefits:

- **Benzyl acetate** - Provides moisturizing and soothing properties that help hydrate and calm sensitive skin.
- **Linalool** - Delivers anti-inflammatory and healing effects that promote skin repair and reduce irritation.
- **Phenylethyl alcohol** - Offers protective and conditioning benefits that support healthy skin function.

**Scent Profile:** Delicate, floral aroma with pure, ethereal notes and a serene, sacred fragrance.

## Wintergreen

**Best Suited For:** Acne prone skin • Oily skin • Combination skin

### Key Essential Oil Components & Skincare Benefits:

- **Methyl salicylate** - Provides natural BHA-like exfoliation that helps unclog pores and improve skin texture.
- **Gaultherin** - Delivers anti-inflammatory and pain-relieving effects that soothe irritated and inflamed skin.
- **Phenolic compounds** - Offer antimicrobial and protective benefits that help prevent breakouts and infections.

**Scent Profile:** Fresh, minty aroma with medicinal, wintergreen notes and a cooling, analgesic fragrance.

## Ylang Ylang

**Best Suited For:** Dry skin • Mature skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Linalool** - Provides calming and anti-inflammatory properties that soothe sensitive and mature skin.
- **Geranyl acetate** - Delivers moisturizing and conditioning effects that help hydrate and soften dry skin.
- **Benzyl benzoate** - Offers protective and healing benefits that support healthy skin function and repair.

**Scent Profile:** Exotic, floral aroma with sweet, tropical notes and an intoxicating, romantic fragrance.

## Yuzu

**Best Suited For:** Oily skin • Normal skin • Combination skin

**Key Essential Oil Components & Skincare Benefits:**

- **Limonene** - Provides astringent and brightening properties that help control oil production and improve skin tone.
- **Gamma-terpinene** - Delivers antioxidant and protective effects that support healthy skin function.
- **Beta-pinene** - Offers purifying and antimicrobial benefits that help cleanse and protect skin.

**Scent Profile:** Bright, citrusy aroma with tart, exotic notes and a distinctive Japanese citrus fragrance.