

Botanical Extracts & Skincare Benefits Guide

Ashwagandha

Best Suited For: Sensitive skin • Mature skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Withanolides** - Provide adaptogenic properties that help skin resist environmental stressors and maintain healthy barrier function.
- **Alkaloids** - Deliver anti-inflammatory effects that calm irritated skin and reduce signs of sensitivity.
- **Phenolic compounds** - Offer antioxidant protection that fights free radical damage and supports healthy aging.

Bee Propolis

Best Suited For: Acne prone skin • Oily skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **Flavonoids** - Provide powerful antioxidant and antimicrobial protection that helps prevent acne and skin infections.
- **Phenolic acids** - Deliver anti-inflammatory and wound-healing properties that promote skin repair and regeneration.
- **Caffeic acid phenethyl ester (CAPE)** - Offers potent anti-inflammatory effects that soothe irritated skin and reduce redness.

Blue Lotus

Best Suited For: Sensitive skin • Mature skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Nuciferine** - Provides calming and relaxing properties that help reduce skin stress and promote a healthy complexion.
- **Flavonoids** - Deliver antioxidant protection that shields skin from environmental damage and premature aging.
- **Essential oils** - Offer aromatherapeutic benefits that promote relaxation while providing gentle antimicrobial properties.

Burdock Root

Best Suited For: Acne prone skin • Oily skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Inulin** - Provides prebiotic benefits that support healthy skin microbiome and improve skin barrier function.
- **Phenolic acids** - Deliver anti-inflammatory and antimicrobial effects that help treat acne and skin blemishes.
- **Polyacetylenes** - Offer antibacterial properties that help prevent skin infections and promote clear skin.

Calendula

Best Suited For: Sensitive skin • Eczema • Dry skin

Key Botanical Extracts & Skincare Benefits:

- **Flavonoids** - Provide potent antioxidant protection that shields skin from environmental damage and premature aging.
- **Triterpenoids** - Deliver powerful anti-inflammatory effects that soothe irritated skin, reduce redness, and calm conditions like eczema and dermatitis.
- **Carotenoids** - Promote wound healing and tissue regeneration, accelerating recovery from minor cuts, scrapes, and burns.

Carrot Root

Best Suited For: Mature skin • Dry skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Beta-carotene** - Provides vitamin A precursor that promotes cell turnover, improves skin texture, and enhances natural radiance.
- **Antioxidants** - Deliver protection against free radical damage and support healthy skin aging.
- **Natural sugars** - Offer gentle exfoliation and moisturizing properties that leave skin soft and smooth.

Centella Asiatica

Best Suited For: Sensitive skin • Acne prone skin • Rosacea

Key Botanical Extracts & Skincare Benefits:

- **Asiaticoside** - Provides wound healing and anti-inflammatory properties that promote skin repair and reduce scarring.

- **Madecassoside** - Delivers soothing and calming effects that reduce skin sensitivity and irritation.
- **Asiatic and Madecassic acids** - Offer collagen synthesis support that improves skin elasticity and firmness.

Chamomile

Best Suited For: Sensitive skin • Rosacea • Eczema

Key Botanical Extracts & Skincare Benefits:

- **Chamazulene** - Provides powerful anti-inflammatory properties that soothe sensitive skin and reduce redness.
- **Bisabolol** - Delivers calming and healing effects that promote skin recovery and reduce irritation.
- **Flavonoids** - Offer antioxidant protection that helps prevent premature aging and environmental damage.

Chrysanthemum

Best Suited For: Mature skin • Sensitive skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Flavonoids** - Provide antioxidant protection that helps prevent signs of aging and environmental damage.
- **Phenolic compounds** - Deliver anti-inflammatory effects that soothe irritated skin and reduce sensitivity.
- **Vitamins A and C** - Offer skin brightening and collagen support that promotes a healthy, radiant complexion.

Comfrey Leaf

Best Suited For: Dry skin • Sensitive skin • Eczema

Key Botanical Extracts & Skincare Benefits:

- **Allantoin** - Provides exceptional wound healing and cell regeneration properties that accelerate skin repair.
- **Mucilage** - Delivers deep moisturizing and soothing effects that calm irritated and damaged skin.
- **Rosmarinic acid** - Offers anti-inflammatory and antioxidant benefits that protect and heal skin.

Coriander

Best Suited For: Oily skin • Acne prone skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Linalool** - Provides antimicrobial and soothing properties that help prevent skin infections and calm irritation.
- **Phenolic compounds** - Deliver antioxidant protection that fights free radical damage and supports healthy aging.
- **Essential oils** - Offer natural preservation and aromatherapeutic benefits with gentle antiseptic properties.

Dandelion Leaf

Best Suited For: Mature skin • Dry skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Vitamins A, C, and K** - Provide skin nourishment that promotes healthy cell turnover and collagen production.
- **Potassium** - Delivers hydrating properties that help maintain skin moisture balance.
- **Phenolic compounds** - Offer anti-inflammatory and antioxidant effects that protect and soothe skin.

Daisy

Best Suited For: Normal skin • Combination skin • Oily skin

Key Botanical Extracts & Skincare Benefits:

- **Saponins** - Provide gentle cleansing properties that remove impurities without stripping natural oils.
- **Flavonoids** - Deliver antioxidant protection that helps prevent environmental damage and aging.
- **Polyphenols** - Offer skin brightening effects that help reduce dark spots and promote even skin tone.

Fennel Seed

Best Suited For: Oily skin • Acne prone skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **Anethole** - Provides antimicrobial and anti-inflammatory properties that help treat acne and skin blemishes.
- **Flavonoids** - Deliver antioxidant protection that shields skin from free radical damage.
- **Essential oils** - Offer toning and firming effects that help improve skin texture and appearance.

Fenugreek

Best Suited For: Dry skin • Sensitive skin • Eczema

Key Botanical Extracts & Skincare Benefits:

- **Mucilage** - Provides deep moisturizing and soothing properties that hydrate and calm dry, irritated skin.
- **Saponins** - Deliver gentle cleansing and anti-inflammatory effects that help treat skin conditions.
- **Vitamins and minerals** - Offer nourishing benefits that support healthy skin function and repair.

Ginger

Best Suited For: Mature skin • Combination skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Gingerols** - Provide anti-inflammatory and antioxidant properties that soothe skin and fight aging.
- **Shogaols** - Deliver warming and circulation-boosting effects that promote healthy skin tone and radiance.
- **Phenolic compounds** - Offer antimicrobial benefits that help prevent skin infections and breakouts.

Ginseng

Best Suited For: Mature skin • Dry skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Ginsenosides** - Provide adaptogenic properties that help skin resist stress and maintain healthy function.
- **Polysaccharides** - Deliver deep moisturizing and skin barrier strengthening effects.
- **Peptides** - Offer anti-aging benefits that stimulate collagen production and improve skin elasticity.

Green Tea

Best Suited For: Oily skin • Acne prone skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **EGCG (Epigallocatechin gallate)** - Provides powerful antioxidant protection that prevents UV damage and aging.
- **Catechins** - Deliver anti-inflammatory and antimicrobial effects that help treat acne and sensitive skin.
- **Caffeine** - Offers circulation-boosting and firming properties that reduce puffiness and improve skin tone.

Helichrysum

Best Suited For: Sensitive skin • Mature skin • Rosacea

Key Botanical Extracts & Skincare Benefits:

- **Italidiones** - Provide powerful anti-inflammatory properties that soothe irritated and damaged skin.
- **Flavonoids** - Deliver antioxidant protection that helps prevent premature aging and environmental damage.
- **Sesquiterpenes** - Offer wound healing and regenerative effects that promote skin repair and renewal.

Holy Basil

Best Suited For: Oily skin • Acne prone skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **Eugenol** - Provides antimicrobial and anti-inflammatory properties that help treat acne and skin infections.
- **Rosmarinic acid** - Delivers antioxidant and soothing effects that protect and calm irritated skin.
- **Ursolic acid** - Offers anti-aging benefits that help maintain skin elasticity and firmness.

Horopito

Best Suited For: Acne prone skin • Oily skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **Polygodial** - Provides potent antimicrobial and antifungal properties that help treat skin infections and conditions.
- **Sesquiterpenes** - Deliver anti-inflammatory effects that soothe irritated and sensitive skin.
- **Essential oils** - Offer natural preservation and therapeutic benefits for problem skin.

Kawakawa

Best Suited For: Sensitive skin • Eczema • Dry skin

Key Botanical Extracts & Skincare Benefits:

- **Myristicin** - Provides anti-inflammatory and analgesic properties that soothe irritated and damaged skin.
- **Kawain** - Delivers calming and healing effects that promote skin recovery and comfort.
- **Flavonoids** - Offer antioxidant protection that helps prevent environmental damage and aging.

Lavender

Best Suited For: Sensitive skin • Acne prone skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Linalool** - Provides calming and antimicrobial properties that soothe sensitive skin and prevent infections.
- **Linalyl acetate** - Delivers healing and regenerative effects that promote skin repair and renewal.
- **Flavonoids** - Offer antioxidant protection that shields skin from environmental stressors and aging.

Lemon Balm

Best Suited For: Oily skin • Acne prone skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **Rosmarinic acid** - Provides potent antioxidant and anti-inflammatory properties that protect and soothe skin.
- **Citronellal** - Delivers antimicrobial and astringent effects that help treat oily and acne-prone skin.
- **Flavonoids** - Offer skin calming and protective benefits that reduce sensitivity and irritation.

Lemon Grass

Best Suited For: Oily skin • Acne prone skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Citral** - Provides antimicrobial and astringent properties that help control oil production and prevent breakouts.
- **Limonene** - Delivers antioxidant and brightening effects that promote even skin tone and radiance.
- **Geraniol** - Offers anti-inflammatory and soothing benefits that calm irritated skin.

Liquorice Root

Best Suited For: Sensitive skin • Mature skin • Acne prone skin

Key Botanical Extracts & Skincare Benefits:

- **Glabridin** - Provides skin brightening and anti-inflammatory properties that help reduce hyperpigmentation and dark spots.
- **Glycyrrhizin** - Delivers soothing and anti-inflammatory effects that calm irritated and sensitive skin.
- **Liquiritin** - Offers tyrosinase inhibition that helps prevent melanin formation and promotes even skin tone.

Maca Root

Best Suited For: Mature skin • Dry skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Glucosinolates** - Provide antioxidant and protective properties that help defend skin against environmental damage.
- **Amino acids** - Deliver nourishing and moisturizing effects that support healthy skin barrier function.
- **Vitamins and minerals** - Offer comprehensive skin nutrition that promotes healthy aging and vitality.

Manuka Leaf

Best Suited For: Acne prone skin • Oily skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **Triketones** - Provide potent antimicrobial and anti-inflammatory properties that help treat acne and skin infections.
- **Flavonoids** - Deliver antioxidant protection that shields skin from free radical damage and aging.
- **Essential oils** - Offer natural antiseptic and healing benefits that promote clear, healthy skin.

Marshmallow Root

Best Suited For: Dry skin • Sensitive skin • Eczema

Key Botanical Extracts & Skincare Benefits:

- **Mucilage** - Provides exceptional moisturizing and soothing properties that hydrate and calm dry, irritated skin.
- **Pectin** - Delivers film-forming benefits that help protect and maintain skin barrier function.
- **Asparagine** - Offers healing and regenerative effects that promote skin repair and renewal.

Milk Thistle

Best Suited For: Mature skin • Oily skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Silymarin** - Provides powerful antioxidant and anti-inflammatory properties that protect skin from damage and aging.
- **Silybin** - Delivers hepatoprotective benefits that support overall skin health through detoxification.
- **Flavonoids** - Offer protective effects that help maintain healthy skin function and appearance.

Moringa Leaf

Best Suited For: Mature skin • Dry skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Vitamins A, C, and E** - Provide comprehensive antioxidant protection that prevents aging and environmental damage.
- **Zeatin** - Delivers anti-aging and skin firming effects that help maintain youthful skin appearance.

- **Amino acids** - Offer nourishing benefits that support healthy skin structure and function.

Oatmeal

Best Suited For: Sensitive skin • Eczema • Dry skin

Key Botanical Extracts & Skincare Benefits:

- **Beta-glucan** - Provides deep moisturizing and soothing properties that calm irritated and sensitive skin.
- **Avenanthramides** - Deliver anti-inflammatory and anti-itch effects that help treat eczema and dermatitis.
- **Saponins** - Offer gentle cleansing properties that remove impurities without disrupting skin barrier.

Olive Leaf

Best Suited For: Mature skin • Oily skin • Acne prone skin

Key Botanical Extracts & Skincare Benefits:

- **Oleuropein** - Provides potent antioxidant and antimicrobial properties that protect and purify skin.
- **Hydroxytyrosol** - Delivers powerful anti-aging effects that help prevent wrinkles and maintain skin elasticity.
- **Flavonoids** - Offer anti-inflammatory benefits that soothe irritated skin and reduce redness.

Orange Peel

Best Suited For: Oily skin • Mature skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Vitamin C** - Provides brightening and antioxidant properties that promote collagen synthesis and even skin tone.
- **Limonene** - Delivers antimicrobial and astringent effects that help control oil production and prevent breakouts.
- **Citrus bioflavonoids** - Offer circulation-boosting benefits that promote healthy skin tone and radiance.

Parsley Leaf

Best Suited For: Mature skin • Normal skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Vitamin C** - Provides antioxidant protection and collagen support that promotes healthy, youthful skin.
- **Chlorophyll** - Delivers purifying and deodorizing effects that help cleanse and refresh skin.
- **Flavonoids** - Offer anti-inflammatory benefits that soothe irritated skin and reduce sensitivity.

Peppermint

Best Suited For: Oily skin • Acne prone skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Menthol** - Provides cooling and soothing properties that refresh and calm irritated skin.
- **Menthone** - Delivers antimicrobial and astringent effects that help control oil production and prevent breakouts.
- **Rosmarinic acid** - Offers anti-inflammatory and antioxidant benefits that protect and heal skin.

Plantain Leaf

Best Suited For: Sensitive skin • Eczema • Acne prone skin

Key Botanical Extracts & Skincare Benefits:

- **Allantoin** - Provides wound healing and cell regeneration properties that accelerate skin repair and renewal.
- **Mucilage** - Delivers soothing and moisturizing effects that calm irritated and damaged skin.
- **Tannins** - Offer astringent and anti-inflammatory benefits that help tighten and tone skin.

Prickly Pear

Best Suited For: Dry skin • Mature skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **Betalains** - Provide antioxidant and anti-inflammatory properties that protect skin from damage and aging.

- **Vitamin E** - Delivers nourishing and protective effects that help maintain healthy skin barrier function.
- **Amino acids** - Offer moisturizing and skin-conditioning benefits that promote soft, smooth skin.

Pumpkin

Best Suited For: Mature skin • Oily skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Alpha hydroxy acids** - Provide gentle exfoliation that removes dead skin cells and promotes cell turnover.
- **Beta-carotene** - Delivers antioxidant protection and vitamin A benefits that promote healthy skin renewal.
- **Enzymes** - Offer natural exfoliation that helps improve skin texture and radiance.

Rose Petal

Best Suited For: Dry skin • Sensitive skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **Phenolic compounds** - Provide antioxidant and anti-inflammatory properties that protect and soothe skin.
- **Vitamin C** - Delivers brightening and collagen-boosting effects that promote youthful skin appearance.
- **Essential oils** - Offer aromatherapeutic and moisturizing benefits that nourish and comfort skin.

Rosemary

Best Suited For: Oily skin • Acne prone skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **Rosmarinic acid** - Provides powerful antioxidant and anti-inflammatory properties that protect and heal skin.
- **Carnosic acid** - Delivers antimicrobial and preservative effects that help maintain skin health and product stability.
- **Camphor** - Offers circulation-boosting and antimicrobial benefits that promote healthy skin function.

Royal Jelly

Best Suited For: Mature skin • Dry skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **10-HDA (10-Hydroxy-2-decenoic acid)** - Provides antimicrobial and anti-inflammatory properties that help treat acne and skin conditions.
- **Proteins and amino acids** - Deliver nourishing and anti-aging effects that support skin structure and function.
- **Vitamins and minerals** - Offer comprehensive skin nutrition that promotes healthy aging and vitality.

Rosehip

Best Suited For: Mature skin • Dry skin • Acne prone skin

Key Botanical Extracts & Skincare Benefits:

- **Vitamin C** - Provides powerful antioxidant protection and collagen synthesis support that prevents aging.
- **Essential fatty acids** - Deliver deep moisturizing and barrier repair effects that restore skin health.
- **Lycopene** - Offers UV protection and anti-inflammatory benefits that help prevent sun damage.

Sage

Best Suited For: Oily skin • Acne prone skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **Rosmarinic acid** - Provides antioxidant and anti-inflammatory properties that protect and soothe skin.
- **Thujone** - Delivers antimicrobial and astringent effects that help control oil production and prevent infections.
- **Flavonoids** - Offer protective benefits that help maintain healthy skin function and appearance.

Sandalwood

Best Suited For: Sensitive skin • Dry skin • Mature skin

Key Botanical Extracts & Skincare Benefits:

- **Santalol** - Provides anti-inflammatory and antimicrobial properties that soothe irritated skin and prevent infections.
- **Sesquiterpenes** - Deliver skin softening and conditioning effects that promote smooth, supple skin.
- **Essential oils** - Offer aromatherapeutic and calming benefits that reduce skin stress and sensitivity.

Sea Buckthorn

Best Suited For: Dry skin • Mature skin • Sensitive skin

Key Botanical Extracts & Skincare Benefits:

- **Omega fatty acids** - Provide essential nutrition that supports skin barrier function and prevents moisture loss.
- **Vitamin C** - Delivers antioxidant protection and collagen support that promotes healthy, youthful skin.
- **Carotenoids** - Offer UV protection and anti-inflammatory benefits that help prevent sun damage and aging.

Self Heal

Best Suited For: Sensitive skin • Acne prone skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Rosmarinic acid** - Provides anti-inflammatory and antioxidant properties that soothe and protect irritated skin.
- **Tannins** - Deliver astringent and wound-healing effects that help tighten and repair damaged skin.
- **Flavonoids** - Offer antimicrobial and protective benefits that help maintain healthy skin function.

Tiger Lily

Best Suited For: Dry skin • Sensitive skin • Normal skin

Key Botanical Extracts & Skincare Benefits:

- **Mucilage** - Provides moisturizing and soothing properties that hydrate and calm dry, irritated skin.
- **Flavonoids** - Deliver antioxidant protection that helps prevent environmental damage and aging.
- **Saponins** - Offer gentle cleansing and anti-inflammatory effects that help maintain skin health.

White Willow Bark

Best Suited For: Oily skin • Acne prone skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Salicin** - Provides natural BHA-like exfoliation that helps unclog pores and improve skin texture.
- **Tannins** - Deliver astringent and anti-inflammatory effects that help control oil production and soothe skin.
- **Flavonoids** - Offer antioxidant protection that helps prevent aging and environmental damage.

Wild Yarrow

Best Suited For: Sensitive skin • Oily skin • Acne prone skin

Key Botanical Extracts & Skincare Benefits:

- **Chamazulene** - Provides powerful anti-inflammatory properties that soothe sensitive and irritated skin.
- **Flavonoids** - Deliver antioxidant and antimicrobial effects that protect and purify skin.
- **Sesquiterpene lactones** - Offer wound healing and regenerative benefits that promote skin repair and renewal.

Wormwood (Tree)

Best Suited For: Oily skin • Acne prone skin • Combination skin

Key Botanical Extracts & Skincare Benefits:

- **Artemisinin** - Provides antimicrobial and anti-inflammatory properties that help treat skin infections and conditions.
- **Flavonoids** - Deliver antioxidant protection that shields skin from environmental damage and aging.
- **Essential oils** - Offer natural preservation and therapeutic benefits that support healthy skin function.