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## Release Waiver

As a condition of receiving services, I fully understand that Amanda Gavarny, life coach, and all other practitioners at Heart High are not allopathic doctors and do not portray to provide medical services. I understand all services provided consist of information on stress reduction, nutritional wellness, and emotional well-being on a spiritual level. I have solicited the practitioners' services in good faith, exercising my free will and following the dictates of my own conscious which allows me to select which is most beneficial for my well-being. All modalities, including and not limited to, ionic foot detox, reiki, sound therapy, aromatherapy treatments, life coaching with a spiritual perspective are used at my own risk. Pregnant clients and clients with pacemakers are not encouraged to use some modalities and must consult their allopathic doctors.

By signing below, I acknowledge and understand all parts of this waiver and accept the fee to be paid. For life coaching clients: I am choosing to work with the life coach for \_\_\_ 4 weeks, \_\_\_ 8 weeks, \_\_\_ 12 weeks. (Check one)

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_