

**LAC DU BONNET CURLING CLUB**  
**PANDEMIC RESPONSE**  
**EFFECTIVE OCTOBER 12, 2021**



### **2021-2022 Curling Season Overview**

Health and safety of our curlers is the top priority as we reopen the Curling Club for the 2021-2022 season. Curling will resume as normal as possible, but some changes are required to meet the Manitoba Public Health requirements that are in place to mitigate the spread of COVID-19.

The measures the LdB Curling Club will implement during the curling season are outlined below. Any changes made to these measures will be based on health requirements and rate of transmission. Notification of changes will be provided to all skips via email and will be posted in the facility.

### **Contact**

Linda Johnson, President will be responsible for dealing with COVID-19 issues and their impact on the Club. Email: [lindajj8880@gmail.com](mailto:lindajj8880@gmail.com) or phone 345-8180.

### **Mandatory Vaccination**

As per the Manitoba Public Health Act, anyone wishing to participate in a sport or recreation activity must be fully vaccinated for Covid-19. Proof will be required upon registration. Bring proof to facility each time you curl in case the Health Inspector visits.

### **Sick Policy**

Curlers who are sick are to stay home and should not come back to curling until at least 24 hours after they are free of symptoms. Those experiencing Covid-19 symptoms should not return to curling for two weeks or until a negative Covid test result is received. Notify Curling Club President of any known or suspected transmissions that occurred at the curling rink so appropriate cleaning and other precautions can be taken.

### **Hygiene & Cleaning Practices**

Curlers must follow heightened hygiene practices which include frequent hand washing and cleaning of common surfaces such as score boards and measuring devices. Hand sanitizer and cleaning products are available and frequent use is encouraged.

## Entry and Exit Protocol

All curlers and spectators must use the following entry and exit procedures:

1. Wear mask to enter as required by Manitoba Health.
2. Sign the guest book at front table, noting name and phone # for contact tracing each time you enter the building.
3. Consider the following screening questions and do not enter if you answer yes to either question:
  - i. Have you been in contact with a confirmed or probable case of COVID?
  - ii. Are you experiencing any symptoms of illness such as fever, cough, runny nose, sore throat or shortness of breath?
4. If you answer no to both questions, use the hand sanitizer and enter.

## Movement in Warm Spaces

Warm spaces are the curling lobby, locker rooms, washrooms and upstairs curling lounge. All curlers and spectators must adhere to the following rules in these spaces:

1. Masks are mandatory upon facility entry and within warm spaces, unless you are eating or drinking.
2. You must be seated and stationary when eating and drinking.
3. Be respectful of personal space. Distance yourself from others where possible and minimize prolonged close contact with other people.
4. In the lounge spread out around the tables and the whole room.
5. While locker rooms are open for use, be prepared to change shoes in the lobby to minimize close prolonged contact. **It is recommended that only 4 people use the locker room at one time.**

## On Ice Rules

On Ice refers to the ice sheet area. All curlers must adhere to the following rules while on the ice:

1. Masks are mandatory upon entry to the ice sheet area and may be removed once you get to your sheet.
2. During play, be respectful of personal space and distance yourself from others where possible.
3. Normal curling can be played with the following exceptions:
  - i. No shared coins will be available for coin toss. Thirds to supply.

- ii. No handshakes. Tap brooms instead.
- iii. Touch only your two rocks. Avoid the “courtesy” of moving your opponent’s rock into readiness for his/her delivery.
- iv. Measuring stick should be handled by one person only. She/He retrieves it, uses it to measure, returns it to its holder and sanitizes it.
- v. Only one person (likely third) should post the score after each end of play. Ice maker will sanitize the score board after play.
- vi. Only the skip and third should be at the back of the house and close contact should be limited.
- vii. Curlers are encouraged to bring their own water bottles.

### **Information Resources**

Curlers are encouraged to keep themselves informed about the signs and symptoms of COVID-19 and the steps that can be taken to protect their health. Here are some reliable information resource links:

#### **PROVINCE OF MANITOBA**

<https://www.gov.mb.ca/health/coronavirus/>

#### **GOVERNMENT OF CANADA**

[Coronavirus Disease Outbreak Update](#)

[Canadian Centre of Occupational Health and Safety](#)