



## Your social history

20 Do you smoke cigarettes?:

No

Yes  If yes, how many cigarettes per day:

Ex-smoker  approx. Date you ceased:  /  /

21 Do you drink alcohol?:

No

Yes  If yes, how many drinks per day:

22 How often do you drink alcohol?:

Never:

1-2 days a week:

Every day:

1-2 days a month:

Less than monthly:

## Physical activity

23 How many times a week do you usually do 20 minutes of vigorous physical activity that makes you sweat or puff and pant?

*Eg: jogging, running, swimming, bike riding or aerobics*

0:

1:

2:

3:

4:

5:

6:

7:

24 How many times a week do you usually do 30 minutes of brisk walking or moderate physical activity that increases your heart rate or makes you breathe harder than normal?

*Eg: digging in the garden, dancing, golf or tennis*

0:

1:

2:

3:

4:

5:

6:

7:

## Next of Kin / Emergency Contact

25 Family name:

26 First given name:

27 Phone number:

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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28 Relationship to next of kin / emergency contact:

Parent:  Partner or Spouse:  Child:  Friend:  Other Relative:

## Patient declaration

29 I acknowledge and consent that:

- The doctors and staff at Cessnock Medical Centre may contact me by post and/or telephone, in regards to results or correspondence.
- The doctors and staff at Cessnock Medical Centre may contact me by post, in regards to recalls and reminders for immunisations, health screenings or health assessments etc.
- I am responsible for booking and attending any specialist or allied health appointments the doctor refers me to. If I am unable to attend these appointments, I agree to notify the relevant parties to cancel and/or reschedule the appointment.
- I will contact the practice to follow up the results of any tests or investigations the doctor requests me to complete.

I declare that:

- The information I have provided in this form is complete and correct.

Patient or parent/guardian's full name:

Patient or parent/guardian's signature:

Date: