

Continence Care & Toileting

Supporting Dignity, Safety, and Independence

This workshop focuses on evidence-based best practices in continence and toileting care within educational and community settings.

Participants learn:

- Safe and respectful toileting and brief-changing techniques
- Hygiene and infection prevention practices
- Environmental considerations for successful toileting support
- Trauma-informed approaches to intimate care
- Individualized care planning and documentation
- Roles, responsibilities, and policy requirements
- Strategies that promote dignity, consistency, and positive experiences

Hands-On Learning Includes:

- ✓ Positioning and transfer considerations
- ✓ Brief-changing demonstrations
- ✓ Hygiene techniques
- ✓ Practical tips and troubleshooting strategies
- ✓ Understanding vulnerability through experiential learning



Emergency Seizure Management

Building Confidence During Critical Moments

This practical workshop equips participants with the knowledge and skills needed to respond safely and effectively to seizures in school and community environments.

Participants learn:

- Common seizure types and presentations
- Potential seizure triggers
- Preventative classroom strategies
- Emergency seizure first aid
- Safe medication administration practices
- Post-seizure monitoring and support
- Escalation procedures and emergency response
- Roles, responsibilities, and policy requirements

Hands-On Learning Includes:

- ✓ Seizure first aid practice
- ✓ Emergency medication demonstrations
- ✓ Scenario-based learning
- ✓ Safety considerations and response planning
- ✓ Supporting students before, during, and after seizure activity



Diabetes School Support

Practical Diabetes Care for Educational Settings

Designed to support school staff in understanding diabetes management and responding confidently to routine and emergency situations.

Participants learn:

- Diabetes fundamentals
- Recognition of hypoglycemia and hyperglycemia
- Monitoring considerations and daily management
- Classroom support strategies
- Promoting student independence and safety
- Individualized care plans and communication practices
- Community nursing partnerships
- Roles, responsibilities, and policy requirements

Hands-On Learning Includes:

- ✓ Blood glucose monitoring practice
- ✓ Emergency medication administration
- ✓ Recognition of urgent symptoms
- ✓ Safe intervention strategies
- ✓ Confidence-building through guided practice

