



PASTOR

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LOCATION

COTTON BOLL ELEMENTARY SCHOOL
8540 W Butler Dr, Peoria, AZ 85345

DATE:

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LONELINESS

IS A LIAR...

DO NOT FEAR, DO NOT BE DISMAYED!

Bible Reference: Isaiah 41:10 - 13

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. For I am the Lord, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.

DISMAYED: TO FEEL DISTRESSED OR TO HAVE ANXIETY

Being dismayed/distressed/anxiety ridden can be traced down to the spirit of fear.

The spirit of fear is a sneaky foe. It will whisper doubt into your ear and cause you to second guess what God has told you in His Word. Fear will pull you away from others; will isolate you and keep you in the dark.

COVID19 is a big example of this:

COVID helped build walls in our communities, and higher percentage of people that experienced this isolation died not just from complications to this infection, but also from the weakening effects of loneliness.

IT IS NOT GOOD FOR MAN TO BE ALONE

Bible Reference: Genesis 2:18

Loneliness is a tool that the enemy uses to destroy. Since the very beginning, when man sinned, the enemy whispered in his ear, "Hide for your master calls". Adam and Eve felt shame for the first time, they feared what God would do, so they ran and hid.

You may find yourself hiding from the Lord. You've sinned and the devil whispers lies in your ear, telling you that you must be perfect to follow God. You have tried to stand on your own, carrying a heavy burden on your shoulders, convincing yourself that this is normal.

So you live your life carrying your baggage:

"I'm not good enough"

"I'm unworthy"



BIBLE REFERENCES

- Isaiah 41:10
- Hebrews 10:25
- Genesis 2:18
- 1Kings 19:9
- Hebrews 4:15
- Matthew 8:20
- Revelation 21:3-4
- Matthew 11:29 & 30

FEAR IS SELFISH

Bible Reference: 1 Kings 19:9

Loneliness and fear robs us from fulfilling our calling and even doing our day to day things.

When the evil queen, Jezebel, threatened the Prophet Elijah, fear gripped him by the neck, and he chose to save his life. Elijah ran, leaving his servant behind and hid in a cave.

Fear caused Elijah to only think about himself, drove him to leave his servant behind, and pushed him as far as leaving his faith and wished for death.

LOVE IS SELFLESS

Bible Reference: Matthew 8:20 & Hebrews 4:15

Jesus faced death threats and loneliness constantly. He had no place to lay His head, yet He chose a humble and sacrificial life.

The Word reminds us that Jesus faced human needs and fears; we are not without a high priest that does not understand our struggles. He will never leave you. Jesus will be with you through loneliness.

God gave us tools to defeat the devil in this world. He gave us Himself - Christ at the cross, paying for all of our sins, and putting to death fear and death itself. He also gave us the body of Christ for fellowship.

God will set you free and walk this road with you, but He will not impose Himself on anyone. You are responsible to stay close and continue to seek your brothers and sisters who have also been called to be their "brother's keeper" and will pray with you and encourage you to keep standing strong.

THE CROSS WILL KEEP YOU GROUNDED

When you are lonely and tempted to give up under its crushing weight, run to the cross at Calvary!

As you walk the path that Christ has forged ahead, holding on to the cross, you will live out God's plan, conquer over loneliness, and see victory!

You were given free will to choose to humble yourself before the Lord and serve him with faith that He will give you victory.

The enemy is a liar! Overcome one day at a time! Choose to release all the baggage you've carried on your shoulders!



THE FEELING OF LONELINESS

1. PERSONAL REFLECTION: IN THE PAST FOUR YEARS, SINCE COVID AND OTHER WORLD EVENTS STRUCK THE WORLD, HOW HAVE YOU DEALT WITH FEAR AND LONELINESS?

**2. GOD COMMANDS US TO NOT FEAR:
DO NOT _____, FOR I AM WITH YOU; DO NOT BE
_____, FOR I AM YOUR GOD...ISAIAH 41:10**

**3. LONELINESS IS ROOTED IN _____. IT WILL ROB
YOU FROM DOING DAY TO DAY TASKS. GOD GAVE
US THE _____ TO HELP US OVERCOME.**

4. I AM MY BROTHER'S _____.

5. TRUE OR FALSE?

YOU HAVE TO BE PERFECT TO FOLLOW GOD.

**CHRIST HAS PROMISED TO MAKE ALL THINGS NEW.
REVELATION 21:3 & 4**

**“AND I HEARD A LOUD VOICE FROM THE THRONE
SAYING, LOOK! GOD’S DWELLING PLACE IS NOW
AMONG THE PEOPLE, AND HE WILL DWELL WITH
THEM. THEY WILL BE HIS PEOPLE, AND GOD
HIMSELF WILL BE WITH THEM AND BE THEIR
GOD. HE WILL WIPE EVERY TEAR FROM THEIR
EYES. THERE WILL BE NO MORE DEATH,
MOURNING, CRYING, OR PAIN, FOR THE OLD
ORDER OF THINGS HAS PASSED AWAY.”**