

HOA NEWS

The end of Summer is fast approaching. It's time to wind-up the summer and turn our thoughts to final barbeques, back-to-school shopping, cooler weather, apple cider, donuts and pumpkins.

IMPORTANT: *We Need to Change our Subdivision "Rules"*

As you may know, everyone who buys a home in the Riverwoods Sub has to follow the Covenants and Restrictions (C&Rs) that the developer recorded in 1997 with the Wayne County Register of Deeds.

Legally, the C&Rs are actually part of the deed to your property. Unfortunately, what the developers used for the C&Rs was a "one size fits all" document that was not tailored to the needs of our subdivision.

The Board has since identified nine items that need to be changed, but to do so requires the signature of 74 homeowners.

In the next few issues of the neighborhood Newsletter, we will be highlighting some of these needed changes.

More importantly, the C&R amendments will be available for everyone to sign at our 2019 annual meeting. Watch for details about that in our next newsletter!

HOA Meetings - Meetings are held every second Wednesday of the month, unless otherwise announced. A sign is posted on the Marquee at the front entrance of the subdivision. Meetings are held in the Administration Bldg. next to the Canton Public Library located at Canton Center and Civic Center.

Next HOA Meeting - September 12.

UPCOMING EVENT(S) IN CANTON

Election Workers Needed: The Canton Clerk's Office is now accepting applications for the position of Precinct Inspector. Application packets may be picked up in the Clerk's Office during regular business hours. You will be paid for your time. Please call 734-394-5120 for additional information.

QUICK TIP

Here is a space-saving idea you can try at home or on the road. Before placing your shirts in drawers, consider rolling them instead of folding. You can do the same when heading off on vacation. Tightly rolled clothing take up less space and causes less wrinkles. (HomeWorks, Summer 2018, Hudson, Ink Corp. ©2018)

DID YOU KNOW . . . A Canton Fun Fact!

The New England Settlers and Canton:

The opening of the Erie Canal in 1825 brought settlers from New England. Settlers were met by heavy forests and many animals, including bear, wolf, lynx and fox. Early settlers engaged in self-sustaining farming. Farm-produced food and products provided the family with sustaining food and extra goods could be sold or bartered for goods, services or cash. The typical Canton farm family owned six or eight milk cows, hogs for marketing, chickens for eggs and meat and a few sheep. (©2006-2018 Canton Township, MI and its representatives. All rights reserved.)

CAULIFLOWER-BROCCOLI GRATIN RECIPE



This creamy broccoli and cauliflower casserole is a great recipe for the upcoming colder months. It is hassle-free and enjoyed by just about everyone.

Ingredients:

- 1 broccoli crown, trimmed and cut into 1-inch florets (about 4 cups)
- 1/2 head cauliflower, trimmed and cut into 1-inch florets (about 4 cups)
- 2-3 tablespoons extra-virgin olive oil, divided
- 1 medium onion, thinly sliced
- 3 tablespoons all-purpose flour
- 3/4 teaspoon salt
- 1/4 teaspoon white or black pepper
- 2 1/2 cups milk
- 1 1/2 cups breadcrumbs or 1/2 cup shredded cheese

Instructions:

1. Position racks in upper and lower third of oven; preheat to 425°F.
2. Toss broccoli and cauliflower in a large bowl with 1 tablespoon oil until well coated.
3. Divide between 2 baking sheets and spread in an even layer.
4. Roast the vegetables until tender and beginning to brown. 20-25 minutes.
5. Heat 1 tablespoon oil in a large saucepan over medium heat, add onion and cook until soft and golden brown, 5-8 minutes. Add flour, salt, pepper and milk. Cook, stirring, until the sauce bubbles and thickens, 4-5 minutes.
6. Remove sauce from the heat. Remove vegetables from oven when done.
8. Preheat the broiler and transfer half the vegetables to a 2-quart, broiler-safe baking dish.
9. Spread half the sauce over the vegetables. Add the remaining vegetables and top with the remaining sauce.
10. Combine breadcrumbs and the remaining 1 tablespoon oil in a small bowl (skip this step if you are topping with cheese).
11. Sprinkle the breadcrumb mixture (or cheese) over the gratin.
12. Place under the broiler and broil, watching closely, until the gratin is bubbling and beginning to brown on top, 1 to 5 minutes, depending on your broiler. Let stand for 10 minutes before serving. Enjoy!

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SAFETY TIPS FOR HOMEOWNERS

Vary your routine. A large number of burglars live within a few miles of their targets. They may even monitor the owner's daily activities in order to break in when they know nobody is home. To prevent this, vary your routine to be less predictable. You might also want to consider installing a monitored home security system or even a Ring video doorbell.

MONTHLY HEALTH TIP

Do You Know the Benefits of Walking (Part 2)?

Walking is as good for your heart as running, if you do enough of it.

- ◇ For years, many experts thought that really pushing yourself and your heart rate was the best way to strengthen your heart. But it turns out that brisk walking is just as good when it comes to cutting your risk of high blood pressure, high cholesterol, and diabetes; as long as you do about twice as much of it.

You should do 300 minutes of brisk walking each week if you want to lose weight:

- ◇ That may sound like a lot, but it breaks down to less than 45 minutes a day, a reasonable target if you're serious about shaping up. But if your schedule is packed, you can burn just as many calories with 20 minutes of exercise called high-intensity interval training (HIIT) - 20 seconds of an energetic activity, like running, followed by 1 minute of recovery (walking). This jump-starts your metabolism so your body can burn more fat.

Take your dog for a half-hour walk and you may burn about 100 calories.

- ◇ Everyone burns calories at a different rate. This number is for someone who weighs 150 pounds. But the idea is the same. Give in to the pooch with the pleading eyes and you can torch some calories.

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SAFETY AWARENESS: CHILD SAFETY

A hot car can be deadly! Always be sure to look twice. It's easier than you think to forget your baby in the back seat.

Take steps to remember not to leave a child in a hot vehicle:

- ⇒ Write yourself a note and place it where you'll see it when you leave the vehicle.
 - ⇒ Place your bag, briefcase or something else you're sure to need in the back seat so you'll be sure to see a child left in the vehicle.
 - ⇒ Keep an object in the car seat, such as a stuffed toy. Once the child is buckled in, place the object where the driver will notice it when he or she leaves the vehicle.
 - ⇒ Ask your child care center to call you if your child doesn't arrive on time for child care.
 - ⇒ If you are dropping your child off to child care, and it's normally your spouse, partner or caregiver who drops them off, have them call you to make sure the drop off went according to plan.
 - ⇒ If you see a child alone in a hot vehicle, call 911 immediately. If they are in distress due to heat, get them out as quickly as possible. Cool the child rapidly, not in an ice bath, but by spraying them with cool water or with a garden hose. Go to Safercar.gov/heatstroke, for more information.
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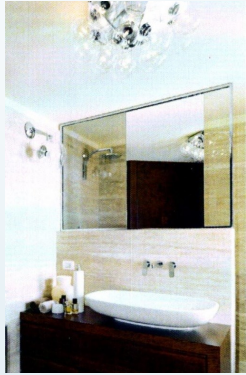
New Neighbors:

47657 River Woods Dr. - Andrew Matthews and Maria Wienclaw

NEWSLETTER

HOME ADVICE

SPACIOUS SOLUTIONS TO UPDATE YOUR SMALL BATH



When it's time to update, don't lose sight of the potential of your limited space by using these 3 tips to enlarge the look of your small bathroom. One, maximize storage space by adding shelves over the toilet or on a blank wall to take advantage of unused space, if you have high ceilings. Two, reflect with mirrors by placing mirrors strategically to give the illusion of more space. Add a large mirror over the sink and hang another decorative mirror on the opposite wall to create an infinity effect. Three, add new lighting. Dim light bulbs and single light fixtures will make your bathroom feel smaller. Use bright LEDs overhead instead of above the vanity. (©2018 The Personal Marketing Co® (TPMC). All rights reserved.)

RiverWoods Subdivision/Board Members:
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WANT ADS AND SERVICES

GARAGE SALE: 47741 River Woods Dr.
September 20-22—9:00am-3:00pm

Detroit Junk Busters
3952 Cabot Street, Detroit, MI 48210
313-505-6611
<http://www.detroitjunkbusters.com/index.php/contact-us>

SERVICE(S):

- ◆ Hauled away 8 yards of decorative rock
- ◆ Hauled away 5 yards of brush
- ◆ Cleaned up driveway area underneath rock and brush
- ◆ Very fast, professional and affordable

Neighbor Rating: Excellent

If another neighbor plans to use the same company, ask about a discounted rate.

President—Jim Darling
Vice-President—Jack Tandon
Secretary—Julie Edgar
Treasurer—Teresa Dickie

Director—Dave McCreedy
Director—Joe LaRussa
Director—Sharon Conciello
Director—Teresa Scott-Feijoo

Missed or Misdirected Mail - Call Lee Thompson—313-226-8607

Road Complaints: www.waynecounty.com/servicerequest20/ or call: 888-762-3273

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