HOA NEWS!

Happy Fall! Enjoy the cooler weather and the last barbeque holiday for the season.



GFL: Beginning August 27, both the trash and the recycle will be collected and the garden refuse will be collected on Saturday. This will continue through the week ending October 9 and then will revert to what it was in the past - all three will be collected on Friday until November 9, when the garden refuse will cease being collected for the year.

STREET TREE MAINTENANCE: Please ensure street trees are trimmed to no lower than 7 ft. above the road.

DRAINS: If you have drains in front of or on the side of your home, or in your backyard, please clear the leaves and debris from the drains. This ensures the continuous flow of water into the drains and will prevent potential backups or flooding.

CHANGES/ADDITIONS: Any changes/additions, etc. to your home need to be submitted to the board for approval.

C&Rs: Please review the HOA C&Rs on our HOA website.

LETTERS: Letters are going out and have been sent out to homeowners who are in possible violation of the HOA C&Rs.

PARKING: THERE IS NO STREET PARKING IN THE TWO COURTS. Pursuant to Canton Ordinance, please do not park in the fire lanes of the subdivision; guests should be advised as well. Having a vehicle parked in a fire lane could be dangerous if emergency vehicles were trying to gain entrance for a fire or EMS situation.

LAWN MAINTENANCE:

- Weeds, pavers and black diamond edging around street trees must be maintained so as to keep the home values up in the entire subdivision
- ♦ Grass growing in driveways need to be cleared
- Tree debris needs to be cleared from street
- ♦ Kiddie pools need to be removed after 24 hours

DESCALE YOUR COFFEE MAKER

Remove caked-on minerals by filling the reservoir with a mixture that's half vinegar, half water.

Let the solution brew halfway, then stop and let it sit for 30 minutes before completing the cycle. Rinse by "brewing" a couple of pots of clean water afterwards.

EXERCISE FOR A HEALTHY HEART

Your heart is a muscle, and it gets stronger and healthier if you lead an active life. It's never too late to start exercising, and you don't have to be an athlete. Even taking a brisk walk for 30 minutes a day can make a big difference.

Healthy Heart



Healthy You

Once you get going, you'll find it pays off. People who don't exercise are almost twice as likely to get heart disease as people who are active. Regular exercise can help you:

- * Burn calories
- Lower your blood pressure
- * Reduce LDL "bad" cholesterol
- Boost your HDL "good" cholesterol

How Much Should You Exercise and How Often?

Aim for at least 150 minutes a week of moderate-intensity activity (such as brisk walking). That amounts to about 30 minutes a day at least 5 days a week. If you're just getting started, you can slowly build up to that.

In time, you can make your workouts longer or more challenging. Do that gradually, so your body can adjust. When you work out, keep your pace low for a few minutes at the start and end of your workout. That way, you warm up and cool down each time. You don't have to do the same exact thing every time. It's more fun if you change it up. (©2005 - 2021 WebMD LLC. All rights reserved).



GRILLED SALMON & MANGO SALSA

Ingredients: FOR SALMON:

4 (6 oz.) skinless salmon fillets

3 tbsp. avocado oil 2 tsp. lime zest Salt and pepper to taste

3 tbsp. lime juice 3 cloves garlic, crushed

2 tsp. thyme

FOR SALSA:

1 large mango, peeled and sliced 1 red bell pepper, diced

1/2 red onion, finely chopped

1 avocado, diced

1 tbsp. lime juice

1 tbsp. lime juice 1 tbsp. extra virgin olive

oil .

1 tbsp. coconut water

Directions:

Place salmon in gallon size bag. Whisk together remaining salmon ingredients, add to bag and refrigerate for 30 - 60 minutes.

Add all salsa ingredients to a large bowl and toss to combine. Refrigerate until ready to serve.

Grease grill grates with oil and preheat to medium-high. Grill salmon 3 minutes per side or until cooked through. Garnish with lemon wedges and fresh thyme. Serve with prepared salsa. Enjoy!

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DID YOU KNOW A Canton Fun Fact!

COMMERCIAL DEVELOPMENT

Included in the Pheasant Run development was the first project to be constructed utilizing landfill royalties which was the Summit on the Park. In just a few short years, the image and housing stock of Canton changed dramatically. Families wishing to move up no longer had to move out. By 1993 Canton offered a full range of housing options. The success of Pheasant Run led to the development of Central Park, Cherry Hill Village, The Hamlet and a number of other projects. (©2006-2021 Canton Township, MI and its representatives. All rights reserved.)

8 SEASONAL AND BIANNUAL ITEMS FOR YOUR HOME MAINTENANCE FALL TO-DO LIST

Regular maintenance on your home gives you peace of mind and keeps your resale value strong:

1. Clean Gutters:

⇒ To prevent wood rot and to prolong the life of your gutters, clear out leaves and debris and ensure downspouts are draining properly

2. Inspect and Clean Dryer Vent:

⇒ Check once a year, as excessive buildup poses a threat of fire

3. Clean chimney (Wood-Burning or Gas):

⇒ Hire a professional to inspect once a year

4. Service HVAC:

⇒ Change air filter and test your thermostat. Hire a professional to service your HVAC components to ensure system is running efficiently

5. Spruce Up Yard:

⇒ Rake leaves, prune back bushes and prune trees getting too close to the roof

6. Inspect Windows:

Check for drafts and re-caulk or add weather stripping where needed

7. Deep Clean Indoors:

⇒ Polish wood floors, scrub down cabinets, vacuum hard to reach spaces, dust ceiling fans, etc.

8. Check Smoke/Carbon Monoxide Detectors:

⇒ Give them a test in the Spring and Fall and replace batteries as needed

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INTERNET SAFETY - FOR KIDS

- Tell your parents immediately if you come across something that makes you feel uncomfortable.
- Remember that people on the Internet may not be who they seem.
- Never give out identifying information such as your name, home address, school name or telephone number in a public message, such as in a chat room or on a bulletin board.
- People who are dangerous may represent themselves online as a young boy or girl to entice you to a face-to-face meeting.
- You should never arrange a face-to-face meeting without first asking a parent. If a parent agrees, you should meet in a public place with your parent accompanying you. Be careful when someone offers you something for nothing.
- ♦ Be very careful about any offers that involve you going to a meeting or have someone visit your home.
- Always get to know your online friends just as you would get to know all of your friends.
- **♦ Never send your picture without first asking a parent.**
- Never respond to messages or items that are suggestive, obscene, belligerent, threatening or make you feel uncomfortable.
- Be sure that you are dealing with someone you and your parents know and trust before giving out any personal information about yourself. Diligent parental supervision will help ensure your safety on the Internet. (©2021 State of Michigan.)

WERE

New Neighbors:

Michelle Domino - 47609 River Woods Drive and new neighbors on River Woods Drive North

NEWSLETTER



AN ECO-FRIENDLY YARD MAKE-OVER

Plant perennials which bloom every year instead of purchasing annuals each season. Choose plants indigenous to your area to attract birds and insects.

Water your lawn during the coolest part of the day to allow the moisture to sink in instead of evaporating. Cover flowerbeds with mulch to retain moisture. Collect water from a downspout into a rain barrel to use on your landscaping. Replace some of your grass with hardy ornamental grasses, ground cover plants, shrubs or a stone patio.



Opt for natural, eco-friendly solutions to deter weeds and pests. Try your hand at growing organic produce in your garden. Spread organic lawn food on your grass instead of chemical-based fertilizers.

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STREAMLINE YOUR ROUTINES

DAILY:

Lay out clothes the night before so you'll have extra morning free time. You can also set out everything you'll need for the day like your purse, backpack or coat. Leave them by the door to ensure you don't forget anything important.

WEEKLY:

Make a meal plan for the week, and shop accordingly. As you run out of ingredients, add them to your grocery list to avoid scanning the fridge come shopping day.

MONTHLY:

Spend time at the start of each month reviewing your calendar. Reflect on what's truly important in the month, like birthdays or anniversaries, and think about what can be scaled back or easily replaced by a phone call or email.

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RiverWoods Subdivision/Board Members:

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Treasurer—Teresa Dickie

Director—Dave McCreedy
Director—Joe LaRussa

Director—Teresa Scott-Feijoo

Missed or Misdirected Mail - Call Lee Thompson—313-226-8607

Road Complaints: www.waynecounty.com/servicerequest20/ or call: 888-762-3273

*The information provided in this newsletter is for informational purposes only and it is not intended to be a recommendation by the RiverWoods HOA or any of its board members for use of any information provided. The RiverWoods HOA and its board members disclaim any liability for the use of such information.